

SERVING OLDER ADULTS OF SOUTHEAST WISCONSIN, INC.

April 2025



THE CONNECTION

Bring Your Own Device (BYOD) Day

Have questions about technology? Bring your device (phone, iPad, or laptop) and your questions to work with one of our tech trainers. Speak with center staff to schedule an appointment. **Registration is required for Tech Connect classes and BYOD sessions.**

Clinton Rose
Wed. 8:30 - 4:30

Kelly
Mon. 8:30 - 4:30
Tue. 8:30 - 4:30

McGovern
Mon. 8:30 - 4:30
Tue. 8:30 - 4:30

Washington
Wed. 8:30 - 4:00

Wilson
Mon. 8:30 - 4:30
Tue. 8:30 - 4:30

SOA CLOSURES

April 7-11- Kelly Senior Center is closed for cleaning week.
April 18 - Good Friday
April 28-May 2 - Clinton Rose Senior Center is closed for cleaning week.

HOURS

Monday - Friday, 8:30 - 4:30
SOA General Line: 414-704-3343
www.servingolderadults.org

Wellness Coordinator Schedule

The Wellness Coordinator is available at each center every week by appointment to help with proper exercise machine use and to answer any health-related questions. See below for your center's day and hours. Speak with center staff to schedule an appointment.

Clinton Rose
Fri. 9:30 - 11:30

Kelly
Thu. 9:30 - 11:30

McGovern
Tue. 9:30 - 11:30

Washington
Wed. 9:30 - 11:30

Wilson
Mon. 9:30 - 11:30

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Serving Older Adults of Southeast Wisconsin's goal is to positively impact the health and well-being of older adults through quality health and wellness programming, continuous learning opportunities, community engagement, and a variety of socialization outlets.

SERVING OLDER ADULTS ADMINISTRATION

President/CEO *Cathy Wood*
Controller *Antresia Smith*
Director of Senior Centers *Shannon Downie*
Director of Development & Marketing *Vacant*
Director of Tech Connect *Susan Wetrich*

SUGGESTED CONTRIBUTIONS FOR CLASSES

Some classes are listed with a suggested contribution amount. Your generous contribution helps ensure programs can continue as our funding only covers a portion of the costs. Please register at least two weeks before the start date in the center's office. Activities will be canceled if minimum registrations are not met. For accommodations, please let staff know at time of sign-up.

USE GOOD JUDGMENT

Participants assume the risk of taking part in activities. Serving Older Adults of Southeast Wisconsin, Inc. and Milwaukee County are held harmless from all claims resulting from taking part in any activity at the senior center.

GET INVOLVED TODAY!

1. Complete participation form.
2. Register for the Dining Program.
3. Sign-up for a Fitness Center Orientation.
4. Pick up your touch screen card and log-in daily.
5. Enjoy the centers!



ADMINISTRATIVE OFFICE

4420 W Vliet St
Milwaukee, WI 53208
Main: (414) 704-3343

CLINTON & BERNICE ROSE SENIOR CENTER

Manager: *Sheila Carter*
3045 N Dr. Martin Luther King Jr. Dr
Milwaukee, WI 53212
Main: (414) 263-2255

KELLY SENIOR CENTER

Manager: *Bob Best*
6100 S Lake Dr
Cudahy, WI 53110
Main: (414) 481-9611

MCGOVERN PARK SENIOR CENTER

Manager: *Angela Wright*
4500 W Custer Ave
Milwaukee, WI 53218
Main: (414) 527-0990

WASHINGTON PARK SENIOR CENTER

Manager: *Vacant*
4420 W Vliet St
Milwaukee, WI 53208
Main: (414) 933-2332

WILSON PARK SENIOR CENTER

Manager: *Juliana Kelly*
2601 W Howard Ave
Milwaukee, WI 53221
Main: (414) 282-5566

Highlighted Events

CLINTON & BERNICE ROSE SENIOR CENTER

"Putting Scammers Out of Business One Educated Consumer at a Time"

Presented by the Wisconsin Department of Agriculture, Trade, and Consumer Protection

Tuesday, April 8, 12:00 - 1:00

Consumers lose more than \$9 billion a year to fraud. One key defense to stopping scammers is simple consumer education. Using a mixture of stories and protection techniques, Ben Merens from the the Wisconsin Bureau of Consumer Protection, will discuss the details of common scams, the warning signs of a scam, and what to do if you or someone you know falls victim to a scam or fraud.

KELLY SENIOR CENTER

Growing Minds: Self Awareness & Self-Regulation **Tuesdays, April 15, 22 & 29, 8:30**

Instructor Anna Adl from the Cudahy School District will demonstrate simple ways to incorporate mindfulness and self-awareness into your everyday life.

SAVE THE DATE!

Take Me Out to the Ballgame -

Suggested Contribution: \$85

Wednesday, May 7, 9:30 - 3:30

We will take a coach bus to ABC Supply Stadium to watch the Beloit Sky Carp play the Peoria Chiefs. **Registration required.**



MCGOVERN PARK SENIOR CENTER

Smoothie Class

Presented by Humana

Wednesday, April 16, 12:30

Attendees will learn the nutritional benefits of smoothies and how to make them. Each participant will sample and receive a booklet full of easy to make, healthy recipes to make at home after the class. **Registration is required.**

Good Friday Gathering - New Creation Church

Presented by Pastor Jeffery Harmon

Thursday, April 17, 12:00

You are invited to come hear Pastor Harmon speak inspirational words for this Easter season.

Fire Safety Awareness

Presented by the Department of Neighborhood Services

Wednesday, April 23, 12:30

In this presentation, you will learn all the safety precautions to take in case of a fire in your home. Fire safety resources will be available for each person that attends.

WASHINGTON PARK SENIOR CENTER

The Milton House Underground Railroad Trip -

Suggested Contribution \$35

Thursday, April 3, 8:30 - 2:30

(Suggested contribution includes transportation and admission.) Lunch is on your own, at the Milton Family Restaurant.

Spring Fling Dance - Suggested Contribution: \$3

Thursday, April 24, 12:30 - 3:00

Dancing, music, and refreshments! Enjoy demonstrations from the Detroit Style Ballroom Dance program. Dress to impress!

WILSON PARK SENIOR CENTER

Qigong

Wednesday, April 9, 10:15

Qi means "life force," the energy that powers our body and spirit. Gong means work or gather. Together, qigong is a form of movement.

Racine Art Museum

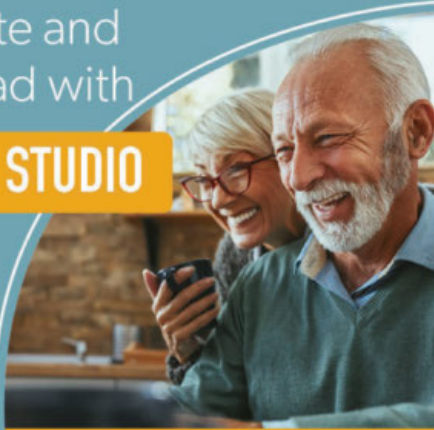
Wednesday, April 23, 10:00 - 4:00

The fourteenth edition of this popular, non-traditional exhibition showcases 142 pieces made from or inspired by PEEPS® candy created by 200 artists from around the country.

