

SERVING OLDER ADULTS OF SOUTHEAST WISCONSIN, INC.

January 2024



THE CONNECTION

Bring Your Own Device (BYOD) Day

You've got questions about technology and we've got answers. Each center hosts one-on-one workshops where you can bring your device (phone, iPad, laptop), and your questions to work with one of our knowledgeable tech trainers. Speak with center staff to schedule an appointment.

Clinton Rose

Mon. 8:30 - 12:00
Wed. 1:00 - 4:30

Kelly

Mon. 8:30 - 12:00
Tue. 1:00 - 4:30

McGovern

Mon. 1:00 - 4:30
Tue. 8:30 - 12:00

Washington

Tue. 1:00 - 4:30
Wed. 8:30 - 12:00

Wilson

Mon. 1:00 - 4:30
Tue. 8:30 - 12:00

Wellness Coordinator Schedule

The Wellness Coordinator is available at each center every week by appointment to help with proper exercise machine use and to answer any health-related questions. See below for your center's day and hours. Speak with center staff to schedule an appointment.

Clinton Rose

Fri. 9:30 - 11:30

Kelly

Thu. 9:30 - 11:30

McGovern

Tue. 9:30 - 11:30

Washington

Wed. 9:30 - 11:30

Wilson

Mon. 9:30 - 11:30

SOA CLOSURES

All senior centers are closed on the following dates:

Jan. 1 - New Year's Day

Jan. 15 - Dr. Martin Luther King Jr. Day

HOURS

Monday - Friday, 8:30 - 4:30

SOA General Line: 414-704-3343

www.servingolderadults.org

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Aging Well

TOGETHER

Serving Older Adults of Southeast Wisconsin's goal is to positively impact the health and well-being of older adults through quality health and wellness programming, continuous learning opportunities, community engagement, and a variety of socialization outlets.

SERVING OLDER ADULTS ADMINISTRATION

President/CEO *Cathy Wood*
Controller *Antresia Smith*
Director of Programs *Miriam Kaja*
Director of Development & Marketing *Marsha Bukofzer*
Human Resources Manager *Vacant*

SUGGESTED CONTRIBUTIONS FOR CLASSES

Some classes are listed with a suggested contribution amount. Your generous contribution helps ensure programs can continue as our funding only covers a portion of the costs. Please register at least two weeks before the start date in the center's office. Activities will be canceled if minimum registrations are not met. For accommodations, please let staff know at time of sign-up.

USE GOOD JUDGMENT

Participants assume the risk of taking part in activities. Serving Older Adults of Southeast Wisconsin, Inc. and Milwaukee County are held harmless from all claims resulting from taking part in any activity at the senior center.

GET INVOLVED TODAY!

1. Complete participation form.
2. Register for the Dining Program.
3. Sign-up for a Fitness Center Orientation.
4. Pick up your touch screen card and log-in daily.
5. Enjoy the centers!



ADMINISTRATIVE OFFICE

4420 W Vliet St
Milwaukee, WI 53208
Main: (414) 704-3343

CLINTON & BERNICE ROSE SENIOR CENTER

Manager: *Sheila Carter*
3045 N Dr. Martin Luther King Jr. Dr
Milwaukee, WI 53212
Main: (414) 263-2255

KELLY SENIOR CENTER

Manager: *Bob Best*
6100 S Lake Dr
Cudahy, WI 53110
Main: (414) 481-9611

MCGOVERN PARK SENIOR CENTER

Manager: *Angela Wright*
4500 W Custer Ave
Milwaukee, WI 53218
Main: (414) 527-0990

WASHINGTON PARK SENIOR CENTER

Manager: *Diane Chilinski*
4420 W Vliet St
Milwaukee, WI 53208
Main: (414) 933-2332

WILSON PARK SENIOR CENTER

Manager: *Shannon Downie*
2601 W Howard Ave
Milwaukee, WI 53221
Main: (414) 282-5566

Highlighted Events

CLINTON & BERNICE ROSE SENIOR CENTER

Martin Luther King Celebration - "Living the Dream"

Wednesday, January 17, 12:00 - 2:00

Let's come together and celebrate M.L.K. This event will bring the community together with music, poetry, dance, and words of inspiration and motivation. Let's honor Dr. Martin Luther King, Jr. and the impact that he had on this nation. **Pre-registration required.**

KELLY SENIOR CENTER

Memory Cafe: Tea for Two

Wednesday, January 17, 2:30 - 4:00

Memory Cafés are comfortable social gatherings that allow people experiencing memory loss and their loved ones to connect, socialize, and build new support networks. This month's theme is "Tea for Two" and will involve songs, conversation, and tea tasting! **Registration with Deanna required.**

My Words Are Sacred - An Introduction to Writing

Friday, January 19, 1:00
Whether you want to write for yourself or for an audience, writing should be fun! This seminar will help you to get started in whichever prose genre you choose. **Registration recommended.**

Live at Mister Kelly's

Suggested Contribution \$7

Sponsored by Clifden Court

Friday, January 26, 1:30

Mister Kelly's was a legendary Night Club in Chicago that helped launch the careers of talent like Barbra Streisand, Ella Fitzgerald, Lily Tomlin, and Woody Allen, during the 50s, 60s and 70s. You are invited to a private screening of a new documentary film about this important time in entertainment history. **Registration required.**

WASHINGTON PARK SENIOR CENTER

Flu Vaccines and COVID Boosters

Monday, January 8, 10:00 - 1:00

Health Connections is providing flu vaccines and COVID boosters.

National Popcorn Day

Friday, January 19, 10:00 - 11:30

We will be offering FREE samples of yummy freshly popped popcorn in the lobby.

WILSON PARK SENIOR CENTER

Elvis Birthday Party

January 9, 12:30

Come and join us in celebrating the king of rock & roll. We will have music, classic Elvis snacks, and refreshments. Dance the day away with friends and family during this celebration. **Registration required.**

MCGOVERN PARK SENIOR CENTER

Martin Luther King Jr. Day

Friday, January 12, 12:30

We are showing a movie on the life of Dr. Martin Luther King Jr. Please join us. Light refreshments will be served.

The Benefits of Aloe Vera

Presented by Annie Snowden

Wednesday, January 17, 10:00

In this presentation, you will learn how aloe vera can improve your skin, reduce constipation, help treat canker sores, and more.

TECH CONNECT

Emojis, GIFs, and More

Learn how to use emojis, GIFs, and more to quickly say what you mean!

Kelly Senior Center

Thursday, January 4, 10:30

Wilson Park Senior Center

Thursday, January 4, 1:00

Clinton & Bernice Rose Senior Center

Monday, January 8, 10:30

McGovern Park Senior Center

Monday, January 8, 1:00

Washington Park Senior Center

Tuesday, January 16, 1:00

Food Delivery Apps

Don't want to go out? Learn about some popular apps to get food delivered to your front door.

