

SERVING OLDER ADULTS OF SOUTHEAST WISCONSIN, INC.

April 2026



THE CONNECTION

TABLE OF CONTENTS

About SOA	2
Special Events	3
Technology & Tech Connect	5
Fitness & Movement	6-7
Wellness & Nutrition	8-9
Learning & Enrichment	9
Arts, Music & Creative Expression	10-11
Social & Recreation	12-14
Trips & Outings	16
Support & Resources	16
Announcements	17
Wish List	18
Division on Aging Updates	20
Community Partners & Donors	21-23

Programming Location Key Code

CR: Clinton Rose Senior Center
K: Kelly Senior Center
WA: Washington Park Senior Center
WI: Wilson Park Senior Center

SOA CLOSURES

Friday, April 3rd - Good Friday
April 6th-10th - Kelly closed for Cleaning Week
April 20th-24th - Clinton Rose closed for Cleaning Week


CONTACT US

 Administrative Office
 4420 W Vliet St
 Milwaukee, WI 53208

 414-704-3343

 www.servingolderadults.org

HOURS OF OPERATION

 Monday - Friday
 8:30 AM - 4:30 PM

Aging Well

TOGETHER

Serving Older Adults of Southeast Wisconsin positively impacts the health and well-being of older adults by providing quality health and wellness programming, continuous learning opportunities, community engagement, and a variety of socialization outlets.

SERVING OLDER ADULTS ADMINISTRATION

President/CEO: Michael Vanblaricum
Chief Financial Officer (CFO): Antresia Smith
Chief Programming Officer (CPO): Shannon Downie
Chief Development and Marketing Officer: Lyndsey Schneider
Chief Human Resources Officer (CHRO): Candace Richards

SUGGESTED CONTRIBUTIONS FOR CLASSES

Some classes are listed with a suggested contribution amount. Your generous contribution helps ensure programs can continue as our funding only covers a portion of the costs. Please register at least two weeks before the start date in the center's office. Activities will be canceled if minimum registrations are not met. For accommodations, please let staff know at time of sign-up.

USE GOOD JUDGMENT

Participants assume the risk of taking part in activities. Serving Older Adults of Southeast Wisconsin, Inc. and Milwaukee County are held harmless from all claims resulting from taking part in any activity at the senior center.

GET INVOLVED TODAY!

1. Complete participation form.
2. Register for the Dining Program.
3. Sign-up for a Fitness Center Orientation.
4. Pick up your touch screen card and log-in daily.
5. Enjoy the centers!

ADMINISTRATIVE OFFICE

4420 W Vliet St Milwaukee, WI 53208
Main: (414) 704-3343

CLINTON & BERNICE ROSE SENIOR CENTER

Manager: Sheila Carter
3045 N Dr. Martin Luther King Jr. Dr
Milwaukee, WI 53212
Main: (414) 263-2255

KELLY SENIOR CENTER

Manager: Bob Best
6100 S Lake Dr
Cudahy, WI 53110
Main: (414) 481-9611

MCGOVERN PARK SENIOR CENTER

CLOSED INDEFINITELY

WASHINGTON PARK SENIOR CENTER

Manager: Angela Wright
4420 W Vliet St
Milwaukee, WI 53208
Main: (414) 933-2332

WILSON PARK SENIOR CENTER

Manager: Lloyd Stephens
2601 W Howard Ave
Milwaukee, WI 53221
Main: (414) 282-5566



These senior centers are managed by Serving Older Adults of Southeast Wisconsin and funded through Milwaukee County DHHS Aging & Disabilities Services and other generous donors.

About Serving Older Adults

Special Events

Early Voting

Washington Park Senior Center will be open for early voting.

