

SERVING OLDER ADULTS OF SOUTHEAST WISCONSIN, INC.

June 2025



THE CONNECTION

Bring Your Own Device (BYOD) Day

Have questions about technology? Bring your device (phone, iPad, or laptop) and your questions and work with one of our tech trainers. Speak with center staff to schedule an appointment. **Registration is required for Tech Connect classes and BYOD sessions.**

Clinton Rose
Wed. 8:30 - 4:30

Kelly
Mon. 8:30 - 4:30
Tue. 8:30 - 4:30

McGovern
Mon. 8:30 - 4:30
Tue. 8:30 - 4:30

Washington
Wed. 8:30 - 4:00

Wilson
Mon. 8:30 - 4:30
Tue. 8:30 - 4:30

Wellness Coordinator Schedule

The Wellness Coordinator is available at each center every week by appointment to help with proper exercise machine use and to answer any health-related questions. See below for your center's day and hours. Speak with center staff to schedule an appointment.

Clinton Rose
Fri. 9:30 - 11:30

Kelly
Thu. 9:30 - 11:30

McGovern
Tue. 9:30 - 11:30

Washington
Wed. 9:30 - 11:30

Wilson
Mon. 9:30 - 11:30

SOA CLOSURES

June 3 - Senior Centers close at 1:00 for mandatory all-staff training.
June 19 - Juneteenth

HOURS

Monday - Friday, 8:30 - 4:30
SOA General Line: 414-704-3343
www.servingolderadults.org

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Aging Well

TOGETHER

Serving Older Adults of Southeast Wisconsin positively impacts the health and well-being of older adults by providing quality health and wellness programming, continuous learning opportunities, community engagement, and a variety of socialization outlets.

SERVING OLDER ADULTS ADMINISTRATION

President/CEO *Cathy Wood*
Controller *Antresia Smith*
Director of Senior Centers *Shannon Downie*
Director of Development & Marketing *Lisa Krenke*
Director of Tech Connect *Susan Wetrich*
Human Resources Manager *Karen Weber*

SUGGESTED CONTRIBUTIONS FOR CLASSES

Some classes are listed with a suggested contribution amount. Your generous contribution helps ensure programs can continue as our funding only covers a portion of the costs. Please register at least two weeks before the start date in the center's office. Activities will be canceled if minimum registrations are not met. For accommodations, please let staff know at time of sign-up.

USE GOOD JUDGMENT

Participants assume the risk of taking part in activities. Serving Older Adults of Southeast Wisconsin, Inc. and Milwaukee County are held harmless from all claims resulting from taking part in any activity at the senior center.

GET INVOLVED TODAY!

1. Complete participation form.
2. Register for the Dining Program.
3. Sign-up for a Fitness Center Orientation.
4. Pick up your touch screen card and log-in daily.
5. Enjoy the centers!



ADMINISTRATIVE OFFICE

4420 W Vliet St
Milwaukee, WI 53208
Main: (414) 704-3343

CLINTON & BERNICE ROSE SENIOR CENTER

Manager: *Sheila Carter*
3045 N Dr. Martin Luther King Jr. Dr
Milwaukee, WI 53212
Main: (414) 263-2255

KELLY SENIOR CENTER

Manager: *Bob Best*
6100 S Lake Dr
Cudahy, WI 53110
Main: (414) 481-9611

MCGOVERN PARK SENIOR CENTER

Manager: *Vacant*
4500 W Custer Ave
Milwaukee, WI 53218
Main: (414) 527-0990

WASHINGTON PARK SENIOR CENTER

Manager: *Angela Wright*
4420 W Vliet St
Milwaukee, WI 53208
Main: (414) 933-2332

WILSON PARK SENIOR CENTER

Manager: *Juliana Kelly*
2601 W Howard Ave
Milwaukee, WI 53221
Main: (414) 282-5566

About Serving Older Adults

These senior centers are managed by Serving Older Adults of Southeast Wisconsin and funded through Milwaukee County DHHS Aging & Disabilities Services and other generous donors.

Highlighted Events

CLINTON & BERNICE ROSE SENIOR CENTER

Healthy Flavors, No Salt Needed: A Cooking Demonstration with Chef Marvin

Presented by Healthy Eating Active Living

Thursday, June 26, 10:00 am-1:00 pm

Join Chef Marvin, The Unsalted Chef, for a cooking demonstration that will show you how to add flavor to your dishes without relying on salt. Learn how to use herbs, spices, and other natural ingredients to create delicious and healthy meals that are perfect for the whole family.

KELLY SENIOR CENTER

Memories in the Making

Presented by the Alzheimer's Association

Tuesday, June 3, 12:00 - 1:00

Painting provides a chance to socialize and reminisce. As stories are shared, the facilitator documents these memories.

NO Bingo

Tuesday, June 3, 1:00

There will be NO bingo on Tuesday, June 3 due to all-staff training. All senior centers will close at 1:00.

MCGOVERN PARK SENIOR CENTER

Father's Day Gathering

Presented by Shirley Hassel

Monday, June 16, 1:00

We are asking all the men at McGovern to please join us for a special treat.

Golden Dew Drop

Presented by Marian Bright

Wednesday, June 18, 12:30

Come learn about Golden Dew products that specialize in relieving aches and pains.

WASHINGTON PARK SENIOR CENTER

Blues Music Month Celebration

Presented by The Wisconsin Blues Hall of Fame

June 12, 12:30 - 2:00

Come and see a **FREE** live band concert here in the Main Hall at Washington Park Senior Center! Enjoy music by Mighty Ms. Erica & the Sound Production featuring Gerome Durhaam.

Day Trip: Black Holocaust Museum -

Suggested Contribution: \$15

June 25, 10:00 - 2:00

Take a tour of the African American Museum. We will go to lunch (which will be purchased on your own) at Sam's Place. See Ms. Debbie for more information.

Washington Park Senior Center Annual Rummage Sale - Table Cost \$25

Saturday, June 28, 9:00 - 2:00

Time to sell your wares and pick up some great bargains at the same time. **See or call Ms. Debbie for details at 414.933.2332. Concessions will be available for purchase.**

WILSON PARK SENIOR CENTER

East Troy Railroad Museum Trip -

Suggested Contribution: \$15 (Transportation Only)

Friday, June 6, 9:30 Departure

You won't want to miss this educational and exciting trip!

Father's Day Cookout

Friday, June 13, 12:00 - 3:00

Calling all fathers! Come and celebrate a day for you! Enjoy grilling by our own Frank Filardi.



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Serving Older Adults of SE Wisconsin, Milwaukee, WI.

A 4C 01-2067

Tech Connect for Older Adults

A Program of Serving Older Adults

Wearables at a Glance

From fitness trackers to smart glasses, wearable technology is here to stay! Come to this lecture to learn about the health, wellness, and personal safety benefits of wearable technology.

Wilson Park Senior Center - Tuesday, June 10, 1:30-3:00

Kelly Senior Center - Tuesday, June 17, 1:00-2:30

Washington Park Senior Center - Wednesday, June 18 10:00-11:30

Clinton Rose Senior Center - Wednesday, June 18, 12:30-2:00

McGovern Park Senior Center - Monday, June 30, 12:30-2:00



**Registration is required for Tech Connect classes and BYOD sessions.
Please call or stop by your center for easy sign up!**

Computer Essentials Course

Learn to use a computer for email, web research, and more so you can stay connected online! Participants who complete the course will receive a refurbished laptop through a partnership with United Way.

Suggested contribution: \$5/class session (\$50 total)

Washington Park Senior Center - January & June 2025

Wilson Park Senior Center - February & July 2025

Clinton & Bernice Rose Senior Center - March & August

Kelly Senior Center - April & September

McGovern Park Senior Center - May & October

Must attend a minimum of 8 of the 10 sessions.

Stop by the reception desk/call the center where you wish to attend the class to be added to the waitlist. Registration is limited to 10 participants to allow for individualized support.

This project is being supported in part by federal award number CPFFN0201, awarded to United Way of Wisconsin through \$16,459,684.90 of funds from the U.S. Department of the Treasury through the American Rescue Plan Act and the State of Wisconsin, acting by and through the Public Service Commission of Wisconsin.

Visit us online at www.servingolderadults.org

Clinton & Bernice Rose Senior Center

Level Up-Zumba & Yoga (Alternate)

Sponsored by The Milwaukee Turners

Every Monday, June 2nd-30th

12:00 - 1:00 (With the exception of the 4th Thursday of each month being 10:00-11:00)

Do you love to exercise while having fun? Come down and join yoga or Zumba. If you attend more than 5 sessions, you will receive a free Milwaukee Turners Shirt, while supplies last.

