

June 2022



SERVING OLDER ADULTS OF SOUTHEAST WISCONSIN, INC.

THE CONNECTION



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CLOSURES

Kelly Closed June 6-10
Washington Closed June 13-17
All Centers Closed June 20
Wilson Closed June 27-July 1

HOURS

Monday - Friday, 8:30 - 4:30
SOA General Line: 414-704-3343
www.servingolderadults.org

Aging Well

TOGETHER

Serving Older Adults of Southeast Wisconsin's goal is to positively impact the health and well-being of older adults through quality health and wellness programming, continuous learning opportunities, community engagement, and a variety of socialization outlets.

SERVING OLDER ADULTS ADMINISTRATION

President/CEO: Cathy Wood

Chief Financial Officer: Jodi Bauer

Director of Senior Centers: Laz Jackson

Director of Marketing and Development: Chey Thunberg

Human Resources Director: Candace Richards

Main office: 4420 W Vliet St, Milwaukee WI 53208

USE GOOD JUDGMENT

Participants assume the risk of taking part in activities. Serving Older Adults of Southeast Wisconsin and Milwaukee County are held harmless from all claims resulting from taking part in any activity at the senior center.

GET INVOLVED TODAY!

1. Complete participation form
2. Register for the Dining Program
3. Sign-up for a Fitness Center Orientation
4. Pick up your touch screen card and log-in daily
5. Enjoy the centers

PAYMENT AND REGISTRATION REQUIRED:

Registration and full payment is required for all activities with fees. Register at least two weeks before the start date in the center office. Activities will be canceled minimum registrations are not met. For accommodations let staff know at time of sign-up.

CLINTON & BERNICE ROSE SENIOR CENTER

Manager: Sheila Carter

3045 N Dr. Martin Luther King Drive, Milwaukee, WI 53212

Main: (414) 263-2255

KELLY SENIOR CENTER

Manager: Miriam Kaja

6100 S Lake Dr, Cudahy, WI 53110

Main: (414) 481-9611

MCGOVERN PARK SENIOR CENTER

Manager: Vevette Hill-Nwagbaraocha

4500 W Custer Ave, Milwaukee, WI 53218

Main: (414) 527-0990

WASHINGTON PARK SENIOR CENTER

Manager: Diane Chilinski

4420 W Vliet St, Milwaukee, WI 53208

Main: (414) 933-2332

WILSON PARK SENIOR CENTER

Manager: Shannon Downie

2601 W Howard Ave,
Milwaukee, WI 53221

Main: (414) 282-5566



Highlighted Events

Father's Day Lunch - Clinton Rose

Sponsored by Eras Senior Network

Wednesday, June 8th, 11:30 - 2:00

Fathers are the heart of the soul, we will honor all of our fathers with a delicious soul food meal. Pre-Registration is Required.

World Elder Abuse Awareness - Clinton Rose

Presented by Milwaukee County Department of Health & Human Services Aging & Disabilities Services

Wednesday, June 15th, 10:00 - 12:00

Come together to promote a better understanding of abuse and neglect of older adults by raising awareness of the cultural, social, economic, and demographic processes affecting elder abuse and neglect. Join us for a resource fair and walk in honor of Elder Abuse Awareness Day.

Rummage Sale

Clinton Rose will be hosting our famous car wash, rummage sale, and food for sale on Saturday, July 9th from 8am-3pm. Call 414-263-2255 to purchase your table today and car wash vouchers. Table cost is \$25 for an 8ft table and car wash vouchers are \$5 for exterior cleaning. **Reserve your table Sale and car wash vouchers now!**

Kelly Rummage Sale - Kelly

Saturday, June 25th 9:00 - 4:00

Got some stuff to get rid of? Kelly Senior Center is hosting a rummage sale! Buy a table for just \$15, then sell to your heart's content. You keep all the profits. Call or stop by the center to buy your table today.

Wellness Series: Advance Directives - Kelly

Presented by Allay Home and Hospice

Tuesday, June 28th, 1:00

Join us to learn more about Advance Directive documents and their importance. Learn the purpose and difference between a Living Will and a Health Care Power of Attorney document. Describes what a DNR Order is, what it means for patients, and when it is legally recognized in the community.

Crockpot Class - McGovern

Presented by iCare

Monday, June 27, 11:00

This class teaches the basics and benefits of using a crockpot and shares more than a dozen recipes. At class time, each attendee will receive a cookbook and a gift. The number of participants are limited, so sign up soon!

Father's Day Celebration - McGovern

Friday, June 17, 12:30 - 2:30

We want to celebrate fathers on this special day. Fathers please join us for a delicious lunch in your honor.

Brain Health Resource Fair - Washington

Tuesday, June 21, 1:00 - 3:00

This event, sponsored by Milwaukee County, will host a variety of vendors to share information and resources around brain health, memory loss, and dementia. There will be free memory screenings and blood pressure checks.

"After 5" Formal Dance - Washington

Wednesday, June 22nd, 12:30 - 2:30

You are invited to dress up in your formal attire and join this very special event featuring music, hors d'oeuvres, beverages and more. \$4.00 per person. RSVP to Diane by 6/17.

Genealogy Help Desk - Wilson

Wednesday, June 8, 1:00 - 2:00

Stop by the computer lab and get guided instruction on how to use technology to trace your ancestral roots.

Father's Day Treats - Wilson

Sponsored by Humana

Friday, June 17th, 10:30

Join us in celebrating Father's Day early with a yummy treat.

Third Quarter's Class Registration - Wilson

Monday, June 6, 8:30

Registration for 2022 first quarter classes begins today. Full details on classes available in the office.

Stained Glass \$25

Hot Glass \$25

Guided Art Studio \$25

Line Dancing \$12

Paper Crafting \$15

Ceramics \$25

Quilting \$25

Open Sew \$20.00

July Sneak Peek

Summer Talent Show - Washington

(all 5 centers are invited to participate)

Thursday, July 28th, 12:30 - 2:00

Washington Park will host this extra special event. Individual and group performances will showcase the talents of our SOA seniors. We welcome a variety of performances; singing, dancing, poetry reading, comedy, playing musical instruments and more. If you are interested in performing, please let your center manager know. All Center participants are welcome to attend.

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Serving Older Adults of SE Wisconsin, Milwaukee, WI.

A 4C 01-2067



OUT & ABOUT TRAVEL COMMITTEE TRIPS 2022

Lake Geneva Boat Ride & Lunch

Friday, June 17th, 2022

9:00 am - 5:00 pm

Fee: \$95

Wait List Available

Golden Corral & Shopping at Pleasant Prairie

Friday, July 15th, 2022

10:00 am - 4:00 pm

Fee: \$35

Deadline June 14th, 2022

Black Holocaust Museum & Lunch at a local Restaurant

Friday, August 19th, 2022

Fee: Time & Fee Pending

Trip opens: Date Pending

Deadline: Deadline Date Pending

Pappadeaux Seafood Kitchen and Shopping at local mall

Friday, September 23rd, 2022

9:00 am - 5:00 pm

Fee: \$35

Trip Opens: Date Pending

Deadline: Deadline Date Pending

Fireside Dinner Theatre Performance of *Grease*

Thursday, October 20th, 2022

9:00 am - 5:30 pm

Fee: \$115

Trip opens: March 1st, 2022

Deadline: Sep 9th, 2022

Oneida Casino and Bay Park Square Mall

Friday, November 18th, 2022

9:00 am - 5:00 pm

Fee: \$35

Trip opens: March 1st, 2022

Deadline: Oct 17th, 2022

All participants welcome! For more information or to sign-up call
(414) 263-2255, or stop-in at Clinton Rose Senior Center.