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OCTOBER EDITION

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Tech Connect for Older Adults

A Program of Serving Older Adults



Intro to Estate Planning Resources & Tools

A simple plan is better than no plan! Get to know a few free and low-cost resources that make it simple to plan your estate.

McGovern Park Senior Center - Tuesday, April 8, 12:30-2:00

Wilson Park Senior Center - Tuesday, April 15, 1:30-3:00

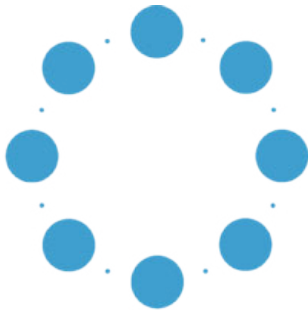
Clinton Rose Senior Center - Wednesday, April 16, 12:30-2:00

Washington Park Senior Center - Wednesday, April 16, 1:00-2:30

Kelly Senior Center - Tuesday, April 29, 10:00-11:30

Registration is required for Tech Connect classes and BYOD sessions.

Please call or stop by your center for easy sign up!



Tech Tuesdays with Tech Connect

Join our Tech Trainer for weekly lectures on technology topics that are relevant to you!

Wilson Park Senior Center, 1:30-3:00 pm

Tuesday, April 8
Google Maps

Tuesday, April 15
Intro to Estate Planning Resources & Tools

Tuesday, April 22
Online Shopping

Tuesday, April 29
Is That AI?

Computer Essentials Course

Learn to use a computer for email, web research, and more so you can stay connected online! Participants who complete the course will receive a refurbished laptop through a partnership with United Way.

Suggested contribution: \$5/class session (\$50 total)

**Washington Park Senior Center -
January & June 2025**

**Wilson Park Senior Center -
February & July 2025**

**Clinton & Bernice Rose Senior Center -
March & August**

**Kelly Senior Center -
April & September**

**McGovern Park Senior Center -
May & October**

Must attend a minimum of 8 of the 10 sessions.

Stop by the reception desk/call the center where you wish to attend the class to be added to the waitlist.

Registration is limited to 10 participants to allow for individualized support.

Visit us online at

Clinton & Bernice Rose Senior Center

Nutrition Education

Presented by Hunger Task Force-Carmen Baldwin, NDTR

Tuesday, April 1, 12:00 - 1:00

You have the power to make the best nutritional decisions for your body! Join Hunger Task Force and learn how to read and understand the nutrition labels on your food. Plus, enjoy delicious and nutritious snacks – sign up today.

ADS Resource Table

Thursday, April 3, 10:00 - 12:00

Meet with outreach social worker Andrew Bethke for up-to-date information about a wide array of resources and community-based services available for seniors.

Blood Pressure Screening

Presented by Aurora HealthCare

Thursday, April 3, 10:00 - 12:00

Come have your blood pressure and blood sugar checked by the healthcare team of Aurora.

Stockbox Distribution/Concession Sale

Presented by The Hunger Task Force

Thursday, April 3, 11:00- 12:00

Join us for the Stockbox distribution by Hunger Task Force. Delicious concessions are available for purchase by the concession gals. While onsite, support local vendors which include Aurora, Dr. Mirian Organ's Women's Spa, The Out and About Travel Committee, and much more. Together, we can make a positive impact in our community. We hope to see you there!

Movie Watchers Club

Led by Yvonne Thomas and Eras Senior Network

Friday, April 4, 9:00 - 11:00

Enjoy a fun-filled movie with Q&A with Yvonne Thomas and Freda from Eras Senior network. Light refreshments available.

Level Up-Zumba & Yoga (Alternate)

Sponsored by The Milwaukee Turners

Mondays, April 7-21, 12:00 - 1:00

(Due to clean-up week, there will be no yoga on the 4th Monday of April.) Do you love to exercise while having fun? Come down and join yoga or Zumba. If you attend more than 5 sessions, you will receive a free Milwaukee Turners shirt, while supplies last.

Tax Preparation

Hosted by AARP

Mondays, April 7 & 14, 9:00 - 3:00

It's that time of year again! Time to do your taxes. Please call Clinton Rose at 414-263-2255 Ext 1 or stop by 3045 N MLK Drive to schedule an appointment for your annual taxes. **Appointments only.**

"Putting Scammers Out of Business One Educated Consumer at a Time"

Presented by the Wisconsin Department of Agriculture, Trade, and Consumer Protection

Tuesday, April 8, 12:00 - 1:00

Consumers lose more than \$9 billion a year to fraud. One key defense to stopping scammers is simple consumer education. Using a mixture of stories and protection techniques, Ben Merens from the the Wisconsin Bureau of Consumer Protection, will discuss the details of common scams, the warning signs of a scam, and what to do if you or someone you know falls victim to a scam or fraud.

Pickling With Katie Brown - Suggested Contribution: \$5

Wednesday, April 9, 12:00 - 1:00

Want to learn the art behind pickling? Well, look no further! Learn how to make tasty pickles by infusing your favorite herbs, garlic, onions, peppercorns, etc. This activity is first come, first served. You will receive your own jar of pickling items to take home. **Registration required.**

Movin' & Groovin'

Presented by Theresa Herron

Wednesdays, April 9-23, 12:00 - 1:00

Get ready to learn trendy line dances while grooving to the beat. This class is open to all genders and experience levels.

Healthy, Wealthy & Wise: Your Guide to Wellness Workshop

Facilitated by Rashadeem Gray

Thursday, April 10 & 24, 12:00 - 1:00

Work with an experienced educator whose engaging workshops empower participants to make informed decisions and promote a healthy lifestyle.

8 Ball Team Tournament

Led by Eric Pampuch

Friday, April 11, 12:30 - 4:30

Calling all Billiard lovers! Get ready for a friendly competition in a fun game of 8 ball. The buy-in cost is \$5, and the winning team will split the earnings. **Deadline to sign up is April 4.**

Easter Brunch - Suggested Contribution \$15

Wednesday, April 16, 10:00 - 11:00

Enjoy a delicious brunch with tasty food and music. All proceeds go to support the center.

Easter Egg Scavenger Hunt

Thursday, April 17, 9:30 - 10:00

Get ready for an eggcellent time hunting for easter eggs filled with delicious surprises. Search around the center, and if you find the golden egg, come to the office for a special prize.

Clinton & Bernice Rose Senior Center

Cooking Demonstration w/Chef Marvin - "The Unsalted Chef"

Presented by HEAL (Healthy Eating Active Living)

Thursday, April 17, 10:00 - 11:00

Learn how to prepare delicious low-sodium meals while enjoying a recipe menu and food sample.

Deborah Easter Bingo & Potluck

Hosted by Deborah Lewis

Monday, April 21, 12:00 - 1:00

Spring is in full swing, enjoy delicious treats and the fun game of bingo. **Registration is required by April 11.**

Earth Day - Big Outdoor Clean

Hosted by Eras Senior Network

Tuesday, April 22, 8:30 - 11:00

It's time for spring cleaning! Roll up your sleeves and get ready to clean up the exterior of the building.

