

SERVING OLDER ADULTS OF SOUTHEAST WISCONSIN, INC.

April 2023



THE CONNECTION

Bring Your Own Device (BYOD) Day

You've got questions about technology, we've got answers. Each center hosts one-on-one workshops where you can bring your device (phone, iPad, laptop), and your questions to work with one of our knowledgeable tech trainers. Speak with center staff to schedule an appointment.

Clinton Rose

Mon. 8:30 - 9:30 & 11:30 - 12:00
Wed. 8:30 - 9:30 & 11:30 - 12:00

Kelly

Mon. 8:30 - 12:00
Tue. 1:00 - 4:30

McGovern

Mon. 1:00 - 4:30
Tue. 8:30 - 12:00

Washington

Tue. 12:30 - 4:30
Wed. 12:30 - 4:30

Wilson

Mon. 1:00 - 4:30
Tue. 8:30 - 12:00

Wellness Coordinator Schedule

The Wellness Coordinator is available at each center every week by appointment to help with proper exercise machine use and answer any health-related questions. See below for your center's day and hours. Speak with center staff to schedule an appointment.

Clinton Rose

Wed. 9:30 - 11:30

Kelly

Fri. 9:30 - 11:30

McGovern

Tue. 9:30 - 11:30

Washington

Thu. 9:30 - 11:30

Wilson

Mon. 9:30 - 11:30

CLOSURES

Apr. 7 - All dining sites closed for Good Friday. However, all senior centers will be open.

HOURS

Monday - Friday, 8:30 - 4:30
SOA General Line: 414-704-3343
www.servingolderadults.org

Check out what's inside:

About SOA.....	2
Highlighted Events.....	3
TechConnect.....	5
Clinton Rose Senior Center.....	6-7
Kelly Senior Center.....	8-9
McGovern Senior Center.....	10-11
Washington Senior Center.....	12-14
Wilson Senior Center.....	16-17
Community Resources.....	18
Aging & Disability Services.....	19
The Community Corner.....	20
Community Partners.....	21
Donors.....	22-23

Aging Well

TOGETHER

Serving Older Adults of Southeast Wisconsin's goal is to positively impact the health and well-being of older adults through quality health and wellness programming, continuous learning opportunities, community engagement, and a variety of socialization outlets.

SERVING OLDER ADULTS ADMINISTRATION

President/CEO *Cathy Wood*
Chief Financial Officer *Dave Poellmann*
Director of Senior Centers *Miriam Kaja*
Director of Marketing & Development *Chey Thunberg*
Human Resources Manager *Marsha Bukofzer*

PAYMENT AND REGISTRATION REQUIRED

Registration and full payment is required for all activities with fees. Register at least two weeks before the start date in the center's office. Activities will be canceled if minimum registrations are not met. For accommodations, please let staff know at time of sign-up.

USE GOOD JUDGMENT

Participants assume the risk of taking part in activities. Serving Older Adults of Southeast Wisconsin and Milwaukee County are held harmless from all claims resulting from taking part in any activity at the senior center.

GET INVOLVED TODAY!

1. Complete participation form.
2. Register for the Dining Program.
3. Sign-up for a Fitness Center Orientation.
4. Pick up your touch screen card and log-in daily.
5. Enjoy the centers!

ADMINISTRATIVE OFFICE

4420 W Vliet St
Milwaukee, WI 53208
Main: (414) 933-2332

CLINTON & BERNICE ROSE SENIOR CENTER

Manager: *Lynette Weathers*
3045 N Dr. Martin Luther King Jr. Dr
Milwaukee, WI 53212
Main: (414) 263-2255

KELLY SENIOR CENTER

Manager: *Vacant*
6100 S Lake Dr
Cudahy, WI 53110
Main: (414) 481-9611

MCGOVERN PARK SENIOR CENTER

Manager: *Angela Wright*
4500 W Custer Ave
Milwaukee, WI 53218
Main: (414) 527-0990

WASHINGTON PARK SENIOR CENTER

Manager: *Diane Chilinski*
4420 W Vliet St
Milwaukee, WI 53208
Main: (414) 933-2332

WILSON PARK SENIOR CENTER

Manager: *Shannon Downie*
2601 W Howard Ave
Milwaukee, WI 53221
Main: (414) 282-5566



Highlighted Events

TUESDAY, APRIL 18—INCOME TAXES DUE!!!

AARP Tax-Aide

Free income tax preparation and electronic filing. Call the phone number listed for each center to schedule an appointment.

Clinton Rose, 414-263-2255
Mondays, 9:00-10:30

McGovern Park, 414-527-0990
Mondays & Wednesdays, 9:00-2:30

Washington Park, 414-215-0781
Thursdays, 9:00-3:30

Wilson Park, 414-282-5566
Tuesdays, 9:30-2:30

Identity Theft: Protect and Prevent

Presented by The WI Bureau of Consumer Protection

Wednesday, April 12, 10:00—Kelly
Monday, April 17, 12:30 - 1:30—Washington
The WI Bureau of Consumer Protection will explain different types of identity theft

CLINTON & BERNICE ROSE SENIOR CENTER

CHASE Bank

Presented by Jerry Johnson

Thursdays, April 6 & 20, 10:00 - 11:00

Chase Bank is here to answer your questions about protection and fraud.

Bed Bug Awareness

Presented by Jeffery & Brenda Hardy

Tuesday, April 11, 12:00 - 1:00

Pest 2 Rest will present information on how to identify bed bugs and how to treat them.

KELLY SENIOR CENTER

Let's Talk About Covid-19

Presented by Wisconsin Health Literacy

Tuesday, April 11, 1:00

Learn how Covid-19 affects seniors now and how government benefits might be changing along with it. Win prizes! **Registration recommended.**

Medicare Consultation Appointments

Thursday, April 13, 9:00 - 11:00

Meet with a Medicare expert to get your questions answered. **Appointment required, contact Deanna.**

Volunteer Appreciation Spirit Week

Monday, April 17 - Friday, April 21

Wear a different theme for each day of the week. See Kelly Senior Center section for more information.

MCGOVERN PARK SENIOR CENTER

Brain Health

Presented by Humana

Wednesday, April 5, 12:30

In this presentation you will learn how to keep your brain healthy as you age.

Good Friday

Friday, April 7, 12:00

Celebrate Good Friday with praise, dancing, singing, and words of inspiration given by Leon Davis.

The Benefits Of Ceylon Cinnamon

Presented by Ann Snowden

Wednesday, April 12, 10:00

Gain knowledge about the health benefits and the many ways you can use this spice.

Earth Day

Presented by Humana

Friday, April 21, 11:30

Sign up for this presentation about indoor planting and plant the herb of your choice.

WASHINGTON PARK SENIOR CENTER

Medicare 101

Presented by Milw. Co. DHHS Aging & Disability Services

Wednesday, April 12, 12:30 - 1:30

Learn the basics. Nina Yang will provide individual Medicare counseling and free enrollment assistance.

Spring Fling - Cost: \$3

Thursday, April 20, 12:30 - 2:30

Celebrate Spring with dance, music, and refreshments! The Detroit Style Ballroom Dance class will be there!

Brain Health Resource Fair

Hosted by Milw. Co. DHHS Aging & Disability Services

Thursday, April 27, 1:00 - 3:00

Be informed about brain health. Free memory screenings, blood pressure checks, and snacks!

*****SAVE THE DATE****

Summer Rummage

Saturday, June 24, 8:00 - 2:00

Looking for a great bargain or just trying to make a buck? Don't miss out on this great opportunity.

WILSON PARK SENIOR CENTER

Brewers Opening Day Game!

Friday, April 3, 1:15

Watch the Opening Day Brewers game on a large screen. Game Day snacks available for \$2 per person.

Let's Talk Life Insurance

Monday, April 10, 10:30

Join us to discuss what you may need and how you can get life insurance.

Meetings With Medicare

Mondays, April 10, 17 & 24, 9:30

Do you have questions about Medicare and how it can benefit you? Attend one of the dates to learn more.

Time to Relieve Stress

Tuesday, April 18, 10:45 - 11:30

Sign up for this relaxation session and receive a small stress relief package. **Please register by April 8.**

Spring Rummage - Admission: \$.50

Saturday, April 22, 9:00 - 2:00

Shop with us and find your next hidden gem. Food and drink will be available for purchase.

Get Your Rummage Table TODAY! - Fee: \$20

Claim your spot in our Spring Rummage on April 22.

Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator

NOW ACCEPTING APPLICATIONS

for Seniors ages 62+

Independent and Assisted Living in the Historic Layton Boulevard Neighborhood



All Utilities Included • Free Parking Available
Free Laundry • WIFI For Select Units
Dining Available • Fitness Center
Business Center • Smoke And Pet Free Building
On-Site Beauty Salon • And Much More!

ARE YOU REACHING THE MEMBERS IN YOUR COMMUNITY?

To advertise here visit lpicommunities.com/adcreator

ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide

ADT Authorized Provider | **SafeStreets** | **833-287-3502**



*income restrictions apply

414-384-3800

2735 W. Greenfield Avenue Milwaukee WI 53215

Professionally managed by Oakbrook Corporation



Humana helps take the mystery out of Medicare Advantage

Humana A more human way to healthcare™

Y0040_GHHJ4H8EN_23_StripAd_C

Call a licensed Humana sales agent



Mechele Lewis

262-278-8708 (TTY: 711)

Monday – Friday, 8 a.m. – 5 p.m.
mlewis58@humana.com



Ryan Johannsen

262-765-6362 (TTY: 711)

Monday – Friday, 8 a.m. – 5 p.m.
rjohannsen@humana.com



APRIL TECH CLASSES



COMPUTER BASICS

Clinton Rose Senior Center - Mondays & Wednesdays, April 10-June 21 (No class on June 19), 10:00-11:15

Instructor: Donnei Trigg

In this 10-week, PC-based course, you'll learn the basics of how to operate a computer and navigate the internet. You'll learn how to use email, search the internet for information, access sources of entertainment, and connect to people, organizations and interests that matter to you.

iPAD BASICS

Kelly Senior Center - Tuesdays & Thursdays, April 11-June 20 (No class on June 6), 2:00-3:15

Instructor: Mike Prudhom

In this 10-week course, you'll learn the basics of how to operate the Apple iPad and navigate the internet. During the course, you'll learn how to take pictures, use email, search the internet for information, download apps, and connect to people, organizations and interests that matter to you.