Clinton & Bernice Rose Senior Center

Speak Your Mind

Monday - Friday, 8:30 - 2:30

Connect with participants at Clinton Rose by sharing some quality time together and talking about what's on your mind.

OG Dance Group

Mondays, 9:30 - 10:30 & Wednesdays, 9:30 - 10:30

This all male dance group moves and grooves to the rhythm and sound of R&B. Come check-out their amazing vibe.

Walk with Ease

Mondays, Wednesdays, & Fridays, 11:00 - 12:00

Take an easy walk while listening to R&B music. Walking will improve your overall health, lowering your blood pressure and blood sugar.

Billiards Room

Monday - Friday, 8:30 - 3:30

Come on in and chase the eight ball around the table. Bring your friends or make new ones! There's always someone ready to play.

Computer Lab

Monday - Friday, 8:30 - 3:30

Looking for computer access? Look no further. Our computer lab is here for all of our participants.

Open Sewing

Mondays, Tuesdays, & Fridays, 9:00 - 3:30

Fee: \$8 (4 weeks)

Enjoy sewing and great company in our open sewing room. You must have a sewing room orientation before you can join the sewing fun. Note: *open sewing & Miss Daisy's sewing groups are two different groups, cost for both is \$16.00.*

Roselettes Dance Group

Tuesdays & Thursdays, 9:00 - 10:30

Get up, get your feet moving. Join our group of eloquent lady dancers who dance for enjoyment and community involvement.

Wisdom Studies

Tuesdays, 9:30 - 10:30

Embark on a spiritual journey with Rev. Clifton Joseph

Bingo

Sponsored by Eras Senior Network & WestCare

Wednesdays, 9:00 - 10:00

Let's get ready to play BINGO! Eras & WestCare will be hosting bingo and providing amazing prizes to the winners. You don't want to miss this amazing opportunity. They will also be sharing resources and answering questions during the bingo games.

Senior Striders

Wednesdays, 10:00 - 11:00

Enjoy the benefits of exercising while sitting. This exercise class will help seniors with limited mobility improve their flexibility, strengthen their bodies and improve circulation.

Miss Daisy's Sewing Group

Thursdays, 12:00 - 2:00

Fee: \$8

You're invited to join a fabulous group of quilters. Miss Daisy's sewing group specializes in quilting. Miss Daisy's group is a project based group that strictly focuses on group projects. Some sewing skills required. Note: *open sewing & Miss Daisy's sewing groups are two different groups, cost for both is \$16.00.*

Help is one call away!

Presented by Freda Wright of Eras Senior Network

Thursday, June 2nd, 10:00 - 11:00

Learn about the amazing services Eras Senior Network provides to seniors. From lawn services, grocery shopping to much more.

Gospel Choir Practice

Fridays, June 3rd & 17th, 10:00 - 11:00

Love to sing and worship. Join us for gospel choir at Clinton Rose. Please sign up in the office or call 414-263-2255.

Movie Watchers Club

Friday, June 3rd, 10:00 - 12:00

Come and enjoy watching a movie, after the movie enjoy a fun conversation about the movie.

Soul Food Friday

Friday, June 3rd, 12:15

Fee: \$10

Enjoy heartwarming soul food provided by Rose Kitchen, donations will go to support Clinton Rose Senior Center. Pre-Orders Start May 1st.

Praise, Bible Study, & Prayer

Tuesdays, June 7th & 21st, 12:15 - 1:15

Come experience praise and worship while embarking on a spiritual journey.

Father's Day Lunch

Sponsored by Eras Senior Network

Wednesday, June 8th, 11:30 - 2:00

Fathers are the heart of the soul, we will honor all of our fathers with a delicious soul food meal. Pre-Registration is Required.

Morning Blend with Hot Topics

Thursdays, June 9th & 30th, 10:30 - 11:30

Here's your chance to discuss today's hot topics with a group of your peers. \$2.00 per session buys you a cup of coffee and a donut.

World Elder Abuse Awareness Event

Presented by Milwaukee County Department of Health & Human Services Aging & Disabilities Services

Wednesday, June 15th, 10:00 - 12:00

Come together to promote a better understanding of abuse and neglect of older adults by raising awareness of the cultural, social, economic, and demographic processes affecting elder abuse and neglect. Join us for a resource fair and walk in honor of Elder Abuse Awareness Day.

Clinton & Bernice Rose Senior Center

Cooking Demonstration w/ Chef Marvin "The Unsalted Chef"

Presented by HEAL (Healthy Eating Active Living)

Thursday, June 16th, 10:15 - 11:15

Learn how to prepare different meals by eliminating loads of sodium while enjoying delicious flavors. Enjoy this cooking demonstration, a small sample, and recipe card after the demo.

Out & About Travel Committee Meeting

Thursday, June 16th, 12:15 - 1:15

Did you miss traveling this year due to the pandemic? Well get ready to start planning the 2022 trips with the travel committee. Let this group sail you away to fun adventures in the upcoming new year.

Lake Geneva Boat Cruise & Lunch

Presented by The Out & About Travel Committee

Friday, June 17th, 9:00 - 5:00

Fee: \$95

Board the famous cruise boat and glide across lake Geneva, while enjoying a delicious meal and relaxation. *Fees include transportation, boat cruise, and meal. If interested call 414-263-2255 to be added to the waiting list.*

iCare Benefits

Wednesday, June 22nd, 10:00

Learn about the benefits of iCare and all the healthcare services they provide.

Memories in the Making

Sponsored by the Alzheimer's Association

Thursday, June 23rd, 10:00 - 11:30

Memories in the making is a unique art program, introduced in 1988, that allows individuals with Alzheimer's disease and related dementias to express themselves through art and storytelling. Express yourself through art. Supplies are included and pre-registration is required.

Cooking Demonstrations W/ YMCA

Presented by Michelle Rimer, RDN

Thursday, June 23rd 12:00 - 1:00

The Y's Registered Dietitian will demonstrate how to prepare heart healthy recipes while answering your nutrition related questions. Recipes and samples are provided.

Advisory Committee Meeting

Tuesday, June 28th, 10:30 - 11:30

Learn about everything going on at Clinton Rose Senior Center and at the Milwaukee County Department of Health & Human Services Aging & Disability Services. Have your voice heard and enjoy being a part of this amazing committee. If you like access via zoom please contact the 414-263-2255 for details.

MCDA Outreach

Presented by Milwaukee County Department of Health & Human Services

Tuesday, June 28th, 10:30 - 12:30

Meet with Outreach social worker Andrew Bethke for up-to-date information about a wide array of resources and community based services available for seniors.