Advisory Committee Meeting

Tuesday, April 22, 10:30 - 11:00

Learn about what's going on at Clinton Rose Senior Center. If you would like access via Zoom, please contact 414-263-2255 for details.

P2P - Passion to Praise

Tuesday, April 22, 12:15 - 1:00

Have the desire to learn praise dance? Join P2P and embark on an amazing spiritual journey.

Memories in the Making

Sponsored by The Alzheimer's Association

Thursday, April 24, 10:00 - 12:00

This is a unique art program that allows individuals with Alzheimer's disease and related dementias to express themselves through art and storytelling. Supplies are included. **Registration required.**

Open Sewing -

Suggested Contribution: \$10 (4 weeks)

Mondays, Tuesdays, Wednesdays & Fridays 8:30 - 4:30

(Mon & Fri room will be closed from 12:30-1:30 due to sewing classes.) If you love to sew and enjoy the company of other sewing enthusiasts, then come to our open sewing room. A sewing room orientation is required prior to usage of the room.

Walk Easier

Led by Charlotte Lewis

Mondays, Wednesdays & Fridays, 12:00 - 1:00

Take an easy stroll while listening to R&B music. Walking will improve your overall health, lower your blood pressure, and lower your blood sugar.

Bingo

Sponsored by Eras Senior Network

Every 2nd & 4th Wednesday, 9:00 - 10:00

Let's get ready to play BINGO!! Eras will be hosting Bingo and providing amazing prizes. You don't want to miss the excitement. They will also be sharing resources and answering questions.

| | | |
|---|--|---|
| <p>Monday 8:30-12:30 Open Sewing* 1:30- 4:30 Open Sewing 12:30-1:30 Beginning Sewing* 9:30-10:30 Morning Blend 10:00-11:00 Senior Striders 12:00-1:00 Walk Easier 12:00-1:00 Birthday Committee Meeting (1st Mon.)</p> | <p>Tuesday 8:30-4:30 Opening Sewing* 9:00-10:30 Roselettes Dance Group Practice 9:30-10:30 Wisdom Studies 12:15-1:00 P2P - Passion to Praise (4th Tue.)</p> | <p>Wednesday 8:30-4:30 Opening Sewing* 9:00-10:00 Bingo (2nd & 4th Wed.) 10:00-11:00 Senior Striders 12:00-1:00 Walk Easier 12:15-1:15 Women of the Rose Meeting (3rd Wed.) 12:30-1:30 Movin' & Groovin'</p> |
| <p>Thursday 8:30-12:30 Open Sewing * 9:00-10:30 Roselettes Dance Group Practice 12:00-1:00 Walk Aerobics 12:15- 2:15 Out and About Travel Committee Meeting (3rd Thur.) 12:30-4:30- Miss Daisy Sewing Group* 1:00-4:00 Bid Whist</p> <p>*Has a suggested contribution</p> | <p>Friday 8:30-12:30 Open Sewing* 1:30-4:30 Open Sewing 12:30-1:30 Beginning Sewing* 9:00-11:00 Movie Watchers Club Every (1st Fri.) 9:00-11:00 Open Art Therapy Workshops 12:00-1:00 Walk Easier</p> | <p>Daily 8:30-3:30 Fitness Center 8:30-4:30 Speak Your Mind 8:30-3:30 Billiards Area (includes pool games, cards, chess, checkers & dominoes) 8:30-3:30 Library Area 8:30-3:30 Computer Lab 10:00-2:00 Miss Deborah's Gift Shop</p> |

Kelly Senior Center

Memories in the Making

Presented by the Alzheimer's Association

Tuesday, April 1, 12:00 - 2:00

Painting provides a chance to socialize and reminisce. As stories are shared, the facilitator documents these memories.

Bingo "April Fools"

Sponsored by ePlatinum Health

Tuesday, April 1, 1:00

Join us for a special April Fools Bingo. **Registration recommended.**

Foodshare Information Table

Tuesday, April 2, 11:00 - 1:00

An expert from Feeding America will be available to answer your questions about FoodShare, and even to help you sign up for it.

Family Feud

Presented by Talem Home Care

Tuesday, April 2, 2:00

Ever wanted to be a participant on a Game Show? Come and enjoy a game of Family Feud. **Registration recommended.**

CLEANING WEEK - Closed

April 7-11

Kelly Center is closed for cleaning week

Medicare Resource Table

Monday, April 14, 9-10:00

Come and ask any questions you may have about Medicare benefits and Services.

Growing Minds: Self Awareness & Self-Regulation

Tuesdays, April 15, 22, 29, 8:30

Instructor Anna Adl from the Cudahy School District will demonstrate simple ways to incorporate mindfulness and self-awareness into your everyday life.

Card Making

Tuesday, April 15, 11:00

Have fun socializing and reminiscing while you make beautiful greeting cards for all occasions.

Bingo

Sponsored by the Waters

Tuesday, April 15, 1:00

Join us for an afternoon of Bingo. **Registration recommended.**

Epilepsy: What You Need to Know

Presented by Epilepsy Families of SEWI

Thursday, April 16, 12:30

Learn about epilepsy, a condition that affects almost 3 million US adults. Topics include: first aid for seizures and how to help someone having a seizure. Learn the important Dos and Don'ts.

Volunteer Meetup

Wednesday, April 16, 1:30

Meet with staff and other volunteers to collaborate and check-in.

Toenail Trimmers, LLC

Thursday, April 17, by appointment

Toenail trimming services will be available. Call for appointment.

Women's Club

Thursday, April 17, 1:30

Juliet Hills will talk about what it was like to grow up in a different company and what it means to be an American.

Acoustic Music Meetup

Tuesday, April 22, 10:30

Bring your instrument and enjoy playing with a fun group of musicians. All skill levels welcome!

Nutrition Class and Cooking Demo: Plant-Based Proteins

Presented by Hunger Task Force

Tuesday, April 22, 1:00

Learn about eating healthy and see a cooking demonstration with samples! **Registration required.**

Heart Health Program Kick-Off

Presented by Milwaukee County Health & Wellness Programs

Tuesday, April 22, 2:00

Learn about a new program to help you achieve and maintain a healthy heart. **Registration recommended.**

Advisory Meeting

Wednesday, April 23, 1:00

Get the inside scoop on upcoming Kelly events and make your voice heard.

Memory Cafe: Springtime Colors

Wednesday, April 23, 2:30

Memory Cafes are safe spaces for adults experiencing memory loss and their loved ones to connect and socialize. This month, we will discuss spring colors and the meaning of colors. **Registration required.**

Kidney Dialysis

Presented by Eminence Gray

Thursday, April 24, 10:00

Discover how Medicare supports those who receive kidney dialysis. Let's navigate your recovery journey together.

Papercrafting

Thursday, April 24, 1:30 - 3:00

Welcome spring as we assemble a 3-D daisy shadowbox. All required supplies and instruction will be included at no charge. **Registration required.** Limited to fifteen participants.