BENEFITS OF CONNECTING TO THE INTERNET (Lecture)

Kelly Senior Center - Monday, April 17, 10:00-11:15

Instructor: Daniel Nowotny

Get real life examples of the ways that home internet access can help save money, connect with others, and simplify everyday tasks. Review common terminologies, and various connection speeds needed to perform online activities like stream videos and music, check email, and video chat. We'll also explore different ways of connecting to the internet as well as resources for available service in your area.

AFFORDABLE HOME INTERNET (Lecture)

McGovern Park Senior Center - Monday, April 24, 2:00-3:15

Instructor: Donnei Trigg

Having home internet can help you save money, look for a job, connect with others, make everyday tasks easier, and much more! Learn about the Affordable Connectivity Program (ACP), a permanent government program that helps qualifying low-income households pay for internet service and connected devices. Depending on your internet plan, the ACP discount may help you get home internet for free!

✉ TechConnect@Servingolderadults.org

🌐 <https://servingolderadults.org/tech-connect/>

**TechConnect for
Older Adults**

A Program of SOA

Clinton & Bernice Rose Senior Center

Morning Blend w/Hot Topics - Fee: \$2 (includes cup of coffee & donut)

Led by Doris Hopkins-Brown

Mondays, April 3, 10, 17 & 24, 9:30 - 10:30

Here's your chance to discuss today's hot topics with a group of your peers.

Intro to Senior Twerk - Fee: \$12/person per month

Led Shirley Gilbert

Tuesdays, April 4 & 18, 12:30 - 1:30

Get ready ladies to work those hips doing lower body exercises. The benefits of this class are to strengthen muscles and increase hip flexibility. If interested, stop in the office or call 414-263-2255. You won't want to miss this exciting class. **Pre-registration starts April 1st.**

Balance and Stretch

Led Eric Pampuch

Wednesdays, April 5, 12, 19 & 26 12:30 - 1:00

This class teaches appropriate strengthening for all levels, and improves your balance.

Tai Chi Prime Demonstration (TCP)

Hosted by UniteWI and Walnut Way

Thursday, April 5, 9:00 - 10:30

Tai Chi Prime (TCP) is an evidence-based falls prevention program for community dwelling older adults endorsed and certified by the National Council on Aging (NCOA). If interested, stop in the office or call 414-263-2255. No fee. **Pre-registration starts April 1st.**

CHASE Bank

Presented by Jerry Johnson

Thursdays, April 6 & 20, 10:00 - 11:00

Do you have frequent questions like, "How do I protect myself from fraud? How do I lock my card? And why is it important to close my browser at the end of an online banking session?" Chase Bank is here to answer your questions.

MCDA Outreach

Presented by Milwaukee County Department of Health & Human Services

Thursday, April 6, 10:30-12:30

Meet with Outreach social worker Andrew Bethke for up-to-date information about a wide array of resources and community based services available for seniors.

Bed Bug Awareness

Presented by Jeffery & Brenda Hardy

Tuesday, April 11, 12:00 - 1:00

Educate yourself about bed bugs. Pest 2 Rest will present information on how to identify bed bugs and how to treat them.

Walk Aerobics

Led by Shiery Horton

Thursdays, April 12, 19 & 26 9:30 - 10:00

Free walking and fitness program for older adults striving to lead more active lives. The program helps you with overall health.

Movie Watchers Club

Friday, April 14, 9:00 - 11:00

Come watch a movie, then enjoy having fun discussions afterwards. *Popcorn and hot dogs available for purchase.*

Lincoln Memorial Cemetery

Presentation by Keisha Pages

Tuesday, April 18, 9:00 - 2:00

Keisha Pages will be providing information on burial planning. In addition, planning in advance may help save costs on cemetery spaces.

Women of the Rose Monthly Meeting

Wednesday, April 19, 12:00 - 1:00

Join this group of strong and independent women as they meet to discuss ways to help the young women of society and empower all women.

Cooking Demonstration w/Chef Marvin

"The Unsalted Chef"

Presented by HEAL (Healthy Eating Active Living)

Thursday, April 20, 10:15 - 11:15

Learn how to prepare different low-sodium meals while enjoying delicious flavors. Enjoy this cooking demonstration and enjoy a small sample & recipe card after the demo.

Out & About Travel Committee Meeting

Thursday, April 20, 12:15-1:15

Get ready to start planning 2023 trips with the travel committee. Let this group sail you away to fun adventures throughout the year.

Advisory Committee Meeting

Tuesday, April 25, 10:30 - 11:30

Learn about what's going on at Clinton Rose Senior Center and at the Milwaukee County Department of Health & Human Services Aging & Disability Services. Have your voice heard while being part of this amazing committee. If you would like access via Zoom, please call the number 414-263-2255 for details.

Memories in the Making

Sponsored by the Alzheimer's Association

Thursday, April 27, 10:00 - 12:00

According to the Alzheimer's Association, Memories in the Making is a unique art program, introduced in 1988, that allows individuals with Alzheimer's disease and related dementias to express themselves through art and storytelling. Get creative in this class where you will be able to express yourself through art. Supplies are included. **Pre-registration required.**

Speak Your Mind

Monday - Friday, 8:30 - 4:30

Here's a time to tell us what's on your mind or maybe you just want to sit and talk with your fellow participants.

Library Area

Mondays - Friday, 8:30 - 3:30

Enjoy a peaceful area where you can get lost in a great book.

Walk With Ease (Time change)

Mondays, Wednesdays, & Fridays, 12:00 - 1:00

Take an easy walk while listening to R&B music. Walking will improve your overall health, lower your blood pressure and blood sugar.

Billiards Room

Monday - Friday, 8:30 - 3:30

Come on in and chase the eight ball around the table. There are always plenty of friendly faces ready for a pool game.

Clinton & Bernice Rose Senior Center

Computer Lab

Monday - Friday, 8:30 - 3:30

Do you need access to the internet? Or maybe you just need access to a computer. Our computer lab is here for all of our participants!

Open Sewing - Fee: \$8 (4 weeks)

Mondays, Tuesdays, & Fridays, 9:00 - 3:30

If you enjoy sewing and being in the company of others who like to sew, then our open sewing room is the place for you. You must have a sewing room orientation before you can join the sewing fun. *Please keep in mind open sewing & Miss Daisy's sewing groups are two different groups, if interested in doing both you must pay a total of \$16.00.*

Wisdom Counselor

Presented by Prophetess Willie Seward-Fowlkes

Tuesdays, 12:15- 1:15

Do you need someone to talk to or pray with you? Mother Fowlkes is available for support.

Roselettes Dance Group

Tuesdays & Thursdays, 9:00 - 10:30

Get up and get your feet moving! Join our group of eloquent lady dancers who dance for enjoyment and community involvement.

Bingo

Sponsored by Eras Senior Network & WestCare

Wednesdays, 9:00 - 10:00

Let's get ready to play BINGO!! Eras & WestCare will be hosting Bingo and providing amazing prizes. You don't want to miss the excitement. They will also be sharing resources and answering questions.

Senior Striders

Led by Evelyn Merriett

Wednesdays, 10:00 - 11:00

Enjoy the benefits of exercising while sitting. This exercise class will help seniors with limited mobility improve their flexibility, strengthen their bodies, and improve circulation.

Miss Daisy's Sewing Group - Fee: \$8

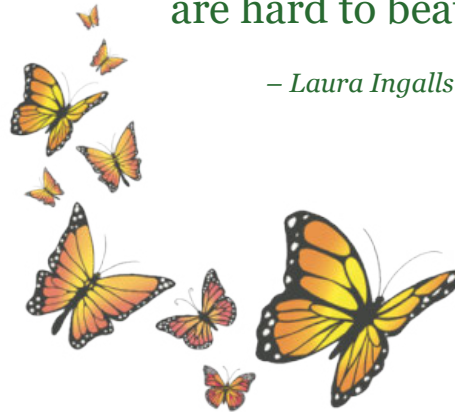
Thursdays, 12:00 - 2:00

You're invited to join a fabulous group of quilters. Miss Daisy's sewing group specializes in quilting. Miss Daisy group is a project-based group that strictly focuses on group projects. *Some sewing skills required. Please keep in mind open sewing & Miss Daisy's sewing groups are two different groups, if interested in doing both you must pay a total of \$16.00.*



"Some old-fashioned things like fresh air and sunshine are hard to beat."

— Laura Ingalls Wilder



<p>Monday 9:30-10:30 OG Dance Group Practice 11:00-12:00 Walk With Ease</p>	<p>Tuesday 9:00-10:30 Roselettes Dance Group Practice 10:30-11:30 The Extensions Practice 12:15-1:15 Praise & Worship</p>	<p>Wednesday 9:00-10:00 Bingo 10:00-11:00 Senior Striders Exercise 11:00-12:00 Walk With Ease 11:00-1:00 Fitness Center Orientations 12:30-2:30 Open Jewelry Making Class *</p>
<p>Thursday 9:00-10:15 Roselettes Dance Group Practice 12:00-1:00 Walk Aerobics 12:00-2:00 Miss Daisy Sewing Group* 12:15-1:15 Out & About Travel Committee Meeting led by Jackie Trice every 3rd Thursday of the Month</p>	<p>Friday 9:00-11:00 Movie Watchers Club 11:00-12:00 Walk With Ease</p> <p>* Has a fee</p>	<p>Daily 8:30-3:30 Fitness Center 8:30-4:30 Speak Your Mind 8:30-3:30 Billiards Area (includes: pool games, cards, chess, checkers & dominoes) 8:30-3:30 Library Area 8:30-3:30 Computer Lab 8:30-3:30 Open Sewing * 10:00-3:00 Rose Re-gift Shop open</p>

Kelly Senior Center

Fish Name Suggestions

Monday-Friday, April 3-7, Any Time

Stop by the lobby to submit name suggestions for Kelly's fish! No registration required.

