

Annual Report

We envision a community where every adult 50 and better will be connected to the resources they need, and the opportunities that interest them, throughout the entire aging process.



Dear Friends & Supporters,

As we reflect upon last year, we share our gratitude for you. Together we are carrying out our mission of providing opportunities and services to adults 50 and better. With your help, we are positively impacting the lives of thousands of older community members.

We are thankful for the generosity of all our donors, large and small. We were blessed in early 2022 to be gifted funds for a Gammill long-arm quilting machine at Clinton & Bernice Rose Senior Center. The quilters at the center not only make quilts for personal use but for others in the community, such as families with newborns and individuals in nursing homes. We were also fortunate to receive a donation for the purchase of a van, which allows participants to enjoy shopping in Chicago, live dinner-theater performances, and much more.

In 2022, we enhanced the Tech Connect for Older Adults Program by becoming licensed to teach classes that use AARP's high quality Senior Planet technology curriculum. In addition, we expanded the reach of our popular one-on-one technology training.

Staying connected is essential for the overall health and well-being of people of all ages, but is especially vital in combatting isolation and loneliness in older adults. In this report, we share stories of SOA participants and how the connections they've made have changed their lives for the better. We can't do it alone. With your help, we continue to expand and enhance our programming and services. We are so very grateful for your support as we age well together!

With gratitude,



Jordan Luhr Board Chair







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Moving Forward

"I just feel good about myself because if it wasn't for the center, I don't know where I'd be."

Verlene Beard had been attending the Washington Park Senior Center regularly for 15 years when she began experiencing health issues. She stopped coming and was diagnosed with Fabry Disease, a condition that disrupts the break down of fatty lipids. This worsened her pre-existing battle against lung disease and led to rapid weight gain. She was also suffering from diabetes, a weakened immune system, and high blood pressure. Having to undergo several surgeries that included some amputations, along with three code blues left her feeling very depressed.

Verlene's depression intensified after her mother passed away and her grandson was killed by a drunk driver. She became disinterested in having social interactions and going outside. Just as Verlene reached a tipping point, she began to see a slow drop in weight after being taken off some of her medication. This inspired her to come back to the senior center again.

Verlene credits the center for saving her life. The center provided an environment for Verlene to exercise by walking at her own pace and on her schedule. Most of all, she interacted with others and started having a social life again. Verlene believes that without the center, she would be stuck in her house feeling depressed and isolated. The center changed her for the better. She smiles more, feels good about herself, takes part in activities, and no longer feels self-conscious about her physical appearance.

Verlene appreciates how the center continues to help her move forward. She gets excited about the variety of health and wellness classes offered, and finds them to be very informative and beneficial. Additionally, she is grateful that the staff and fellow participants are welcoming and the programs are accessible to everyone.



At SOA, we envision a community that is supportive, positive, and engaging for older adults. Our fitness classes are designed to get participants moving while having fun. Many participants sign up to get fit, but stay for the camaraderie.

93%
of Participants Recommend
Signing Up for an SOA Activity

Making a Difference

"It's good to have some place that you can come to and feel accepted, and that you're not in this alone."



Willie Mae Seward-Fowlkes is fondly known as Mother Fowlkes. She started coming to the Clinton and Bernice Rose Senior Center due to the welcoming environment. She was dropping off gift bags assembled by a spiritual group when the center's manager invited her to be a volunteer.

Mother Fowlkes loves to volunteer at the center. She firmly believes that it is a part of her spiritual journey. She offers one-on-one sessions to other participants who need someone to talk to or to pray with. Mother Fowlkes is passionate about making wellness phone calls to the participants who are homebound or absent due to health issues or other obstacles that prevent them from coming to the center. She keeps them updated about the goings-on at the center and loves to hear about their day. Lifting up others by making them feel loved, appreciated, and heard is extremely important to Mother Fowlkes.

Without the center's continual support in all her endeavors, Mother Fowlkes believes that she would not have the resources or the opportunity to reach out to the older adults in the community who feel lonely and isolated. She feels very blessed to be a part of an organization that is making a difference in the lives of her peers.