WA - April 1 & 2, 9:00 - 4:00

Rise and Shine Easter Brunch Concession Sale - Suggested Contribution: \$10

Rise up and enjoy a delicious breakfast and Easter cheer with a yummy concession sale. Bring your wallets and appetite! The suggested contribution is \$10 and includes scrambled eggs, toast, sausage, hashbrowns, fresh fruit, and a beverage. All proceeds go to support the center. Come ready to have fun and fellowship.

CR - Thursday, April 2, 9:30 - 11:00

WI- National Burrito Day Friday, April 3

Stop by Wilson's kitchen and enjoy a homemade, authentic burrito for \$3.00 while they last.

WI - Spring Craft and Rummage Sale Saturday, April 18, 9:00 - 3:00

Food and baked goods will be sold. Tables are \$25.00.

WI - National Parkinson Day Monday, April 6, 9:30 - 10:30

Listen to a speaker from the Wisconsin Parkinson Association in the Main Hall.

♥ WI - World Dance - Suggested Contribution: \$3 Monday, April 6, 10:15 - 11:00

Join us for some dancing! No partner or special clothing required.

WA - Spring Election Day April 7, 7:00 am - 8:00 pm

The Main Hall at Washington Park will be set up for the spring election.

WI - Big Band Concert and Dance Monday, April 13, 1:30

Take a walk back in time with the Wilson Swing Band. Couples and singles welcome.

WA - Mini Health Clinic

Sponsored by Froedtert Hospital

Tuesday, April 28, 9:30 - 1:00

Come for a mini health clinic. Nurses will be on duty to talk too.

♥ Heart Icons indicate fitness or nutrition programs that are good for your heart!

Holiday Photo Booth (NEW)

Open Monday, April 13, 9:00 - 3:00

Now you can create a lasting memory of the holidays at Kelly Senior Center. Stop at the photo booth, grab your friends, pick a prop and smile! Snap a souvenir photo of your own special celebration. Register at the reception desk.

WA - Writing Workshop

Monday, April 13 & April 27th, 1:00 - 2:30

If you like to write poetry, short stories, or any other forms of creative writing, then this class is for you. Come and join us for free.

K - Used Book Sale

Donate: April 13-17. Sale: April 20-24

We will be gathering gently used books and making them available for purchase. Proceeds benefit the Kelly Senior Center. Drop Off Books April 13-17. Purchase: April 20-24. For more information stop at the front Desk.

SAVE THE DATE!

National Senior Health and Fitness Day May 27, 10:00 - 1:00

Join SOA and seniors from across the country in promoting wellness and preventative health at our annual National Senior Fitness Day! Enjoy physical, nutritional, and mental health programs while winning prizes and finding great health resources available in Milwaukee.

June Rummage Sales

CR - Saturday, June 6, 10:00 - 1:00

Join us for a rummage sale, car wash, and concession sale. Table cost is \$25. Contact the center for details: 414-263-2255.

WA - Annual Rummage Sale

Saturday, June 27, 8:00 - 2:00

Table cost is \$25. See Debbie for more details.

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WE'RE HIRING

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Maria Linden
Kaycee Polfer
marialinden@oakbrookcorp.com

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TECHNOLOGY

Technology Help

Need help with a gadget? Volunteer Phil will be available to help.

K - Wednesday and Thursday, 1:00 - 4:30

Bring Your Own Device (BYOD)

Tech Connect's Bring Your Own Device (BYOD) sessions are a great opportunity for you to get assistance with your technology. You can ask a Technology Trainer about anything tech-related, big or small.

Participants are encouraged to sign up for a session by contacting center staff. They are also welcome to work with a Tech Trainer on a walk-in basis, depending on availability. If you bring it, we will help!

Mondays

K - 8:30 - 4:30

WA - 8:30 - 4:30

Tuesdays

K - 8:30 - 4:30

WA - 8:30 - 4:30

WI - 9:00 - 3:00

Wednesdays

CR - 8:30 - 4:30

Thursdays

WI - 9:00 - 3:00



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Sharing Photos

In this hands-on workshop, you will practice several ways to share photos with an Android smartphone.