Bingo

Sponsored by Molina Healthcare

Wednesday, April 5, 1:00

Join us for an afternoon of Bingo!

Registration recommended.

Egg Hunt

Friday, April 7, 10:00 - 1:00

See if you can find one of the plastic eggs hidden in the lobby. No registration required.

Fish Name Voting

Monday-Friday, April 10-14, Any Time

Vote on a name for Kelly's fish. Winning names will be announced on April 17th. No registration required.

Let's Talk About Covid-19

Presented by Wisconsin Health Literacy

Tuesday, April 11, 1:00

Learn how Covid-19 has changed, how it affects seniors now, and how your government benefits might be changing along with it. Win prizes! **Registration recommended.**

Identity Theft: Protect and Prevent

Presented by The WI Bureau of Consumer Protection

Wednesday, April 12, 10:00

The WI Bureau of Consumer Protection will explain different types of identity theft. Receive tips for safeguarding your personal information and how to recover from identity theft. **Registration recommended.**

Medicare Consultation Appointments

Thursday, April 13, 9:00 - 11:00

Meet with a Medicare expert to get your questions answered in an objective, one-on-one appointment.

Appointment required, contact Deanna.

Introductory Leatherworking: Corner Bookmarks - Fee: \$5

Friday, April 14, 1:00 - 2:00

Learn how to make a corner-clinging leather bookmark. No experience necessary! Hobby leatherworker Deanna will give step-by-step instructions. All materials and tools provided! **Registration required.**

Women's Club

Monday, April 17, 1:30

Women's Club is excited to host the Milwaukee Metropolitan Sewerage District! This presentation provides an overview of MMSD's commitment to the protection of public health and the health of Lake Michigan. The presentation highlights the work of MMSD from its wastewater reclamation facilities, innovative solutions to flood management, and the role of partnerships in MMSD's work.

Registration recommended.

Volunteer Appreciation Spirit Week

Monday, April 17 - Friday, April 21

Monday- Wear Red Day

Tuesday- Sports Day

Wednesday- Wear a Hat Day

Thursday- Throwback Fashion Day

Friday- Ugly Tie Day

Bingo

Sponsored by Williamstown Bay

Tuesday, April 18, 1:00

Join us for an afternoon of Bingo!

Registration recommended.

Mindfulness

Presented by Synergy HomeCare

Wednesday, April 19, 1:00

This mindfulness class will explain what mindfulness is and why it's important. We will practice simple techniques to access mindfulness such as breathing exercise and meditation. Plan to leave the class feeling a sense of relaxation and calm! **Registration required.**

Toe Nail Trimmers, LLC Appointments - Fee: \$31

Thursday, April 20, 9:00 - 1:00

Toe Nail Trimmers, LLC will be taking appointments at Kelly for toenail trimming and foot care. Contact the front desk for how to make an appointment.

All-American 20th Century Trivia

Tuesday, April 25, 1:00 - 2:30

Come test your knowledge of 1930's-1980's pop culture, TV, movies, sports, food, and music! Win prizes!

Registration required.

Kelly Advisory Meeting

Wednesday, April 26, 1:00

Get the inside scoop on upcoming events and make your voice heard! Meet in a relaxed atmosphere to find out what's coming next and share your ideas for the future of Kelly Senior Center. Walk-ins welcome.

Morning Exercise

Mondays & Fridays, 8:45 - 10:00

Get moving with exercise! A variety of balance, strength, and flexibility exercises will help you feel great all day long. Monday morning sessions are followed by chair dancing. Friday sessions include a low impact cardio workout.

Tai Chi Practice Session

Mondays, 10:00 - 11:00

Tai Chi is a slow-motion, meditative exercise for relaxation and health. This is a guided practice time for Tai Chi practitioners at all levels. Now meeting in the South Building. Walk-ins welcome.

Movement & Music: Parkinson Disease Exercise

Presented by Wisconsin Parkinson Association

Mondays, 12:30 - 1:30

Manage your Parkinson's symptoms and improve the quality of your daily life while having fun! This class incorporates stretches, strength training, posture, balance and walking drills, as well as vocal exercises. Walk-ins welcome.

Quilting - Fee: \$20 (April - June)

Monday - Friday, 1:00 - 4:30

Learn new techniques and patterns to plan or complete your sewing projects. Volunteer instructors are available to help participants on their own machines and train them on shared equipment. **Pre-registration required.**

Ceramics Studio - Fee: \$20 (April - June)

Tuesdays & Thursdays, 9:00 - 12:00

Use ceramic molds, paints and glazes to create artful objects for your home and garden. Fee includes use of the kiln for finishing your ceramics pieces.

Pre-registration required.

Kelly Senior Center

Adaptive Chair Yoga

Tuesdays, 10:00 - 11:00

Students use a chair as a prop to perform seated and standing postures. Using a chair can help make various movements more accessible and comfortable. For all levels. Walk-ins welcome.

Acoustic Music Meetup

2nd & 4th Tuesdays, 10:30 - 12:00

Meet fellow musicians to learn new tunes, share resources and show off your instrument and skills. Bring your ukulele, acoustic guitar, or mandolin. Walk-ins welcome.

Sewing Class - Fee: \$30 (January - March)

Wednesdays, 9:00 - 12:00

Learn the basics of sewing in this 3-month long workshop. Projects include pattern making, garment design, and alterations. Sewing machines and supplies are provided. Just bring your creative energy! Open to all skill levels.

Pre-registration required.

Take Off Pounds Sensibly (TOPS)

Wednesdays, 9:30 - 11:00

TOPS can help you reach your weight-loss goals by providing you with the tools, information, support, and accountability you need to be successful. Come join Cudahy Chapter 33's weekly meetings. Former, current, and new TOPS members are welcome. Enjoy the camaraderie while learning how to live a healthy lifestyle.

Pre-registration required.

Continuing Beginner Line Dancing

Wednesdays, 11:00 - 12:00

Some line dancing experience is required. Dance away your Wednesday mornings with our experienced volunteer instructor. Walk-ins welcome.

Open Art Studio

Wednesdays, 10:00 - 12:00

Join the fun and get assistance with painting and drawing from experienced artists. Open to all skill levels. Walk-ins welcome.

Knit & Crochet

Thursdays, 9:00 - 11:00

It doesn't matter if you are a beginner or a seasoned crafter. Experienced knitters and crocheters are on hand to help you make that special project. Come join the fun. Walk-ins welcome.



What is a Rainbow?

What is a rainbow?
Does anybody know?
Where does it come from,
And where does it go?

Do the fairy artists
Paint it on the sky,
With their magic brushes
Dipped in fairy dye?

Do they get their colors
From the setting sun,
And mix them with the dawn lights
Until every one—

Blue and green and orange,
Violet and red—
In that bow of beauty
Across the heavens spread?

What is a rainbow?
And where does it go?
Can anybody tell me?
I should like to know.

- Evien G. Beaudry

<p>Monday 8:45 Morning Exercise 10:00 Tai Chi 12:30 Parkinson's Exercise 1:00 Dartball 1:00 Dominoes 1:00 Mahjong 1:00 Quilting *</p>	<p>Tuesday 9:00 Ceramics * 9:00 Quilting * 10:00 Chair Yoga 10:30 Acoustic Meetup</p>	<p>Wednesday 9:30 TOPS 10:00 Art Studio 10:00 Sheepshead 11:00 Continuing Line Dancing 12:30 Canasta 1:00 Dominoes 1:00 Quilting *</p>
<p>Thursday 9:00 Ceramics * 9:00 Knit & Crochet 10:00 Sheepshead 12:30 Canasta * Has a fee</p>	<p>Friday 8:45 Morning Exercise 9:30 Bridge 9:30 Fitness Center Orientation 11:30 Fitness Center Orientation 12:00 Balance & Stretch 1:00 Cribbage</p>	<p>Daily 8:30-4:30 Billiards 8:30-4:30 Computer Lab 8:30-4:30 Fitness Center 8:30-4:30 Library 8:30-4:30 Tabletop Games 11:00-12:00 Lunch</p>

McGovern Park Senior Center

Blood Pressure Check

Presented By Milwaukee Career College

Monday, April 3 & 17, 10:00

Having your blood pressure checked regularly can help you keep it at a healthy level.

Brain Health

Presented by Humana

Wednesday, April 5, 12:30

In this presentation you will learn how to keep your brain healthy as you age.

Healthy Eating Active Living: Cooking Demonstration

Presented by Chef Marvin

Thursday, April 6, 12:00 - 1:30

Join Chef Marvin as he demonstrates how to cook up a healthy recipe with items from your stockbox. You will enjoy a sample of the Chef's delicious recipes.

Good Friday

Friday, April 7, 12:00

You are welcome to celebrate Good Friday with us. You will enjoy praise, dancing, singing, and words of inspiration given by Leon Davis.

The Benefits Of Ceylon Cinnamon

Presented by Ann Snowden

Wednesday, April 12, 10:00

Gain knowledge about the health benefits and the many ways you can use this spice.

Advisory Meeting

Thursday, April 20, 9:00 - 10:00

Learn what's happening with the organization and McGovern Park Senior Center. This is a time to ask questions and voice your concerns.