Vaccinations and Pharmacy Benefits

Presented by The Hashim Zaibak Independent Pharmacy Leader

Tuesday, June 3, 10:00 - 12:00

Learn about the benefits of Hayat Pharmacy and all the services they provide. In addition, if you are looking for a flu shot or COVID vaccination, you can get one. Please bring your insurance card and ID.

Lavender and Lemons

Sponsored by Dr Mirian Boyd Organ, MD

Wednesday, June 4, 12:00 - 1:30

Summer is in full swing. Enjoy delicious lavender and lemon tea and sweets. Wear your favorite lavender or yellow color summer clothing.

Concession Sale - "Stockbox Day"

Hosted by The Concession Gals

Thursday, June 5, 10:00 - 12:00

Come purchase delicious and tasty treats, to support the senior center.

Blood Pressure Screening

Presented by Aurora HealthCare

Thursday, June 5, 10:00 - 12:00

Join us for a free blood pressure screening event, where expert healthcare professionals will measure and assess your blood pressure to identify any potential health risks. By getting your blood pressure checked, you can take proactive steps towards maintaining a healthy heart and reducing your risk of developing cardiovascular disease.

Movie Watchers Club

Led by Yvonne Thomas and Era's Senior Network

Friday, June 6, 9:00 - 11:00

Enjoy a fun filled movie plus a Q&A with Yvonne Thomas and Freda from Eras Senior network. Light refreshments available.

Rummage Sale, Concession Sale, and Car Wash

Saturday, June 7, 9:00 - 1:00

Clinton Rose is hosting our Annual Rummage Sale! Come and enjoy great deals, delicious food for sale, or pay to get your car washed. If you are interested in being a vendor, the cost is \$25 for an 8ft table. Call the center for more details 414-263-2255.

Healthy Nutrition Cooking Demonstration

Presented by Audrey

Monday, June 9, 10:00 - 11:00

Learn the importance of eating healthy while enjoying delicious treats.

Nutrition Education

Presented by Hunger Task Force-Carmen Baldwin, NDTR

Tuesday, June 10, 12:00 - 1:00

You have the power to make the best nutritional decisions for your body! Join Hunger Task Force and learn how to read and understand the nutrition labels on your food. Plus, enjoy delicious and nutritious snacks.

Healthy, Wealthy, & Wise: Your Guide to Wellness Workshop

Presented by Eminence Gray

Thursday, June 12 & 26, 10:00 - 11:00

Engage in health and wellness for older adults while focusing on mental, physical, emotional, and social health.

Registration required. please call the center to sign up at 414-263-2255.

Father's Day Tailgate Party

Presented by Eras Senior Network

Thursday, June 12, 12:00 - 2:00

Join us for a Father's Day Tailgate Party as we honor all fathers and father figures in our lives. Enjoy a fun time complete with delicious food and warm company as we recognize the love and dedication of these special individuals. **Registration required.**

Juneteenth Day Celebration

Tuesday, June 17, 12:00 - 1:30

Juneteenth Day, better known as "Freedom Day," is the day that commemorates the emancipation of enslaved people. On this day, we celebrate and honor Juneteenth through poetry, hymns, dance, and much more. Light refreshments will be served.

Quarterly Birthday Celebration - "Summer Vibes"

Sponsored by The Birthday Committee

Wednesday, June 18, 12:00 - 1:00

Happy birthday to April, May, and June birthdays. We will celebrate and honor our spring birthdays with fun, dessert, and small gifts. **Registration is required.** Call 414-263-2255 to sign up.

Farmers Market Voucher Distribution

Sponsored by Hunger Task Force

Tuesday, June 24, 9:00 - 11:00

Do you enjoy shopping at the Farmers Market? The Hunger Task Force will be onsite to hand out farmers market vouchers for seniors 60 and older. Please call the center for more details 414-263-2255. This event is first come, first served.

Clinton & Bernice Rose Senior Center

Clinton Rose Center Advisory Meeting Tuesday, June 24, 10:30 - 11:00

Join us for an advisory meeting to discuss the latest developments and updates on our current projects. We will be sharing key findings, addressing any concerns or questions, and outlining next steps to ensure the successful completion of our initiatives.

Music and Art "Embracing Love and Culture" - Suggested Contribution: \$6

Presented by Deborah Lewis

Tuesday, June 24, 12:00 - 1:00

Embrace your creativity through artistry while enjoying virgin mimosas and treats. **Registration is required by June 10th.**

Healthy Flavors, No Salt Needed: A Cooking Demonstration with Chef Marvin

Presented by Healthy Eating Active Living

Thursday, June 26, 10:00 - 1:00

Join Chef Marvin, The Unsalted Chef, for a cooking demonstration that will show you how to add flavor to your dishes without relying on salt. Learn how to use herbs, spices, and other natural ingredients to create delicious and healthy meals that are perfect for the whole family.

Memories in the Making

Sponsored by The Alzheimer Association

Thursday, June 26, 10:00 - 12:00

This is a unique art program that allows individuals with Alzheimer's disease and related dementias to express themselves through art and storytelling. Supplies are included. **Registration required.**

Ice Cream Social "I Scream, You Scream, We All Scream for Ice Cream"

Sponsored by Zeta Phi Beta

Thursday, June 26, 12:00 - 1:00

Looking to cool down on a hot summer day? Come enjoy a tasty childhood favorite while playing bingo.

Harlem Nights - Suggested Contribution:\$20

Presented by Decorum Event Design LLC

Friday, June 27, 12:00 - 2:00

Are you ready for a great time? Well look no further! Enjoy a Harlem Nights themed celebration at Clinton Rose. Wear your favorite 20s style outfits and enjoy dancing, food, and fun. **Tickets are first come, first served!!!**

Gift Shop Bingo - "Special Tribute Honoring our Fathers"

Sponsored by Deborah Lewis

Monday, June 30, 12:00 - 1:00

Enjoy the fun game of bingo while enjoying socialization and delicious snacks.

Morning Blend w/Hot Topics

Led by Doris Hopkins-Brown

Mondays, 9:30 - 10:30

Discuss the daily hot topic with your peers.

Senior Striders

Led by Evelyn Merriett

Mondays & Wednesdays, 10:00 - 11:00

Reap the benefits of seated exercises. This class will help those with limited mobility to improve their flexibility and circulation while strengthening their bodies.

Monday 8:30-12:30 Open Sewing* 9:30-10:30 Morning Blend 10:00-11:00 Senior Striders 10:00-11:00 Beginning Sewing* 12:30-1:30 Beginning Sewing* 12:00-1:00 Walk Easier 12:00-1:00 Birthday Committee Meeting (1st Mon.) 1:30- 4:30 Open Sewing	Tuesday 8:30-4:30 Opening Sewing* 9:00-10:30 Roselettes Dance Group Practice 9:30-10:30 Wisdom Studies 12:15-1:00 P2P - Passion to Praise (4th Tue.)	Wednesday 8:30-4:30 Opening Sewing* 9:30-10:00 Bingo (2nd & 4th Wed.) 10:00-11:00 Senior Striders 12:00-1:00 Walk Easier 12:15-1:15 Women of the Rose Meeting (3rd Wed.) 12:30-1:30 Movin' & Groovin'
Thursday 8:30-12:30 Open Sewing * 9:00-10:30 Roselettes Dance Group Practice 12:00-1:00 Walk Aerobics 12:15- 2:15 Out and About Travel Committee Meeting (3rd Thur.) 12:30-4:30- Miss Daisy Sewing Group* 1:00-4:00 Bid Whist *Has a suggested contribution	Friday 8:30-12:30 Open Sewing* 10:00-11:00 Beginning Sewing* 1:30-4:30 Open Sewing 12:30-1:30 Beginning Sewing* 9:00-11:00 Movie Watchers Club Every (1st Fri.) 9:00-11:00 Open Art Therapy Workshops 12:00-1:00 Walk Easier	Daily 8:30-3:30 Fitness Center 8:30-4:30 Speak Your Mind 8:30-3:30 Billiards Area (includes pool games, cards, chess, checkers & dominoes) 8:30-3:30 Library Area 8:30-3:30 Computer Lab 10:00-2:00 Miss Deborah's Gift Shop

Kelly Senior Center

Foodshare Information Table

Tuesday, June 3, 11:00 - 1:00

An expert from Feeding America will be available to answer your questions about FoodShare and to help you sign up for it.

Memories in the Making

Presented by the Alzheimer's Association

Tuesday, June 3, 12:00 - 1:00

Painting provides a chance to socialize and reminisce. As stories are shared, the facilitator documents these memories.