Rummage Sale

Clinton Rose will be hosting our famous car wash, rummage sale, and food for sale on Saturday, July 9th from 8am-3pm. Call 414-263-2255 to purchase your table today and car wash vouchers. Table cost is \$25 for an 8ft table and car wash vouchers are \$5 for exterior cleaning. ***Reserve your table Sale and car wash vouchers now!***

Monday 9:30-10:30: OG Dance group practice 11:00-12:00: Walk with Ease Exercise	Tuesday 9:00-10:30: Roselette Dance Group practice 9:30-10:30: Wisdom Studies 10:30-11:30 The Extensions Practice	Wednesday 9:00-10:00: Bingo 9:30-10:30: OG Dance Group Practice 10:00-11:00: Senior Striders Chair Exercise 11:00-1:00: Fitness Center Orientations 11:00-12:00: Walk with Ease 12:30-2:30: Open Jewelry Making Class** 1:00-3:00: Bring Your Own Device (BOYD) Day
Thursday 9:00-10:30: Roselette Dance Group Practice 12:00-3:00: Miss Daisy's Sewing Group** 12:15-2:15: Out & About Travel Committee Meeting led by Jackie Trice every 3rd Thursday of the month.	Friday 10:00-11:00 Gospel Choir Practice 1st & 3rd 11:00-12:00: Walk with Ease 12:00-2:00: Movie Watchers Club	Daily 8:30-3:30 Fitness Center 8:30-3:30 Speak your mind 8:30-3:30 Billiards Area (pool games, cards, chess, checkers & Dominoes) 8:30-3:30 Library Area 8:30-3:30 Computer Lab 8:30-3:30 Open Sewing** 10:00-3:00 Rose Regift Shop open 11:00-12:00 Curbside dining carry out ** These activities have a fee

Kelly Senior Center

Morning Exercise

Mondays & Fridays, 8:45 - 10:00

Get moving with exercise! A variety of Balance, Strength, and Flexibility exercises will help you feel great all day long. Monday morning sessions are followed by Chair Dancing. Friday sessions include a Low Impact Cardio workout.

Tai Chi Practice Session

Mondays, 10:30 - 11:30

Tai Chi is a slow-motion, meditative exercise for relaxation and health. This is a guided practice time for Tai Chi practitioners at all levels.

Movement & Music: Parkinson Disease Exercise

Presented by Wisconsin Parkinson Association

Mondays, 12:30 - 1:30

Manage your Parkinson's symptoms and improve the quality of your daily life while having fun! This class incorporates stretches, strength training, posture, balance and walking drills, as well as vocal exercises.

Quilting

Monday - Friday, 1:00 - 4:30

Fee: \$20 (April - June)

Pre-registration required.

Learn new techniques and patterns to plan or complete your sewing projects. Volunteer instructors are available to help participants on their own machines and train them on shared equipment.

Ceramics Studio

Tuesdays & Thursdays, 9:00 - 12:00

Fee: \$20 (April - June)

Use ceramic molds, paints and glazes to create artful objects for your home and garden. Fee includes use of the kiln for finishing your ceramics pieces.

Adaptive Chair Yoga

Tuesdays, 10:00 - 11:00

Students use a chair as a prop to support the practice. Seated and standing postures are incorporated. No matter your experience level or age, a chair can be a useful tool to not only make various movements and poses more accessible, but also enhance your experience throughout the practice. For all levels.

Acoustic Music Meetup

2nd & 4th Tuesdays, 10:30 - 12:00

Meet fellow musicians to learn new tunes, share resources and show off your instrument and skills. Bring your ukulele, acoustic guitar or mandolin.

Sewing Class

Wednesdays, 9:00 - 12:00

Fee: \$30 (April - June)

Pre-registration required.

Learn the basics of sewing in our new three-month workshop. Open to all skill levels, work with our instructor on projects that teach pattern making, garment design and alterations, and finishing touches. Sewing machines and supplies are provided - just bring your creative energy!

Take Off Pounds Sensibly (TOPS)

Wednesdays, 9:30 - 11:00

TOPS can help you reach your weight-loss goals by providing you with the tools, information, support and accountability you need to be successful. Come join Cudahy Chapter 33's weekly meetings. Former, current and new TOPS members are welcome. Enjoy the camaraderie while learning how to live a healthy lifestyle. Pre-registration required.

Open Art Studio

Wednesdays, 10:00 - 12:00

All levels are welcome. Join in the fun and get assistance with painting and drawing from experienced artists.

Drawing Class

Wednesdays, 3:00 - 4:30

Fee: \$36 (6-Week Class)

Join Linda Lustig, professional art teacher and art therapist, for a 6-week art class. This class will focus on shading and drawing for realism. No experience needed! Bring your own supplies (contact Kelly center for supply list).

Nature Walk in Warnimont

Thursdays, 9:00

Walk with friends along the Oak Leaf Trail in beautiful Warnimont Park while enjoying the seasonal sights and sounds of nature. Please dress for the weather and have good footwear for varied terrain.

Knit & Crochet

Thursdays, 9:00 - 11:00

It doesn't matter if you are a beginner or a seasoned crafter. Experienced knitters and crocheters are on hand to help you make that special project. Come join the fun.

Trivia Hour

Fridays, 1:00 - 2:00

Show off your knowledge in Kelly's weekly trivia contest.

Movie Matinee

Fridays, 2:00 - 4:00

Enjoy a Friday afternoon movie with friends.

Kelly Bingo

Sponsored by Villa St. Francis

Wednesday, June 1st, 1:00

Join us for an afternoon of Bingo, sponsored by Care Patrol.

Coffee Talk

Tuesday, June 14th, 1:00

Come hear personal trainer Paul Warloski's tips about the best ways to build fitness and lose weight by creating healthy, sustainable habits.

Kelly Senior Center Daily Schedule

Cooking Demo: Seasonal Vegetables

Tuesday, June 21st, 1:00

Join Michelle Rimer, YMCA nutritionist, for another healthy cooking demo! This month's topic is "cooking with seasonal vegetables."

Kelly Advisory Meeting

Wednesday, June 22nd, 1:00

Get the inside scoop on upcoming events and make your voice heard! Meet in a relaxed atmosphere to find out what's coming next and share your ideas for the future of Kelly Senior Center.

Kelly Rummage Sale

Saturday, June 25th 9:00 - 4:00

Got some stuff to get rid of? Kelly Senior Center is hosting a rummage sale! Buy a table for just \$15, then sell to your heart's content. You keep all the profits. Call or stop by the center to buy your table today.

Allay Wellness Series: Advance Directives

Presented by Allay Home and Hospice

Tuesday, June 28th, 1:00

Join us to learn more about Advance Directive documents and their importance. Learn the purpose and difference between a Living Will and a Health Care Power of Attorney document. Describes what a DNR Order is, what it means for patients, and when it is legally recognized in the community.

Monday 8:45 Morning Exercise 10:30 Tai Chi Practice 1:00 Dominoes 1:00 Wii Bowling	Tuesday 9:00 Ceramics * 10:00 Chair Yoga	Wednesday 10:00 Sheepshead 10:00 Art Studio 1:00 Dominoes 1:00 Wii Bowling
Thursday 9:00 Knit & Crochet 9:00 Ceramics * 9:00 Nature Walk 10:30 Shuffleboard 1:00 Quilt & Sew *	Friday 8:45 Morning Exercise 10:00 Bridge 1:00 Trivia Hour 2:00 Movie Matinee	Daily Fitness Center Computer Lab Tabletop Games Billiards Social Time *Include a fee

Wellness Instruction

Wellness Coordinator Hours

The Wellness Coordinator will be available at each center every week to help with proper machine use and answer any health-related questions, see below for your center's day and hours!

Wilson - Mondays from 8:30am - 10:30am

McGovern - Tuesdays from 8:30am - 10:30am

Clinton Rose - Wednesdays from 8:30am - 10:30am

Washington - Thursdays from 8:30am - 10:30am

Kelly - Fridays from 8:30am - 10:30am

Personal Training

Looking to take the extra step in reaching your goals? Schedule an appointment with the Wellness Coordinator to go over your goals, barriers to exercise, and current injuries. The Wellness Coordinator will create and guide you through a 30-minute, personalized workout plan to reach your goals and get you healthier.