Learn how to share photos via text messages and email directly from your phone. The workshop will also go over how to share photos on social media apps like Facebook and X.



Cybersecurity Basics

Are you interested in online safety and want to protect yourself from fraudsters and scams?

Come to this in-person workshop and build confidence when visiting websites, creating passwords, and responding to email!

Dates and times TBA. Keep an eye out for flyers at your center for more information!

Visit us online at www.servingolderadults.org

FITNESS & MOVEMENT

ASAHI, TAI CHI & BALANCE

♥ **ASAHI Exercise Program**

ASAHI is an exercise method similar to Tai Chi developed to provide a safe practice that almost anyone can do. It is a simple, effective routine to improve health and quality of life.

K - Fridays, 10:00

♥ **Balance & Stretch**

Strength training and cardio get all the attention, but flexibility and balance are the two most-overlooked components of fitness. Prevent injuries and falls with this free class!

WA - Tuesdays, 10:00 - 10:30

K - Thursdays, 9:00 - 9:45

CR - Fridays, 9:00 - 9:30

♥ **Tai Chi**

Tai Chi is an exercise using slow, flowing movements, deep breathing, and mindfulness. It promotes physical health, including balance, flexibility, strength, and mental relaxation.

K - Mondays, 10:00 - 11:00,

Wednesdays, 3:00 - 4:00

♥ **Tai Chi Prime**

Suggested Contribution: \$5/class

This instructor-led class will allow you to energize your mind and body, lower stress, improve sleep, and reduce your risk of falls.

WA - Wednesdays, 12:30 - 2:00

CARDIO DRUMMING

♥ **Cardio Drumming**

Suggested Contribution: \$10/month or \$3/class

Get an upper-body cardiovascular workout while listening to **your favorite music**.

WI - Mondays, 12:30 - 1:00

WA - Wednesdays, 9:30 - 10:00

K - Thursdays, 12:30 - 1:00

DANCE

♥ **Beginners Line Dance**

Learn the basics of line dancing. Some line dance experience is helpful. **Registration recommended.**

CR - Mondays & Wednesdays, 11:00 - 12:00

K - Wednesdays, 11:00 - 12:00

♥ **Dance for Fun and Fitness**

Shake up your fitness routine with line dancing. This workout is something you are sure to enjoy.

**CR - Mondays, Wednesdays & Fridays,
10:00 - 11:00**

♥ **Detroit Style Ballroom Dance**

**Suggested Contribution: \$4/class
(Pay by the month)**

This instructor-led class will start with basic techniques and then advance from there.

WA - Thursdays, 12:30 - 1:45

♥ **Line Dance - Suggested Contribution: \$12**

Join this fun group of dancers! Everyone is welcome.

WI - Mondays, 10:15 - 12:00

♥ **Movement & Music: Parkinson Disease Exercise**

Presented by Wisconsin Parkinson Association

Manage your Parkinson's symptoms while having fun!

This class incorporates stretches, strength training, posture, balance, walking drills, and vocal exercises.

K - Mondays, 11:30

♥ **Movin' & Groovin'**

Get ready to learn trendy line dances while grooving to the beat. This class is open to all genders and levels of dance.

CR - Wednesdays, 2:00 - 3:00

Passion to Praise (P2P)

Have the desire to learn praise dance? Join P2P and embark on an amazing spiritual journey.

CR - Tuesday, April 7, 12:15 - 1:00

♥ **Silver Steppers**

Get moving with this upbeat line dance class.

WA - Tuesdays & Thursdays, 10:00 - 11:00

♥ **Tap Dance**

Tap your way to fitness and fun! Three sessions of continuing tap instruction are available.

Suggested Contribution: \$40

WI - Thursdays

Advanced, 9:00 - 9:45

Intermediate, 9:45 - 10:30

Beginners, 10:30 - 11:15

♥ **Zumba**

Join a fun and active Zumba class.