CLOSING for All Staff Meeting

Tuesday, June 3, 1:00

We are closing at 1:00 for mandatory all-staff training.

Music & More -

Suggested Contribution: \$8 in advance or \$10 at the door

Wednesday, June 4, 2:30

Chuckster with music from the 60s-80s. **Registration required.**

Papercrafting: Ladybug Pop Up Card

Thursday, June 5, 1:30 - 3:00

We will assemble daisies and a ladybug pop up card and a treat bag. All required supplies and instruction will be included at no charge. **Registration required.** Limited to fifteen participants.

Acoustic Music Meetup

Tuesday, June 10, 10:30

Bring your instrument and enjoy playing with a fun group of musicians. All skill levels welcome!

Card Making

Tuesday, June 10, 11:00

Have fun socializing and reminiscing with your peers while you make beautiful greeting cards for all occasions.

Bingo

Sponsored by HomeInstead

Tuesday, June 10, 1:00

Join us for an afternoon of Bingo. **Registration recommended.**

Laughter Yoga -

Suggested Contribution: \$3/session

Tuesdays, June 10, 17 & 24, 2:00 - 3:00

Laughter yoga is an exercise program with three elements: laughter & playfulness, deep breathing, and mindfulness meditation. **Registration required.**

Gardening with YouthWorks

Wednesdays, June 11, 18 & 25, 9:30 - 11:30

Young people from across the country will help us spruce up the grounds. Join us for some wonderful intergenerational fun in the garden.

Memories in the Making

Presented by the Alzheimer's Association

Wednesday, June 11, 12:00 - 2:00

Painting provides a chance to socialize and reminisce. As stories are shared, the facilitator documents these memories.

Volunteer Meetup

Wednesday, June 11, 1:30

Meet with staff and other volunteers to collaborate and check-in.

Toenail Trimmers, LLC

Thursday, June 12, by appointment

Toenail trimming services will be available. Call for appointment.

Unlocking the Secrets to a Healthy Heart

Presented by Eminence Gray

Thursday, June 12, 10:00

Explore the key factors that contribute to a healthy heart, including nutrition, exercise, mindfulness, and preventive care.

Zumba (NEW)

Presented by Touching Hearts at Home

Thursday, June 12, 11:30

Zumba combines dance and cardio, offering a workout for all fitness levels. **Registration recommended.**

Women's Club Presents Bob the History Digger

Monday, June 16, 1:30

Robert Rizzo travels the world with his metal detector in search of lost bits of history. Learn about some of his most interesting discoveries. Maybe he will demonstrate his technique by uncovering some trinkets from the NIKE missile site era! **Registration recommended.**

Bingo

Sponsored by Wilson Commons

Tuesday, June 17, 1:00

Join us for an afternoon of Bingo. **Registration recommended.**

Nutrition Class and Cooking Demo: Low-Sodium Eating Patterns *(part of the Heart Healthy Initiative)*

Presented by Hunger Task Force

Tuesday, June 17, 2:00

Learn about eating healthy and see a cooking demonstration with samples! **Registration required.**

Music & More - Suggested Contribution: \$8 in advance or \$10 at the door

Wednesday, June 18, 2:30

Josh Quinn performs songs from Sinatra to the 60s. **Registration required.**

Juneteenth Day CLOSED

Thursday, June 19

We will be closed in recognition of Juneteenth.

Drumming Circle - Special Juneteenth Celebration

Friday, June 20, 2:00

Drum circles foster community, promote self-expression, and provide a space for people to connect through rhythm. **Registration required.**

Acoustic Music Meetup

Tuesday, June 24, 10:30

Bring your instrument and enjoy playing with a fun group of musicians. All skill levels welcome!

Garden Club

Tuesday, June 24, 1:00 - 2:00

Help to beautify the natural surroundings at Kelly Senior Center. New members are always welcome!

Kelly Senior Center

Advisory Meeting

Wednesday, June 25, 1:00

Get the inside scoop on upcoming Kelly events and make your voice heard.

Memory Cafe: Colors

Wednesday, June 25, 2:30

Memory Cafes are safe spaces for adults experiencing memory loss and their loved ones to connect and socialize. This month, we will discuss the significance of colors. **Registration recommended.**

Board Games

Friday, June 27, 1:00

Come and enjoy an afternoon playing your favorite board games with friends. **Registration recommended.**

Morning Exercise

Mondays & Fridays, 8:45 - 10:00

Start the day with a mix of balance, strength, and flexibility exercises followed by low-impact cardio. Monday exercises are mostly seated, and Friday we get on our feet.

Movement & Music: Parkinson Disease Exercise

Presented by Wisconsin Parkinson Association

Mondays, 11:30

Manage your Parkinson's symptoms while having fun! This class incorporates stretches, strength training, posture, balance, walking drills, and vocal exercises.

Quilting - Suggested Contribution: \$20 (June-August), Various Dates

Learn new techniques and patterns to plan or complete your sewing projects. Volunteer leaders are available to help you on your own machines or train you on shared equipment. **Registration required.**

Morning Fitness

Tuesdays & Thursdays, 8:45 - 9:45

Start your day with video fitness and great people.

Ceramics Studio - Suggested Contribution: \$20 (June-August)

Tuesdays & Thursdays, 9:00 - 12:00

Use ceramic molds, paints, and glazes to create artful objects. Contribution includes use of the kiln for finishing your ceramics pieces. **Registration required.**

Adaptive Chair Yoga

Tuesdays, 10:00 & Thursdays, 1:30

Our experienced yoga teacher guides students through poses using a chair for comfort and accessibility.

Take Off Pounds Sensibly (TOPS)

Wednesdays, 9:30 - 11:00

Registration is currently full. Please call the TOPS Headquarters to find another location.

Open Art Studio

Wednesdays, 10:00 - 12:00

Join the fun and get assistance with painting and drawing from experienced artists. Open to all skill levels.

Billiards League

Wednesdays, 12:30 - 3:00

Join the billiards players for some fun. Open to all skill levels.

Knit and Crochet

Thursdays, 9:00

Work on your projects with a great group! Get advice from pros.

Shuffleboard

Fridays, 12:30 - 3:00

Join the fun and learn a new game. Open to all skill levels.

Technology Help

Wednesday and Thursday, 1:00 - 4:30

Need help with a gadget? Volunteer Phil will be available to help.

Cardio Drumming - Suggested Contribution: \$10/month or \$3/class

Thursdays, 12:30 - 1:00

Get fit and enjoy the rhythm! This exercise class incorporates drumming to make getting fit, fun!

ASAHI Exercise Program

Fridays, 10:00

ASAHI is an exercise method similar to Tai Chi developed to provide a safe practice almost anyone can do. It is a simple, effective routine.

Monday 8:30 Tech Connect 8:45 Morning Exercise 10:00 Tai Chi 11:30 Parkinson's Exercise 12:30 Mahjong 1:00 Dominoes 1:00 Quilting	Tuesday 8:45 Morning Fitness 8:30 Tech Connect 9:00 Ceramics 9:00 Quilting 10:00 Chair Yoga 1:00 Sheepshead	Wednesday 9:30 TOPS 10:00 Open Art Studio 10:00 Sheepshead 12:30 Canasta 1:00 Dominoes 1:00 Tech Help 1:00 Quilting
Thursday 8:45 Morning Fitness 9:00 Ceramics 9:00 Knit & Crochet 9:30 Fitness Ctr. Orientation 10:00 Sheepshead 12:30 Cardio Drumming 1:00 Billiards League 1:00 Quilting 1:00 Tech Help 1:30 Chair Yoga	Friday 8:30 Wood Carving 8:45 Morning Exercise 9:30 Bridge 10:00 ASAHI 1:00 Shuffleboard	Daily 8:30-10:30 Social Club 8:30-4:30 Billiards 8:30-4:30 Computer Lab 8:30-4:30 Fitness Center 8:30-4:30 Library 8:30-4:30 Tabletop Games 11:00-11:30 Lunch

McGovern Park Senior Center

Nutrition Class

Presented by Hunger Task Force

Tuesday, June 3, 10:00

In this class, you will learn the nutritional components of food and their impact on the body.

Healthy Eating Active Living

Presented by Chef Marvin

Thursday, June 5, 12:00

Chef Marvin will demonstrate how to prepare a healthy dish using items from the Stockbox. Join us for a delicious sample of the chef's recipe.

Blood Pressure Screening

Presented by Milwaukee Career College

Monday, June 9 & 23, 10:00

High blood pressure threatens your health and quality of life. In most cases, damage from high blood pressure (also known as hypertension) happens over time. It is important to have your levels checked on a regular basis.