Board Game Meetup

Friday, April 25, 1:00 - 2:00

Love board games but have trouble finding a group? Come play!

Garden Club

Tuesday, April 28, 1:00 - 2:00

Get in touch with Mother Earth and help to beautify the natural surroundings at Kelly Senior Center. New members are always welcome!

Morning Exercise

Mondays & Fridays, 8:45 - 10:00

Start the morning with a mix of balance, strength, and flexibility, followed by low-impact cardio. Monday exercises are mostly seated, while Friday we get on our feet.

Kelly Senior Center

Movement & Music: Parkinson Disease Exercise

Presented by Wisconsin Parkinson Association

Mondays, 11:30

Manage your Parkinson's symptoms while having fun! This class incorporates stretches, strength training, posture, balance, walking drills, and vocal exercises.

Quilting - Suggested Contribution: \$20 (January - April)

Various Dates

Learn new techniques and patterns to plan or complete your sewing projects. Volunteer leaders are available to help you on your own machines or train you on shared equipment. **Registration required.**

Morning Fitness

Tuesdays & Thursdays, 8:45 - 9:45

Start your day with video fitness and a great group of people.

Ceramics Studio - Suggested Contribution: \$20 (January - April)

Tuesdays & Thursdays, 9:00 - 12:00

Use ceramic molds, paints, and glazes to create artful objects for your home and garden. Contribution includes use of the kiln for finishing your ceramics pieces. **Registration required.**

Adaptive Chair Yoga

Tuesdays, 10:00 & Thursdays, 1:30

Our experienced yoga teacher guides students through poses using a chair for comfort and accessibility.

Take Off Pounds Sensibly (TOPS)

Wednesdays, 9:30 - 11:00

TOPS can help you reach your weight-loss goals by providing the tools, support, and accountability you need to be successful. Former, current, and new TOPS members are welcome. **Registration required.**

Open Art Studio

Wednesdays, 10:00 - 12:00

Join the fun and get assistance with painting and drawing from experienced artists. Open to all skill levels.

Billiards League

Wednesdays, 12:30 - 3:00

Join the billiards players for some fun around the pool table. Open to all skill levels.

Knit and Crochet

Thursdays, 9:00

Work on your projects with a great group! Get advice from pros.

Nature Walks

Thursdays, 9:00 - 10:00

Join your friends for a pleasant stroll through the park. Watch the wonders of nature at work.

Shuffleboard

Fridays, 12:30 - 3:00

Join the fun and learn a new game. Open to all skill levels.

Technology Help

Wednesday and Thursday, 1:00 - 4:30

Need help with a gadget? Volunteer Phil will be available to help.

Cardio Drumming -

Suggested Contribution: \$10/month or \$3/class

Thursdays, 12:30 - 1:00

Get fit and enjoy the rhythm! This exercise class incorporates drumming to make getting fit, fun!

ASAHI Exercise Program

Fridays, 10:00

ASAHI is an exercise method similar to Tai Chi developed to provide a safe practice almost anyone can do.

SAVE THE DATE!

Take Me Out to the Ballgame

Suggested Contribution: \$85

Wednesday, May 7, 9:30 - 3:30

We will take a coach bus to ABC Supply Stadium to watch the Beloit Sky Carp play the Peoria Chiefs.

Registration required.

| | | |
|---|--|---|
| <p>Monday 8:30 Tech Connect 8:45 Morning Exercise 10:00 Tai Chi 11:30 Parkinson's Exercise 12:30 Mahjong 1:00 Dartball 1:00 Dominoes 1:00 Quilting 1:00 Sheephead</p> | <p>Tuesday 8:45 Morning Fitness 8:30 Tech Connect 9:00 Ceramics 9:00 Quilting 10:00 Chair Yoga 1:00 Sheephead</p> | <p>Wednesday 9:30 TOPS 10:00 Open Art Studio 10:00 Sheephead 12:30 Canasta 12:30 Billiards League 1:00 Dominoes 1:00 Tech Help 1:00 Quilting 3:00 Tai Chi</p> |
| <p>Thursday 8:45 Morning Fitness 9:00 Ceramics 9:00 Knit & Crochet 9:30 Fitness Ctr. Orientation 10:00 Sheephead 12:30 Cardio Drumming 1:00 Quilting 1:00 Tech Help 1:30 Chair Yoga</p> | <p>Friday 8:30 Wood Carving 8:45 Morning Exercise 9:30 Bridge 10:00 ASAHI 1:00 Shuffleboard</p> | <p>Daily 8:30-10:30 Social Club 8:30-4:30 Billiards 8:30-4:30 Computer Lab 8:30-4:30 Fitness Center 8:30-4:30 Library 8:30-4:30 Tabletop Games 11:00-11:30 Lunch</p> |

McGovern Park Senior Center

Healthy Eating Active Living

Presented by Chef Marvin

Thursday, April 3, 12:00

Chef Marvin will demonstrate how to prepare a healthy dish using items from the Stockbox. Join us for a delicious sample of the chef's recipe.

AARP Tax Preparation

Mondays & Fridays

April 7, 11 & 14, 9:00 – 4:30

Get help with your taxes for free. Please call McGovern Park Senior Center to make an appointment: 414-527-0990.

Blood Pressure Screening

Presented by Milwaukee Career College

Monday, April 7 & 21, 10:00

High blood pressure threatens your health and quality of life. In most cases, damage from high blood pressure (also known as hypertension) happens over time. It is important to have your levels checked on a regular basis.

Stepping Class – Suggested Contribution: \$20

Presented by Keith

Monday April 7, 14, 21, 28, 1:30

If you would like to learn how to step, here is your opportunity to join this class. Have fun while learning the steps to this dance.

Nutrition Class

Presented by Hunger Task Force

Tuesday, April 15, 10:00

In this class, you will learn the nutritional components of food and their impact on the body.

Smoothie Class

Presented by Humana

Wednesday, April 16, 12:30

Attendees will learn the nutritional benefits of smoothies and how to make them. Each participant will sample and receive a booklet full of easy to make, healthy recipes to make at home after the class. **Registration is required.**

Good Friday Gathering - New Creation Church

Presented by Pastor Jeffery Harmon

Thursday April 17, 12:00

You are invited to come hear Pastor Harmon speak inspirational words for this Easter Season.

Fire Safety Awareness

Presented by Department of Neighborhood Services

Wednesday, April 23, 12:30

In this presentation, you will learn all the safety precautions to take in case of a fire in your home. Fire safety resources will be available for each person who attends.

Advisory Meeting

Thursday, April 17, 9:00

Learn what is happening with SOA and McGovern Park Senior Center. This is a time to ask questions and voice your concerns.

Bingo

Sponsored by Eras Senior Network

Thursday, April 17, 12:30

Are you ready to play bingo? You will have a chance to win exciting prizes and household items.

Book Club

Thursday, April 17, 12:30

Book Title: Tears of the Giraffe

Author: Alexander McCall Smith

You may purchase this book or check your local library.

Coffee Bar

Monday - Friday, 8:30 - 11:30

We have just what you need: coffee and friends. That makes the perfect blend.