Kelly Senior Center

Thursday, January 18, 10:30

Wilson Park Senior Center

Thursday, January 18, 1:00

Clinton & Bernice Rose Senior Center

Monday, January 22, 10:30

McGovern Park Senior Center

Monday, January 22, 1:00

Washington Park Senior Center

Tuesday, January 30, 1:00

* **To register contact your local senior center**

Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator

NOW ACCEPTING APPLICATIONS

for Seniors ages 62+

Independent and Assisted Living in the Historic Layton Boulevard Neighborhood



All Utilities Included • Free Parking Available
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Mechele Lewis

262-278-8708 (TTY: 711)

Monday – Friday, 8 a.m. – 5 p.m.
mlewis58@humana.com



Ryan Johannsen

262-765-6362 (TTY: 711)

Monday – Friday, 8 a.m. – 5 p.m.
rjohannsen@humana.com





Smiles for Seniors

**Your support provides smiles for
older adults throughout the year!**

Did you know that SOA, the organization that manages the senior centers, is an independent non-profit organization that provides programming and services for older adults in our community? SOA's goal is to positively impact the health and well-being of older adults through quality health and wellness programming, continuous learning opportunities, community engagement, and a variety of socialization outlets. But we couldn't do it without you! Our contract with Milwaukee County only covers about 63% of the cost to provide these programs at the five Milwaukee County-owned senior centers. When considering your charitable giving gifts, we hope that you will support the programming you see every day at your local senior center and help to keep smiles on the faces of the older adults we serve.

Ways to donate:



Mail to:
Serving Older Adults
4420 W. Vliet St.
Milwaukee, WI 53208



Visit
www.servingolderadults.org
Click "Donate"



Scan QR Code



Text
GIVE2SOA
To 53555

Clinton & Bernice Rose Senior Center

Movie Watchers Club

Led by Yvonne Thomas

Friday, January 5, 9:00 - 11:00

Come watch a movie then enjoy having fun discussions afterwards. Popcorn and hot dogs are available for purchase.

Open Art Therapy Workshops

(8-week program)

Provided by Bloom Art & Integrated Therapies

Friday, January 5, 9:00 - 11:00

Art Therapy workshops is an open art studio that will run for 8 weeks. There will be an art show at the end of the program to showcase the artworks.

Friday Bingo

Hosted by Charlotte Lewis

Fridays, January 5 & 19, 12:00 - 1:00

Spend the afternoon relaxing and playing Bingo with fellow participants.

Morning Blend w/Hot Topics

Led by Doris Hopkins-Brown

Mondays, January 8 & 15, 9:30 - 10:30

Discuss the daily hot topic with your peers.

Bid Whist

Led Willie Rogers

Thursday, January 11 & 25, 12:00 - 3:00

Let's hang out and play a game of Bid Whist.

Martin Luther King Celebration -

Living the Dream

Sponsored by Target's Philanthropic Mission

Wednesday, January 17, 12:00 - 2:00

Let's come together and celebrate M.L.K. This event will bring the community together with music, poetry, dance, and words of inspiration and motivation. Let's honor Dr. Martin Luther King Jr. and the impact that he had on this nation. **Pre-registration required.**

Cooking Demonstration w/Chef Marvin -

"The Unsalted Chef"

Presented by HEAL (Healthy Eating Active Living)

Thursday, January 18, 11:00 - 12:00

Learn how to prepare delicious, low-sodium meals. Enjoy a sample.

Advisory Committee Meeting

Tuesday, January 23, 10:30 - 11:00

Learn about what's going on at Clinton Rose Senior Center. If you would like access via Zoom, please contact 414-263-2255 for details.

Memories in the Making

Sponsored by the Alzheimer's Association

Thursday, January 25, 10:00 - 12:00

This is a unique art program that allows individuals with Alzheimer's disease and related dementias to express themselves through art and storytelling. Supplies are included. **Pre-registration required.**

Out & About Travel Committee Meeting

Led by Jacquelyn Trice

Thursday, January 25, 12:00 - 1:30

Did you miss traveling this past year? Well, get ready to start planning the 2024 trips with the Travel Committee. Let this group sail you away to fun adventures in the upcoming new year. Trip details will be out in mid-February.

Women of the Rose Monthly Meeting

Led by Byett Hayes

Wednesday, January 31, 12:00 - 1:00

Join this group of strong and independent women as they meet to discuss ways to help the young women of society and empower all women.

Speak Your Mind

Monday - Friday, 8:30 - 4:30

Don't miss this opportunity to share what's on your mind with fellow participants.

Library Area

Mondays - Friday, 8:30 - 3:30

Enjoy a peaceful area where you can get lost in a great book.

Billiards Room

Monday - Friday, 8:30 - 3:30

Come on in and chase the eight ball around the table. There are always plenty of friendly faces ready for a pool game.

Computer Lab

Monday - Friday, 8:30 - 4:30

Do you need access to the internet or to a computer? Our computer lab is here for all of our participants!

Open Sewing

Suggested Contribution: \$8 (4 weeks)

Mondays, Tuesdays & Fridays, 9:00 - 3:30

If you love to sew and enjoy the company of other sewing enthusiasts, then come to our open sewing room. A sewing room orientation is required. Open Sewing & Miss Daisy's Sewing are two different groups. If interested in doing both, the total suggested contribution is \$16.

Walk Easier

Led By Charlotte Lewis

Mondays, Wednesdays & Fridays, 12:00 - 1:00

Take an easy stroll while listening to R&B music. Walking will improve your overall health, lower your blood pressure, and lower your blood sugar.

Wisdom Studies

Led By Clifton Joseph

Tuesdays, 9:30 - 10:30

Embark on a spiritual journey.

Clinton & Bernice Rose Senior Center

Wisdom Counselor

Presented by Prophetess Willie Seward-Fowlkes

Tuesdays, 12:15 - 1:15

Do you need someone to talk to or pray with you? Mother Fowlkes is available for support.

Roselettes Dance Group

Tuesdays & Thursdays, 9:00 - 10:30

Get your feet moving! Join our eloquent dancing group for some fun and community involvement.

Bingo

Sponsored by Eras Senior Network & WestCare

Wednesdays, 9:00 - 10:00

Let's get ready to play BINGO!! Eras & WestCare will be hosting Bingo and providing amazing prizes. You don't want to miss the excitement. They will also be sharing resources and answering questions.

Clinton Rose & Danceworks

Presented by Danceworks and Eras

Wednesdays, 10:00 - 11:00

Get ready to enjoy dancing with our young ones. **Pre-registration required.**

Soulful Coloring

Facilitated by Shami L.

Wednesdays, 10:00 - 11:00

Love coloring and listening to music? This class is a perfect blend of both.

Senior Striders

Led by Evelyn Merriett

Mondays & Wednesdays, 10:00 - 11:00

Reap the benefits of seated exercises. This class will help those with limited mobility to improve their flexibility and circulation while strengthening their bodies.

***** SNEAK PEAK FOR FEBRUARY *****

Valentine Dance

Friday, February 16, 12:00 - 2:00

You're invited to a Valentine's Day party! Join us for cupcakes and fizzy drinks. **Pre-registration required.**

Black History Program

Hosted by Willie Seward-Fowlkes

Thursday, February 23, 12:00 - 2:00

Come celebrate with us and enjoy performances about historical Black heroes and pioneers.



<p>Monday 9:30-10:30 Morning Blend 10:00-11:00 Senior Striders 12:00-1:00 Walk Easier 12:00-1:00 Bake Sale (every 3rd Monday)</p>	<p>Tuesday 9:00-10:30 Roselettes Dance Group Practice 9:30-10:30 Wisdom Studies 12:15-2:15 Praise & Worship</p>	<p>Wednesday 9:00-10:00 Bingo 10:00-11:00 DanceWorks 10:00-11:00 Senior Striders 12:00-1:00 Walk Easier 12:15-1:15 Women of the Rose Meeting (every 3rd Wednesday)</p>
<p>Thursday 9:00-10:30 Roselettes Dance Group Practice 12:00-1:00 Walk Aerobics 12:15- 2:15 Out and About Travel Committee Meeting (every 4th Thursday) 1:00-4:00 Bid Whist</p> <p>* Has a suggested contribution</p>	<p>Friday 9:00-11:00 Movie Watchers Club (every 1st Friday) 9:00-11:00 Open Art Therapy Workshops 12:00-1:00 Walk Easier 12:00-1:00 Bingo</p>	<p>Daily 8:30-3:30 Fitness Center 8:30-4:30 Speak Your Mind 8:30-3:30 Billiards Area (includes: pool games, cards, chess, checkers & dominoes) 8:30-3:30 Library Area 8:30-3:30 Computer Lab 10:00-3:30 Open Sewing * 10:00-2:00 Miss Deborah's Gift Shop (open daily)</p>

Kelly Senior Center

New Years Hopes and Dreams Month of January

Start the year off right by sharing your hopes and dreams for the New Year. Write down your most important hopes and dreams and place them in the basket at the reception desk.