1 Session - \$20

3 Sessions - \$50

5 Sessions - \$80



Eric Pampuch

Health and Wellness Coordinator

Phone: 414-522-1639

Email: epampuch@servingolderadults.org

McGovern Park Senior Center

(New) Tai Chi Video

Monday - Friday, 8:30 - 10:30

Tai Chi video is a gentle exercise that prevents falls by improving balance and strength. Join us and experience amazing benefits from a simple exercises

Billiards

Monday - Friday, 8:30 - 4:00

If you want to improve your skills or just like shooting around, come join this group of pool players who make each game fun to play.

TOPS

Mondays, 9:00 - 10:00

Taking Off Pounds Sensibly TOPS is just right for anyone who is interested in wanting to safely and effectively lose the unwanted pounds. Best of all, you will learn health options from supportive TOPS members.

Dance For Fun and Fitness

Monday, Wednesday, Friday, 10:00 - 11:00

Shake up your fitness routine with line-dancing workouts you are sure to enjoy.

(New) Upper Body Exercise Video

Monday, and Friday 11:00

This is an upper body chair workout using dumbbells.

Crockpot Class

Presented by iCare

Monday, June 27, 11:00

This class teaches the basics and benefits of using a crockpot and shares more than a dozen recipes. At class time, each attendee will receive a cookbook and a gift. The number of participants are limited, so sign up soon!

Questions About Exercise

Tuesdays, 8:30 - 10:00

Have all your questions answered about exercise equipment, nutrition, and personal training.

Tech Assistance

Tuesdays, 11:00 - 2:00

Are you having problems using your cell phone, tablet, or computer? Help is available. Please call to make an appointment.

Exercises For Seniors

Tuesdays, 10:00 - 11:00

Exercise helps people lose weight and lower the risk of some diseases including high blood pressure, diabetes, and obesity. Give this workout class a try with our experienced instructor and get results.

(New) Intro To Drawing And Painting

Tuesdays, June 2nd - July 29th, 9:00 - 11:00

Learn the basic techniques for drawing and painting with oil pastels and more

Yoga

Tuesdays, June 14th, 21st, & 28th, 11:15 - 12:30

Yoga involves movement, meditation, and breathing techniques to promote mental and physical well-being.

Phase 10 Card Game

Mondays & Thursdays, 12:30 - 2:30

This card game is addictive and fun.

Quilting

Wednesdays 8:30 - 4:00

This is a group of people who love quilting and sharing their suggestions and ideas.

Open Crafts

Wednesdays, 8:30 - 4:00

If you're a craft lover then you are going to love being a part of our craft making projects. Your ideas are welcome.

(New) Fabric Journal Covering

Wednesdays, 1:00

In this class you will learn how to change something ordinary into something beautiful using fabric.

Healthy Eating Active Living: Cooking Demonstration

Thursday, June 2nd, 12:00 - 1:30

Join Chef Marvin as he demonstrates how to cook up a healthy recipe with items from your stockbox. You will enjoy a sample of his delicious recipes.

Book Club

Thursday June 16th, 12:30 - 2:30

The title of this month's book is: We Should All Be Millionaires by Rachael Rodgers. Be sure to check your local library for this book.

Advisory Meeting

Thursday, June 16th, 9:00 - 10:00

Learn more about what's happening within the organization and McGovern Park Senior Center. This is the time to have all your questions answered. We hope you join us. We would love to hear your thoughts.

Bible Study

Fridays, June 7th, 14th, and 28th, 10:00 - 11:30

Looking to grow spiritually? This group will welcome you with a warm heart and answer any questions you may have.

Father's Day Celebration

Friday, June 17th, 12:30 - 2:30

We want to celebrate fathers on this special day. Fathers please join us for a delicious lunch in your honor.

(New) McGovern's Gospel Choir

Fridays, 11:30

Why join a Choir? Singing in a choir gives you musical, physical, social, mental, and most of all spiritual rewards. If you are interested in singing or directing a choir please join us. We need your voice.

Washington Park Senior Center

Washington Park Chit Chat Club

Monday - Friday, 8:30 - 4:00

Join your friends in the lobby for some friendly conversation, current event discussions or topics of interest; while enjoying a cup of coffee (donations suggested).

Washington Park Resale Gift Shop

Monday - Friday, 8:30 - 1:30 (later if requested)

Our gift shop is OPEN! We are fully stocked with cold drinks, snacks, crafts, books, antiques, jewelry and more. Be sure to stop in and check it out. We are also accepting donations.

Woodshop

Monday - Friday, 9:00 - 3:00

Fee: \$25 per month

The Woodshop is equipped with the tools you will need to make almost any woodworking project. New participants must attend an orientation prior to registration. Call or stop into the office to sign up for the woodshop orientation.

Wii Bowling

Monday - Friday, 9:00 - 1:00

Wii bowling is a great way to get moving, while having fun with others in the lobby of Washington Park.

Billiards

Mondays, 9:00 - 10:00 (lessons)

Tuesday - Friday, 9:00 - 3:00 (open play/practice)

Learn to play pool with an instructor, or work on your skills individually.

Hand Weights

Mondays, Wednesdays, & Fridays, 11:00 - 12:00

Get your heart rate up and stay active with this class that will give you a full body workout. All levels are welcome.

Chair Arthritis

Mondays, 10:00 - 11:00

Come out and get fit, while sitting. These arthritis exercises will help reduce joint pain.

Yoga

**Mondays, June 27th & July 11th - 25th,
9:00 - 10:00**

Fee: \$24

Yoga classes use gentle movements to improve flexibility, balance, strength and posture. All levels are welcome.

Silver Steppers

Tuesdays & Thursdays, 10:00 - 11:00

Get moving with this upbeat line dance class that will whip you into shape while grooving to fun tunes.

Game Day

Tuesdays, 11:30 - 2:00

Join your Washington Park friends for a variety of card and board games. Let the GAMES begin!

Gospel Choir

Tuesdays, 10:00 - 11:00

Lift every voice and sing! Come join the gospel choir and sing songs of praise and worship.

Advisory Meeting

Tuesday, June 21st, 10:00 - 11:00

Learn more about what's happening within the organization and Washington Park Senior Center. We welcome all participants to attend.

Guitar/Stringed Instruments

Tuesdays, 10:00 - 11:00

Open jam session. All stringed instruments and singers are welcome and encouraged!

Chess

Tuesdays, 10:00 - 1:00

Join the chess players at Washington Park Senior Center for an intense, friendly game of chess. All levels are welcome.

Scrapbooking

Tuesdays, 10:30 - 1:30

Get creative by designing one of a kind pieces that will be with you for years to come. This class is open to all interest and skill levels.

(New) Walking Group

Tuesdays, 9:00 - 10:00

Enjoy great company and easy exercise with Washington's walking group.

Brain Health Resource Fair

Tuesday, June 21st, 1:00 - 3:00

This event, sponsored by Milwaukee County, will host a variety of vendors to share information and resources around brain health, memory loss and dementia. There will be free memory screenings and blood pressure checks.

(New) Bocce Ball

Wednesdays, 10:00 - 11:00

Join your fellow Washington Participants for this friendly outdoor game, weather permitting.

Quilting

Wednesdays, 9:00 - 12:30

Fee: \$25

Quarterly quilting is back and we can't wait to see what you'll make! Join this fun group and bring your creativity.