Foods That Boost Your Brain

Presented by Humana

Wednesday, June 11, 12:30

In this presentation, you will learn about foods that will boost your brain and improve memory.

Advisory Meeting

Thursday, June 19, 9:00

Learn what is happening with SOA and McGovern Park Senior Center. This is a time to ask questions and voice your concerns.

Bingo

Sponsored by Eras Senior Network

Thursday, June 19, 12:30

Are you ready to play bingo? You will have a chance to win exciting prizes and household items.

Book Club

Thursday, Date TBA, 12:30

Book Title: Good Dirt

Author: Charmaine Wilkerson

You may purchase this book or check your local library.

Father's Day Gathering

Presented by Shirley Hassel

Monday, June 16, 1:00

We are asking all the men at McGovern to please join us for a special treat.

Golden Dew Drop

Presented by Marian Bright

Wednesday, June 18, 12:30

Come learn about Golden Dew products that specialize in relieving aches and pains.

Juneteenth Day Celebration

Wednesday, June 18, 12:30

We are closed on Thursday, June 19, so let's celebrate by wearing our Juneteenth attire on Wednesday, June 18. If you have a poem to read, a story to tell, or an experience you may want to share with us, we would love to hear from you.

Day Spa at McGovern -

Suggested Contribution: \$20

Presented by Dr. Mirian Boyd Organ

Thursday, June 26, 9:30

It's time to reward yourself with a hand or foot massage. You will feel relaxed after having one of these treatments.

Karaoke

Friday, June 27, 12:30

Presented by Harold Turner

Karaoke is a social stress-relieving activity. It provides an opportunity to sing your favorite songs regardless of your vocal abilities, offering a chance to let loose and have some crazy fun.

Women's Health Talk

Friday, June 27, 12:30

If you or someone you know has any health problems or has overcome health issues and would like to share with other women, please consider joining this group to help uplift those who may need support.

Coffee Bar

Monday - Friday, 8:30 - 11:30

We have just what you need: coffee and friends. That makes the perfect blend.

Billiards

Monday - Friday, 8:30 - 4:30

Join your peers in a friendly game of pool.

Table Tennis

Monday - Friday

8:30 - 4:30

Table tennis is a way of getting good exercise. It can help increase hand-eye coordination.

Puzzle Table

Monday - Friday, 8:30 - 4:30

Enjoy our selection of jigsaw puzzles of all shapes and sizes.

TOPS

Taking Off Pounds Sensibly

Mondays, 9:00 - 10:00

Taking Off Pounds Sensibly can help you effectively shed those unwanted pounds. Best of all, you will learn health options from supportive TOPS members.

Dance for Fun and Fitness

Monday and Wednesday 10:00 - 11:00 and

11:30 - 12:30, Fridays, 10:00 - 11:00

Shake up your fitness routine with line dancing. This workout is something you are sure to enjoy.

Upper Body Exercise

Monday, Wednesday, and Friday

11:00 - 11:30

This is an upper-body seated workout using hand weights.

Lapidary - Suggested Contribution: \$20

Tuesdays, 8:30 - 4:30

Lapidary is the cutting and polishing of stone or rocks to bring out its inner beauty.

McGovern Park Senior Center

Metalsmithing – Suggested Contribution: \$20

Tuesdays, 11:00 – 4:30

Metalsmithing uses wire and sheets of metal to create jewelry.

Open Crafts and Quilting

Wednesdays, 8:30 – 4:30

This is a group of crafters who love quilting, sewing, knitting, and sharing their individual expertise with one another.

Bible Study

1st, 2nd, and 4th Friday of the month

10:00 – 11:30

If you are interested in spiritual growth, you will enjoy this study group.

Bid Whist

Fridays, 1:00

Hang out with your peers in a friendly game of cards.

SUMMER WORD SEARCH

V M G X U P L S E A S H E L L C K C U X
A V W V P G N I P M A C N J H I L L T V
R L A A U S K R O W E R I F I O S O P X
O B E C T P Y X S K U U X P B K U N R A
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I O Q S A N D Y C H D I F A P N U H N I
S A N D A L S K M I P B T N T R B I N D
A N M O B O N F I R E T V T B C U D T E
L V O N L C E D I S A E S O O N V H B F

1. Sunshine
2. Sandy
3. Vacation
4. Barbecue
5. Hammock
6. Fireworks
7. Icecream
8. Swimsuit
9. Surfboard
10. Seaside
11. Roadtrip
12. Picnic
13. Sunglasses
14. Beachball
15. Lemonade
16. Poolside
17. Sunscreen
18. Bonfire
19. Camping
20. Seashell
21. Tanning
22. Roadtrip
23. Sandals
24. Waterslide
25. Yacht



Monday 9:00 TOPS 9:00 Walking Group 10:00 Billiards for Beginners 10:00 Dance for Fun & Fitness 11:00 Upper Body Exercise 1:00–4:30 Bring Your Own Device (BOYD) Day	Tuesday 8:30–12:00 Fitness & Nutrition 8:30–12:00 Bring Your Own Device (BOYD) Day 8:30 Fitness Center Orientation 10:00 Exercise for Seniors 11:00 Metalsmithing	Wednesday 8:30 Quilting 8:30 Open Crafts 10:00 Billiards for Beginners 10:00 Dance for Fun & Fitness
Thursday 9:00 Advisory Meeting (every 3rd Thur.) 10:00 Exercise for Seniors 12:30 Bingo (every 3rd Thur.)	Friday 9:00 Walking Group 10:00 Dance for Fun & Fitness 10:00 Bible Study (1st, 2nd & 4th Fri.) 11:00 Upper Body Exercise 1:00 Spades 1:00 Bid Whist	Daily 8:30 Billiards 8:30 Fitness Center 8:30 Coffee Bar 8:30 Computer Lab 8:30 Puzzle Table 9:00–1:00 Re-Gift Shop 11:00–12:00 Lunch

Washington Park Senior Center

ADS Resource Table

Tuesday, June 3, 10:30 - 12:00

Get up-to-date information about resources and community-based services available for seniors.

Joy Comes in the Morning

Presented by Gloria Webster

Wednesday, June 4, & 18, 9:30 - 10:30

This is a safe space to talk about loss, depression, and guidance.

Advisory Meeting

Tuesday, June 10, 10:00 - 11:00

Learn what's happening with SOA, Washington Park Senior Center, and Milwaukee County Aging Services

Nutrition Class

Sponsored by The Hunger Task Force Community Nutrition Educator Carmen Baldwin, NDTR

Thursday, June 10, 10:00 - 11:00

Join the Hunger Task Force and learn about making healthier choices for your health.

Cooking Demo w/Chef Marvin

"The Unsalted Chef"

Thursday, June 12, 10:00 - 11:00

Learn how to make a simple, delicious, and low-sodium meal. Recipe and samples will be available.

Blues Music Month Celebration

Presented by the Wisconsin Blues Hall of Fame

June 12, 12:30 - 2:00

Come and enjoy a **FREE** live band concert featuring Music by Mighty Ms. Erica & the Sound Production featuring Gerome Durhaam, here in the Main Hall at Washington Park Senior Center.

Washington MPL Librarian

Thursday, June 12 & 26, 12:00 - 1:30

Ask any questions you may have about the library and its resources. We're also starting anew book for the book club titled **Finding Freedom by Ruby West Jackson & Walter T. McDonald**. Come ready to discuss the book. Light refreshments served.

Day Trip: Black Holocaust Museum -

Suggested Contribution: \$15

June 25, 10:00 - 2:00

Take a tour of the African American Museum. We will go to lunch (which will be purchased on your own) at Sam's Place. See Ms. Debbie for more information.

Quarterly Birthday Celebration - April, May, & June

Wednesday, June 25, 12:00

Enjoy cake, music, dance, and fun.

Health Equity Lunch & Learn Workshop

Sponsored by The Center for Leadership

Thursday, June 26, 12:00 - 2:00

The topic of discussion is Understanding Dementia and Alzheimer's Disease: Differences, Risk Factors, and Where to Find Help.

Washington Park Senior Center Annual Rummage Sale - Table Cost \$25

Saturday, June 28, 9:00 - 2:00

Time to sell your wares and pick up some great bargains at the same time. **See or call Ms. Debbie for details, 414.933.2332. Concession stand will be available.**

Yoga - Suggested Contribution: \$6/class (Pay by the month)

Mondays, 9:00 - 10:00

Yoga improves flexibility, balance, strength, and posture.

Billiards

Mondays, 9:00 - 10:00 (lessons)

Tuesday - Friday, 9:00 - 3:00 (open play)

Learn to play pool with an instructor or work on your skills individually.