Book Club

Thursday April 20, 12:30

Book title: "The Light We Carry"

Author: Michelle Obama

You may purchase this book or check your local library for a copy.

Bingo

Thursday, April 20, 12:30

You are invited to play Bingo with your peers and win exciting prizes.

Earth Day

Presented by Humana

Friday, April 21, 11:30

If you would like to know more about indoor planting, then you are welcome to sign up for this presentation and plant the herb of your choice.

Fitness Center

Monday - Friday, 8:30 - 4:30

The fitness center is open daily. You may use the exercise equipment free of charge.

Coffee Crew

Monday - Friday, 8:30-11:30

Enjoy having a cup of freshly brewed coffee while having conversations with your peers

Billiards

Monday - Friday, 8:30-4:30

Want to shoot pool? There are always plenty of friendly faces ready for a game.

(NEW) Billiard for Beginners

Every Monday, Wednesday, Friday

9:30-10:30

In this class you will learn how to hold the pool stick correctly, the science and feel of aiming, and how to hit the cue ball properly.

Dance For Fun & Fitness

Every Monday & Wednesday, 10:00-11:00

Every Friday, 11:30-12:30

Shake up your fitness routine with line-dancing. This workout is something you are sure to enjoy.

Upper Body Exercise

Mondays & Wednesdays, 11:00-11:20

This is an upper body chair workout using hand weights.

Phase 10 Card Game

Mondays & Thursdays, 12:00-2:30

Phase 10 is an exciting and challenging card game as well as addicting and fun. If you like Gin Rummy then you are sure to like Phase 10. We hope you will join us.

Lapidary

Tuesdays, 8:30 - 4:30

Lapidary is the cutting and polishing of stones or rocks to bring out its inner beauty.

Balance and Stretch

Tuesdays, 9:00-9:30

Strengthening and cardio get all the attention, but flexibility and balance are the two most overlooked components of fitness. Prevent injuries and falls with this free class!

Exercise For Seniors

Tuesdays & Thursdays, 10:00 - 11:00

Exercise helps people lose weight and lower the risk of some diseases including high blood pressure, diabetes, and obesity. Give this workout class a try with our experienced instructors and get results.

Open Crafts

Wednesdays, 8:30 - 4:30

This is a group of crafters who love quilting, sewing, knitting and sharing their individual expertise with one another.

Bible Study

Every 1, 2, & 4, Friday of the month.

If you are interested in spiritual growth, you will enjoy this study group.



McGovern Park Senior Center

S U W S C Y N L N G S P N X R L T P
 H P U S P R O U T A U A A V E D R L
 O X R Z L F T M M M N N T J B L I V
 L A K I I L F O J E S S U H I A C N
 I F P R N N Q U O S H I R J R U K P
 D O S R I G N I I V I E E S T G S P
 A O P T I M B I O Y N S V B H H A R
 Y L Z B W L Q R A P E W O P E T J A
 A L N R G I K Q E S J Q W X P E N N
 L H Y A C I N T H A L F D E Y R K K
 O I U D Y S K N W F K I Z Q U H T S
 V M A R I G O L D I O Q K X X P E A



APRIL
 FOOL
 GAMES
 HOLIDAY

HYACINTH
 LAUGHTER
 MARIGOLD
 NATURE

PANSIES
 PRANKS
 REBIRTH
 SPRING BREAK

SPROUT
 SUNSHINE
 TRICKS
 ZINNIAS

<p>Monday 9:00 TOPS 10:00 Dance For Fun & Fitness 11:00 Upper Body Exercise 1:00-4:30 Bring Your Own Device (BOYD) Day</p>	<p>Tuesday 8:30 Lapidary 8:30-12:00 Fitness & Nutrition 8:30-12:00 Bring Your Own Device (BOYD) Day 8:30 Personal Training 8:30 Fitness Center Orientation 9:00-9:30 Balance & Stretch 10:00 Exercise For Seniors 11:00 Metalsmithing</p>	<p>Wednesday 8:30 Quilting 8:30 Open Crafts 10:00 Dance For Fun & Fitness</p>
<p>Thursday 9:00 Advisory Meeting (every 3rd Thursday) 10:00 Exercise For Seniors 11:30 Phase 10</p>	<p>Friday 10:00 Dance For Fun & Fitness 10:00 Bible Study (every 1st, 2nd, & 4th Friday) 11:00 Upper Body Exercise</p>	<p>Daily 8:30 Exercise Workout Videos 8:30 Billiards 8:30 Fitness Center 8:30 Coffee Crew 8:30 Computer Lab 9:00-1:00 Re-Gift Shop 11:00-12:00 Lunch</p>

Washington Park Senior Center

Aging & Disability Services (ADS) Outreach

Presented by Milwaukee County Department of Health & Human Services

Tuesday, April 4, 9:30 - 10:30

Meet with Outreach Social Worker Andrew Bethke for up-to-date information about a wide array of resources and community-based services available for seniors.

Advisory Meeting

Tuesday, April 11, 10:00 - 11:00

Find out what's happening at Washington Park Senior Center and SOA. All participants are encouraged to attend.

Medicare 101

Presented by Milw. Co. DHHS Aging & Disability Services

Wednesday, April 12, 12:30 - 1:30

Learn the basics of Medicare. *Elder Benefits Specialist*, Nina Yang, will be available to provide individual Medicare counseling and free enrollment assistance.

Cooking Demonstration w/Chef Marvin, "The Unsalted Chef"

Thursday, April 13, 11:30 - 12:30

Learn how to make a simple, delicious, and sodium-reduced meal. Recipe and samples will be available.

AARP Tax-Aide

Presented by AARP Foundation

Thursday, April 6 & 13, 9:00 - 3:30

Free income tax preparation & electronic filing. Federal & Wisconsin + Homestead IRS certified tax counselors.

Appointment Only, call 414 -215-0781.

Identity Theft: Protect and Prevent

Presented by the WI Bureau of Consumer Protection

Monday, April 17, 12:30 - 1:30

The WI Bureau of Consumer Protection will explain different types of identity theft. Receive tips for safeguarding your personal information and how to recover from identity theft.

Travel Club, Indoor MINI Rummage

Wednesday, April 19, 10:00 - 12:00

The Travel Club will have a mini rummage sale in the lobby. If you are looking for some treasures, check them out.

Spring Fling - Cost: \$3

Thursday, April 20, 12:30 - 2:30

Dancing, music, and refreshments! Enjoy demonstrations from the Detroit Style Ballroom Dance class. Dress to impress!

Drug Take Back Day

Friday, April 21, 10:00 - 2:00

Join the Milw. Co. Sheriff's office, WE Care Crew, DHHS-Aging & Disability Services for disposing of prescription drugs and other OTC medication. Check with the senior center for a list of permissible items to dispose of.

Brain Health Resource Fair

Hosted by Milw. Co. DHHS Aging & Disability Services

Thursday, April 27, 1:00 - 3:00

Get information and resources around brain health, memory loss, and dementia. There will be free memory screenings, blood pressure checks, and snacks available!

Yoga - Fee: \$6/class (pay by the month)

Mondays, 9:00 - 10:00

Yoga classes use gentle movements to improve flexibility, balance, strength and posture. All levels are welcome.

Open Sew

Mondays, 9:00 - 11:00

Would you like to learn basic sewing skills and how to mend clothes? Bring your projects and creative ideas. All levels are welcome to attend.

Knitting and Crochet

Mondays, 9:00 - 11:00

Learn how to knit or crochet at your own pace. Please bring your own basic supplies (we do have some to share). Pick up new skills or share project ideas with others.

Billiards

Mondays, 9:00 - 10:00 (lessons)

Tuesday - Friday, 9:00 - 3:00 (open play)

Tournament Practice held on Wednesdays at 12:00

Tournament: Wednesday, April 5, 11:30 - 2:30

Learn to play pool with an instructor or work on your skills individually. WPSC has a wonderful billiards room with several tables to use.

Chair Arthritis

Mondays, 10:00 - 11:00

Get fit while sitting and exercising at your own pace. These special exercises can help reduce joint pain and improve overall flexibility.

Balance and Stretch

Mondays, 12:30 - 1:00

Strengthening and cardio get all the attention, but flexibility and balance are the two most overlooked components of fitness. Prevent injuries and falls with this free class!

Hand Weights

Mondays, Wednesdays, Fridays, 10:30 - 11:30

Get your heart rate up and stay active with this class that will give you a full body workout. All levels are welcome.

Fitness Center

Monday - Friday, 8:30 - 4:00

Our fitness center is equipped to help you get in shape. A health and wellness coordinator is available to give an orientation and discuss your personal fitness goals.

Washington Park Chit-Chat Club

Monday - Friday, 8:30 - 4:00

Join your fellow participants in the lobby for friendly chats. Coffee and snacks are available for purchase in gift shop.

Table Tennis (Ping Pong)

Monday - Friday, 1:00 - 4:00

Come play a friendly game of table tennis. It's a fun way to get daily exercise and increase eye-hand coordination.

Woodshop - Fee: \$25/month

Monday - Friday, 9:00 - 3:00

Our woodshop is equipped to help you complete your next project. New participants must attend an orientation prior to registration. Sign up for an orientation in the office.

Wii Bowling

Monday - Friday, 9:00 - 1:00

Wii Bowling is a great way to get moving while having fun with others in the lobby of Washington Park.

Guitar/Stringed Instruments

Tuesdays, 10:00 - 11:00

Open jam session. All stringed instruments and singers are welcome and encouraged!

Welcome Home!

The Woods of Cedar Village
Gov't-Subsidized Senior Apartments

3311 W. College Ave.
Franklin, WI 53221

Tel: (414) 761-0244

Email: woods@cedarvillagehousing.com
Website: www.cedarvillagehousing.com

Newly Renovated Apartments & Common Areas!