Travel Club Meeting Wednesday, January 3, 10:00

Sit down with the travel club to pick out the trips for 2024. Walk-ins welcome.

Bingo

Sponsored by Villa St. Francis

Wednesday, January 3, 1:00

Join us for an afternoon of Bingo! **Registration recommended.**

Mindfulness Meditation Thursday, January 4 & 18, 2:00

Thursday, February 1, 15, and 29, 2:00

Mindfulness meditation is the practice of becoming aware of and calming one's own mind. It's shown to improve well-being. Walk-ins welcome.

Houseplant Beauty Contest

Monday, January 8 - Friday, January 12

Celebrate National Houseplant Appreciation Day by voting for which of Kelly Senior Center's houseplants is the most beautiful. Submit your vote in the lobby! Walk-ins welcome.

Acoustic Music Meetup January 9, 10:30 - 12:00

January 23, 10:30 - 12:00

Meet fellow musicians to learn new tunes, share resources and show off your instrument and skills. Bring your ukulele, acoustic guitar, or mandolin. Walk-ins welcome.

What Your Center Can Do For You

Thursday, January 11, 10:30

Wednesday, January 24, 2:00

Did you know that you can check out puzzles from Kelly's library, or that you can get information about every senior housing option in Milwaukee area? There are many things your center can do for you that you may not even know about! Come learn about them. Walk-ins welcome.

Bingo

Sponsored by United Healthcare

Tuesday, January 16, 1:00

Join us for an afternoon of Bingo! **Registration recommended.**

Game Shows!

Sponsored by Talem Home Care

Wednesday, January 17, 2:00

Do you enjoy game shows like Jeopardy and Wheel of Fortune? Ever wanted to be in one? Come and enjoy some friendly competition at these game show re-creations! **Registration required.**

Memory Cafe: Tea for Two

Wednesday, January 17, 2:30 - 4:00

Memory Cafés are comfortable social gatherings that allow people experiencing memory loss and their loved ones to connect, socialize, and build new support networks. This month's theme is "Tea for Two" and will involve songs, conversation, and tea tasting! **Registration required.**

Toenail Trimmers, LLC Appointments

Thursday, January 18, 9:30 - 4:30

Toenail Trimmers, LLC will be taking appointments at Kelly for toenail trimming and foot care. Contact the front desk to make an appointment.

ADS Resource Table

Thursday, January 18, 12:30 - 1:00

Meet with Outreach Social Worker Andrew Bethke for information about an array of resources and community-based services. Walk-ins welcome.

My Words are Sacred: An Introduction to Writing

Friday, January 19, 1:00

Whether you want to write for yourself or for an audience, writing should be fun! This seminar will help you to get started in whichever prose genre you choose. **Registration recommended.**

Stepping On Booster Session

Tuesday, January 23, 2:30

If you attended the September-October 2023 Stepping On series, join us one more time for a "top-up" on everything you've learned. **Registration recommended.**

Advisory Meeting

Wednesday, January 24, 1:00

Get the inside scoop on upcoming Kelly events and make your voice heard! Walk-ins welcome.

10 Warning Signs of Alzheimer's Disease

Presented by the Alzheimer's Association

Friday, January 26, 10:00

It's common to experience some issues with memory, thinking and behavior as we age. However, changes that interfere with daily life could be a sign of something more serious, such as dementia. Learn the warning signs and help a friend take action. **Registration required.**

Live at Mister Kelly's – Suggested Contribution \$7

Sponsored by Clifden Court

Friday, January 26, 1:30

Mister Kelly's was a legendary Night Club in Chicago that helped launch the careers of talent like Barbra Streisand, Ella Fitzgerald, Lily Tomlin, and Woody Allen, during the 50s, 60s and 70s. You are invited to a private screening of a new documentary film about this important time in entertainment history. **Registration required.**

Morning Exercise

Mondays & Fridays, 8:45 - 10:00

Balance, strength, and flexibility exercises will help you feel great. Monday morning sessions are followed by chair dancing. Friday sessions include a low-impact cardio workout. Walk-ins welcome.

Kelly Senior Center

Tai Chi Practice Session

Mondays, 10:00 - 11:00

Tai Chi is a slow-motion, meditative exercise for relaxation and health. This is a guided practice time for Tai Chi practitioners at all levels. Walk-ins welcome.

Movement & Music: Parkinson Disease Exercise

Presented by Wisconsin Parkinson Association

Mondays, 11:30

Manage your Parkinson's symptoms and improve the quality of your daily life while having fun! This class incorporates stretches, strength training, posture, balance, and walking drills, as well as vocal exercises.

Quilting - Suggested Contribution: \$20

(January - March)

Monday - Friday, 1:00 - 4:30

Learn new techniques and patterns to plan or complete your sewing projects. Volunteer instructors are available to help participants on their own machines and train them on shared equipment. **Registration required.**

Morning Fitness

Tuesdays & Thursdays, 8:30 - 9:30

Start your day with video fitness with a great group of people!

Ceramics Studio - Suggested Contribution: \$20

(January - March)

Tuesdays & Thursdays, 9:00 - 12:00

Use ceramic molds, paints, and glazes to create artful objects for your home and garden. Contribution includes use of the kiln for finishing your ceramics pieces.

Registration required.

Adaptive Chair Yoga

Tuesdays, 10:00 - 11:00

Students use a chair as a prop to perform seated and standing postures. Using a chair can help make various movements more accessible and comfortable.

Take Off Pounds Sensibly (TOPS)

Wednesdays, 9:30 - 11:00

TOPS can help you reach your weight-loss goals by providing you with the tools, information, support, and accountability you need to be successful. Come join Cudahy Chapter 33's weekly meetings. Former, current, and new TOPS members are welcome. **Registration required.**

Line Dancing

Wednesdays, 11:00 - 12:00

Some line dancing experience is required. Dance away your Wednesday mornings with our experienced volunteer instructor.

Line Dancing 101

Wednesdays, 12:00 - 12:30

Want to join in the 11:00 line dancing class but worried you'll be overwhelmed? The line dancing teacher will be available to get you caught up.

Open Art Studio

Wednesdays, 10:00 - 12:00

Join the fun and get assistance with painting and drawing from experienced artists. Open to all skill levels.

Knit & Crochet

Thursdays, 9:00 - 11:00

It doesn't matter if you are a beginner or a seasoned crafter. Experienced knitters and crocheters are on hand to help you make that special project. Come join the fun.

Art Exploration

Presented by Bloom Art and Integrated Therapies

Thursdays, 12:30 - 2:30

Curious about art but don't know where to begin? Drop by and let the facilitators lead you in a project, or simply explore the available art materials on your own. Build community and have fun getting in touch with your creativity!

ASAHI Exercise Program

Fridays, 10:00

ASAHI is a health exercise method developed in Finland in 2004 to provide a safe and effective practice that anyone can do. It is a very simple but efficient exercise routine which helps people improve their health and quality of life.