Serving Older Adults recognizes and appreciates the volunteers who generously donate their time and talents to the daily operations of our centers. Volunteers assist with setup during special events, greet guests at the front desk, perform clerical duties, manage the gift shops, instruct class activities, plan trips, and much more. We are grateful to have such amazing people be a part of our mission!

249# of Volunteers

20,385Volunteer Hours

\$610,530 Value of Volunteer Hours

Meaningful Connections

"[The senior center] gives me a reason to leave the house. Everybody is welcoming."

Doug Tadeyeske is known to most people as "Turtle" because of his history working with the gentle, aquatic creatures throughout the world, as well as his fascination with them. Doug had been working at Amazon for a year when he suffered from a seizure and stroke while at home. He was hospitalized for 10 weeks at St. Luke's Hospital. For the next two years, Doug received physical therapy because he couldn't talk and struggled to walk. The church where he attended had also shut down and he had to find a new congregation for support. To make matters worse, the COVID-19 pandemic amplified Doug's stressful situation because social workers were not available and getting assistance became nearly impossible.

Doug had been eating bagged meals that he received from another organization where there was an annual membership fee. He learned about Kelly Senior Center and its meal site from the other tenants in his apartment building. After a visit to the center where he met the staff, volunteers and other participants, Doug decided to come to the center for lunch. He felt welcomed and preferred the warm and nutritious meals being offered.

Nowadays, Doug loves to share stories about saving sea turtles throughout the world and has been invited to give presentations about them at the center. Doug enjoys reading in the center's library and socializing with other retired veterans. On warm days, he walks the trail outside the center to exercise his legs. Doug says that the wide variety of programs offered gives him a reason to get out and he appreciates the dedicated volunteers and staff who go out of their way to help. He is used to leading an adventurous life and the activities at SOA were able to accommodate his needs after he suffered a health scare.



SOA empowers older adults to age in place by connecting them with resources to live independently and comfortably in their own homes. We partner with local businesses to provide training and education on safeguarding against identity theft, home improvement, consumer protection laws, and more.

30+

Zip Codes Served in the Greater Milwaukee Area

THE Why BEHIND OUR WORK



1 in 6 people will be the age of 60 and older by the year 2030, according to the U.S. Census Bureau.³ The population of adults 65+ in Wisconsin is projected to increase more than 36% from 2012.





4 out of 5 SOA sites are located in the City of Milwaukee, which has the second-highest poverty rate of the top 50 U.S. metropolitan cities.⁵



About 1 out of 4

older adults age 60+ experience food insecurity. Those who have a disability, or are Native American, Hispanic, or Black, are more likely to face food insecurity.¹ **74%** of participants at one of SOA's sites live below poverty level. According to the U.S. Census Bureau, older adults are the only age segment to experience an increase in poverty.³



Roughly **1 out of 3** adults age 65+ have incomes below 200% of the Federal Poverty Level. Racial and ethnic minorities and women, especially those who live alone, experience the highest rates of poverty.¹



7 out of 10 older adults report feelings of social isolation and a lack of companionship. Research shows that persistent feelings of isolation and loneliness negatively affects mental and physical health, and overall well-being.







1 meal per day

is the only meal for 10% of participants at SOA meal sites. Studies show that lower food intake results in poorer health due to a lack of nutrients.