414.892.9199
https://goodlandhomebuyers.com

GOOD LAND HOME BUYERS

- no commissions
- no showings
- no cleaning
- no repairs

LOCAL PROFESSIONALS WITH A FAIR OFFER ON YOUR HOUSE TODAY.

WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.



- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community

Contact us at careers@4lpi.com or www.4lpi.com/careers

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME
Alex Nicholas

anicholas@lpicommunities.com

(800) 950-9952 x2538

At TMG, Wisconsin's 1st IRIS Consultant Agency, **self-direction is all we do.**

En TMG, la 1ª agencia consultora IRIS de Wisconsin, **autodirección es todo lo que hacemos.**



tmg
Let's clear the path ahead.

tmgwisconsin.com
(844) 864-8987

Local. Experienced. Resourceful. • Local. Experimentada. Ingeniosa.

Ask your Aging and Disability Resource Center about your long-term care options.
Pregunte en su Centro de Recursos para el Envejecimiento y la Discapacidad acerca de sus opciones de cuidados a largo plazo.

Woodland Ridge

Independent Senior Communities close to shopping & entertainment, with 24-hour emergency maintenance, heat included* & weekly shopping bus!





Hill Crest* 55+ Crest View* 55+ High Grove 62+

One & two bedroom apartment homes
For a tour, please call
414-541-3333
3900 S. Prairie Hill Lane, Greenfield

Professionally Managed by Horizon Management Services
www.horizonseniorhousing.com
*income restrictions may apply

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter emailed to you.



Visit www.mycommunityonline.com

Saturday, May 20th 10am - 4pm

Milwaukee County Sports Complex
6000 W. Ryan Road, Franklin, WI

Receive an extra raffle ticket for the gift card drawings with this ad!
One offer per person.

For more expo info visit:
FamilyGenerationsExpo.com



AARP Wisconsin SPONSOR

Free Admission!

Variety of Exhibitors!

Free Health Screenings!

Free Educational Seminars!

Hourly Drawings for \$100 Visa Gift Cards!



Washington Park Senior Center

Scrapbooking

Tuesdays, 10:30 - 1:30

Get creative by designing one-of-a-kind pieces. All interest and skill levels are welcome!

Gospel Choir

Tuesdays, 10:00 - 11:00

Lift every voice and sing!! Come join the WPSC Gospel Choir and sing songs of praise and worship.

Game Day

Tuesdays, 11:30 - 2:00

Play a variety of card and board games with friends. New games will include Spades and Biz Whist.

Chess

Tuesdays, 10:00 - 1:00

Join the Washington Park Chess Players for a friendly game of chess. All levels are welcome.

Silver Steppers

Tuesdays & Thursdays, 10:00 - 11:00

Get moving with this upbeat line dance class that will whip you into shape while grooving to fun tunes.

Phase 10

Wednesdays, 12:30 - 2:00

Play this very popular and fun game with WPSC friends.

Quilting - Fee: \$20 (April - June)

Wednesdays, 9:00 - 12:30

Bring your creativity! Quilting support is provided by our knowledgeable leader.

Shuffleboard

Wednesdays, 9:30 - 10:30

Join this WPSC favorite! Get some exercise and have lots of fun. All levels are welcome.

Matinee at Washington

Wednesdays, 12:30

Each week will feature a different movie genre. Refreshments are available for purchase in the gift shop.

Bible Study

Thursdays, 10:30 - 11:30

Enjoy a short lesson and some good conversation, along with handouts you can take home.

Zumba for Seniors

Thursdays, 9:00 - 10:00

This class is a great cardio workout! All levels are welcome to attend.

Detroit Style Ballroom Dance - Fee: \$4/class (pay by the month)

Thursdays, 12:30 - 1:45

This instructor-led class will start with basic ballroom dance techniques, and then advance from there.

Having Fun With Art

Thursdays, 12:30 - 1:30

Do you love to sketch, doodle, or color? The class will start with shapes and advance from there. All supplies will be provided. All levels are invited to join.

Bingo

Fridays, 12:30 - 1:45 (dining room)

We have easy slide Bingo cards and prizes. Snacks and refreshments will be available for purchase in the gift shop. Who is ready to win?

Stained Glass - Fee: \$25 (April - June)

Friday, 9:00 - 11:00

Create beautiful projects with guided instruction from a highly experienced and creative instructor.

Piano - Fee: \$8/week (pay month to month)

Fridays, 9:00 - 3:00

Learn to play the piano with individual instruction. Time slots for lessons fill up quickly. Come to the office to reserve a spot. All skill levels are welcome.

Tennis

Fridays, 9:00 - 11:00

Join the Washington Park Tennis Players for a friendly game of tennis. Get in shape and have fun too!

***SAVE THE DATE**

Summer Rummage

Saturday, June 24, 8:00 - 2:00

From trash to treasure! Whether you're looking for a great bargain or just trying to make a buck, don't miss out on this great opportunity to do both.

<p>Monday 9:00-10:00 Yoga * 9:00-10:00 Billiards (lessons) 9:00-11:00 Knitting & Crochet 9:00-11:00 Open Sew 10:00-11:00 Chair Arthritis Exercise 10:30-11:30 Hand Weights 12:30-1:00 Balance & Stretch</p>	<p>Tuesday 10:00-1:00 Chess 10:00-11:00 Gospel Choir 10:00-11:00 Stringed Instruments/ Vocals 10:00-11:00 Silver Steppers 10:30-1:30 Scrapbooking 11:30-2:00 Game Day</p>	<p>Wednesday 9:00-12:30 Quilting * 9:30-10:30 Shuffleboard 10:30-11:30 Hand Weights 12:30 Movie Matinee 12:30-2:00 Phase 10</p>
<p>Thursday 9:00-10:00 Zumba 10:00-11:00 Sliver Steppers 10:30-11:30 Bible Study 12:30-1:30 Having Fun w/Art 12:30-1:45 Ballroom Dancing *</p> <p>* Has a fee & requires pre-registration</p>	<p>Friday 9:00-11:00 Stained Glass * 9:00-3:00 Piano * 9:00-11:00 Tennis 10:30-11:30 Hand Weights 12:30-1:45 Bingo</p>	<p>Daily Fitness Center Walking Group Library Computer Lab Chit-Chat Club (lobby) Wii Bowling 9:00-1:00 Gift Shop 9:00-3:00 Billiards 9:00-3:00 Woodshop * 1:00-4:00 Table Tennis</p>



Peace
Of Mind

Funeral and Cremation Services

414.453.1562

Robert Prostek - owner
5325 W. Greenfield Ave.

BUNZEL'S OLD FASHIONED MEAT MARKET

Fresh Custom Cut Choice Meats
Party Trays • Catering
Thank You For Supporting
A Family Tradition

9015 W. Burleigh 873-7960
www.bunzelmeats.com

WE'RE HIRING!

AD SALES EXECUTIVES



BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at
careers@4lpi.com or
www.4lpi.com/careers

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME
Alex Nicholas

anicholas@picommunities.com

(800) 950-9952 x2538

SUPPORT OUR
ADVERTISERS!



Let us care for your aging parent so you can
spend more time with them, **enjoying life.**

RECEIVE FIRST MONTH'S RENT FREE!

(414) 908-4228 | RRoeglin@capricommunities.com

1500 W Sonata Dr, Milw
wilsoncommonswi.com

WILSON COMMONS

a capri community

INDEPENDENT LIVING | ASSISTED LIVING

**Assisted living only. Restrictions apply.*



Concerned about Medicare fraud? Give us a call...

PROTECT your
personal information

DETECT suspected
fraud, abuse, or errors

REPORT suspicious claims
or activities

Toll-free Helpline:
888-818-2611

www.smpwi.org

WisconsinSeniorMedicarePatrol



Preventing Medicare Fraud



My Choice Wisconsin
is a managed care organization that
serves government-funded programs
to seniors and adults with disabilities
in over 50 Wisconsin counties.

Visit us today:
mychoicewi.org/LPI
1-800-963-0035

For more information on your long-term care
options, contact your local ADRC.

DHS Approved 4/22/2021

This project was supported, in part by grant number 90MPPG0041-01-00, from the U.S. Administration
for Community Living, Department of Health and Human Services, Washington, D.C. 20201.



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Serving Older Adults of SE Wisconsin, Milwaukee, WI.

C 4C 01-2067

Wilson Park Senior Center

Quilting Classes - Fee: \$25/class (9 Weeks)

Mondays, 9:00-11:00 (March 27 - May 22)
Tuesdays, 1:00-3:00 (March 28 - May 23)
Thursdays, 9:30 -11:30 (March 30 - May 25)
Fridays, 9:00-11:30 (March 31 - May 26)
Sharpen your skills with new instructor-led techniques. There are 4 classes. Choose one or take them all!

Guided Art Studio - Fee: \$25 (April 4- June 29)

Tuesdays & Thursdays, 9:00 - 3:15
Work on your own creative projects with support as needed from an extremely talented artist.

Stained Glass Studio - Fee: \$25 (April 4- June 29)

Tuesdays & Thursdays, 9:00 - 4:00
Create beautiful glass projects. Beginner classes are offered upon demand. Contact the office to sign up.

Paper-Crafting - Fee: \$15 (April 4- June 27)

Tuesdays, 9:00 - 11:00
Have access to collective rubber stamps and equipment that you can use to create one-of-a-kind paper projects.

Weaving-Intermediate - Fee: \$15 (April 6 - June 30)

Thursdays & Fridays, 9:00 - 2:00
This program is designed for experienced weavers. Stop by the office to ask about beginner's level.

Open Sew Classes - Fee: \$20/class (9 weeks)

Mondays, 11:00 - 1:00 (April 3 - June 26)
Tuesdays, 9:00 - 12:00 (April 4 - June 27)
Wednesdays, 1:00-3:00 (April 5 - June 28)
Learn new techniques while bonding with others. There are 3 classes. Choose one or take them all!