<p>Monday 8:45 Morning Exercise 10:00 Tai Chi 11:30 Parkinson's Exercise 12:30 Mahjong 1:00 Dartball 1:00 Dominoes 1:00 Quilting</p>	<p>Tuesday 8:30 Morning Fitness 9:00 Ceramics 9:00 Quilting 10:00 Chair Yoga</p>	<p>Wednesday 9:30 TOPS 10:00 Open Art Studio 10:00 Sheepshead 11:00 Line Dancing 12:00 Line Dancing 101 12:30 Canasta 1:00 Dominoes 1:00 Quilting</p>
<p>Thursday 8:30 Morning Fitness 9:00 Ceramics 9:00 Knit & Crochet 10:00 Sheepshead 12:30 Art Exploration 1:00 Quilting</p>	<p>Friday 8:45 Morning Exercise 9:30 Bridge 9:30 Fitness Ctr. Orientation 10:00 ASAHI 11:30 Fitness Ctr. Orientation 12:00 Balance & Stretch</p>	<p>Daily 8:30-10:30 Social Club 8:30-4:30 Billiards 8:30-4:30 Computer Lab 8:30-4:30 Fitness Center 8:30-4:30 Library 8:30-4:30 Tabletop Games 11:00-11:30 Lunch</p>

McGovern Park Senior Center

Understanding Final Expense

Presented by Carpenter Marketing Group

Wednesday, January 10, 12:30

Learn the pros and cons of final expense insurance.

Martin Luther King Jr. Day

Friday, January 12, 12:30

We are showing a movie on the life of Dr. Martin Luther King Jr. Please join us. Light refreshments will be served.

The Benefits of Aloe Vera

Presented by Annie Snowden

Wednesday, January 17, 10:00

In this presentation, you will learn how aloe vera can improve your skin, reduce constipation, help treat canker sores, and more.

Healthy Eating Active Living - Cooking Demonstration

Presented by Chef Marvin

Thursday, January 4, 12:00 - 1:30

Chef Marvin will demonstrate how to prepare a healthy dish using items from the Stockbox. Enjoy a delicious sample afterwards.

Blood Pressure Check

Presented by Milwaukee Career College

Monday, January 8, 10:00

Having your blood pressure checked regularly can help you keep it at a healthy level.

Advisory Meeting

Thursday, January 18, 9:00

Learn what's happening with SOA and McGovern Park Senior Center. This is a time to ask questions and voice your concerns.

Bingo

Thursday, January 18, 12:30

Are you ready to play Bingo? You will have a chance to win exciting prizes and household items.

Book Club

Thursday, January 18, 12:30

Book: The Good Lord Bird

Author: James McBride

There will be a continuation from last month's book title for the month of January.

Coffee Bar

Monday - Friday, 8:30 - 11:30

We've got just what you need: coffee and friends. That makes the perfect blend!

Billiards

Monday - Friday, 8:30 - 4:30

Want to shoot pool? There are always plenty of friendly faces ready for a game.

TOPS

Mondays, 9:00 - 10:00

Take Off Pounds Sensibly can help you effectively shed those unwanted pounds. Best of all, you'll learn health options from supportive TOPS members.

Dance for Fun & Fitness

Monday, Wednesday & Friday 10:00 - 11:00

Shake up your fitness routine with line dancing. This workout is something you are sure to enjoy.

Upper Body Exercise

Monday, Wednesday & Friday, 11:00 - 11:30

This is an upper body workout using hand weights.

Lapidary

Tuesdays, 8:30 - 3:00

Lapidary is the cutting and polishing of stone or rocks to bring out its inner beauty.

Metalsmithing

Tuesdays, 11:00 - 3:00

Metalsmithing uses wire and sheets of metal to create jewelry.

Open Crafts & Quilting

Wednesdays, 8:30 - 4:30

This is a group of crafters who love quilting, sewing, knitting, and sharing their individual expertise with one another.

Bible Study

1st, 2nd & 4th Friday of the Month, 10:00

If you are interested in spiritual growth, you will enjoy this study group.

*'People don't notice whether
it's winter or summer when
they're happy.'* — Anton Chekhov

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SUDOKU

Fill in the grid so that every row, column, and 3x3 box contains the numbers 1-9.



<p>Monday 9:00 TOPS 9:00 Walking Group 10:00 Billiards for Beginners 10:00 Dance for Fun & Fitness 11:00 Upper Body Exercise 1:00-4:30 Bring Your Own Device (BOYD) Day</p>	<p>Tuesday 8:30 Lapidary 8:30-12:00 Fitness & Nutrition 8:30-12:00 Bring Your Own Device (BOYD) Day 8:30 Fitness Center Orientation 10:00 Exercise for Seniors 11:00 Metalsmithing</p>	<p>Wednesday 8:30 Quilting 8:30 Open Crafts 10:00 Billiards for Beginners 10:00 Dance for Fun & Fitness</p>
<p>Thursday 9:00 Advisory Meeting (every 3rd Thursday) 10:00 Exercise for Seniors 12:30 Bingo (every 3rd Thursday)</p>	<p>Friday 9:00 Walking Group 10:00 Dance for Fun & Fitness 10:00 Bible Study (every 1st, 2nd, 4th Friday) 11:00 Upper Body Exercise</p>	<p>Daily 8:30 Billiards 8:30 Fitness Center 8:30 Coffee Bar 8:30 Computer Lab 8:30 Puzzle Table 9:00-1:00 Re-Gift Shop 11:00-12:00 Lunch</p>

Washington Park Senior Center

Aging & Disability Services (ADS) Outreach

Presented by Milwaukee County Department of Health & Human Services

Tuesday, January 2, 9:30 - 10:30

Meet with Outreach Social Worker Andrew Bethke for up-to-date information about a wide array of resources and community-based services available for seniors.

Flu Vaccines & Covid Boosters

Monday, January 8, 10:00 - 1:00

Health Connections is providing flu vaccines & COVID boosters.

National Popcorn Day

Friday, January 19, 10:00 - 11:30

We will be offering FREE samples of yummy freshly popped popcorn in the lobby.

January Birthday Celebration

Wednesday, January 24, 12:00 - 12:45

Join us as we celebrate January birthdays with music, dancing, and refreshments.

Open Art Therapy Workshops

Provided by Bloom Art & Integrated Therapies

Tuesdays, January 2, 9, 16, 23 & 30, 9:30 - 11:30

Drop in for this free open art studio to create various art projects. There will be an art show at the end of the program to showcase the artworks.

Joy Comes in the Morning

Presented by Gloria Webster

Wednesdays, January 10 & 24, 9:30 - 10:30

This is a safe space to talk about loss, depression, and guidance — and to realize that “joy comes in in the morning.”

Cooking Demonstration w/Chef Marvin - “The Unsalted Chef”

Thursday, January 11, 11:30 - 12:30

Learn how to make a simple, delicious, and low-sodium meal. Recipe and samples will be available.

Advisory Meeting

Tuesday, January 9, 10:00

Find out what’s happening and share your ideas. All participants are encouraged to attend.

Bid Whist

Tuesdays, January 9, 16, 23 & 30, 1:00 - 2:30

Calling all Bid Whist players! Washington Park Senior Center will be starting Bid Whist weekly on Tuesdays.

Balance & Stretch

Mondays, 12:30 - 1:00

Prevent injuries and falls using techniques that improve flexibility and balance.

Yoga - Suggested Contribution: \$6/class (pay by the month)

Mondays, 9:00 - 10:00

Yoga classes use gentle movements to improve flexibility, balance, strength, and posture.