Billiards

Monday - Friday, 8:30 - 4:30

Join your peers in a friendly game of pool.

Table Tennis

Monday - Friday

8:30 – 4:30

Table tennis is a way of getting good exercise. It can help increase hand-eye coordination.

TOPS - Taking Off Pounds Sensibly

Mondays, 9:00 – 10:00

Taking Off Pounds Sensibly can help you effectively shed those unwanted pounds. Best of all, you will learn health options from supportive TOPS members.

Dance for Fun and Fitness

Monday and Wednesday 10:00 – 11:00 and 11:30 -12:30, Fridays, 10:00 – 11:00

Shake up your fitness routine with line dancing. This workout is something you are sure to enjoy.

Upper Body Exercise

Monday, Wednesday, and Friday

11:00 – 11:30

This is an upper body seated workout using hand weights.

Lapidary - Suggested Contribution: \$20

Tuesdays, 8:30 – 4:30

Lapidary is the cutting and polishing of stone or rocks to bring out its inner beauty.

McGovern Park Senior Center

**Metalsmithing – Suggested Contribution: \$20
Tuesdays, 11:00 – 4:30**

Metalsmithing uses wire and sheets of metal to create jewelry.

**Open Crafts and Quilting
Wednesdays, 8:30 – 4:30**

This is a group of crafters who love quilting, sewing, knitting, and sharing their individual expertise with one another.

**Bible Study
1st, 2nd, and 4th Friday of the month
10:00 – 11:30**

If you are interested in spiritual growth, you will enjoy this study group.

**Bid Whist
Fridays, 1:00**

Hang out with your peers in a friendly game of cards.



The new blood pressure hub available at McGovern and Clinton Rose thanks to the American Heart Association. Coming soon to other centers!

Celebrating Black History Month

| | | |
|--|---|---|
| <p>Monday 9:00 TOPS 9:00 Walking Group 10:00 Billiards for Beginners 10:00 Dance for Fun & Fitness 11:00 Upper Body Exercise 1:00–4:30 Bring Your Own Device (BOYD) Day</p> | <p>Tuesday 8:30–12:00 Fitness & Nutrition 8:30–12:00 Bring Your Own Device (BOYD) Day 8:30 Fitness Center Orientation 10:00 Exercise for Seniors 11:00 Metalsmithing</p> | <p>Wednesday 8:30 Quilting 8:30 Open Crafts 10:00 Billiards for Beginners 10:00 Dance for Fun & Fitness</p> |
| <p>Thursday 9:00 Advisory Meeting (every 3rd Thursday) 10:00 Exercise for Seniors 12:30 Bingo (every 3rd Thur.)</p> | <p>Friday 9:00 Walking Group 10:00 Dance for Fun & Fitness 10:00 Bible Study (1st, 2nd & 4th Fri.) 11:00 Upper Body Exercise 1:00 Spades 1:00 Bid Whist</p> | <p>Daily 8:30 Billiards 8:30 Fitness Center 8:30 Coffee Bar 8:30 Computer Lab 8:30 Puzzle Table 9:00–1:00 Re-Gift Shop 11:00–12:00 Lunch</p> |

Washington Park Senior Center

ADS Resource Table

Tuesday, April 1, 9:30 - 10:30

Meet with outreach social workers for up-to-date information about resources and community-based services available for seniors.

Harold Kane Pool Tournament Practice

Coordinated by James Kimble

Wednesday, April 2, 12:00 - 3:00

The tournament starts on April 2.

Joy Comes in the Morning

Presented by Gloria Webster

Wednesday, April 2, 16, 30 9:30 - 10:30

This is a safe space to talk about loss, depression, and guidance.

AARP Tax Prep

Thursday, April 3 & 10, 9:00 - 3:00

Come get your taxes done through AARP services. Must call to set an appointment! The number is 414-215-0781.

The Milton House Underground Railroad Trip -

Suggested Contribution: \$35

Thursday, April 3, 8:30 - 2:30

(Suggested contribution includes transportation and admission.) Lunch is on your own, at the Milton Family Restaurant.

Advisory Meeting

Tuesday, April 8, 10:00 - 11:00

Learn what's happening with SOA, Washington Park Senior Center, and Milwaukee County Aging Services.

Cooking Demo w/Chef Marvin

"The Unsalted Chef"

Thursday, April 10, 10:00 - 11:00

Learn how to make a simple, delicious, and low-sodium meal. Recipe and samples will be available.

Washington MPL Librarian

Thursday, April 10 & 24, 12:00 - 2:00

Ask any questions you may have about the library and its resources. We've started a Book Club. Come ready to discuss the book of the month. Light refreshments served.

Nutrition Class

Sponsored by The Hunger Task Force Community

Nutrition Educator Carmen Baldwin, NDTR

Thursday, April 17, 10:00 - 11:00

Join the Hunger Task Force and learn about making healthier choices for your health.

Health Equity Lunch & Learn Workshop

Sponsored by The Center for Leadership

Thursday, April 17, 12:00 - 1:30

Learn about your health and enjoy a nutritious lunch at the same time.

Spring Fling Dance - Suggested Contribution: \$3

Thursday, April 24, 12:30 - 3:00

Dancing, music, and refreshments! Enjoy demonstrations from the Detroit Style Ballroom Dance program. Dress to impress!

Yoga - Suggested Contribution: \$6/class

(Pay by the month)

Mondays, 9:00 - 10:00

Yoga improves flexibility, balance, strength, and posture.

Billiards

Mondays, 9:00 - 10:00 (lessons)

Tuesday - Friday, 9:00 - 3:00 (open play)

Learn to play pool with an instructor or work on your skills individually.

Open Sew

Mondays, 9:00 - 11:00

Learn basic sewing skills and how to mend clothes.

Knitting & Crochet

Mondays, 9:00 - 11:00

Learn how to knit or crochet. Please bring your own basic supplies (we do have some to share).

Chair Arthritis Exercises

Mondays, 10:00 - 11:00

Reduce joint pain and improve overall flexibility while sitting and exercising at your own pace.

Game Day

Monday - Friday, 12:30 - 4:00

Play a variety of card and board games with friends. New games will include Spades and Bid Whist.

Hand Weights

Mondays, Wednesdays & Fridays

10:30 - 11:30

Get a full-body workout. All skill levels are welcome.

Woodshop

Suggested Contribution: \$25/month

Monday - Friday, 9:00 - 3:00

New participants must attend an orientation prior to registration. Sign up for an orientation in the office.

Table Tennis (Ping Pong)

Monday - Friday, 1:00 - 4:00

Ping pong is a fun way to get daily exercise and increase hand-eye coordination.

Open Art Therapy Workshops

Provided by Bloom Art & Integrated Therapies

Tuesdays, 9:30 - 11:30

A free open art studio. There will be an art show at the end of the program to showcase the artwork.

Silver Steppers Line Dancing

Tuesdays & Thursdays, 10:00 - 11:00

Get moving with this upbeat line dance class.

Guitar/Stringed Instruments

Tuesdays, 10:00 - 11:00

Open jam session. All stringed instruments and singers are welcome and encouraged to come!