Hot/Fused Glass - Fee: \$25

Mondays, 9:00 - 12:00 (April 3- June 26)
Wednesdays, 9:00 - 12:00; 1:00 - 4:00 (April 5- June 28)
Create beautiful works of art by applying various glass fusion techniques.

Ceramics Studio - Fee: \$25 (April 3 - June 30)

Mondays, Wednesdays & Fridays, 8:45 - 4:00
Join us in using your creativity to hand mold pieces of clay into works of art. Fee includes use of the kiln.

Intermediate Line Dance (April 3- June 26)

Mondays, 10:30 - 12:15
Kick up your heels and get into shape with line dancing.

Brewers Opening Day Game!

Friday, April 3, 1:15
Watch the Opening Day Brewers game on a large screen. Game Day snacks will be provided for \$2 per person.

Movies and Popcorn

Fridays, 1:00
April 7 - Forrest Gump
April 14 - La La Land
April 21 - Mamma Mia
April 28 - Hidden Figures
Come and enjoy a movie and popcorn!

Let's Talk Life Insurance

Monday, April 10, 10:30
Life insurance can be a complicated process. Join us at Wilson to discuss what you may need and how you can get life insurance.

Big Band Concert

Monday, April 10, 1:30
Spread love and kindness while showing off your best dance moves. There will also be light refreshments.

Meetings With Medicare

Mondays, April 10, 17 & 24, 9:30
Do you have questions about Medicare and how it can benefit you? Attend one of the dates to learn more.

Bingo

Tuesday, April 11, 1:00
All Bingo lovers are welcome to join the fun with a chance to win praiseworthy prizes.

Karaoke & Koffee

Friday, April 14, 10:00
What's your favorite song? Come and join us in singing our favorites. Light refreshments and coffee will be provided.

Time to Relieve Stress

Tuesday, April 18, 10:45 - 11:30
It's National Stress Awareness Day! Wilson is offering a relaxation session. Participants will receive a small stress relief package. **Please register by April 8.**

Coin and Stamp Collectors Group

Tuesday, April 18, 11:00 - 12:00
Share some of your treasured collections with other enthusiasts.

Wilson Senior Center Advisory Meeting

Wednesday, April 19, 10:00 - 10:30
Hear updates, stay informed and ask questions. You may attend in person or virtually.

Spring Rummage - Admission: \$.50

Saturday, April 22, 9:00 - 2:00 *SAVE THE DATE*
Shop with us and find your next hidden gem. Food and drink will be available for purchase.

Get Your Rummage Table TODAY! - Fee: \$20

Claim your spot in our Spring Rummage on April 22.

CALLING ALL BAKERS!!!

Baked good donations are needed. Proceeds will directly benefit the senior center. Register at the front desk.
All donations can be dropped off on Friday April 21.

Book Club

Wednesday, April 26, 10:15
Book: "The Great Mistake" by Johnathon Lee. A copy is available at Zablocki Library the first week of each month.

Wood Shop - Fee: \$25/month

Monday - Friday, 9:00 - 3:00
(Subject to change if hosts are unavailable)
Build your own creations with the wide selection of equipment housed in the shop.

Morning Exercise

Mondays, Wednesdays, & Fridays, 9:15 - 10:00
Enjoy low impact exercise that will improve your range of motion and overall health.

Low Impact Aerobics

Mondays & Thursdays, 1:00 - 2:00
Enjoy a good workout without stressing out your joints.

Wilson Park Senior Center

Cornhole League - Fee: \$10

Tuesdays, 1:00 - 3:00

Bring your favorite lawn game indoors with the Cornhole League and show off your bean bag tossing skills.

Beginning German - Fee: \$10

Tuesdays, 1:00

Learn the basics of the German language and culture.

Woodcarvers and Burners

Wednesdays, 8:30 - 11:30

Create your next masterpiece using tools and materials in our woodshop. All skill levels are welcome.

Spring Forest Qigong

Wednesdays, 10:15 - 11:00

This practice promotes the flow of energy throughout the mind, body, and spirit. No experience needed.

Knit and Crochet

Wednesdays, 10:30 - 12:00

Meet with other yarn enthusiasts to work on your own projects and enjoy each other's company.

Gentle Yoga

Wednesdays, 2:00

Yoga is safe for all ages, body types, and challenges. This low impact exercise can be adapted to improve fitness.

Advanced German - Fee: \$10

Thursdays, 9:15

Build upon your current German knowledge.

Tap Dance - Fee: \$40 (March 30 - May 18)

Thursdays, Advanced, 9:00; Intermediate, 9:45; Beginners, 10:30

Tap your way to fitness and fun! Three sessions of continuing tap instruction are available.

Guitar Lessons

Thursdays, 12:00 - 1:30

Get guided instructions as you learn how to play the guitar. All skill levels are welcome.

Recorder Ensemble

Thursdays, 1:00 - 2:30

Join the musical adventure as you share your love of music and the unique sounds of woodwind instruments.

Guitar Jam

Fridays, 9:30 - 12:00

Jam with folks who love to play guitar. All levels are welcome to join the fun.

SNEAK PEEK FOR MAY

Take Me Out to the Ball Game - Fee: \$30

Wednesday, May 10, 12:00

Wilson will be taking a trip to a Brewers game, and taking a stroll through the outfield. Come along and enjoy the game. The fee includes transportation and a Game Day ticket. **Please register and pay by April 21.**

<p>Monday 8:45 Ceramic Studio * 9:00 Scrabble 9:00 Hot/Fused Glass * 9:00 Quilting * 9:15 Morning Exercise 10:30 Intermediate Line Dancing * 11:00 Open Sew * 12:00 Sheepshead 1:00 Low Impact Aerobics 1:30 Big Band Dance (2nd)</p>	<p>Tuesday 9:00 Paper Crafting * 9:00 Stained Glass Studio * 9:00 Open Sew * 9:00 Chess 10:00 Garden Club (2nd/4th) 11:00 Coin & Stamp (3rd) 11:30 Guided Art Studio * 12:30 Sojourn Bear Group 1:00 Beginning German * 1:00 Quilting * 1:00 Cornhole 1:00 Bingo (2nd)</p>	<p>Wednesday 8:45 Ceramic Studio * 9:00 Wood Carving & Burning 9:00 Scrabble 9:00 Hot/Fused Glass * 9:15 Morning Exercise 10:00 Advisory Meeting (3rd) 10:00 Book Club (Last of month) 10:00 Knit & Crochet 10:15 Spring Forest Qigong 10:30 Hot/Fused Glass * 12:00 Open Sew * 12:00 Sheepshead 12:30 Sojourn Bear Group 1:00 Model Railroad 1:00 Fused Glass * 1:00 Quilting * 2:00 Gentle Yoga</p>
<p>Thursday 9:00 Weaving * 9:00 Adv. Beg. Tap Dance * 9:00 Plastic Canvas 9:00 Stained Glass * 9:00 Quilting * 9:15 Adv. German * 9:30 Quilting * 9:45 Int./Adv. Tap Dance * 10:30 Beg. Tap Dance * 11:30 Guided Art Studio 12:30 Dartball * 1:00 Low Impact Aerobics 1:00 Model Railroad 1:00 Guitar Lessons 1:30 Ukulele</p>	<p>Friday 8:45 Ceramic Studio * 9:00 Weaving * 9:00 Mahjong 9:00 Open Glass Studio * 9:00 Scrabble 9:00 Quilting * 9:00 Guitar Jam Session 9:15 Morning Exercise 10:00 Karaoke & Koffee (2nd) 12:30 Bridge 1:00 Movie & Popcorn</p>	<p>Daily 8:30 Fitness Center, Billiards, Library, Computer Lab, Walking Group 9:00-3:00 Wood Shop * 10:00-2:00 ReGift Shop 11:00-12:00 Lunch</p> <p>* Has a fee/pre-registration Required (Classes have a start and end time) **Pre-registration required</p>

Community Resources



Advisory Committee Meetings

This is a great opportunity to get involved in your senior center. Hear updates, stay informed, and ask questions.

Clinton Rose Senior Center	Tuesday, April 25, 10:30 - 11:00
Kelly Senior Center	Wednesday, April 26, 1:00 - 2:00
McGovern Senior Center	Thursday, April 20, 9:00 - 10:00
Washington Senior Center	Tuesday, April 11, 10:00 - 11:00
Wilson Senior Center	Wednesday, April 19, 10:00 - 10:30

Senior Dining

We are now open for in-person dining at all five centers. There is a suggested donation \$3 for 60+ and \$8 cost for guests under 60. A reservation the day prior is required for all diners.

Clinton Rose Senior Center	414-263-2255
Kelly Senior Center	414-481-9611
McGovern Senior Center	414-527-0990
Washington Senior Center	414-933-2332
Wilson Senior Center	414-282-3284

Stockbox

A Stockbox is a box of healthy foods that Hunger Task Force provides to low-income seniors free of charge. Contact a senior center for more information.

Clinton Rose Senior Center	Thursday, April 6, 11:00 - 12:00
Kelly Senior Center	Thursday, April 20, 12:30 - 1:30
McGovern Senior Center	Thursday, April 27, 12:00 - 1:00
Washington Senior Center	Tuesday, April 4, 10:00 - 11:00
Wilson Senior Center	Tuesday, April 18, 10:00 - 11:00



The support you need when you need it.

Dedicated to our healing ministry, Franciscan Villa offers many safe living options, including Assisted Living, Memory Care, Skilled Nursing and Rehab. For tours or to learn more, visit CHILivingCommunities.org or call 414.570.5474.



CONNECTIONS

YOUR VISION. YOUR PATH. YOUR PARTNER.