Open Sew

Mondays, 9:00 - 11:00

Learn basic sewing skills and how to mend clothes. Bring your projects and creative ideas.

Knitting & Crochet

Mondays, 9:00 - 11:00

Learn how to knit or crochet at your own pace. Please bring your own basic supplies (we do have some to share).

Chair Arthritis

Mondays, 10:00 - 11:00

Reduce joint pain and improve overall flexibility while sitting and exercising at your own pace.

Billiards

Mondays, 9:00 - 10:00 (lessons)

Tuesday - Friday, 9:00 - 3:00 (open play)

Learn to play pool with an instructor or work on your skills individually.

Hand Weights

Mondays, Wednesdays & Fridays, 10:30 - 11:30

Get your heart rate up and stay active with this class that will give you a full body workout. All skill levels are welcome.

Table Tennis (Ping Pong)

Monday - Friday, 1:00 - 4:00

Playing a friendly game is a fun way to get daily exercise and increase eye-hand coordination.

Woodshop - Suggested Contribution: \$25/month

Monday - Friday, 9:00 - 3:00

New participants must attend an orientation prior to registration. Sign up for an orientation in the office.

Wii Bowling

Monday - Friday, 9:00 - 1:00

Wii Bowling is a great way to get moving while having fun with others in the lobby.

Guitar/Stringed Instruments

Tuesdays, 10:00 - 11:00

Open jam session. All stringed instruments and singers are welcome and encouraged to come!

Scrapbooking

Tuesdays, 10:30 - 1:30

Get creative by designing one-of-a-kind pages. All skill levels are welcome!

Game Day

Tuesdays, 12:00 - 2:00

Play a variety of card and board games with friends. New games will include Spades and Bid Whist.

Gospel Choir

Tuesdays, 10:00 - 11:00

Lift every voice and sing! Join the WSPC Gospel Choir and sing songs of praise and worship.

Chess

Tuesdays, 10:00 - 1:00

Join the Washington Park Chess Players for a friendly game of chess. All levels are welcome.

Silver Steppers

Tuesdays & Thursdays, 10:00 - 11:00

Get moving and into shape with this upbeat line dance class while grooving to fun tunes.

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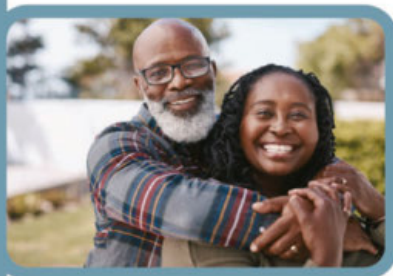
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Washington Park Senior Center

Phase 10

Wednesdays, 12:30 - 2:00

Phase 10 is an exciting and challenging card game. We hope you will join us.

Quilting - Suggested Contribution: \$20 (January-March)

Wednesdays, 9:00 - 12:30

Bring your creativity! Quilting support is provided by our knowledgeable leader.

Shuffleboard

Wednesdays, 9:30 - 10:30

Join this WPSC favorite! Get some exercise and have lots of fun. All levels are welcome.

Matinee at Washington

Wednesdays, 12:30

Each week will feature a different movie genre.

Bible Study

Thursdays, 10:30 - 11:30

Enjoy a short lesson and some good conversation along with handouts you can take home.

Detroit Style Ballroom Dance

Suggested Contribution: \$4/class (Pay by the month)

Thursdays, 12:30 - 1:45

This instructor-led class will start with basic techniques and then advance from there.

Having Fun w/Art

Thursdays, 12:30 - 1:30

Do you love to sketch, doodle, or color? Supplies will be provided. All levels are invited to join.

Stained Glass - Suggested Contribution: \$25

(January-March)

Fridays, 9:00 - 11:00

Create beautiful projects with guided instruction from a highly experienced and creative instructor.

Bingo

Fridays, 12:30 - 1:45 (dining hall)

Come play Bingo and win fabulous prizes!

Washington Park Chit-Chat Club

Monday-Friday, 8:30 - 4:00

Join your fellow Washington Park participants in the lobby for some friendly conversation, current event discussions, or topics of interest. Coffee and snacks are available in the gift shop for purchase.

Piano - Suggested Contribution: \$8/week

(Pay month to month)

Fridays, 9:00 - 3:00

Learn to play the piano with individual instruction. Time slots for lessons fill up quickly. Come to the office to reserve a spot. All skill levels are welcome.

Tennis (Indoors)

Fridays, 9:30 - 10:30

Join others in a friendly game of tennis with our WPSC Tennis group. Get in shape and have fun too.

*** SNEAK PEAK FOR FEBRUARY ***

Black History Month Celebration

Coordinated by Bobby Thompson

February 22, 12:30 - 2:30

Join us for a celebration of music and singing, as well as guest speakers to inspire us and share historical information. Bring a friend or two!

<p>Monday 9:00-10:00 Yoga * 9:00-10:00 Billiards (lessons) 9:00-11:00 Knitting & Crochet 9:00-11:00 Open Sew 10:00-11:00 Chair Arthritis Exercise 10:30-11:30 Hand Weights 12:30-1:00 Balance & Stretch</p>	<p>Tuesday 9:30-11:30 Art Therapy 10:00-1:00 Chess 10:00-11:00 Gospel Choir 10:00-11:00 Stringed Instruments/ Vocals 10:00-11:00 Silver Steppers 10:30-1:30 Scrapbooking 12:00-2:00 Game Day</p>	<p>Wednesday 9:00-12:30 Quilting * 9:30-10:30 Shuffleboard 10:30-11:30 Hand Weights 12:30 Movie Matinee 12:30-2:00 Phase 10</p>
<p>Thursday 10:00-11:00 Silver Steppers 10:30-11:30 Bible Study 12:30-1:30 Having Fun w/ Art 12:30-1:45 Ballroom Dancing *</p> <p>* Has a suggested contribution & requires pre-registration</p>	<p>Friday 9:00-11:00 Stained Glass * 9:00-3:00 Piano * 9:30-10:30 Tennis 10:30-11:30 Hand Weights 12:30-1:45 Bingo</p>	<p>Daily Fitness Center Walking Group Library Computer Lab Chit-Chat Club (lobby) Wii Bowling 9:00-1:00 Gift Shop 9:00-3:00 Billiards 9:00-3:00 Woodshop * 1:00-4:00 Table Tennis</p>



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Wilson Park Senior Center

Quilting Classes

Suggested Contribution: \$25/class (10 Weeks)

Mondays, 9:00 - 11:00 (January 8 - March 4)

Tuesdays, 1:00 - 3:00 (January 9 - March 5)

Thursdays, 9:30 - 11:30 (January 11 - March 7)

Fridays, 9:00 - 11:30 (January 5 - March 8)

Sharpen your skills with instructor-led techniques. There are 4 classes that offer unique experiences. **Registration starts January 2nd.**

Open Sew Classes

Suggested Contribution: \$20/class (10 weeks)

Mondays, 11:00 - 2:00 (January 8 - March 4)

Tuesdays, 9:00 - 12:00 (January 9 - March 5)

Wednesdays, 12:00 - 3:00 (January 10 - March 6)

Learn new techniques for your projects. There are three classes that offer unique experiences.

Wellness Wednesday

Wednesday, January 3, 10:30

Nutrition is important for a happy healthy life. Let's talk about how to manage our sweet tooth and how in collaboration with your doctor's advice, intermittent fasting can be helpful to you.

Big Band Dance

Monday, January 8, 1:30

Show off your best dance moves at this classic big band show.