Open Sew

Mondays, 9:00 - 11:00

Learn basic sewing skills and how to mend clothes.

Knitting & Crochet

Mondays, 9:00 - 11:00

Learn how to knit or crochet. Please bring your own basic supplies (we do have some to share).

Chair Arthritis Exercises

Mondays, 10:00 - 11:00

Reduce joint pain and improve overall flexibility while sitting and exercising at your own pace.

Game Day

Monday - Friday, 12:30 - 4:00

Play a variety of card and board games with friends. New games will include Spades and Bid Whist.

Hand Weights

Mondays, Wednesdays & Fridays

10:30 - 11:30

Get a full-body workout. All skill levels are welcome.

Woodshop

Suggested Contribution: \$25/month

Monday - Friday, 9:00 - 3:00

New participants must attend an orientation prior to registration. Sign up for an orientation in the office.

Table Tennis (Ping Pong)

Monday - Friday, 1:00 - 4:00

Ping pong is a fun way to get daily exercise and increase hand-eye coordination.

Open Art Therapy Workshops

Provided by Bloom Art & Integrated Therapies

Tuesdays, 9:30 - 11:30

A free open art studio. There will be an art show at the end of the program to showcase the artwork.

Guitar/Stringed Instruments

Tuesdays, 10:00 - 11:00

Open jam session. All stringed instruments and singers are welcome and encouraged to come.

Silver Steppers Line Dancing

Tuesdays & Thursdays, 10:00 - 11:00

Get moving with this upbeat line dance class.

Cardio Drumming -

Suggested Contribution: \$10/month or \$3/class

Wednesdays, 9:30 - 10:00

Get an upper-body cardiovascular workout while listening to your favorite music.

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B 4C 01-2067

Washington Park Senior Center

Gospel Choir

Tuesdays, 10:00 - 11:00

Join the gospel choir and sing songs of praise and worship.

Scrapbooking

Tuesdays, 10:30 - 1:30

Get creative by designing one-of-a-kind pages.

Chess

Tuesdays, 10:00 - 1:00

Join the Washington Park Chess Players for a friendly game of chess. All levels are welcome.

Quilting - Suggested Contribution: \$20

Wednesdays, 9:00 - 12:30

Bring your creativity! Quilting support is provided by our knowledgeable leader.

Matinee at Washington

Wednesdays, 12:30

Each week will feature a different movie genre.

Card Making Class

Thursdays, 9:30 - 11:30

Now is your chance to get creative and make your own one-of-a-kind card. Supplies provided.

Bible Study

Thursdays, 10:30 - 11:30

Enjoy a short lesson and some good conversation along with handouts you can take home.

Detroit Style Ballroom Dance

Suggested Contribution: \$4/class

(Pay by the month)

Thursdays, 12:30 - 1:45

This instructor-led class will start with basic techniques and then advance from there.

Having Fun w/Art

Thursdays, 12:30 - 1:30

Do you love to sketch, doodle, or color? Supplies will be provided. All levels are invited to join.

Stained Glass - Suggested Contribution: \$25

Fridays, 9:00 - 11:00

Create beautiful projects with guided instruction from a highly experienced and creative instructor.

Piano

Suggested Contribution: \$11/week

(Pay by the month)

Schedule Date as Needed

Learn to play the piano with individual instruction. Come to the office to reserve a spot. All skill levels are welcome.

Tennis (Indoors)

Fridays, 9:00 - 10:30

Join a game of tennis. Our first rule is "No running!" We have fun playing doubles where 7 points is a game. We provide the racquets.

Bingo

Fridays, 12:30 - 1:45 (dining hall)

Play bingo and win prizes!



Monday 9:00-10:00 Yoga * 9:00-10:00 Billiards (lessons) 9:00-11:00 Knitting & Crochet 9:00-11:00 Open Sew 10:00-11:00 Chair Arthritis Exercise 10:30-11:30 Hand Weights	Tuesday 9:30-11:30 Art Therapy 10:00-1:00 Chess 10:00-11:00 Gospel Choir 10:00-11:00 Guitar/Stringed Instruments 10:00-11:00 Silver Steppers 10:30-1:30 Scrapbooking 12:00-2:00 Game Day 1:30-2:30 Bid Whist	Wednesday 9:00-12:30 Quilting * 9:45-10:15 Cardio Drumming * 10:30-11:30 Hand Weights 12:30 Movie Matinee 12:30-2:00 Phase 10
Thursday 9:30-11:00 Card Making 10:00-11:00 Silver Steppers 10:30-11:30 Bible Study 12:30-1:30 Having Fun w/Art 12:30-1:00 Sankofa Drum Circle (Last Thursday of the Month) 12:30-1:45 Ballroom Dancing * * Has a suggested contribution and/or pre-registration	Friday 9:00-11:00 Stained Glass * 9:00-3:00 Piano * 9:00-10:30 Tennis 10:30-11:30 Hand Weights 12:30-1:45 Bingo	Daily Fitness Center Library Computer Lab Chit-Chat Club (lobby) Wii Bowling 9:00-1:00 Gift Shop 9:00-3:00 Billiards 9:00-3:00 Woodshop * 1:00-4:00 Table Tennis



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Wilson Park Senior Center

East Troy Railroad Museum Trip –
Suggested Contribution: \$15 (Transportation Only)
Friday, June 6, 9:30 Departure
You won't want to miss this educational and exciting trip!

Big Band Dance
Monday, June 9, 1:30
Show off your best dance moves at this classic big band show.

Father's Day Cookout
Friday, June 13, 12:00 - 3:00
Calling all fathers! Come and celebrate a day for you!
Enjoy grilling by our own Frank Filardi.

Shalom Wildlife Zoo Trip
Tuesday, June 17
Details TBA

Bingo
Every Tuesday, Summer Only, 1:00
All Bingo lovers are welcome to join the fun with a chance to win praiseworthy prizes.

ADS Resource Table
Tuesday, June 17, 10:00 - 11:00
Meet with an outreach social worker for up-to-date information about resources and community-based services available for seniors.

Coin & Stamp Collectors Group
Tuesday, June 17, 11:00 - 12:00
Share some of your treasured collections with other enthusiasts.

Wilson Senior Center Advisory Meeting
Wednesday, June 18, 10:00 - 10:30
Hear updates, stay informed, and ask questions. You may attend in person or virtually.

Book Club
Wednesday, June 25, 10:15
Book: The Wright Brothers
Author: David McCullough
A copy is available at the Zablocki Library the first week of each month.

Open Sew Classes
Mondays, 9:00 - 12:00 (June-August)
Tuesdays, 9:00 - 12:00 (June-July)
Wednesday 9:00-12:00 (June-July)
Suggested Contribution: \$20/class (10 weeks)
Learn new techniques for your projects. There are three classes that offer unique experiences.

Ceramics Studio
Mondays, Wednesdays & Fridays, (April-June)
8:45 - 4:00
Join us in using your creativity to hand-mold pieces of clay into works of art. Suggested contribution includes use of the kiln.

Hot/Fused Glass - Suggested Contribution: \$25
Mondays & Wednesdays, (April-June)
9:00 - 4:00
Create beautiful works of art utilizing various glass fusion techniques.

Wood Shop - Suggested Contribution: \$25/month
Monday - Friday, 9:00 - 3:00
(Subject to change if hosts are unavailable)
Build your own creations with the wide selection of equipment housed in the shop.

Morning Exercise
Mondays, Wednesdays & Fridays, 9:15 - 10:00
Enjoy low-impact exercise that will improve your range of motion and overall health.

Low-Impact Aerobics
Mondays & Thursdays, 1:00 - 2:00
Enjoy low-impact exercise that puts less stress on the joints

Paper-crafting - Suggested Contribution: \$15
Tuesdays, 9:00 - 11:00, (April-June)
Join this group and stamp on to create one-of-a-kind projects.

Guided Art Studio
Tuesdays & Thursdays, 9:00 - 3:15, (April-June)
Work on your own creative projects with support as needed from other artists.

Stained Glass - Suggested Contribution: \$25
Tuesdays & Thursdays, 9:00 - 4:00, (April-June)
Create projects using patterns or your own designs.

Reflexology
Every other Tuesday, 10:00 - 1:00
Enjoy a thousand-year-old foot massage technique while relaxing in the quiet of our wellness room.

Beginning German - Suggested Contribution: \$10
Tuesdays, 1:00, (April-June)
Learn the basics of the German language and culture.

Cornhole League
Tuesdays, 1:00 - 2:00
Play indoors with the Cornhole League and show off your bean bag tossing skills.