IRIS Consultant Agency (ICA)



To learn more about your long-term care options, please contact your Aging and Disability Resource Center: <https://www.dhs.wisconsin.gov/adrc/index.htm>

We support you to live your best life at home, in your community and at work.

Call toll-free: 844-520-1712
Email: connections@lsswis.org

LET'S GROW YOUR BUSINESS Advertise in our Newsletter!

CONTACT ME Alex Nicholas

anicholas@lpicommunities.com • (800) 950-9952 x2538



Independent Living

Housing Authority of the City of Milwaukee

Visit waitlist.hacm.org for more information about our affordable housing options.



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Serving Older Adults of SE Wisconsin, Milwaukee, WI.

D 4C 01-2067

Brain Health Resource Fair

Learn how you can keep your brain healthy!

Join us for this event that will feature information and resources around brain health, memory loss and dementia. During our fair, there will be free memory screenings, free blood pressure checks and snacks available! What is good for the heart is good for the brain! Caregivers, join us at 2pm to learn about caregiver support and resources from our Caregiver Support Coordinator.

When: Thursday, April 27

Time: 1:00 - 3:00 p.m.

Location: Washington Park Senior Center
4420 W. Vliet St., Milwaukee

** Memory Screens*
** Blood Pressure Checks*
** Snacks & Prizes!*



For More Information

To learn more about this event, please contact our Bilingual Dementia Care Specialist at (414) 514-4787 or Cristina.Huitron@milwaukeecountywi.gov.



MILWAUKEE COUNTY
DEPARTMENT OF HEALTH
& HUMAN SERVICES
**AGING & DISABILITIES
SERVICES**



1220 West Vliet Street, Suite 300 | Milwaukee, WI 53205 | (414) 289-6874 | county.milwaukee.gov/aging



DOING GOOD DOES YOU GOOD

April is National Volunteer Month, in which we recognize those who give their time and energy in our communities. It is also an opportunity to encourage volunteerism, which plays an essential role in keeping communities functioning efficiently, such as: counties, towns, schools, and organizations.

Volunteerism is not only beneficial to improving the operations of everyday services that make life better, but it can also be necessary for the safety of the community. For example, volunteerism has greatly increased the efficiency of rural fire and ambulance departments, which often deal with understaffing if not for the generosity of men and women who give their time. Another area of positive impact is how many non-profit organizations are able to offer programs to enrich the lives of their participants, thanks to the skilled workers who volunteer their services.

Volunteers come in all shapes and sizes, but the primary motive continues to be the hope of making a difference in someone's life. However, not only does volunteering help improve the lives of others but it also increases the well-being of the volunteer.

HEALTH BENEFITS OF VOLUNTEERING



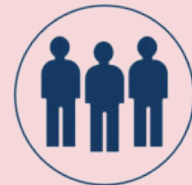
IMPROVES PHYSICAL AND MENTAL HEALTH

Volunteer activities are a great way to keep the body moving. Research has found that among adults, age 50 and over, those who do volunteer work reported better physical health. The study also showed lower rates of depression and anxiety. Volunteering can reduce stress levels, which often decrease the risk of heart disease, stroke, depression, anxiety, and other general illnesses.



PROVIDES A SENSE OF PURPOSE AND TEACHES VALUABLE SKILLS

The work that volunteers do has a positive impact on many everyday activities, which gives them a sense of purpose. This is especially true when they volunteer in places that are meaningful to them. Those who volunteer their time feel like they are contributing to a greater good as well as gaining new skills. They also experience greater satisfaction in life, resulting in higher self-esteem.



NURTURE NEW AND EXISTING RELATIONSHIPS

Volunteering opens the opportunity for social interaction and building a support system. Engaging in shared activities are some of the best ways to make new friends, and also a great way to strengthen existing relationships. It provides a casual setting to practice social skills, stay informed about the community, and expand one's social circle.

***SOA would like to thank all our volunteers.
We really appreciate all of you for giving your time and energy!***

Community Partners

Our community partners are a large part of how we are able to provide services to older adults. Whether it is through furthering education, giving donations, sponsoring events, or spreading awareness, our community partners have stepped up to support older adults in our community.



Marjorie L. Christiansen Foundation



ACLU
Active Healthy Living
Aetna
Aggies Bakery
Allay Home and Hospice
Alzheimer's Association
America Republic Insurance Service
American Red Cross
Aurora St. Luke's Southshore
Autumn Leaves
Badger Hospice
Bread Smith
Capri Community
CarePatrol
Caring Senior Services
CHI Living
Cornerstone
Cudahy Family Library
Cudahy Fire Department
Cudahy Place Senior Living
Cudahy School District
Cudahy Health Department
Einstein Bagels
Empire Beauty School
Groundcorp
Groundworks MKE
Harbour Village

Hear Wisconsin
Historic 41 Business Association
Howard Village
Humana
Hunger Task Force
Hayat Pharmacy
iCare
Impower
Islamic Da'Wah & Muslim Community Center
Love Thy Neighbor
Martin Drive Neighborhood Assoc.
MATC
Milwaukee County Sherriff Department
Milwaukee County Parks
Milwaukee Police Department
Milwaukee Public Schools
Milwaukee Steppers & Boppers
Milwaukee Veterans and Homeless Initiative
Milwaukee Women's Center
Miracle Home Health of Wisconsin
Molina Healthcare
NAACP
NeuroPath Wellness
Northside Side Community Development Cooperation

Park People
Pete's Supermarket
Pick N Save/Metro Market
Safe and Sound
Salvation Army
Senior Helpers
Sorenson
Soul to the Polls
Southeastern Wisconsin Deaf Senior Citizens
St. Croix Hospice
Syngery Homecare
The Power of Change
University of WI-Madison
Urban Ecology Center
VA
Villa St. Francis
Walgreens
Westcare
Wildcats-Lincoln Middle School
Williamstown Bay
Wilson Commons
Wisconsin Health Literacy
Wisconsin Institute on Aging
Wisconsin Parkinson Association
YMCA Milwaukee

Thank you to our many partners!

We wish to thank all of our partners. Without your support we would not be able to provide vital programs and services to older adults in our community. This list represents all who donated from March 2022 - February 2023. We made every attempt to recognize all donors. If your name was missed, please contact us at 414-933-2332 ext. 1009 or email Development@servingolderadults.org.

\$100,000 and above

Bader Philanthropies

Every Day Good Foundation

\$50,000 - \$99,999

The Greater Milwaukee Foundation's Norman and Lucy Cohn Family Fund

Jordan & Renee Luhr Milwaukee Irish Fest Foundation, Inc. Pieper Electric, Inc.

Roy & Lynn Meythaler Realty Executives Integrity/ Bruce's Team Daniel & Nicole Renouard Robertson Ryan & Associates Cynthia Sheridan

James Paull Thomas Piotrowski Mike Prudhom Mike & Sally Radka Jo Ann Rucker Sylvester Rucker Althea Stover Lawrence Taylor Phyllis Veerhaalen Wisconsin Literacy, Inc

\$10,000 - \$49,999

Anthem Blue Cross and Blue Shield Patrick & Anna M. Cudahy Fund Forest County Potawatomi Foundation General Mills RRF Foundation for Aging United Way of Greater Milwaukee & Waukesha

\$1,000 - \$1,999

AARP Wisconsin Harvinder Ahuja Preston Alvard Bridgette & Kevin Frommell Inpower Solutions Stephanie & Paul Mares My Choice Wisconsin James Sheridan David & Melissa Stauber Kimberly Stefl Rick Tsao We Energies Foundation Susan Zimmer

\$250 - \$499

Anonymous (1) AETNA Medicare Solutions Frank Brindza Tom & Cheri Briscoe Patricia Buente Marsha & Paul Bukofzer Jo Cross Pat Ehlert Don & Christine Gardner Sylvia Gear Hayat Pharmacy HearingLife Linda Heintz Diane Jandrom Desmond Jenkins Mr. K Bart Kocha & Carol Marefka Stephanie Mares Lynne Grages & Paul Neymeyr

\$5,000 - \$9,999

Anonymous (1) Direct Supply Francie Luke Silverman Foundation

\$500 - \$999

Anonymous (1) Connections James & Cheryl Hempel Michael Hoff Humana Sherry Kulhanek John C. Lapinski Dennis Lech

\$2,000 - \$4,999

Anonymous (1) Mindy & Steve Anderson Geneva Capital Management Heartland Properties, Inc.



Our GEMs (Give Every Month). You Help Us Shine!

Anonymous (1)
Pat Ehlert
Mark & Kellie Foster
Bridgette Frommell
John & Janice Gardetto

Stephanie Mares
Lynne Grages & Paul Neymeyr
Mike Prudhom
Tom & Cathy Wood
Charles Woodward & Kate Hannah

What is a GEM?

A GEM is a member of a dedicated community who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

How do I become a GEM?

You can set up a recurring donation by visiting our website, servingolderadults.org/donate, and selecting "Donation - Recurring" under Donation Type. Your credit card will be charged on the same date every month as the original charge.

You can also send a check or set up a recurring bill payment on your bank account and have your bank send payment to:

Serving Older Adults
Attn: Development
4420 W Vliet St
Milwaukee, WI 53208

Your payment can be changed or stopped at any time by contacting development@servingolderadults.org or by calling 414-933-2332 x1009.