(New) Matinee at Washington

Wednesdays, 12:15 - 1:30

Join us for a movie of the week! Each week we will feature something different. Our selections will include comedies, thrillers, old time favorites and more. We will have refreshments available for purchase before the start of each show (candy, chips, beverages, etc.).

Washington Daily Schedule

"After 5" Formal Dance

Wednesday, June 22nd, 12:30 - 2:30

You are invited to dress up in your formal attire and join this very special event featuring music, hors d'oeuvres, beverages and more. \$4.00 per person. RSVP to Diane by 6/17.

Zumba for Seniors

Thursdays, 11:00 - 12:00

This class is a great cardio workout! All levels are welcome to attend. Instructor lead.

Bible Study

Thursdays, 10:30 - 11:30

Enjoy a short lesson and some good conversation, along with handouts you can take home.

Cooking Demonstration with Chef Marvin

Thursday, June 9th, 11:00 - 12:00

Join us for a healthy cooking demonstration where you will learn how to make a simple and delicious meal and enjoy a tasty sample. Pre-registration required.

Bingo

Fridays, 12:15 - 1:30

Please join us for a Washington Park favorite. We will have new easy slide bingo cards and prizes. Snacks and refreshments will be available for purchase. Who is ready to WIN!

Stained Glass

Fridays, 9:00 - 11:00

Fee: \$25

Create beautiful projects using patterns, or your own designs.

Piano

Fridays, 9:00 - 3:00

Fee: \$32 (4 Weeks)

Learn to play the piano with individual instruction. Time slots for piano lessons are now available, and the time slots fill up quickly, so come to the office to reserve one. All skill levels are welcome.

Tennis

Fridays, 9:00 - 11:00

Tennis is back in the building. Join the Washington Park Tennis Players in the shuffle board room for a friendly game of tennis.

Move Your Way

An Extension of Hand Weights

Fridays: 10:00 - 10:45

Move your way to get your heart rate up with no rules to follow. Express yourself and enjoy good vibes.

Monday 9:00 - 10:00 *Yoga 9:00 - 1:00 Wii Bowling 9:00 - 10:00 Billiards (lessons) 10:00 - 11:00 Chair Arthritis 11:00 - 12:00 Hand weights	Tuesday 9:00 - 1:00 Wii Bowling 9:00 - 10:00 Walking 10:00 - 11:00 Gospel Choir 10:00 - 11:00 Guitar/Stringed Instruments 10:00 - 11:00 Silver Steppers 10:30 - 1:30 Scrapbooking 11:30 - 2:00 Game Day	Wednesday 9:00 - 12:30 *Quilting 9:00 - 1:00 Wii Bowling 10:00 - 11:00 Bocce Ball 11:00 - 12:00 Hand weights 12:15 - 1:30 Matinee Movie
Thursday 9:00 - 1:00 Wii Bowling 10:00 - 11:00 Silver Steppers 10:30 - 11:30 Bible Study 11:00 - 12:00 Zumba	Friday 9:00 - 1:00 Wii Bowling 9:00 - 11:00 *Stained Glass 9:00 - 3:00 *Piano 9:00 - 11:00 Tennis 10:00 - 10:30 Move Your Way 11:00 - 12:00 Hand weights 12:15 - 1:45 Bingo	Daily - Open 8:30 - 4:00 Fitness Center Library Computer Lab Chit Chat Club (lobby) 9:00 - 3:00 Gift Shop Open 9:00 - 3:00 Billiards 9:00 - 3:00 *Woodshop *Has a fee and requires pre-registration

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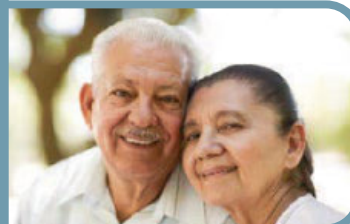


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B 4C 01-2067

Wilson Park Senior Center

Third Quarter's Class Registration

Begins Monday, June 6, 8:30

Registration for 2022 first quarter classes begins today. Full details on classes available in the office.

Stained Glass \$25

Hot Glass \$25

Guided Art Studio \$25

Line Dancing \$12

Paper Crafting \$15

Ceramics \$25

Open Sew \$20.00

Tap Dance \$52

Wood Shop

Monday - Friday, 9:00 - 3:00 (Subject to change if hosts are unavailable)

Fee: \$25/month

The Wood Shop is equipped with the tools you need to make almost any woodworking project. New participants must be validated through an orientation of the tools and shop practices prior to registration.



Morning Exercise

Mondays, Wednesdays, & Fridays, 9:15 - 10:00

Join low impact, full body instructor lead exercises, that will help you to get in shape and improve your range of motion and overall health.

Sheepshead

Mondays & Wednesdays, 1:00 - 3:00

Low Impact Aerobics

Mondays & Thursdays, 1:00 - 2:00

This gentle form of aerobic exercise is a good overall workout, without stressing out your joints.

(New) Chess

Tuesdays, 9:00 - 11:00

Stay sharp on your skills, or learn to play, while enjoying a good game with other Chess enthusiasts.

Sojourn Bears

Tuesdays & Wednesdays, 12:30 - 3:00

Make a difference in the lives of patients with cancer by creating one of a kind bears that are delivered to local cancer patients. No sewing experience is needed.

Wood Carvers and Burners

Wednesdays, 9:00 - 11:30

Create new projects with other wood carvers who share the passion for making unique creations using their hands. All skill levels are welcomed.

Knitting and Crocheting

Wednesdays, 10:00 - 12:00

Sharing a passion for all things yarn as you work on your own projects and enjoy good company!

Plastic Canvas

Thursdays, 9:00

Come join others as you share patterns and work on your own creations.

Guitar for Beginners

Thursdays, 12:00 - 1:00

Get guided instruction as you learn the guitar, all skill levels welcomed.

Recorder Ensemble...It's Back!

Thursdays, 1:00 - 2:30

Join in on a musical adventure as you share your love of music and the unique sounds from these woodwind instruments.

Ukulele

Thursdays, 1:30 - 2:30

Bring your ukulele, sing along or just listen to the relaxing sounds of this fun Hawaiian instrument.

Bridge

Fridays, 12:00 - 3:00

The Bridge group meets to share in their love of the game, conversation and more. If you are an avid Bridge player looking to play, please join in on the fun.

Mahjong

Fridays, 9:00

Come enjoy this popular tile game, while sharing friendly conversations with others.

Guitar Jam

Fridays, 10:00 - 12:00

Come join in with a group of folks who love to play guitar; all levels welcome to join in on the fun.

Movie and Popcorn

Fridays, 1:00

Come enjoy some popcorn as you watch a movie on the big screen.

Buddhist Meditation

Fridays, June 3rd - August 5th, 1:00 - 2:00

Fee: \$20/8 weeks

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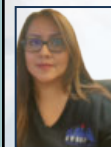
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C 4C 01-2067

Wilson Park Senior Center Daily Schedule

Garden Club

Tuesdays, June 14th & 28th, 10:00

Calling all garden lovers. The perfect group for those who love to garden; this class offers discussion, demonstration, presentations and more.

Genealogy Help Desk

Wednesday, June 8th, 1:00 - 2:00

Stop by the computer lab and get guided instruction on how to use technology to trace your ancestral roots.