Elvis Birthday Party

January 9, 12:30

Come and join us in celebrating the king of rock & roll. We will have music, classic Elvis snacks, and refreshments. Dance the day away with friends and family during this celebration. **Registration required.**

Bingo

Tuesday, January 9, 1:00

All Bingo lovers are welcome to join the fun with a chance to win praiseworthy prizes.

Coin & Stamp Collectors Group

Tuesday, January 16, 11:00 - 12:00

Share some of your treasured collections with other enthusiasts.

Wilson Senior Center Advisory Meeting

Wednesday, January 17, 10:00 - 10:30

Hear updates, stay informed, and ask questions. You may attend in person or virtually.

Book Club

Wednesday, January 31, 10:15

Book: The Other Einstein

Author: Marie Benedict

A copy is available at Zablocki Library the first week of each month.

Wood Shop - Suggested Contribution: \$25/month

Monday - Friday, 9:00 - 3:00

(Subject to change if hosts are unavailable)

Build your own creations with the wide selection of equipment housed in the shop.

Paper-crafting - Suggested Contribution: \$15

Tuesdays, January 2 - March 26, 9:00 - 11:00

Join this group and stamp on to create one-of-a-kind projects.

Beginning German - Suggested Contribution: \$10

Tuesdays, January 2 - March 26, 1:00

Learn the basics of the German language and culture.

Morning Exercise

Mondays, Wednesdays & Fridays, 9:15 - 10:00

Enjoy low impact exercise that will improve your range of motion and overall health.

Ceramics Studio

Mondays, Wednesdays & Fridays,

January 2 - March 29, 8:45 - 4:00

Join us in using your creativity to hand mold pieces of clay into works of art. Suggested contribution includes use of the kiln.

Hot/Fused Glass - Suggested Contribution: \$25

Mondays & Wednesdays

January 3 - March 27, 9:00 - 4:00

Create beautiful works of art utilizing various glass fusion techniques.

Low-Impact Aerobics

Mondays & Thursdays, 1:00 - 2:00

Enjoy working out without putting stress on your joints.

Guided Art Studio

Tuesdays & Thursdays

January 2 - March 28, 9:00 - 3:15

Work on your own creative projects with support as needed from other artists.

Stained Glass - Suggested Contribution: \$25

Tuesdays & Thursdays

January 2 - March 29, 9:00 - 4:00

Create projects using patterns or your own designs.

Beginning Crochet - Suggested Contribution: \$10

Tuesdays, January 2 - March 26, 1:00 - 2:00

Try your hand at crocheting. Beginning stitches will help you learn the basics. Materials are included.

Cornhole League

Tuesdays, 1:00 - 2:00

Play indoors with the Cornhole League and show off your bean bag tossing skills.

Woodcarvers & Burners

Wednesdays, 8:30 - 11:30

Create your next masterpiece using tools and materials in our woodshop.

Bible Study

Wednesdays, 10:15 - 11:15

Come join us as we dig deeper into the word and learn more about scripture.

Gentle Yoga

Wednesdays, 2:00

Yoga is safe for all ages and body types. This low-impact exercise can be adapted to any level of fitness.

Railroad Club

Wednesdays & Thursdays, 1:00

Are you a railroad enthusiast? Join our Railroad Club and enjoy the beautiful model train room.

Advanced German - Suggested Contribution: \$10

Thursdays, January 4 - March 28, 9:15

Build upon your current German-speaking skills.

Wilson Park Senior Center

Dartball - Suggested Contribution: \$15

Thursdays, 12:30

Play dartball with other participants. Beginners welcome.

Tap Dance - Suggested Contribution: \$40

Advanced, 9:00; Intermediate, 9:45;

Beginners; 10:30

Tap your way to fitness and fun! Three sessions of continuing tap instruction are available.

Recorder Ensemble

Thursdays, 1:00

Now accepting new members of all experience levels. Stop in for a visit if you're interested in learning more about this whimsical instrument. There are loaner instruments available as you learn.

Weaving - Intermediate

Suggested Contribution: \$15

Thursday & Friday

January 4 - March 29, 9:00 - 2:00

The weaving group is back at it again. Experienced weavers are encouraged to join as well.

Movies & Popcorn

Fridays, 1:00

January 5 - People's Choice

January 12 - Red Notice

January 19 - American Beauty

January 26 - People's Choice



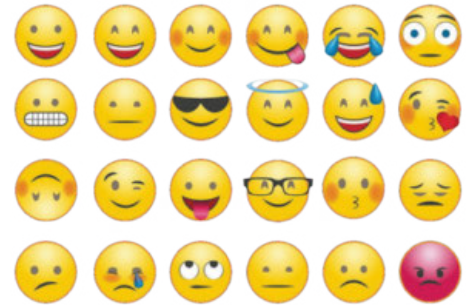
<p>Monday</p> <ul style="list-style-type: none"> 8:45 Ceramic Studio * 9:00 Scrabble 9:00 Hot/Fused Glass * 9:00 Quilting * 9:15 Morning Exercise 10:30 Intermediate Line Dancing * 11:00 Open Sew * 12:00 Sheepshead 1:00 Low Impact Aerobics 1:30 Big Band Dance (2nd) 	<p>Tuesday</p> <ul style="list-style-type: none"> 9:00 Paper Crafting * 9:00 Stained Glass Studio * 9:00 Open Sew * 9:00 Chess 10:00 Garden Club (2nd/4th) 11:00 Coin & Stamp (3rd) 11:30 Guided Art Studio * 12:30 Sojourn Bear Group 1:00 Beginner Crochet 1:00 Cornhole 1:00 Bingo (2nd) 	<p>Wednesday</p> <ul style="list-style-type: none"> 8:45 Ceramic Studio * 9:00 Wood Carving & Burning 9:00 Scrabble 9:00 Hot/Fused Glass * 9:15 Morning Exercise 10:00 Advisory Meeting (3rd) 10:00 Book Club (Last of month) 10:00 Knit & Crochet 10:15 Bible Study 10:30 Hot/Fused Glass * 12:00 Open Sew * 12:00 Sheepshead 12:30 Sojourn Bear Group 1:00 Model Railroad 1:00 Fused Glass * 2:00 Gentle Yoga
<p>Thursday</p> <ul style="list-style-type: none"> 9:00 Weaving * 9:00 Adv. Beg. Tap Dance * 9:00 Plastic Canvas 9:00 Stained Glass * 9:45 Int./Adv./ Tap Dance * 10:30 Beg. Tap Dance * 11:30 Guided Art Studio 12:30 Dartball * 1:00 Low-Impact Aerobics 1:00 Model Railroad 1:00 Guitar Lessons 1:00 Recorder Ensemble 1:30 Ukulele 	<p>Friday</p> <ul style="list-style-type: none"> 8:45 Ceramic Studio * 9:00 Weaving * 9:00 Mahjong 9:00 Open Glass Studio * 9:00 Scrabble 9:00 Quilting * 9:00 Guitar Jam Session 9:15 Morning Exercise 12:30 Bridge 1:00 Movie & Popcorn 	<p>Daily</p> <ul style="list-style-type: none"> 8:30 Fitness Center, Billiards, Library, Computer Lab, Walking Group 9:00-3:00 Wood Shop * 10:00-2:00 ReGift Shop 11:00-12:00 Lunch <p>* Has a suggested contribution/pre-registration required (Classes have a start and end time)</p> <p>**Pre-registration required</p>

Tech Connect for Older Adults

Emojis, GIFs, and More

Learn how to use emojis, GIFs, and more to quickly say what you mean!