Partners to \$249

Anonymous (1)	Marge (Mëgen)	Doris Hopkins-	Jennifer Lopeman	Profit For Your	The Milwaukee
Marie Aboott	Diekow	Brown	Tom & Edwardine	Tours	Boppers &
Mojahida Ahmad	Debbie Dietzel	Donna Horrigan	Magnus	Joyce Radtke	Steppers
Allay Home and	Kelsey & Gurvir	Shirley Horton	Yvonne Mahoney	Stephen & Susan	Yvonne Thomas
Hospice	Dosanjh	Dennis & Cynthia	Stephen & Mary	Ragatz	Ed & Judy Thomas
Theodore &	Margaret Drake	Horzewski	Maier	Jean Rehse	Janet Thompson
Mariane Allen	Kay Duggan	Richmond Izard	Peter & Dorothy	Sue Reinhard	Bobby Thompson
Bell Allison	Fannie Edwards	Callie Jackson	Majchrzak	Geraldine Renner	Virginia Thurow
Annie Anderson	Dianne Ertel	Julie Jacobson	Kathy Mallett	Lotie Rieden	Vicki Tiedeman
Gloria Anderson	Devonna Eubanks	Thomas Janczak	Jon Mares	Michele Rinka	Shirley Tiedjen
Ernice Austin	Anne Fagan	Audrey Jansen	Mary Marks	Rachel Ritchhart	Thomas Tillam
Autumn Leaves of	Janet M. Falk	Del Januchowski	Susan Marsolek	Freddie Roby	Margaret Todd
Franklin	Kenneth Fekete	TJ	Jewel Martin	Willie Rogers	Joanne Toman
Mary Ann	Sharron Fitak	Lue Jemison-	Mark Mason	Roselettes Dance	TOPS Members
Bagemehl	Vera F. Ford	Spivey	Ed Matichek	Group	Barbara Torgerson
Paul & Nancy	Mark & Kellie	Stephin Jenk	James Matkey	Judy Roth	Connie Trapp
Baniel	Foster	Vertaree Jenkins	Gloria Mays	Michael & Janette	Jacquelyn Trice
Linda Barikmo	Freda Fowlkes-Bell	Ertone Jenkins	Fulsom	Rupinski	Mary Tschannen
Margaret Barnes	Robert & Judith	Apollonia &	Bonnie McAuly	Lorraine Russell	Andrea Urbaniak
Mary Batzler &	Free	Raymond Johann	Thomas McCallum	Eleanor Ryan	UWM Doctor of
Michael Jaeger	Rosemarie Fridrick	Verna Johnson	Walter & Katie	Diane Rychlinski	Physical Therapy
Christine I. Beck	Jacqueline Fryer	Lynne Johnson	McCoy	Jimmie Sanders	Program
Jan Behnke	Richard & Joan	Rayfield Johnson	Lefonzia McCrory	Caroline & Robert	John Valenti
Jean Bennett	Gaeth	Jo D. Joiner	Sarah McCullum	Sanderson	Vernestine
Raymond Berg	Pamela Galasinski	Lola Jones	Jeannine	Jimmy Sandson	Varnado
Aivars Bergmanis	Mary Galien	Cindy Juds	McFadden	Ray Saron	Judy & Elroy
Bonita Biba	Jerro Gardener	Debra Jupka	Lynn Medlin	Kathy Schauer	Vesely
Carolyn	Janie Gardener	Joan Kadow	Ruby Meeks	Stuart & Gayle	JeanV
Blackwood	Ruth Gaura	Jeanne & John	Evelyn Merriett	Schenk	VMP Healthcare &
Yvonne A. Block	Brett & Rosie	Kennedy	Neal & Dianne	Ron & Renee	Community Living
Susan Bock	Gelinsky	Jacquelyn Ketten	Michel	Scherr	Barbara Walter
Patricia Boettcher	Virgil George	James Kimble	Jerry & Mary Ellen	James & Barbara	Carolyn Ward
Jim & Holli Bohn	Emma Gilbert	Kathryn Kobelinski	Mikulay	Schroeder	Beth Waschow
Pat Bolden	Matt Glaske	Trina Koch	Milwaukee Health	Brad & Amy	Georgette Watkins
Frank & Patricia	Jim Glembin	Teri & Karl Kodrich	Services, Inc.	Schultz	Diane M. Weber
Bruce III	Marsha Godfrey	Barbara	Stephen & Celia	Dennis Schwab	William B. Welsh
Phyllis Bruneau	Loretta	Kogutkiewicz	Misovy	Larry & Darlene	James Williams
Wayman	Golimowski &	Richard & Regina	Stephanie Momon	Schwartz	Gerald & Mary
Buchanan	Janel Semon	Koronkowski	Curtisthene	Carol Scott	Williquette
Susan Buhler	Estelle Gooder	Edward &	Montgomery	Rozanne Screven	Tim Wilmes
AseraCare Hospice	Rita Gorman	Kathaleen	Harry & Rosanne	Barbara Semons	Larry Winfield
Alton Campbell	Mary Ellen Graby	Kosanke	Moore	Marge Senger	Wisconsin Talking
Marie Campos	Mae Gray	Stan Kostka	Johnnie Moorer	Frank Sloan	Book and Braille
Robert Carroll	Jan Gray	Lucille Kozelek	Sharon Morris	Louis & Henrietta	Library
Wendy Cetera	The Greenbergs	Cynthia Kroll	O. Morris	Smith	Cathy & Tom
Chapel Garden	Michael Gronitz	Kenneth Kroll	Tiffany Mosby	Paulette Smith	Wood
Apartments	Colleen Grundy	Edward Krueger	Donald Mueller	Barbara Sottile	Judith & Winton
Valsa Cherian	Nancy Guerin	& Carla Staab	Ms. W. Nash	Sorenson	Wood
CHI Living	Rita Gutowski	Thomas & Mary	Mary Neitzel	Lee Sprengel	Steve Woods
Communities -	Crystal H.	Kurth	Network for Good	Gary Kubacki &	Angela Woods &
Franciscan Villa	David Haase	Alexander &	TOPS 0033	Marianne	George Felder
Diane Chilinski	William Hable &	Sharon Rae	John & Peggy	Staszak	Charles Woodward
Jason Christ	Jane Tanner	Landergott	Niemer	Alice & David	& Kate Hannah
Moira Conley	Joyce Hailstock	Durka	Norma Nonneman	Steuck Konkel	Angelia Young
Albert Cooper	Nancy Hallberg	Mel Larsen	Niedra North	John & Eileen	Dawn Zakian
Salvatore Corrao	James Hansen	Roberta Larson	Herb Olson	Stewart	Anna Zdrubecky
Lynn Crawford	Diane Harley	LeafGuard	Osher Lifelong	Ted Stiller	
James Drake	Minnie Harmon	Diane Lembck	Learning	Alice Stokes	
Alvin Czysh	Nancy Harwood	Charlotte Lewis	Institute at UWM	Sandy Stoller	
Ken & Barb Czyns	Diane Hellrung	Deborah Lewis	Marlene Ostrowski	Janet M. Strom	
Debra	Cleophas	Mechele Lewis	Alvia Papara	Jeffrey Sweetland	
Eugene Dee &	Henderson	Renate Liedtke	Janet Pape	& Margaret	
Barbara Uquillas	Lenore Hernandez	Maxine Lijewski	Paper Craft Group	Murphy	
Luana Dembiec	Kathleen Hill	Allan & Diane	Ouida Paris	Gerri & Thomas	
John Destefanis	Vevette Hill-	Lindsay	Charlotte	Taylor	
Anton & Sonja	Nwagbaraocha	Jill Littlefield	Patterson	Jan & Tim Tessler	
Devcic	Home Sweet	Michael Loew	Katherine Peoples	Mary Tetzlaff	
Nancy & Joseph	Home Greater	Mark & Carol	John Podsedly		
Di Giacinto	Milwaukee	Loomis	Louise Prihola		

DONATION FORM

I/We wish to make a contribution to SOA in support of services for older adults in our community.



Please use my donation at:

- | | |
|---|--|
| <input type="checkbox"/> Agency-wide | <input type="checkbox"/> McGovern Park Senior Center |
| <input type="checkbox"/> Clinton Rose Senior Center | <input type="checkbox"/> Washington Park Senior Center |
| <input type="checkbox"/> Kelly Senior Center | <input type="checkbox"/> Wilson Park Senior Center |

MY DONATION:

- | | |
|--|---|
| <input type="checkbox"/> \$25 - Supporter | <input type="checkbox"/> \$500 - Advocate |
| <input type="checkbox"/> \$50 - Associate | <input type="checkbox"/> \$1,000 - Connector |
| <input type="checkbox"/> \$100 - Friend | <input type="checkbox"/> \$5,000 - Benefactor |
| <input type="checkbox"/> \$250 - Companion | <input type="checkbox"/> \$10,000 - Champion |
| <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Become a *GEM: _____ |

*What is a GEM (Give Every Month)?

A GEM is a member of a dedicated group of donors who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

Name(s) (how you would like to be acknowledged)

Street Address _____

City, State, Zip Code _____

Email Address _____

I/We wish to remain anonymous

Donation in honor of in memory of

Payment Method

One time donation Monthly

Cash _____ Check # _____
(Please Make Check Payable to SOA)

Credit Card Number: _____

Exp. Date _____ CVV# _____

Signature _____

Telephone: _____

Please charge my credit card for my one-time donation of

\$ _____

Please charge my card \$ _____

Per: Month Quarter _____ Number of Times

For a Total Donation of \$ _____

Let's age well together!

Our Partnership Program allows you to partner with SOA to help fulfill our vision of a community where every adult 50 and better will be connected to the resources they need and the opportunities that interest them, throughout the entire aging process.

The Partnership Program gives you the opportunity to place your donation with the center you value, with a center that needs help, or where the need is the greatest.

Please consider partnering with SOA by tearing and filling out this form, and returning it to the front desk of your senior center, or mail to:

SOA Partnership Program
4420 W Vliet St
Milwaukee Wi, 53208

See our Partner pages for a complete list of partners.

Donors will be recognized each month on the Partnership pages of *The Connection*. Acknowledgement boards at each senior center will list contributors who donated to that specific center and those who contributed to wherever it is most needed at SOA.

thank
you!