WA - Tuesdays, 12:30 - 1:30

CR - Wednesdays, 1:00 - 2:00

Sponsored by The Milwaukee Turners.

FITNESS & MOVEMENT

FITNESS CENTERS

♥ Exercise Center

The exercise center is open daily at each senior center, from 8:30 am - 4:00 pm.

GROUP EXERCISE

♥ Chair Arthritis Exercises

Reduce joint pain and improve overall flexibility while sitting and exercising at your own pace.

WA - Mondays, 10:00 - 11:00

♥ Hand Weights

Get a full-body workout. All skill levels are welcome.

CR - Mondays, Wednesdays & Fridays, 11:00 - 11:30

♥ Morning Exercise

Start the morning with a mix of balance, strength, and flexibility exercises, plus low-impact cardio.

K - Mondays & Fridays, 8:45 - 10:00

WA - Tuesdays & Thursdays, 9:00 - 10:00

WI - Mondays, Wednesdays & Fridays, 9:00 - 10:15

♥ Morning Fitness

Start your day with video fitness and a great group of people.

K - Tuesdays & Thursdays, 8:45 - 9:45

♥ Low-Impact Aerobics

Enjoy low-impact exercise that puts less stress on the joints.

WI - Mondays & Thursdays, 1:00 - 2:00

♥ Senior Striders

Reap the benefits of seated exercises. This class will help those with limited mobility to improve their flexibility and circulation while strengthening their bodies.

CR - Mondays & Wednesdays, 12:00 - 12:30

♥ Walk Easier

Take an easy stroll while listening to R&B music. Walking will improve your overall health, lower your blood pressure, and lower your blood sugar.

**CR - Mondays, Wednesdays & Fridays
12:30 - 1:00**

TENNIS

♥ Table Tennis (Ping Pong)

Playing a friendly game of ping pong is a fun way to get daily exercise and increase eye-hand coordination.

WA - Monday - Friday, 1:00 - 4:00

♥ Tennis (Indoors)

Join a game of tennis with our tennis group.

WA - Fridays, 9:30 - 10:30

YOGA

♥ Adaptive Chair Yoga

Our experienced yoga teacher guides students through poses using a chair for comfort and accessibility.

K - Tuesdays, 10:00 & Thursdays, 1:30

♥ Yoga With Asana

Asana emphasizes maintaining a steady and comfortable seat, which helps the mind remain calm and focused.

WI - Tuesdays, 2:00 - 3:00

♥ Laughter Yoga

Laughter Yoga combines intentional laughter exercises with deep breathing (pranayama) and playful movements. It has three elements: laughter & playfulness, deep breathing, and mindfulness meditation. **Registration required.**

WI - Thursday, April 9 & 23, 2:00 - 2:45

K - Tuesdays & Thursdays, 2:00 - 3:00

♥ Yoga -

**Suggested Contribution: \$6/class
(Pay by the month)**

Yoga classes use gentle movements to improve flexibility, balance, strength, and posture.

WA - Mondays, 9:00 - 10:00

♥ Yoga - *Sponsored by The Milwaukee Turners*

Bring your yoga mat and join us for some gentle and fun exercises. Don't have a mat? You can borrow one of ours.

CR - Mondays, 1:00 - 2:00

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WELLNESS & NUTRITION

COOKING DEMOS

♥ Cooking with Bailey

Presented by Milwaukee County

Learn tips and tricks to tasty recipes to make them healthy and packed with flavor.