Woodcarvers & Burners
Wednesdays, 8:30 - 11:30
Create your next masterpiece using tools and materials in our woodshop.

Bible Study
Wednesdays, 10:15 - 11:15
Come join us as we dig deeper into the word and learn more about scripture.

Railroad Club
Wednesdays & Thursdays, 1:00
Are you a railroad enthusiast? Join our Railroad Club and enjoy the beautiful model train room.

Tap Dance - Suggested Contribution: \$40
Thursdays, Advanced, 9:00; Intermediate, 9:45; Beginners, 10:30
Tap your way to fitness and fun! Three sessions of continuing tap instruction are available.

Advanced German - Suggested Contribution: \$10
Thursdays, 9:15, (April-June)
Build upon your current German-speaking skills.

Wilson Park Senior Center

Dartball - Suggested Contribution: \$15

Thursdays, 1:00

Play dartball with other participants. Beginners welcome.

Recorder Ensemble

Thursdays, 1:00

Now accepting new members of all experience levels. Stop in for a visit if you're interested in learning more about this whimsical instrument. There are loaner instruments available as you learn.

Weaving (Intermediate) -

Suggested Contribution: \$15

Thursday & Friday, 9:00 - 2:00

The weaving group is back at it again. Experienced weavers are encouraged to join as well.

Quilting - Suggested Contribution: \$20

Thursday, 9:30 - 11:30

A great opportunity to work at your own pace and make lovely quilts.

Guided Art Studio

Thursdays, 11:30

Work on your own creative projects with support as needed from other artists.

Guitar lesson

Thursdays, 12:00

Bring your own instrument jam with folks who love to play guitar.

Model Railroad

Thursday 1:00 - 3:30

Come and enjoy the hand-operated trains and visit with retired rail workers.

Ukulele

Thursdays, 1:30

Learn while having a great time with other beginners.

Laughter Yoga - Suggested Contribution: \$3

2nd and 4th Thursdays, 2:00-2:45

Join us for this unique brain-body yogic exercise class. No floor work.

Ceramic Studio - Suggested Contribution: \$20

Fridays, 8:45

A fun-loving group of creative people who enjoy working with their hands.

Weaving

Fridays, 9:00

Learn how to weave on the open loom.

Mahjong

Fridays, 9:00

Come and enjoy this popular tile game while enjoying friendly conversation.

Open Glass Studio

Fridays, 9:00

Work with experienced glass workers.

Monday 8:45 Ceramic Studio * 9:00 Hot/Fused Glass * 9:00 Quilting * 9:00 Meditation 9:15 Morning Exercise 10:15 Scrabble 10:30 Intermediate Line Dancing * 10:30 Boost Your Brain & Memory 11:00 Open Sew * 12:00 Sheepshead 12:30 Cardio Drumming 1:00 Low-Impact Aerobics 1:30 Big Band Dance (2nd Mon.)	Tuesday 9:00 Paper Crafting * 9:00 Stained Glass Studio * 9:00 Open Sew * 9:00 Chess 10:00 Garden Club (2nd/4th Tues.) 11:00 Coin & Stamp (3rd Tues.) 11:30 Guided Art Studio * 12:30 Sojourn Bear Group 1:00 Cornhole 1:00 Bingo (2nd Tues.) 1:00 Quilting	Wednesday 8:45 Ceramic Studio * 9:00 Wood Carving & Burning 9:00 Hot/Fused Glass * 9:15 Morning Exercise 10:00 Advisory Meeting (3rd Wed.) 10:00 Book Club (Last Wed.) 10:30 Knit & Crochet Club 10:15 Bible Study 10:15 Scrabble 10:30 Hot/Fused Glass * 12:00 Open Sew * 12:00 Sheepshead 12:30 Sojourn Bear Group 1:00 Model Railroad 1:00 Fused Glass *
Thursday 9:00 Weaving * 9:00 Adv. Beg. Tap Dance * 9:00 Plastic Canvas 9:00 Stained Glass * 9:30 Quilting 9:45 Int./Adv./ Tap Dance * 10:30 Beg. Tap Dance * 11:30 Guided Art Studio 12:00 Guitar Lessons 1:00 Low-Impact Aerobics 1:00 Model Railroad 1:00 Dart Ball 1:00 Recorder Ensemble 1:30 Ukulele	Friday 8:45 Ceramic Studio * 9:00 Weaving * 9:00 Mahjong 9:00 Open Glass Studio * 9:00 Paper Piercing (2nd Fri.) 9:30 Guitar Jam Session 9:15 Morning Exercise 10:15 Scrabble 12:30 Bridge 1:00 Movie & Popcorn	Daily 8:30 Fitness Center, Billiards, Library, Computer Lab, Walking Group 9:00-3:00 Wood Shop * 10:00-2:00 Gift Shop 11:00-12:00 Lunch * Has a suggested contribution/ pre-registration required (Classes have a start and end time)

Wish List for Serving Older Adults of Southeast Wisconsin (SOA)

\$25 and Under

All-purpose cleaner (C) (K) (Wi)
Aprons (M)
Artificial cleaner (K)
Batteries AA, AAA, 9V, C (C) (K) (W)
Bleach (K) (W)
Cards (M)
Cases of water (C) (K) (W) (Wi)
Chairs with arm support (M)
Cleaning cloths (K)
Clorox wipes (C) (K) (W) (Wi)
Coffee (C) (Wi)
Coffee supplies – stirrers, sugar packets (M)
Copy paper (C) (K) (W) (Wi)
Creamer (M) (C) (K) (W)
First aid supplies (C) (K) (W)
Hand sanitizer (C) (K)

\$101 - \$500

Bulletin boards
Commercial vacuum cleaner (C)
Epson color printer with ink
Karaoke machine (W)
Push carts (Rubbermaid and stainless) (Wi) (C) (W)
Weed Wacker(s) – battery operated (C)
Whiteboards (C)

\$501 - \$1,000

Lawnmower
Lobby furniture (C)
Sewing machines (serviced annually) (C)

\$1,001 - \$10,000

Floor scrubber
PA system (C)
Smart TV (C)
Tables and chairs (C)
Theater curtains (C)

Senior Center Key:

C – Clinton & Bernice Rose
K – Kelly
M – McGovern Park
W – Washington Park
Wi – Wilson Park

For more information and additional wish list items, visit our website:

www.servingolderadults.org/wishlist

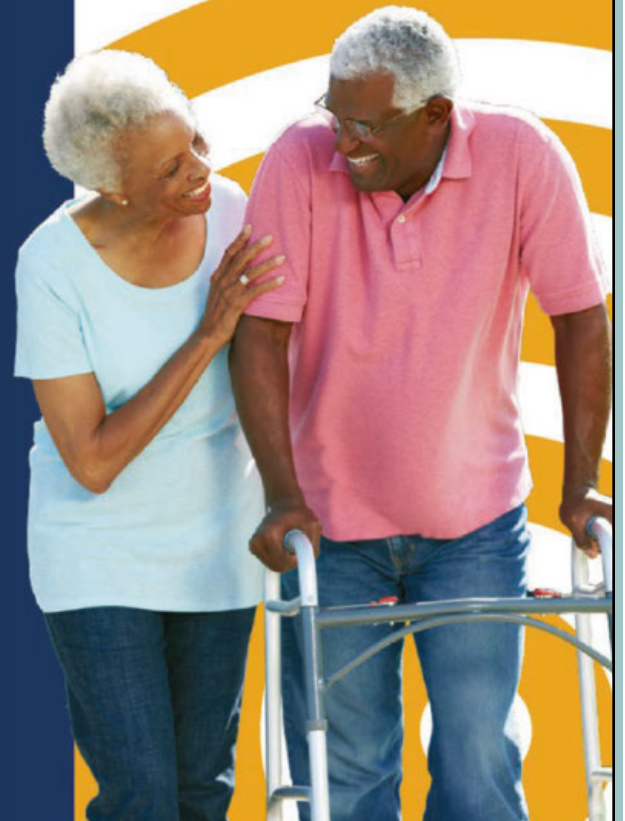


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Milwaukee County Aging & Disabilities Services provides a single point of access to services for older adults and individuals with disabilities. We offer a wide range of programs and services to meet the diverse needs of our community including: Long Term Care, Dementia Care, Meals on Wheels, Adult Protective Services, Information & Assistance, Benefits Specialists, Senior Centers, Wellness Programs, Senior Dining, Transportation and more.

Call the ADRC at (414) 289-6874 to learn more.



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SOA Travel Trips

Want to get away? SOA now offers extended travel trips!