Gentle Yoga

Wednesdays, June 15th - 22nd, 2:00

Fridays, June 17th - 24th, 11:00

Yoga is safe for all ages, body types, and challenges. This low impact exercise can be adapted to improve anyone's fitness, starting right where you are now.

(New) Nature's Window, Pain and Stress Relief
Thursday, June 2nd, 1:00

Learn the power of distraction with a presentation of Nature photography and music crafted into a medical tool to reduce stress and provide pain relief.

Summer Quilting Project

Tuesdays & Thursdays, June 21st, June 23rd,

July 5th, & July 7th, 1:00 - 3:00

Fee: \$20 (4 Classes)

Create a project you'll love in just 2 weeks! Make a set of 2 Placemats with a pattern you can use to create seasonal and holiday decor.

Coin and Stamp Collectors Group

Tuesday, June 21st, 11:00 - 12:00

Share some of your treasured collections with other enthusiasts.

Wilson Senior Center Advisory Meeting

Wednesday, June 22nd, 10:00 - 10:30

This is a great opportunity to get involved in your senior center; hear updates, stay informed and ask questions. You may attend in person or virtually.

Father's Day Treats

Sponsored by Humana

Friday, June 17th, 10:30

Join us in celebrating Father's Day early with a yummy treat.

National Ice Cream Float Day

Tuesday, June 21st, 1:00

Join us in celebration of this culinary masterpiece by creating one of your own.

Book Club

Wednesday, June 29th, 10:15

The book to read this month is "House On Hope Street" by Danielle Steele. Book is available for pick up from the Zablocki Library the first week of the month. Join in by reading the chosen book of the month and meet up to discuss what you thought of it.

Monday 8:30 Walking Group 9:00 Scrabble 9:00 Ceramic Studio* 9:00 Fused Glass* 9:00 Quilting* 9:15 Morning Exercise 10:20 Intermediate Line Dancing* 11:00 Open Sew* 12:00 Sheepshead 1:00 Low Impact Aerobics	Tuesday 8:30 Walking Group 9:00 Paper Crafting* 9:00 Stained Glass Studio* 9:00 Open Sew* 10:00 Garden Club (2nd/4th) 11:00 Coin & Stamp (3rd) 11:30 Guided Art Studio 12:30 Sojourn Bear Group 1:00 Beg. German* 1:00 Quilting*	Wednesday 8:30 Walking Group 9:00 Wood Carving & Burning 9:00 Scrabble 9:00 Ceramic Studio* 9:00 Fused Glass* 9:15 Morning Exercise 10:00 Book Club (3rd) 10:00 Knit & Crochet 10:30 Hot Glass* 12:00 Sheepshead 12:30 Sojourn Bear Group 1:00 Model Railroad 1:00 Fused Glass*
Thursday 8:30 Walking Group 9:00 Weaving* 9:00 Adv. Beg. Tap Dance* 9:00 Plastic Canvas 9:00 Stained Glass* 9:00 Quilting* 9:15 Adv. German* 9:45 Int. / Adv. Tap Dance* 10:30 Beg. Tap Dance* 11:30 Guided Art Studio 12:00 Guitar for Beginners 12:30 Dartball* 1:00 Low Impact Aerobics Model Railroad Ukulele Recorder Ensemble	Friday 8:30 Walking Group 9:00 Ceramic Studio* 9:00 Mah Jong 9:00 Open Glass Studio* 9:00 Scrabble 9:00 Quilting* 9:15 Morning Exercise 10:00 Guitar Jam Session 11:00 Gentle Yoga 12:30 Bridge 1:00 Buddhist Meditation* Movie	Daily 8:30 Fitness Center, Billiards, Library, Computer Lab, Walking Group 9:00 - 3:00 Wood Shop* 10:00 - 2:00 Re-Gift Shop 11:00 - 12:00 Lunch (curbside)* *Fee/Preregistration Required (Classes have a start and end time) **Pre-registration required

Community Resources

Senior Dining

Meals available for pick-up at 11:00 for Wilson, Washington, and McGovern Park Senior Centers and for dine-in at Kelly and Clinton Rose Senior Centers. Suggested donation \$3 for 60+ and \$8 Cost for guests under 60. Please call the day before to make a reservation.

Clinton Rose Senior Center 414-263-2255

Kelly Senior Center 414-481-9611

McGovern Senior Center 414-527-0990

Washington Senior Center 414-933-2332

Wilson Senior Center 414-282-5566

Stockbox

A Stockbox is a box of healthy foods that Hunger Task Force delivers to low-income seniors free of charge. Each box contains 16 nutritious items including rice, cereal, juice, beef stew, pasta and vegetables.

Clinton Rose Senior Center Thursday, June 2nd, 11:00 - 12:30

Washington Senior Center Tuesday, June 7th, 9:30 - 10:30

Kelly Senior Center Thursday, June 16th, 12:30 - 1:30

Wilson Senior center Tuesday, June 21st, 10:00 - 11:00

Advisory Committee Meetings

This is a great opportunity to get involved in your senior center; hear updates, stay informed and ask questions.

Washington Senior Center Tuesday, June 21st, 10:00 - 11:00

Clinton Rose Senior Center Tuesday, June 28th, 10:30 - 11:30

Wilson Senior center Wednesday, June 22nd, 10:00 - 10:30

Kelly Senior Center Wednesday, June 22nd, 1:00 - 2:00

McGovern Senior Center Thursday, June 16th, 9:00 - 10:00



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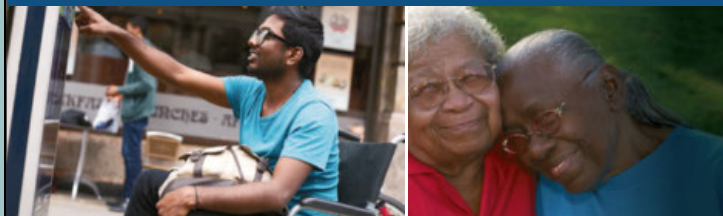
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PRIDE Month: Both a Joyous Celebration & A Continued Fight for EQUALITY

written by Christie Carter

The month of June brings about many events to look forward to within our community: the start of summer, warmer weather, and outdoor activities like festivals, concerts, barbecues and more. One event that is missing from this list of activities in June however, is the numerous pride month activities that occur around Milwaukee and countless other cities across the nation during this time. While pride month and its festivities are filled with many celebrations and parades now, it wasn't always a joyous time.

What are the Stonewall Riots and why are they important?

On June 28th, 1969, the Stonewall Inn, a gay club/bar in New York, was raided by police. LGBTQ+ people there were beaten and arrested. At this time, having relations with anyone of same sex and/or wearing clothes that were not associated with an individual's sex assigned at birth was considered illegal. This event was a catalyst to the Gay Rights Movement. LGBTQ+ folks protested, fought, and lifted their voices for themselves and the people of their community. They faced discrimination related to healthcare, employment, from their individual faith organizations and more. In fact, even though some strides have been made, many in the LGBTQ+ community still face discrimination by some of these institutions today.

That is why, even though LGBTQ+ activism began before Stonewall, this was when its leaders and community members decided to make their need for rights and equality more visible. Numerous Gay Rights organizations, many of which are still around today, were born during this time. They included The Gay Liberation Front, The Human Rights Campaign GLADD (Gay and Lesbian Alliance Against Defamation), and PFLAG (Parents and Families of Lesbians and Gays). On the first anniversary of the Stonewall Riots, thousands of people marched in the streets of Manhattan. This is what was known as the first gay pride parade.