CR - Wednesday, April 8, 1:00 - 2:00

♥ Nutrition Class & Cooking Demo: Plant-Based Proteins

Presented by Hunger Task Force

Learn about eating healthy and see a cooking demonstration with samples! **Registration required.**

K - Tuesday, April 14, 1:00

WI - Monday, April 13, 10:00 - 11:00

♥ Nutrition Class and Cooking Demo: Nutritious Treats

Presented by Milwaukee County ADS

Join dietitian Bailey for a nutritious treats cooking demo! Learn about some delicious, healthy alternatives to sweet treats. **Registration required.**

K - Tuesday, April 23, 1:30

♥ Cooking Demo w/Chef Marvin aka "The Unsalted Chef"

Join Chef Marvin for a cooking demonstration that will show you how to add flavor to your dishes without relying on salt. Learn how to use herbs, spices, and other natural ingredients to create delicious and healthy meals that are perfect for the whole family.

WA - 2nd Thursday of the Month, 10:00 - 11:00

CR - 3rd Thursday of the Month, 10:00 - 11:00

NUTRITION

Healthy, Wealthy, & Wise: Your Guide to Wellness Workshop

Facilitated by Rashadeem Gray

Work with an experienced educator whose engaging workshops empower participants to make informed decisions and promote a healthy lifestyle.

CR - Tuesday, April 14, 10:00 - 11:00

♥ Nutrition Education Classes

Sponsored by Hunger Task Force

Nutrition Classes is teaming up with the Hunger Task Force! Join us for a fun-filled hour of nutrition education and healthy eating tips. Enjoy delicious samples afterwards.

**CR - Tuesday, April 14 & Wednesday, April 29
12:00 - 1:00**

MIND & BODY

♥ Meditation Sound Bowls

Presented by Blessings

Indulge in the sweet melody of sound bowls.

CR - Wednesday, April 1, 1:00 - 2:00

♥ Inner Circles for Older Adults

Presented by Andron Lane

Embark on a wellness journey with Andron Lane. Enjoy wellness chats, exercise, and loads of fun.

CR - Tuesday, April 7, 10:00 - 11:00

Reflexology

Enjoy a thousand-year-old foot massage technique while relaxing in our wellness room.

WI - Tuesday, April 14 & 28, 10:00 - 1:00

WEIGHT LOSS

♥ Take Off Pounds Sensibly (TOPS)

Taking Off Pounds Sensibly can help you effectively shed those unwanted pounds. Best of all, you will learn health options from supportive TOPS members.

CR - Mondays, 9:00 - 10:00

K - Wednesdays, 9:30 - 11:00

**Registration is currently full at Kelly. Please call the TOPS Headquarters to find another location.



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WELLNESS & NUTRITION

WELLNESS CONSULTATION

The Wellness Coordinator is available at each center every week by appointment to help with proper exercise machine use and to answer any health-related questions. Speak with the center staff to schedule an appointment.

WI - Monday, 9:30 - 11:30
WA - Wednesday, 9:30 - 11:30
K - Thursday, 9:30 - 11:30
CR - Friday, 9:30 - 11:30

LEARNING & ENRICHMENT

CLASSES & CLUBS

Bible Study

Come join us as we dig deeper into the Word and learn more about scripture.

CR - Tuesdays, 9:30 - 10:30
WA - Thursdays, 10:30 - 11:30
WI - Wednesdays, 10:15 - 11:15

Genealogy Club

Explore your roots with others interested in family history. Come to connect, learn, and share resources.

Registration recommended.

K - First & Third Tuesdays, 1:00

LANGUAGES

German Classes

Suggested Contribution: \$10 (Covers Materials)

Want to learn to speak German? Whether you are just beginning or want to brush up on your skills, join us for a fun exercise in learning another language.

Registration required.

WI - Beginning German Tuesdays, 1:00
WI - Advanced German Thursdays, 9:15
K - All Levels Fridays, 10:00 - 11:00

PRESENTATIONS

Community Listening Session - "Wealth Building & Lessons"

Hosted by INPOWER

This listening session is focused on Wealth Building and Wealth Lessons. Refreshments served. **Registration required.**

CR- Thursday, April 2, 12:00 - 1:30

Epilepsy: What You Need to Know

Learn from Epilepsy Families about epilepsy and first aid for seizures: how to help someone having a seizure. **Registration required.**

K - Tuesday, April 14, 12:00 - 1:00

Financial Security: Avoiding Scams, Elder Financial Abuse

Presented by Eminence Gray

Learn how to protect your life savings from scams and abuse. **Registration Recommended.**

K - Wednesday, April 15, 12:00

Health Insurance

Presented by Tai Thao

Get to know the best fit for health insurance and get your questions answered.