Cardio Drumming -

Suggested Contribution: \$10/month or \$3/class

Wednesdays, 9:30 - 10:00

Get an upper-body cardiovascular workout while listening to your favorite music.

Gospel Choir

Tuesdays, 10:00 - 11:00

Join the gospel choir and sing songs of praise and worship.

Scrapbooking

Tuesdays, 10:30 - 1:30

Get creative by designing one-of-a-kind pages.

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Washington Park Senior Center

Chess

Tuesdays, 10:00 - 1:00

Join the Washington Park Chess Players for a friendly game of chess. All levels are welcome.

**Quilting - Suggested Contribution: \$20
(April - June) Wednesdays, 9:00 - 12:30**

Bring your creativity! Quilting support is provided by our knowledgeable leader.

**Matinee at Washington
Wednesdays, 12:30**

Each week will feature a different movie genre.

Card Making Class

Thursdays, 9:30 - 11:30

Now is your chance to get creative and make your own one-of-a-kind card. Supplies provided.

Bible Study

Thursdays, 10:30 - 11:30

Enjoy a short lesson and some good conversation along with handouts you can take home.

Detroit Style Ballroom Dance

**Suggested Contribution: \$4/class
(Pay by the month)**

Thursdays, 12:30 - 1:45

This instructor-led class will start with basic techniques and then advance from there.

Having Fun w/Art

Thursdays, 12:30 - 1:30

Do you love to sketch, doodle, or color? Supplies will be provided. All levels are invited to join.

**Stained Glass - Suggested Contribution: \$25
(April - June)**

Fridays, 9:00 - 11:00

Create beautiful projects with guided instruction from a highly experienced and creative instructor.

Piano

**Suggested Contribution: \$11/week
(Pay by the month)**

Schedule Date as Needed

Learn to play the piano with individual instruction. Come to the office to reserve a spot. All skill levels are welcome.

Tennis (Indoors & Modified on Shuffleboard Courts)

Fridays, 9:00 - 10:30

Join a game or more of tennis. Our first rule is "No running!" We have fun playing doubles where 7 points is a GAME! We provide the racquets.

Bingo

Fridays, 12:30 - 1:45 (dining hall)

Play bingo and win prizes!



| | | |
|---|--|---|
| <p>Monday 9:00-10:00 Yoga * 9:00-10:00 Billiards (lessons) 9:00-11:00 Knitting & Crochet 9:00-11:00 Open Sew 10:00-11:00 Chair Arthritis Exercise 10:30-11:30 Hand Weights</p> | <p>Tuesday 9:30-11:30 Art Therapy 10:00-1:00 Chess 10:00-11:00 Gospel Choir 10:00-11:00 Stringed Instruments/ Vocals 10:00-11:00 Silver Steppers 10:30-1:30 Scrapbooking 12:00-2:00 Game Day 1:30-2:30 Bid Whist</p> | <p>Wednesday 9:00-12:30 Quilting * 9:30-10:00 Cardio Drumming * 10:30-11:30 Hand Weights 12:30 Movie Matinee 12:30-2:00 Phase 10</p> |
| <p>Thursday 9:30-11:00 Card Making 10:00-11:00 Silver Steppers 10:30-11:30 Bible Study 12:30-1:30 Having Fun w/Art 12:30-1:00 Sankofa Drum Circle (Last Thursday of the Month) 12:30-1:45 Ballroom Dancing *</p> <p>* Has a suggested contribution and/or pre-registration required</p> | <p>Friday 9:00-11:00 Stained Glass * 9:00-3:00 Piano * 9:00-10:30 Tennis 10:30-11:30 Hand Weights 12:30-1:45 Bingo</p> | <p>Daily Fitness Center Library Computer Lab Chit-Chat Club (lobby) Wii Bowling 9:00-1:00 Gift Shop 9:00-3:00 Billiards 9:00-3:00 Woodshop * 1:00-4:00 Table Tennis</p> |



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Wilson Park Senior Center

Bingo

Tuesday, April 8, 1:00

Come join the fun! Have a chance to win exciting prizes.

Qigong

Wednesday, April 9, 10:15

Qi means "life force," the energy that powers our body and spirit. Gong means work or gather. Together, qigong is a form of movement.

Paper Piercing

Friday, April 11, 9:00 - 11:00

Learn new techniques for your projects. There are three classes that offer unique experiences.

Big Band Dance

Monday, April 14, 1:30

Show off your best dance moves at this classic big band show.

ADS Resource Table

Tuesday, April 15, 10:00 - 11:00

Meet with outreach social worker Andrew Bethke for up-to-date information about resources and community-based services available for seniors.

Coin & Stamp Collectors Group

Tuesday, April 15, 11:00 - 12:00

Share some of your treasured collections with other enthusiasts.

Wilson Senior Center Advisory Meeting

Wednesday, April 16, 10:00 - 10:30

Hear updates, stay informed, and ask questions. You may attend in person or virtually.

Racine Art Museum

Wednesday, April 23, 10:00 - 4:00

The fourteenth edition of this popular, non-traditional exhibition showcases 142 pieces made from or inspired by PEEPS® candy created by 200 artists from around the country.

Book Club

Wednesday, April 30, 10:15

Book: "This Tender Land" Author: William Kent Krueger. A copy is available at the Zablocki Library the first week of each month.

Quilting Classes -

Suggested Contribution: \$25/class (10 Weeks)

Mondays, 9:00 - 11:00; Tuesdays, 1:00 - 3:00;

Thursdays, 9:30 - 11:30; Fridays, 9:00 - 11:30

Sharpen your skills with instructor-led techniques. There are four classes that offer unique experiences.

Open Sew Classes -

Suggested Contribution: \$20/class (10 weeks)

Mondays, 11:00 - 2:00; Tuesdays, 9:00 - 12:00;

Wednesdays, 12:00 - 3:00

Learn new techniques for your projects. There are three classes that offer unique experiences.

Ceramics Studio

Mondays, Wednesdays & Fridays, 8:45 - 4:00

Join us in using your creativity to hand-mold pieces of clay into works of art. Suggested contribution includes use of the kiln.

Hot/Fused Glass - Suggested Contribution: \$25

Mondays & Wednesdays, 9:00 - 4:00

Create beautiful works of art utilizing various glass fusion techniques.

Wood Shop - Suggested Contribution: \$25/month

Monday - Friday, 9:00 - 3:00

(Subject to change if hosts are unavailable)

Build your own creations with the wide selection of equipment housed in the shop.

Morning Exercise

Mondays, Wednesdays & Fridays, 9:15 - 10:00

Enjoy low-impact exercise that will improve your range of motion and overall health.

Low-Impact Aerobics

Mondays & Thursdays, 1:00 - 2:00

Enjoy low-impact exercise that puts less stress on the joints

Paper-crafting - Suggested Contribution: \$15

Tuesdays, 9:00 - 11:00

Join this group and stamp on to create one-of-a-kind projects.

Guided Art Studio

Tuesdays & Thursdays, 9:00 - 3:15

Work on your own creative projects with support as needed from other artists.