How have these events affected LGBTQ+ older adults then and now?

The experiences many LGBTQ+ older adults had during this time greatly affected their livelihood then and now. This specifically has to do with the discrimination many of them faced regarding medical care, employment, within their own communities, and even from their families. According to SAGE, Services & Advocacy for LGBT Elders:

- LGBT older adults are 4 times less likely to have children
- 54% of LGBT care recipients receive care from their partner; 24% receive care from a friend
- More than 1/2 of LGBT older adults report being discriminated in employment and/or housing
- LGBT older adults report higher rates of disability, depression, anxiety, loneliness, suicidal ideation, and poor general health
- 88% of LGBT older adults say they would feel more comfortable in a long-term care facility that would be trained on their specific needs.

Even though LGBTQ+ older adults went through a lot, their experiences made them strong, resilient individuals who can offer advice and support to younger LGBTQ+ folks in their community.



What programs are offered at the Milwaukee LGBT Center to help older adults within the community?

FOR THE MOST UP-TO-DATE INFORMATION:

Visit www.mkelgbt.org

315 W Court St. Milwaukee

WI 53212

Contact Christie:

ccarter@mkelgbt.org

Although there is still a long way to go, changes to be made, and more rights to be fought for, the Milwaukee LGBT Center that has been around for 20+ years is working to address the needs of LGBTQ+ older adults within Milwaukee County.

There are many program opportunities to assist LGBTQ+ older adults in different ways. We have our weekly FAB Support Group, monthly Older Adult Advisory Committee, Family Coffee social event, community conversations on various topics related to older adult needs and interests, community partner meal pickups as well as monthly Milwaukee County Division on Aging Grab and Go meals at the Center.

While we appreciate our allies and supporters joining us at pride festivities every June, let's not forget the hardships, advocacy efforts and insight of our older adult community. If you or someone you know is interested in our services, please feel free to come visit us or reach out to Christie Carter, Aging & Disability Coordinator at ccarter@mkelgbt.org. Check our Facebook and website for the most up to date programming information.

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- Assistance for legal or financial issues
- Resources for those with dementia and their caregivers
- Services in your home: medical or non-medical
- Chores: housekeeping, errands, shopping
- Resources for your safety or another older adult's safety
- Long term care programs

For these and any other questions you might have, call us at (414) 289-6874.



MILWAUKEE COUNTY
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county.milwaukee.gov/aging (414) 289-6874



Community Partners

Our community partners are a large part of how we are able to provide services to older adults. Whether it is through furthering education, giving donations, sponsoring events, or spreading awareness, our community partners have stepped up to support older adults in our community, and for that we thank you.



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Our Shining GEMs (Give Every Month)

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Pat Ehlert
Bridgette Frommell
Paul Niemeyer
Charles Woodward



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Daniel & Nicole Renouard

Robertson Ryan & Associates

Erika Rooney

Rick Tsao

Katie Saldutt

Dawn Stanko

David & Melissa Stauber

Wisconsin Talking Book & Braille Library

YMCA of Metropolitan Milwaukee

Beth Zopfi-Selig

\$250 - \$499

Paul Baniel

Matt & Jodi Bauer

Suzie Beck

Raymond Berg

Patricia Buente

Marsha & Paul Bukofzer

CyberGrants

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Colleen Grundy

Gregory & Jill Gardetto

Peter & Judith Gerasopoulos

Ronald & Betty Hayes

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Michael Kremiski

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John Lapinski & Helena Pycior

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Charles Rush

Jim & Connie Ritchhart

Peter & Dana Schumacher

Cynthia Sheridan

Doug & Sharon Stone

Althea Stover

Janet Strom

Sandra Underwood

Charles Woodward

Cathy & Tom Wood

Curtis Washington

Partners to \$249

Anonymous (40)

