

Using Latex Gloves Properly

Putting on Latex Gloves

1. Select gloves based on hand size.
2. Put on gloves and be sure to extend the glove so it covers the wrist.

Removing Gloves

1. The outside of the gloves is contaminated after use. Begin by grasping the outside of the glove at the wrist with one hand and peeling it off the hand. (Do not remove by pulling the glove off each finger). The glove will turn inside out with the contaminated side inside the glove.
2. Hold the removed glove in the remaining gloved hand.
3. Insert the thumb or finger of the ungloved hand into the glove at the wrist.
4. Peel the glove off over the first glove.
5. Dispose of the gloves in a waste receptacle.
6. Wash your hands with soap and water.