UPCOMING TRIPS

Discover Canyon Country: October 3rd-10th, 2025

Spotlight on Washington D.C., October 9th-14th, 2025

**Christmas Markets of Montreal & Quebec City:
December 5th-11th, 2025**

Explore Northern Italy: April 16th-24th, 2026

Tropical Costa Rica: February 16th-24th, 2026

All trips are open to the public; you do not need to be a member of the senior center to travel with us.

Contact us for more information or to sign up:

Phone: 414-704-3343

Email: travel@servingolderadults.org



Community Resources



Senior Dining

We are open for in-person dining at all five centers. There is a suggested \$3 donation for adults 60+ and \$8 cost for guests under 60. A reservation by 11:00 am the day prior is required for all diners.

Clinton Rose	414-263-2255
Kelly	414-481-9611
McGovern Park	414-527-0990
Washington Park	414-933-2332
Wilson Park	414-282-3284

Advisory Committee Meetings

This is a great opportunity to get involved in your senior center. Help us plan, provide feedback on existing and new programs, hear updates, stay informed, and ask questions.

Clinton Rose	Tuesday, June 24, 10:30
Kelly	Wednesday, June 25, 1:00
McGovern Park	TBA - Closed on Juneteenth
Washington Park	Tuesday, June 10, 10:00
Wilson Park	Wednesday, June 18, 10:00

Stockbox

A Stockbox is a box of healthy foods that Hunger Task Force provides to low-income seniors free of charge. Contact a senior center for more information.

Clinton Rose	Thursday, June 5, 11:00-12:30
Kelly	Thursday, June 20, 12:30-1:30
McGovern Park	Thursday, June 26, 12:00-1:00
Washington Park	Tuesday, June 3, 9:30-10:30
Wilson Park	Tuesday, June 17, 10:00-11:00

Community Partners

Our community partners are a large part of how we are able to provide services to older adults. Whether it is through furthering education, giving donations, sponsoring events, or spreading awareness, our community partners have stepped up to support older adults in our community.



ACLU
Active Healthy Living
Aetna
Aggies Bakery
Allay Home and Hospice
Alzheimer's Association
America Republic Insurance Service
American Red Cross
Aurora St. Luke's Southshore
Autumn Leaves
Badger Hospice
Bread Smith
Capri Community
CarePatrol
Caring Senior Services
CHI Living
Cornerstone
Cudahy Family Library
Cudahy Fire Department
Cudahy Place Senior Living
Cudahy School District
Cudahy Health Department
Einstein Bagels
Empire Beauty School
Groundcorp
Groundworks MKE
Harbour Village
Hear Wisconsin

Historic 41 Business Association
Howard Village
Humana
Hunger Task Force
Hayat Pharmacy
iCare
Impower
Islamic Da'Wah & Muslim Community Center
Love Thy Neighbor
Martin Drive Neighborhood Assoc.
MATC
Milwaukee County Sheriff Department
Milwaukee County Parks
Milwaukee Police Department
Milwaukee Public Schools
Milwaukee Steppers & Boppers
Milwaukee Veterans and Homeless Initiative
Milwaukee Women's Center
Miracle Home Health of Wisconsin
Molina Healthcare
NAACP
Neuropath Wellness
Northside Side Community Development Cooperation
Park People
Pete's Supermarket
Pick N Save/Metro Market

Safe and Sound
Salvation Army
Senior Helpers
Sorenson
Soul to the Polls
Southeastern Wisconsin Deaf Senior Citizens
St. Croix Hospice
Syngery Homecare
The Power of Change
University of WI-Madison
Urban Ecology Center
VA
Villa St. Francis
Walgreens
Westcare
Wildcats-Lincoln Middle School
Williamstown Bay
Wilson Commons
Wisconsin Health Literacy
Wisconsin Institute on Aging
Wisconsin Parkinson Association
YMCA Milwaukee

Thank you to our many partners!

We wish to thank all of our partners. Without your support we would not be able to provide vital programs and services to older adults in our community. This list represents all who donated from **May 2024 - April 2025**. We made every attempt to recognize all donors. If your name was missed, please contact us at Development@servingolderadults.org.

\$50,000 - \$99,000

Greater Milwaukee Foundation
Otto Bremer Trust

\$10,000 - \$49,999

Anonymous (1)
RRF Foundation for Aging
Direct Supply
Forest County Potawatomi Foundation
General Mills Foundation
GigaFlight Connectivity
Patrick & Anna M. Cudahy Fund
Bader Philanthropies, Inc.
Spectrum

\$5,000 - \$9,999

Anonymous (1)
AARP Senior Planet
Anderson Commercial Group
Every Day Good Foundation
Francie Luke Silverman Foundation
Jim Sheridan Family
Robert Hillis
The Catholic Community Foundation
We Energies Foundation

\$2,000 - \$4,999

Anonymous (2)
Heartland Properties, Inc.
James & Lisa Pekar
Janice and John Gardetto
Mares Law Offices LLC
Pieper Electric, Inc.
Southeastern Wisconsin Deaf Senior Citizens

\$1,000 - \$1,999

Anonymous (2)
Anthem Blue Cross Blue Shield
Chris & Nancy Olson
Cory Savage
Dan Shaykevich State Farm
David and Debbie Gettelman
Friends of the Wilson Solarium
Greg & Jill Gardetto
Harvinder Ahuja
Melissa and David Stauber
Melissa Stauber
Mike Drilling
Milwaukee County Aging and Disability Services
Preston Alvadj
Synergy Homes WI

\$500 - \$999

Anonymous (3)
Bridgette and Kevin Frommell
CaptionCall
Chris Marschka
Christopher Kujawa

\$500 - \$999 (cont.)

Cindy Sheridan
Clear Captions
Constance Crooks
David Frank
Dennis Lech
Hayat Pharmacy
Inpower Solutions
Jacqueline Fryer
Jaime J Maliszewski
James Hempel
Jeanne and John Kennedy
John C. Lapinski
Lawrence Taylor
LeafGuard
LSS Connections
Mark Beyer
Max A. Sass & Sons Funeral Homes
Michael & Catherine Krzykowski
Michael Tillman
Mike & Sally Radka
Northwestern Mutual Foundation
Volunteer Support
Patricia Garrity & John Misorski
Patrick and Piper Mehigan
Plennes Construction
Robertson Ryan Insurance
Roselettes
Roy and Lynn Meythaler
Senior Helpers
Milwaukee/Waukesha Sequoya Borgman
Sherry Kulhanek
Steve Wamser
Talem Home Care & Placement Services

\$500 - \$999 (cont.)

Team Hoffman
RE/Max
TMG
Uzelac Industries, Inc.
Walter & Katie McCoy

\$250 - \$499

Anonymous (3)
American Republic Insurance Services
Ascension Living
Alexian Village
Milwaukee
Barbara Toles
Bart Kocha and Carol Marefka
Carol and Brian Kellogg
Cathy & Tom Wood
Charles Woodward & Katherine Hannah
Charlie Rush
Chris Catalano
Cliff Chapin
Clifton and Laurie Burns
Colleen Grundy
Comfort Keepers
Del Januchowski
Diane Ertel
Don and Chris Gardner
Elder Benefit Specialists Aging and Disabilities Services
ePlatinum Health
Eras Senior Network
First Lutheran Church
Frank Brindza
Greater Wisconsin Agency on Aging Resources

\$250 - \$499 (cont.)

Health Connections, Inc.
Jacob Hisenkamp
John Niemiec
Legal Action of Wisconsin-Senior LAW
Lynn Crawford
Margaret Calteaux & Terri Matenaer
Margaret Todd
Marsha & Paul Bukofzer
Mary Neitzel
Matthew & Lora Bruce
My Choice Wisconsin
Nita F Farrow
Patrick Lee
Paul & Nancy Baniel
Randy Merg
Raymond Berg
Right at Home
Roselettes
Roxann Tolliver
SilverSneakers
St. Ann Center for Intergenerational Care
Third Coast Vascular Centers
Tim and Katie Moersfelder
Tom Massopust
Wisconsin Talking Book and Braille Library
Yvonne Thomas



Our GEMs (Give Every Month) - You Help Us Shine!

Marsha & Paul Bukofzer
Colleen Grundy
Mares Law Offices LLC

Barbara Toles
Roxann Tolliver
Prince Wilson

Cathy & Tom Wood

What Is a GEM?

A GEM is a member of a dedicated community who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

How Do I Become a GEM?

You can set up a recurring donation by visiting our website, servingolderadults.org/donate, and selecting "Donation - Recurring" under Donation Type. Your credit card will be charged on the same date every month as the original charge.