- Kelly Senior Center** - Thursday, January 4, 10:30
- Wilson Park Senior Center** - Thursday, January 4, 1:00
- Clinton & Bernice Rose Senior Center** - Monday, January 8, 10:30
- McGovern Park Senior Center** - Monday, January 8, 1:00
- Washington Park Senior Center** - Tuesday, January 16, 1:00



Food Delivery Apps

Don't want to go out? Learn about some popular apps to get food delivered to your front door.

- Kelly Senior Center** - Thursday, January 18, 10:30
- Wilson Park Senior Center** - Thursday, January 18, 1:00
- Clinton & Bernice Rose Senior Center** - Monday, January 22, 10:30
- McGovern Park Senior Center** - Monday, January 22, 1:00
- Washington Park Senior Center** - Tuesday, January 30, 1:00

**** Please call your local senior center to sign up. ****

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Are you making a New Year's resolution this year?

Creating a resolution is an incredibly common practice, but sticking to those goals isn't always easy. Whether your goal is to start eating healthier, take up a new hobby, or finally make those big travel plans, you can improve your chances of success by following these tips.

Set Measurable Goals

Many resolutions fail because they aren't specific enough. For example, if you want to learn a new language, start with a goal like practicing for fifteen minutes each day.

Make It Achievable

Start small! You want to set realistic goals that align with your lifestyle. If you want to start eating healthier, talk to your doctor about small habits that you can start and build upon.

Find Accountability Partners

Finally, consider finding a friend or asking a family member for support. They can check in with you and help you reach those goals!

Community Resources



Senior Dining

We are open for in-person dining at all five centers. There is a suggested \$3 donation for 60+ and \$8 cost for guests under 60. A reservation by 11:00am the day prior is required for all diners.

Clinton Rose	414-263-2255
Kelly	414-481-9611
McGovern Park	414-527-0990
Washington Park	414-933-2332
Wilson Park	414-282-3284

Advisory Committee Meetings

This is a great opportunity to get involved in your senior center. Help us plan, provide feedback on existing and new programs, hear updates, stay informed, and ask questions.

Clinton Rose	Tuesday, January 23, 10:30
Kelly	Wednesday, January 24, 1:00
McGovern Park	Thursday, January 18, 9:00
Washington Park	Tuesday, January 9, 10:00
Wilson Park	Wednesday, January 17, 10:00

Stockbox

A Stockbox is a box of healthy foods that Hunger Task Force provides to low-income seniors free of charge. Contact a senior center for more information.

Clinton Rose	Thursday, January 4, 11:00
Kelly	Thursday, January 18, 12:30
McGovern Park	Thursday, January 25, 12:00
Washington Park	Tuesday, January 2, 9:30
Wilson Park	Tuesday, January 16, 10:00

Community Partners

Our community partners are a large part of how we are able to provide services to older adults. Whether it is through furthering education, giving donations, sponsoring events, or spreading awareness, our community partners have stepped up to support older adults in our community.



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 Williamstown Bay
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 Wisconsin Institute on Aging
 Wisconsin Parkinson Association
 YMCA Milwaukee

Thank you to our many partners!

We wish to thank all of our partners. Without your support we would not be able to provide vital programs and services to older adults in our community. This list represents all who donated from December 2022 - November 2023. We made every attempt to recognize all donors. If your name was missed, please contact us at 414-933-2332 ext. 1004 or email Development@servingolderadults.org.

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Mark & Kellie Foster
Don & Christine Gardner
Sylvia Gear
Greater Wisconsin Agency on
Aging Resources
Howard Village Senior Living
Mr. K
Kendall Kelly
Sharon Lewek
Love Thy Neighbor Foundation
Peter & Dorothy Majchrzak
Walter & Katie McCoy
Jerry & Mary Ellen Mikulay
J. Misorski & P. Garrity
Network for Good
Thomas Piotrowski
Pointer Financial Group
Michael R. Prudhom
Mike & Sally Radka
Jo Ann Rucker
Rick & Kris Skaar
Andrew Stark State Farm
Althea Stover
Janet Strom
Yvonne Thomas
Phyllis Veerhaalen
Villa St. Francis
Wilson Commons
Tom & Cathy Wood



Our GEMs (Give Every Month) - You Help Us Shine!

Anonymous (2)
Mindy & Steve Anderson
Pat Ehlert
Eva Eiseman
Mark & Kellie Foster
Bridgette & Kevin Frommell

John & Janice Gardetto
Teri & Karl Kodrich
Stephanie Mares
Pamela Miller
Lynne Grages & Paul Neymeyr
Mike Prudhom

Rachel Ritchhart
Barbara Toles
Roxann Tolliver
Tom & Cathy Wood

What is a GEM?

A GEM is a member of a dedicated community who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

How do I become a GEM?

You can set up a recurring donation by visiting our website, servingolderadults.org/donate, and selecting "Donation - Recurring" under Donation Type. Your credit card will be charged on the same date every month as the original charge.

You can also send a check or set up a recurring bill payment on your bank account and have your bank send payment to:

Serving Older Adults
Attn: Development
4420 W Vliet St
Milwaukee, WI 53208

Your payment can be changed or stopped at any time by contacting development@servingolderadults.org or by calling 414-933-2332 x1004.

Partners to \$249

Anonymous (10)
 Marie Abbott
 Ted & Mariane
 Allen Sr.
 Annie Anderson
 Linda E. Stueven
 Mary Ard
 Ernice Austin
 Anne Balistreri
 Paul & Nancy Baniel
 Christine I Beck
 Jan Behnke
 Bonita Biba
 Carolyn Blackwood
 Sue Blaustein
 Joan Blaustein
 Susan Bock
 Patricia Boettcher
 Jim & Holli Bohn
 Mirian Boyd Organ
 Vanessa Brice
 Pharis Brooks
 Katie Brown
 Pat and Frank Bruce
 Susan Buhler
 Barbara Cameron
 Alton Campbell
 Marie Campos
 Sheila Carter
 Wendy Cetera
 Valsa Chieran
 Diane Chilinski
 Jason Christ
 Gaye Clark
 Ann Cook
 Albert Cooper
 Salvatore Corrao
 Lynn Crawford
 Patricia Cronce
 Constance Crooks
 Ken & Barb Czysz
 Jeff and Laura Dawson
 Eugene Dee & Barbara
 Uquillas
 Linda Demarias
 John Destefanis
 Anton & Sonja Devcic
 Nancy & Joseph Di
 Giacinto
 Marge (Mëgen)
 Diekow
 Dennis Dillon
 Kelsey & Gurvir
 Dosanjh
 Friday Bridge
 Shannon Downie
 Margaret Drake
 Kandy and Krista
 Kay Duggan
 Fannie Edwards
 Pat Ehlert
 Eva Eiseman
 Dianne Ertel
 Devonna Eubanks
 Anne Fagan
 Sharron Fitak
 Vera F Ford
 Mary Ann Fortin
 Lewis Franklin