Stained Glass - Suggested Contribution: \$25

Tuesdays & Thursdays, 9:00 - 4:00

Create projects using patterns or your own designs.

Quilting

Tuesdays, 9:00 - 11:00

Work at your own pace while enjoying the company of other quilters.

Beginning Crochet - Suggested Contribution: \$10

Thursdays, 10:00 - 11:30

Try your hand at crocheting. Beginning stitches will help you learn the basics. Materials are included.

Reflexology

Every other Tuesday, 10:00 - 1:00

Enjoy a thousand-year-old foot massage while relaxing in the quiet of our wellness room.

Beginning German - Suggested Contribution: \$10

Tuesdays, 1:00

Learn the basics of the German language and culture.

Cornhole League

Tuesdays, 1:00 - 2:00

Play indoors with the Cornhole League and show off your bean bag tossing skills.

Woodcarvers & Burners

Wednesdays, 8:30 - 11:30

Create your next masterpiece using tools and materials in our woodshop.

Ceramics Studio - Suggested Contribution: \$25

Wednesdays, 8:45

Find your inner creative self while developing social connections.

Wilson Park Senior Center

Bible Study

Wednesdays, 10:15 - 11:15

Come join us as we dig deeper into the word and learn more about scripture.

Railroad Club

Wednesdays & Thursdays, 1:00

Are you a railroad enthusiast? Join our Railroad Club and enjoy the beautiful model train room.

Tap Dance - Suggested Contribution: \$40

Thursdays, Advanced, 9:00; Intermediate, 9:45; Beginners, 10:30

Tap your way to fitness and fun! Three sessions of continuing tap instruction are available.

Advanced German - Suggested Contribution: \$10

Thursdays, 9:15

Build upon your current German-speaking skills.

Dartball - Suggested Contribution: \$15

Thursdays, 1:00

Play dartball with other participants. Beginners welcome.

Recorder Ensemble

Thursdays, 1:00

Now accepting new members of all experience levels. Come learn more about this whimsical instrument. There are loaner instruments available as you learn.

Weaving (Intermediate) -

Suggested Contribution: \$15

Thursday & Friday, 9:00 - 2:00

The weaving group is back at it again. Experienced weavers are encouraged to join as well.

Quilting - Suggested Contribution: \$20

Thursday, 9:30 - 11:30

A great opportunity to work at your own pace and make lovely quilts.

Guided Art Studio

Thursdays, 11:30

Work on your own creative projects with support as needed from other artists.

Guitar lesson

Thursdays, 12:00

Bring your own instrument jam with folks who love to play guitar.

Model Railroad

Thursdays, 1:00 - 3:30

Come and enjoy the hand-operated trains and visit with retired rail workers.

Ukulele

Thursdays, 1:30

Learn while having a great time with other beginners.

| | | |
|---|--|--|
| <p>Monday 8:45 Ceramic Studio * 9:00 Hot/Fused Glass * 9:00 Quilting * 9:00 Meditation 9:15 Morning Exercise 10:15 Scrabble 10:30 Intermediate Line Dancing * 10:30 Boost Your Brain & Memory 11:00 Open Sew * 12:00 Sheepshead 12:30 Cardio Drumming 1:00 Low-Impact Aerobics 1:00 N Scale Railroad 1:30 Big Band Dance (2nd Mon.)</p> | <p>Tuesday 9:00 Paper Crafting * 9:00 Stained Glass Studio * 9:00 Open Sew * 9:00 Chess 10:00 Garden Club (2nd/4th Tues.) 11:00 Coin & Stamp (3rd Tues.) 11:30 Guided Art Studio * 12:30 Sojourn Bear Group 1:00 Cornhole 1:00 Bingo (2nd Tues.) 1:00 Quilting</p> | <p>Wednesday 8:45 Ceramic Studio * 9:00 Wood Carving & Burning 9:00 Hot/Fused Glass * 9:15 Morning Exercise 10:00 Advisory Meeting (3rd Wed.) 10:00 Book Club (Last Wed.) 10:30 Knit & Crochet Club 10:15 Bible Study 10:15 Scrabble 10:30 Hot/Fused Glass * 12:00 Open Sew * 12:00 Sheepshead 12:30 Sojourn Bear Group 1:00 Model Railroad 1:00 Fused Glass *</p> |
| <p>Thursday 9:00 Weaving * 9:00 Adv. Beg. Tap Dance * 9:00 Plastic Canvas 9:00 Stained Glass * 9:30 Quilting 9:45 Int./Adv./ Tap Dance * 10:00 Beg. Crochet * 10:30 Beg. Tap Dance * 11:30 Guided Art Studio 12:00 Guitar Lessons 1:00 Low-Impact Aerobics 1:00 Model Railroad 1:00 Dart Ball 1:00 Recorder Ensemble 1:30 Ukulele</p> | <p>Friday 8:45 Ceramic Studio * 9:00 Weaving * 9:00 Mahjong 9:00 Open Glass Studio * 9:00 Paper Piercing (2nd Fri.) 9:30 Guitar Jam Session 9:15 Morning Exercise 10:15 Scrabble 12:30 Bridge 1:00 Movie & Popcorn</p> | <p>Daily 8:30 Fitness Center, Billiards, Library, Computer Lab, Walking Group 9:00-3:00 Wood Shop * 10:00-2:00 Gift Shop 11:00-12:00 Lunch</p> <p>* Has a suggested contribution/ pre-registration required (Classes have a start and end time)</p> |

Wish List for Serving Older Adults of Southeast Wisconsin (SOA)

\$25 and Under

All-purpose cleaner (C) (K) (Wi)
 Aprons (M)
 Artificial cleaner (K)
 Batteries AA, AAA, 9V, C (C) (K) (W)
 Bleach (K) (W)
 Cards (M)
 Cases of water (C) (K) (W) (Wi)
 Chairs with arm support (M)
 Cleaning cloths (K)
 Clorox wipes (C) (K) (W) (Wi)
 Coffee (C) (Wi)
 Coffee supplies – stirrers, sugar packets (M)
 Copy paper (C) (K) (W) (Wi)
 Creamer (M) (C) (K) (W)
 First aid supplies (C) (K) (W)
 Hand sanitizer (C) (K)

\$101 - \$500

Bulletin boards
 Commercial vacuum cleaner (C)
 Epson color printer with ink
 Karaoke machine (W)
 Push carts (Rubbermaid and stainless) (Wi) (C) (W)
 Weed Wacker(s) – battery operated (C)
 Whiteboards (C)
 Weed Wacker(s) – battery operated (C)

\$501 - \$1,000

Lawnmower
 Lobby furniture (C)
 Sewing machines (serviced annually) (C)

\$1,001 - \$10,000

Floor scrubber
 PA system (C)
 Smart TV (C)
 Tables and chairs (C)
 Theater curtains (C)

Senior Center Key:

C – Clinton & Bernice Rose
 K – Kelly
 M – McGovern Park
 W – Washington Park
 Wi – Wilson Park

For more information and additional wish list items, visit our website:

www.servingolderadults.org/wishlist



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Call the ADRC at (414) 289-6874 to learn more.