You can also send a check or set up a recurring bill payment on your bank account and have your bank send payment to:

Serving Older Adults, Attn: Development
4420 W Vliet St, Milwaukee, WI 53208

Your payment can be changed or stopped at any time by contacting development@servingolderadults.org.

Partners to \$249

Anonymous (26)	Emma Gilbert	Lazarus Jackson	Rose Hill Missionary Baptist
Al & Marti Marino	Erna Schatzman	Linda and Patrick Devitt	Church Inc.
Alice Stokes	Ernice Austin	Linda Barikmo	Rosemarie Fridrick
Althea Stover	Evelyn Merriett	Linda Brown	Ruby Mason Meeks
Alton Campbell	Evelyn Ray-Cowan	Linda L. Marcinowski	Ruth Gaura
Alvin Czysh	Fannie Edwards	Linda Schaffer	Sandi
Andron Lang	Felecia Bratcher	Linda White	Sandy Stoller
Ania Horner	Flossie Griffin	Lizzie Roundtree	Sarah McCullum
Ann Thompson	Frances Moore	Lorie Rieden	Sharon Anderson
Anton & Sonja Devcic	Gary Kubacki & Marianne	Lynn Crawford & Tim	Sharon Morris
Apollonia & Raymond Johann	Staszak	Willmes	Sharon Schneck
Audrey Jansen	Gary Mecha	Lynn Medlin	Sheree Robertson
Barb Johnson	Gaye Clark	Macedonia Church	Shirley Browne
Barbara Brewer	George Felder	Marsha Godfrey	Sidney Fumbanks
Barbara Kogutkiewicz	George Frison	Mary A. Schroedl	Steele Built of Wisconsin
Barbara Semons	Georgette Watkins	Mary Ann Bagemehl	Stephen & Mary Maier
Barbara Sottile	Gilbert & Lynn Adams	Mary Ann Panevaska	Stephen & Susan Ragatz
Barbara Thierfelder	Gloria Mays Fulsom	Mary Ard	Stephen Jerde
Bernadette Berdes	Gloria Quin	Mary Dauden	Steven & Nancy Harwood
Beth Waschow	Heather Kormanik	Mary E. Huot	Stuart & Gayle Schenk
Betty Greem	Helen Reed	Mary L. Sell McCuen	Sue Blaustein
Bob Sherman & Eileen Alm	Iona Whittley	Mary Marks	Sue Burwell
Bonnie Ruel	Isabel Ray	Mary Tetzlaff	Susan Bock
Brad & Amy Schultz	James Clifton	Mel Larsen	Susan Marsolek
Brenda Porter	James Drake	Michael Coffey	Suzanne Singh and Paul
Candice DuQuaine	James Kimble	Michael Howden	Terrien
Carl Lacy	James Patterson	Michael R. Prudhom	T. Michael Parker
Carla Staab & Edward	Jan Pritzl & Karen A'Rowan	Michele Rinka	Taylor Chojnacki
Krueger	Jane and Jerry Steingraeber	Milwaukee Parks Foundation	Ted & Mariane Allen Sr.
Carol A. Stolpa	Janet M. Strom	Minnie Dyson	Terry Reed
Carol Jones	Janet Pape	Minnie Harmon	Thelma Roberson
Carol Loomis	Janice Lee	Miss Mosley	Thomas Giesfeldt
Caroline & Robert Sanderson	Jaqui Huff	Mr. Stokes	Thomas Janczak
Carolyn Blackwood	Jason Christ	Muriel M. Plichta	Tim Carpenter
Charlotte Lewis	Jean Badura	Nancy & Joseph Di Giacinto	Tom & Cheri Briscoe
Christine Prevetti	Jeannine McFadden	Nancy & Theodore Sipowicz	Tom Hipsak
Cindy Juds	Jeff Smith	Nancy Hallberg	Tony Duvall
Cindy Kroll	Jennifer Lopeman	Neal & Dianne Michel	TOPS 0033
Cleo Alexander	Jerry & Mary Williquette	O. Morris	TOPS Group 1166
Cleo Jones & Alice Love	Jewel Martin	Pamela Miller	Tyrone Pennington
Connie Trapp	Jill M Littlefield	Pat & Kay Duggan	Valanee Schmitz
Cordelia Robinson	Jim & Barb Schroeder	Pat and Frank Bruce	Vera F Ford
Cynthia Coleman	Jim Kolodzinski	Pat Ehler	Veretta Porter
Dan Baar	Jo Ann Rucker	Pharis Brooks	Verna Johnson
Daniel & Linda Zemanovic	Joan Wilson-Webb	Prince Wilson	Vernestine Varnado
Darlene Zemanovic	Joanne Joers	Rachel Ritchhart	Vickey Wilburn
David & Mary Hempel	Jodi & Matt Bauer	Ray Rutherford	Vickie Flocker
David Haase	John "W" Williams	Ray Saron	Vivian Jones
Debra Jupka	John & Eileen Stewart	Regina M. Koronkowski	Wendy Cetera
Delores Mitchell	John & Peggy Niemer	Regis Welsh and Linda	Widge Liccione
Dennis & Cindy Horzewski	John Crowley	Trewyn	William J Hable
Diana Heikkinen	John Evans	Renate Liedtke	William Rossi
Diane Hellrung	John Sargent	Richard & Joan Gaeth	Wilson Commons
Diane Lembck	Joyce Radtke	Richard & Jocelyn Turner	Yvonne Mahoney
Dick Goldberg	Judith Kaiser	Richard Cywinski	Z.T. Distribution, Inc.
Donna Geb	Julie Jacobson	Rick Janowski	Zelma Simmons
Dorothy Majchrzak	Juliet Hills	Ricky	
Dorothy Mitchell	Katherine Kloecker	Rita Gutowski	
Dorothy Severson	Katherine Peoples	Robert Watson	
Ed Matichek	Kathryn Krieg	Robert Larson	
Eddy Magnus	Keith Angelroth	Ron & Renee Scherr	
Efficient Moving Cleaning	Ken Reynolds	Rosale Horton	
Services	Kenneth & Jodi Hazen	Rosanne & Harry Moore	
Elaine Johnson	Kenneth Huber	Rose	

Thank you!

DONATION FORM

I/We wish to make a contribution to SOA in support of services for older adults in our community.

Please use my donation at:

- | | |
|---|--|
| <input type="checkbox"/> Where need is greatest | <input type="checkbox"/> McGovern Park Senior Center |
| <input type="checkbox"/> Clinton Rose Senior Center | <input type="checkbox"/> Washington Park Senior Center |
| <input type="checkbox"/> Kelly Senior Center | <input type="checkbox"/> Wilson Park Senior Center |

MY DONATION:

- | | |
|--|---|
| <input type="checkbox"/> \$25 - Supporter | <input type="checkbox"/> \$500 - Advocate |
| <input type="checkbox"/> \$50 - Associate | <input type="checkbox"/> \$1,000 - Connector |
| <input type="checkbox"/> \$100 - Friend | <input type="checkbox"/> \$5,000 - Benefactor |
| <input type="checkbox"/> \$250 - Companion | <input type="checkbox"/> \$10,000 - Champion |
| <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Become a *GEM: _____ |

*What is a GEM (Give Every Month)?

A GEM is a member of a dedicated group of donors who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

Full Name: _____

Name(s) (how you would like to be acknowledged)

Street Address _____

City, State, Zip Code _____

Email Address _____

☐ I/We wish to remain anonymous

Donation ☐ in honor of ☐ in memory of

Payment Method

☐ One time donation

☐ Monthly

Cash _____ Check # _____
(Please Make Check Payable to SOA)

Credit Card Number: _____

Exp. Date _____ CVV# _____

Signature _____

Telephone: _____

Please charge my credit card for my one-time donation of

\$ _____

Please charge my card \$ _____

Per: Month Quarter _____ Number of Times

For a Total Donation of \$ _____



Let's age well together!

Our Partnership Program allows you to partner with SOA to help fulfill our vision of a community where every adult 50 and better will be connected to the resources they need and the opportunities that interest them throughout the entire aging process.

The Partnership Program gives you the opportunity to place your donation with the center you value, with a center that needs help, or where the need is the greatest. Please consider partnering with SOA by filling out this form and returning it to the front desk of your senior center, or mail to:

SOA Partnership Program
4420 W Vliet St
Milwaukee WI, 53208

See our Partnership pages for a complete list of partners.

Donors will be recognized each month on the Partnership pages of "The Connection" and in our annual report.

thank
you!

FOR OFFICE USE ONLY

Date Received: ____/____/____ Receipt# _____

Location: _____ Init: _____