Robert & Judith Free
 Rosemarie Fridrick
 George Frison
 Jacqueline Fryer
 Pamela Galasinski
 Ruth Gaura
 Matt Glaske
 Marsha Godfrey
 Dick Goldberg
 Dan Goodmann
 Rita Gorman
 The Greenbergs
 Perry Griffin Jr.
 Michael Gronitz
 Linda Groth
 Colleen Grundy
 Belle Guild
 Rita Gutowski
 David Haase
 Thomas Haliburton
 Nancy Hallberg
 James Hansen
 Steven & Nancy
 Harwood
 Ronald & Betty Hayes
 Hear Wisconsin
 Diane Hellrung
 James & Cheryl
 Hempel
 Steve Henry
 Lenore Hernandez
 Richard & Linda Hintz
 Doris Hopkins-Brown
 Donna Horrigan
 Dennis Horrigan
 Dennis & Cynthia
 Horzewski
 Janet Ibitoye
 Julie Jacobson
 Thomas Janczak
 Audrey Jansen
 TJ
 Lue Jemison-Spivey
 Stephen Jerde
 Rayfield Johnson
 Lola Jones
 Cindy Juds
 Debra Jupka
 Bob Kabella
 Joan Kadow
 Judith Kaiser
 Shannon Kantowski
 Anonymous
 Jeanne & John
 Kennedy
 Jacquelyn Ketten
 James Kimble
 Kathryn Kobelinski
 Trina Koch
 Teri & Karl Kodrich
 Barbara Kogutkiewicz
 Edward & Kathaleen
 Kosanke
 Cynthia Kroll
 Edward Krueger &
 Carla Staab
 Carl Lacy
 Alexander & Sharon
 Rae Landergott

Durka
 Mel Larsen
 Roberta Larson
 Janice Lee
 Nhia Lee
 Diane Lembck
 Charlotte Lewis
 Deborah Lewis
 Renate Liedtke
 Johnny & Jackie Lipsey
 Jill Littlefield
 Mark & Carol Loomis
 Patrick & Jennifer
 Lopeman
 Cleo Jones & Alice
 Love
 Linda Lucas
 Yvonne Mahoney
 Stephen & Mary Maier
 Mary Marks
 Susan Marsolek
 Jewel Martin
 Frances May
 Gloria Mays Fulsom
 Bonnie McAuly
 Sarah McCullum
 Todd & Cheryl
 McDonald
 Gary Mecha
 Ruby Meeks
 Evelyn Merriett
 Neal & Dianne Michel
 Pamela Miller
 Patricia Mims
 Josephine Misiewicz
 Dorothy Mitchell
 Harry & Rosanne
 Moore
 Rosanne & Harry
 Moore
 Sharon Morris
 O. Morris
 Donald Mueller
 Sharon Multani
 Ms. W. Nash
 Mary Neitzel
 Susan Nelson
 Rick Nelson
 Lynne Grages & Paul
 Neymeyr
 John & Peggy Niemer
 Norma Nonneman
 Alvia Papara
 Janet Pape
 Tyrone Pennington
 Alice Peterson
 Mr. & Mrs. Jerome H.
 Peterson
 Barbara Peterson
 Muriel Plichta
 John Podsedly
 Veretta Porter
 Ron Portz
 Stephen & Susan
 Ragatz
 Isabel Ray
 Lois & Henry Redic
 Jean Rehse
 Sue Reinhard

Inez Rembert
 Denise Rhodes
 Lorie Rieden
 Michele Rinka
 Rachel Ritchhart
 Florine Robinson
 Maria Rodriguez
 Willie Rogers
 Judith Roth
 Kenneth & Carol Roth
 Sylvester Rucker
 Michael & Janette
 Rupinski
 Eleanor Ryan
 Diane Rychlinski
 Jimmie Sanders
 Caroline & Robert
 Sanderson
 Ray Saron
 Kathy & John Schauer
 Stuart & Gayle Schenk
 Ron & Renee Scherr
 Valanee Schmitz
 Brad & Amy Schultz
 Larry & Darlene
 Schwartz
 Carol Scott
 Jerro Scott
 Rozanne Screven
 Bruce Seiden
 Marge Senger
 Mary Jane Sericati
 Dorothy Severson
 Willie Seward-Fowlkes
 Adele Shaw
 Dan and Jill Sheridan
 Jacquelyn Sierlecki
 Nancy & Theodore
 Sipowicz
 Louis & Henrietta
 Smith
 Paulette Smith
 Marie Sobiech
 Lee Sprengel
 Alice & David Steuck K
 Konkel
 John & Eileen Stewart
 Peggy Stewart
 Alice Stokes
 Carol Stolpa
 Patricia Suchla
 Chuck & Nikki Sunn
 Jeffrey Sweetland &
 Margaret Murphy
 Lawrence Taylor
 Jan & Tim Tessler
 Mary Tetzlaff
 Dorothea Thesfeld
 Ed & Judy Thomas
 Angela Thomas
 Janet Thompson
 Virginia Thurow
 Shirley Tiedjen
 Margaret Todd
 Barbara Toles
 Roxann Tolliver
 Joanne Toman
 TOPS 0033
 Barbara Torgerson

Connie Trapp
 Natalie Traylor
 Mary Tschannen
 Christopher Turek
 Sandra Underwood
 Andrea Urbaniak
 Jose Valdehuesa
 Vernestine Varnado
 JeanV
 Alice Voith
 Warren Walifeild
 Margaret Wallace
 Barbara Walter
 Carolyn Ward
 David J. Wardynski
 Gloria Webster
 Andrew E. White
 Pat and Marty Wilke
 David Wilkerson
 Gerald & Mary
 Williquette
 Pearl Woodard-Hainey
 Steve Woods
 Mary W.
 Angelia Young
 Tina Zaffiro
 Dawn Zakian
 Anna Zdrubecky
 Sue Zwolinski

Thank
 You!

DONATION FORM

I/We wish to make a contribution to SOA in support of services for older adults in our community.

Please use my donation at:

- | | |
|---|--|
| <input type="checkbox"/> Where need is greatest | <input type="checkbox"/> McGovern Park Senior Center |
| <input type="checkbox"/> Clinton Rose Senior Center | <input type="checkbox"/> Washington Park Senior Center |
| <input type="checkbox"/> Kelly Senior Center | <input type="checkbox"/> Wilson Park Senior Center |

MY DONATION:

- | | |
|--|---|
| <input type="checkbox"/> \$25 - Supporter | <input type="checkbox"/> \$500 - Advocate |
| <input type="checkbox"/> \$50 - Associate | <input type="checkbox"/> \$1,000 - Connector |
| <input type="checkbox"/> \$100 - Friend | <input type="checkbox"/> \$5,000 - Benefactor |
| <input type="checkbox"/> \$250 - Companion | <input type="checkbox"/> \$10,000 - Champion |
| <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Become a *GEM: _____ |

***What is a GEM (Give Every Month)?**

A GEM is a member of a dedicated group of donors who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

Full Name: _____

Name(s) (how you would like to be acknowledged)

Street Address _____

City, State, Zip Code _____

Email Address _____

I/We wish to remain anonymous

Donation in honor of in memory of

Payment Method

One time donation Monthly

Cash _____ Check # _____
(Please Make Check Payable to SOA)

Credit Card Number: _____

Exp. Date _____ CVV# _____

Signature _____

Telephone: _____

Please charge my credit card for my one-time donation of \$ _____

Please charge my card \$ _____

Per: Month Quarter _____ Number of Times

For a Total Donation of \$ _____



Let's age well together!

Our Partnership Program allows you to partner with SOA to help fulfill our vision of a community where every adult 50 and better will be connected to the resources they need and the opportunities that interest them throughout the entire aging process.

The Partnership Program gives you the opportunity to place your donation with the center you value, with a center that needs help, or where the need is the greatest. Please consider partnering with SOA by filling out this form and returning it to the front desk of your senior center, or mail to:

SOA Partnership Program
4420 W Vliet St
Milwaukee WI, 53208

See our Partnership pages for a complete list of partners.

Donors will be recognized each month on the Partnership pages of "The Connection" and in our annual report.

thank
you!

FOR OFFICE USE ONLY

Date Received: ____/____/____ Receipt# _____

Location: _____ Init: _____