2 out of 5 adults age 50+ feel technology is not inclusive, nor designed for people of all ages. 73% report that they would require assistance using an electronic device.²



8 out of 10 adults age 65+ have at least one chronic health condition and experience decreased or limited functioning in one of the following areas: communication, vision, hearing, mobility, cognition, and self-care.⁴

¹ https://ncoa.org/article/get-the-facts-on-economic-security-for-seniors

https://aarp.org/research/2022-technology-trends-older-americans

https://www.ncoa.org/article/latest-census-bureau-data-shows-americans-65-only-group-to-experience-increase-in-poverty

⁴ https://ncoa.org/article/the-top-10-most-common-chronic-conditions-in-older-adults

⁵ https://wisconsinwatch.org/2022/how-do-i-ever-get-caught-up-if-im-always-catching-up-povertys-unrelenting-grip-on-milwaukee

THE Impact OF OUR WORK



DEMOGRAPHICS

Serving Older Adults' primary target population is adults 50 and better in Southeast Wisconsin. Our focus is to support the health and well-being of all older adults by providing equitable access to programs, opportunities, and resources.

In 2022, SOA served **5,798** participants:

65% Female **52%** Live Alone

35% Male **33%** Live Below Poverty Level

39% Age 75+ **43%** People of Color

448+
Referrals to Support Services



By partnering with over 72 organizations, SOA is able to connect participants with resources, such as: transportation, housing, paid internships, Medicare enrollment, tax preparation, estate planning, and other assistance.

71,212
Check-ins to
Health-Related Activities



SOA has a certified Health & Wellness Coordinator available to work with participants on their fitness goals. All sites have a fitness center and offer classes on nutrition and physical and mental care. There are also free health screenings as well. 97% of those who are in a class that involves physical activity report feeling healthier.

Health Screenings

& Wellness Clinics

48,043Meals Served

Meals Served



3,004
Stockboxes Distributed



All SOA locations are meal sites where participants register for daily, dine-in lunch. Partnerships with local food organizations enable us to distribute monthly "stockboxes" (a pre-filled box of food items), and bring in a mobile grocery market for participants and surrounding neighborhoods.

840
Hours of Technology Training
for Older Adults



SOA recognizes the growing technology gap for older adults and the challenges it creates. Our Tech Connect Program includes classes that use AARP's Senior Planet technology curriculum. Our certified technology instructors are also available to meet one-on-one with participants who want help using their personal electronic devices.

2022 AUDITED FINANCIALS

For the Year Ended December 2022

REVENUE	Without Donor Restrictions	With Donor Restrictions	Total	%
Contributions	\$257,889	\$52,489	\$310,378	20.28%
Earned Revenue	\$105,979	\$0	\$105,979	6.92%
Rental Income	\$58,233	\$0	\$58,233	3.80%
MKE Co. Aging & Disability Services	\$1,017,634	\$0	\$1,017,634	66.48%
Donated Goods & Services	\$21,004	\$0	\$21,004	1.37%
Special Events Revenue	\$8,750	\$0	\$8,750	0.57%
Miscellaneous Revenue	\$8,645	\$0	\$8,645	0.56%
Net Assets Released from Restrictions	\$217,456	\$(217,456)	\$0	0.00%
Total Revenue	\$1,695,590	\$(164,967)	\$1,530,623	100.00%
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EXPENSES				
Program Services	\$1,359,369	\$0	\$1,359,369	84.32%
Management	\$142,337	\$0	\$142,337	8.83%
Fundraising	\$110,479	\$0	\$110,479	6.85%
Total Expenses	\$1,612,185	\$0	\$1,612,185	100.00%
CHANGE IN NET ASSETS	\$83,405	\$(164,967)	\$(81,562)	
Net Assets, Beginning of Year	\$158,159	\$430,846	\$589,005	
NET ASSETS, END OF YEAR	\$241,564	\$265,879	\$507,443	



150,003 Check-ins to Activities



SOA is committed to providing programs and opportunities that meet the needs and interests of older adults throughout the aging process. Many of our participants build strong social networks by engaging in shared activities. While participating in an activity, 91% report feeling happier and 95% report feeling supported and included.

THANK YOU TO OUR 2022 PARTNERS!

Your support enables us to provide stellar programs and services for older adults in the Milwaukee community. We have made every attempt to recognize all donors. If your name was missed, please contact us at development@servingolderadults.org.

\$100,000 and above

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\$50,000 - \$99,999

Greater Milwaukee Foundation

\$10,000 - \$49,999

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