Marie Aboott

Mahasin Abdullah

Susan Abraham

Delinda Acevedo

Maxie Addison

Cleo Alexander

Theodore & Mariane Allen

Bell Allison

Michell Allison

Annie Anderson

Alfred & Jacquelyn

Anderson

Sharon Anderson

Rebecca & Dennis

Anderson

Delores Andrew

Mary Ard

Viola Atkins

Louise AU

Pauline Austin-Withers

Tom Buchand

Jean Badura

Mary Ann Bagemehl

Joseph Bails

Clarence Banks

Linda Bansemmer

Linda Barikmo

Margaret Barnes

Anne Basting

Donnette Beaudoin

Janice Behnke

Richard & Inez Berghofer

Colleen Bettini & Dan

Laake

Bernie Beutner

Bonita Biba

Carolyn Blackwood

Joyce Blanks

Yvonne A. Block

Holli Bohn

Susan Bond

Melissa Bougneit

Elouise Bradley

Frank Brindza

Cheri Briscoe

Katie Brown

Carolyn Brown

Janice M Brown

James Brown

Cynthia Brown

Thomas & Shirley

Browne

Frank & Patricia Bruce III

Frank Bruce IV

Don & Nancy Brzezinski

Wayman Buchanan

Barbara Budish

Patricia Buente

Marsha Bukofzer

Paul Bunge

Laurie Burns

Melissa Bychinski

Carol Bzdawka

Chris Call

Delores Cameron

Alton Campbell

Joe & Bonnie Campbell

Marie Campos

Marsha Canser

Robert Carroll

Sheila Carter

Carolyn Carter

Dawn Case

Anthony Cebal

Mark Cebulski

Carol Cerasoli

Wendy Cetera

Ken & Nona Chase

Mercedes Chavez

Valsa Cherian

Diane Chilinski

Susan Chovanec

Jason Christ

Cynthia Coleman

Nina Coleman

Cynthia Cone

John Conley

Salvatore Corrao

Joanne & Michele Cortez

Lynn Crawford

Patricia Cronce

Diane Czerniak

Philip Dallman

Jerry & Arlene Davey

Patricia Davidson

Jaquelyn Tolbert

Eugene Dee & Barbara

Uquillas

Patricia Delmenhorst

David & Linda Demarias

Luana Dembiec

Anton & Sonja Devic

Linda & Patrick Devitt

Debbie Dietzel

Joan Dimoff

David Dollak

Jan Doser

Pamela & David Downing

Anna Drubecky

Nancy Dudek

Kay Duggan

K Dyble Thompson

Fannie Edwards

Pat Ehlert

Eisha Endeley

Dianne Ertel

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Lona Eubanks

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Hear Wisconsin

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Ms. Sheila Flowers

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Raquel Franzen

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George Frison

Jean Fromm

Jacqueline Fryer

Pamela Galasinski

Jerro Gardener

Janie Gardener

Ruth Gaura

Partners to \$249

Sylvia Gear	Yaasmeen Joseph	Mary Ann Monfils	Maria Rodriguez	Janet Thompson
Virgil George	Debra Jupka	Harry & Rosanne Moore	William Roepke	Bobby Thompson
Peter & Judith	Joan Kadow	Eric Moore	Christine Rogers	Shirley Tiedjen
Gerasopaulous	Judith Kaiser	Rosanne Moore	CHI Living Communities -	Margaret Todd
Emma Gilbert	Tzu Chi Foundation	Roderick Morgan	Franciscan Villa	Barbara Toles
Ceotrid Gilbert	Barbara Kendall	Bettye Morgan	Kenneth & Carol Roth	Roaxann Tolliver
Matt Glaske	Jeanne Kennedy	Minister John H. Morris	Roger & Celine	MaryJo Travis
Jim Glembin	Philip Kenner	Sharon Morris	Rothenmaier	Isiah Trice
Marsha Godfrey	Jacquelyn Ketten	Oranell Morris	Sylvester Rucker	Mary Ann Tromp
Richard Goldberg	James Kimble	Jaunita Mozell-Patterson	Bonnie Ruel	Christopher Turek
Loretta Golimowski &	VMP Healthcare &	Sharon Multani	Michael Runnells	Suzanne Turner
Janel Semon	Communiyt Living	Mary Neitzel	Michael & Janette	Richard & Jocelyn Turner
Estelle Gooder	Barbara Kogutkiewicz	Susan Nelson	Rupinski	James & Doris Utsey
Dan & Sharon Goodman	Janet Kolancheck	Gerry Newburg	Lorraine Russell	Carol Valla
King Brandon Gragam	David and Alice Konkel	Lynne Grages & Paul	Susan Ryan	Phyllis Verhaalen
Naomi Green	Paul Kopecky	Neymeyr	Eleanor Ryan	Michele Vogt
Joe Griffin	Richard & Regina	Andrew Ng	John Ryles	Alice Voith
Philemon Griffin	Koronowski	John & Peggy Niemer	Robert & Caroline	Megan And Nick Vranes
Michael Gronitz	Michael Kostiuk	Norma Nonneman	Sanderson	Robert Wait
Diane Groszkiewicz	Stan Kostka	Dale & Karen Nook	Jimmy Sandson	Claire Walchli
Colleen Grundy	Ralph & Virginia	Audrey Norman	John Sargent	Margaret Wallace
Irene Guenther	Kowowski	Niedra North	Ray Saron	Barbara Walter
Rita Gutowski	Lucille Kozelek	Sam Oaks	Kathy Schauer	Chaunsey Walton
William Hable	Cynthia Kroll	Mary O'Connell Williams	Richard & Norma	Carolyn Ward
Joyce Hailstock	Edward Krueger & Carla	Mary O'leary-Michalski	Schendel	David Wardynski
Thomas Haliburton	Staab	Jannette Orzewalla	Stuart & Gayle Schenk	Shirley Warren
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Glen Harris	Alexander & Sharon Rae	Dan & Pat Pairon	Felicia Scheuer	Curtis Washington
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Patricia Hemming	Diane Lembck	Melvin Perry	Larry & Darlene Schwartz	Linda White
James & Cheryl Hempel	Mildred Lenyard	Victoria Peterson	Penny Schwid	Martin & Patricia Wilke
David & Mary Hempel	D. A. Leonard	Steven Peterson	Carol Scott	David Wilkerson
Mae Henry	Cynthia Lepkowski	Alice Peterson	Rozanne Screven	John Williams
Lenore Hernandez	Charlotte Lewis	Diane Piedt	Barbara Semons	Gerald & Mary Williquette
Theresa Herron	Deborah Lewis	Jan Pipia	Margaret Senger	Larry Winfield
Sandy & Stan	Mechele Lewis	Terri Pittman	Mary Jane Sericati	Alice Winkler
Hesselgrave	Mae Liddell	Marvin Pitts	Dorothy Severson	Judith Wirth
Kitty Hill	Maxine Lijewski	Pamela Plath	Edward Shackelford	Patricia Wisniewski
Kathleen Hill	Jacqueline Lipsey	Muriel Plichta	Rosie Shaw	Judith & Winton Wood
Vevette	Jill Littlefield	John Podsedly	Adele Shaw	Pearl Woodard-Hainey
Hill-Nwagbaraocha	Michael Loew	Lorine Porter	Cynthia Sheridan	Steve Woods
Staci Hinton	Mark & Carol Loomis	Kara Posnanski	Daniel Sheridan	Ronald & Ivy Yenchkeske
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Jade Hook	Alice Love	Sandra Potrykus	Bobbi Sherrer-Jones	Angelia Young
Doris Hopkins-Brown	Christine Luther-Matel	Kelly & Keir Powell	Zelma Simmons	Arsalos & Dawn Zakian
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Lue Jemison-Spivey	Bonnie McAuly	Geraldine Renner	John & Eileen Stewart	
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Vertaree Jenkins	Walter & Katie McCoy	Shirley Reynolds	Carol Stolpa	
Mattie Jennings	Sarah McCullum	Tim Reynolds	Jane Stoltz	
Stephen Jerde	Jeannine McFadden	Dolores Rieden	Althea Stover	
Joanne Joers	Beatrice McGahee	Michele Rinka	Vickie Strachota	
Apollonia & Raymond	Itolen Medlin	C. Robe	Janet Strom	
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Verna Johnson	Linda Miste	Florine Robinson	Jessica Tenhove	
Tony Johnson	Kate Mkuzmin	Larry Robinson	Dean & Barbara	
Bessie Johnson	James & Mary Beth	Dennis Robinson	Thierfelder	
Judith Jones	Mohoney	Freddie Roby	Yvonne Thomas	
Gloria Jones	Stephanie Momon	Marty & Mary Rockford	Dorothy Thomas	

DONATION FORM

I/We wish to make a contribution to SOA in support of services for older adults in our community.

Please use my donation at:

- | | |
|---|--|
| <input type="checkbox"/> Agency-wide | <input type="checkbox"/> McGovern Park Senior Center |
| <input type="checkbox"/> Clinton Rose Senior Center | <input type="checkbox"/> Washington Park Senior Center |
| <input type="checkbox"/> Kelly Senior Center | <input type="checkbox"/> Wilson Park Senior Center |

MY DONATION:

- | | |
|--|---|
| <input type="checkbox"/> \$25 - Supporter | <input type="checkbox"/> \$500 - Advocate |
| <input type="checkbox"/> \$50 - Associate | <input type="checkbox"/> \$1,000 - Connector |
| <input type="checkbox"/> \$100 - Friend | <input type="checkbox"/> \$5,000 - Benefactor |
| <input type="checkbox"/> \$250 - Companion | <input type="checkbox"/> \$10,000 - Champion |
| <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Become a *GEM: _____ |

***What is a GEM (Give Every Month)?**

A GEM is a member of a dedicated group of donors who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

Name(s) (how you would like to be acknowledged)

Street Address _____

City, State, Zip Code _____

Email Address _____

☐ I/We wish to remain anonymous

Donation ☐ in honor of ☐ in memory of

Payment Method

☐ One time donation ☐ Monthly

Cash _____ Check # _____
(Please Make Check Payable to SOA)

Credit Card Number: _____

Exp. Date _____ CVV# _____

Signature _____

Telephone: _____

Please charge my credit card for my one-time donation of
\$ _____

Please charge my card \$ _____

Per: Month Quarter _____ Number of Times

For a Total Donation of \$ _____



Let's age well together!

Our Partnership Program allows you to partner with SOA to help fulfill our vision of a community where every adult 50 and better will be connected to the resources they need and the opportunities that interest them, throughout the entire aging process.

The Partnership Program gives you the opportunity to place your donation with the center you value, with a center that needs help, or where the need is the greatest.

Please consider partnering with SOA by tearing and filling out this form, and returning it to the front desk of your senior center, or mail to:

SOA Partnership Program
4420 W Vliet St
Milwaukee Wi, 53208

See our Partner pages for a complete list of partners.

Donors will be recognized each month on the Partnership pages of *The Connection*. Acknowledgement boards at each senior center will list contributors who donated to that specific center and those who contributed to wherever it is most needed at SOA.

thank
you!