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SOA Travel Trips

Want to get away? SOA now offers extended travel trips!

UPCOMING TRIPS

Discover Canyon Country: October 3rd-10th, 2025

Spotlight on Washington D.C., October 9th-14th, 2025

Christmas Markets of Montreal & Quebec City: December 5th-11th, 2025

Explore Northern Italy: April 16th-24th, 2026

Tropical Costa Rica: February 16th-24th, 2026

All trips are open to the public; you do not need to be a member of the senior center to travel with us.

Contact us for more information or to sign up:

Phone: 414-704-3343

Email: travel@servingolderadults.org



Community Resources



Senior Dining

We are open for in-person dining at all five centers. There is a suggested \$3 donation for adults 60+ and \$8 cost for guests under 60. A reservation by 11:00 am the day prior is required for all diners.

| | |
|-----------------|--------------|
| Clinton Rose | 414-263-2255 |
| Kelly | 414-481-9611 |
| McGovern Park | 414-527-0990 |
| Washington Park | 414-933-2332 |
| Wilson Park | 414-282-3284 |

Advisory Committee Meetings

This is a great opportunity to get involved in your senior center. Help us plan, provide feedback on existing and new programs, hear updates, stay informed, and ask questions.

| | |
|-----------------|----------------------------|
| Clinton Rose | Tuesday, April 22, 10:30 |
| Kelly | Wednesday, April 23, 1:00 |
| McGovern Park | Thursday, April 17, 9:00 |
| Washington Park | Tuesday, April 8, 10:00 |
| Wilson Park | Wednesday, April 16, 10:00 |

Stockbox

A Stockbox is a box of healthy foods that Hunger Task Force provides to low-income seniors free of charge. Contact a senior center for more information.

| | |
|-----------------|--------------------------------|
| Clinton Rose | Thursday, April 3, 11:00-12:30 |
| Kelly | Thursday, April 17, 12:30-1:30 |
| McGovern Park | Thursday, April 24, 12:00-1:00 |
| Washington Park | Tuesday, April 1, 9:30-10:30 |
| Wilson Park | Tuesday, April 15, 10:00-11:00 |

Community Partners

Our community partners are a large part of how we are able to provide services to older adults. Whether it is through furthering education, giving donations, sponsoring events, or spreading awareness, our community partners have stepped up to support older adults in our community.



ACLU
 Active Healthy Living
 Aetna
 Aggies Bakery
 Allay Home and Hospice
 Alzheimer's Association
 America Republic Insurance Service
 American Red Cross
 Aurora St. Luke's Southshore
 Autumn Leaves
 Badger Hospice
 Bread Smith
 Capri Community
 CarePatrol
 Caring Senior Services
 CHI Living
 Cornerstone
 Cudahy Family Library
 Cudahy Fire Department
 Cudahy Place Senior Living
 Cudahy School District
 Cudahy Health Department
 Einstein Bagels
 Empire Beauty School
 Groundcorp
 Groundworks MKE
 Harbour Village
 Hear Wisconsin
 Historic 41 Business Association

Howard Village
 Humana
 Hunger Task Force
 Hayat Pharmacy
 iCare
 Impower
 Islamic Da'Wah & Muslim Community Center
 Love Thy Neighbor
 Martin Drive Neighborhood Assoc.
 MATC
 Milwaukee County Sherriff Department
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 Milwaukee Police Department
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Salvation Army
 Senior Helpers
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 Wildcats-Lincoln Middle School
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 Wisconsin Health Literacy
 Wisconsin Institute on Aging
 Wisconsin Parkinson Association
 YMCA Milwaukee

Thank you to our many partners!

We wish to thank all of our partners. Without your support we would not be able to provide vital programs and services to older adults in our community. This list represents all who donated from March 2024 - February 2025. We made every attempt to recognize all donors. If your name was missed, please contact us at Development@servingolderadults.org.

| | | | | |
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Our GEMs (Give Every Month) - You Help Us Shine!

Marsha & Paul Bukofzer
Pat Ehlert
Colleen Grundy

Mares Law Offices LLC
Barbara Toles
Roxann Tolliver

Prince Wilson
Cathy & Tom Wood

What Is a GEM?

A GEM is a member of a dedicated community who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

How Do I Become a GEM?

You can set up a recurring donation by visiting our website, servingolderadults.org/donate, and selecting "Donation - Recurring" under Donation Type. Your credit card will be charged on the same date every month as the original charge.

You can also send a check or set up a recurring bill payment on your bank account and have your bank send payment to:

Serving Older Adults, Attn: Development
4420 W Vliet St, Milwaukee, WI 53208

Your payment can be changed or stopped at any time by contacting development@servingolderadults.org.

Partners to \$249

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Thank you!

DONATION FORM

I/We wish to make a contribution to SOA in support of services for older adults in our community.

Please use my donation at:

- | | |
|---|--|
| <input type="checkbox"/> Where need is greatest | <input type="checkbox"/> McGovern Park Senior Center |
| <input type="checkbox"/> Clinton Rose Senior Center | <input type="checkbox"/> Washington Park Senior Center |
| <input type="checkbox"/> Kelly Senior Center | <input type="checkbox"/> Wilson Park Senior Center |

MY DONATION:

- | | |
|--|---|
| <input type="checkbox"/> \$25 - Supporter | <input type="checkbox"/> \$500 - Advocate |
| <input type="checkbox"/> \$50 - Associate | <input type="checkbox"/> \$1,000 - Connector |
| <input type="checkbox"/> \$100 - Friend | <input type="checkbox"/> \$5,000 - Benefactor |
| <input type="checkbox"/> \$250 - Companion | <input type="checkbox"/> \$10,000 - Champion |
| <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Become a *GEM: _____ |

*What is a GEM (Give Every Month)?

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Name(s) (how you would like to be acknowledged)

Street Address _____

City, State, Zip Code _____

Email Address _____

I/We wish to remain anonymous

Donation in honor of in memory of

Payment Method

One time donation Monthly

Cash _____ Check # _____
(Please Make Check Payable to SOA)

Credit Card Number: _____

Exp. Date _____ CVV# _____

Signature _____

Telephone: _____

Please charge my credit card for my one-time donation of
\$ _____

Please charge my card \$ _____

Per: Month Quarter _____ Number of Times

For a Total Donation of \$ _____



Let's age well together!

Our Partnership Program allows you to partner with SOA to help fulfill our vision of a community where every adult 50 and better will be connected to the resources they need and the opportunities that interest them throughout the entire aging process.

The Partnership Program gives you the opportunity to place your donation with the center you value, with a center that needs help, or where the need is the greatest. Please consider partnering with SOA by filling out this form and returning it to the front desk of your senior center, or mail to:

SOA Partnership Program
4420 W Vliet St
Milwaukee WI, 53208

See our Partnership pages for a complete list of partners.

Donors will be recognized each month on the Partnership pages of "The Connection" and in our annual report.

thank
you!

FOR OFFICE USE ONLY

Date Received: ____/____/____ Receipt# _____

Location: _____ Init: _____