CR - Thursday, April 16, 1:00 - 2:00

Women's Club presents Writing Children's Books

Sponsored by Wisconsin Memorial Park

Award-winning local author and Kelly participant, Cate Miller, will talk about her journey to becoming an author of children's books. **Registration required.**

K - Monday, April 20, 1:30

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ARTS, MUSIC & CREATIVE EXPRESSION

ART CLASSES & STUDIOS

Card Making

Have fun socializing and reminiscing while you make beautiful greeting cards for all occasions.

K - Tuesday, April 14, 11:00

WA - Thursdays, 9:30 - 11:30

Memories in the Making

Sponsored by The Alzheimer's Association

This is a unique art program that allows individuals with Alzheimer's disease and related dementias to express themselves through art and storytelling. Supplies are included. **Registration required.**

CR - Thursday, April 29, 10:30 - 12:00

Papercrafting

We will assemble a Hummingbird Shadowbox. All required supplies and instruction will be included at no charge. There will be two sessions. Limited to fifteen participants per session. **Registration required.**

K - Tuesday, April 22, 9:00 & 1:30

Open Art Studio

Work on your own projects and get assistance as needed with painting and drawing from experienced artists. Open to all skill levels.

K - Wednesdays, 10:00 - 12:00

WI - Thursdays, 11:30

Open Art Therapy Workshops

Provided by Bloom Art & Integrated Therapies

This is an open art studio that will run for 8 weeks. There will be an art show at the end of the program to showcase the artwork.

WA - Tuesdays, 9:30 - 11:30

CR - Fridays, 9:00 - 11:00

Scrapbooking

Get creative by designing one-of-a-kind pages.

WA - Tuesdays, 11:00 - 2:00

Soulful Coloring

Love coloring and listening to music? This class is a perfect blend of both.

CR - Wednesdays, 10:00 - 11:00

CERAMICS

Ceramics class

Like working with your hands? Well, come and enjoy making a form of art that you can take home.

WA - Mondays, 12:30 - 2:00

Ceramics Studio

Use ceramic molds, paints, and glazes to create artful objects for your home and garden. Contribution includes use of the kiln for finishing your ceramics pieces. **Registration required.**

K - Suggested Contribution: \$20 (April-April)

Tuesdays & Thursdays, 9:00 - 12:00

WI - Suggested Contribution: \$25

Mondays, Wednesdays & Fridays, 8:45 - 4:00

GLASS ART

Hot/Fused Glass -

Suggested Contribution: \$25

Create beautiful works of art utilizing various glass fusion techniques.

WI - Mondays & Wednesdays, 9:00 - 4:00

Stained Glass

Create projects using patterns or your own designs.

Suggested Contribution: \$25

WI - Tuesdays & Thursdays, (January 6-March 31) 9:00 - 4:00

KNITTING & CROCHET

Beginning Crochet

Suggested Contribution - \$10

Try your hand at crocheting. Beginning stitches will help you learn the basics. Materials are included.

WI - Thursdays, 10:00 - 11:30

Knitting & Crochet

Learn how to knit or crochet. Please bring your own basic supplies (we do have some to share).

WA - Mondays, 9:00 - 11:00

K - Thursdays, 9:00

ARTS, MUSIC & CREATIVE EXPRESSION

QUILTING

Quilting Classes

Learn new techniques and patterns to plan or complete your sewing projects. Volunteer leaders are available to help you on your own machines or train you on shared equipment. **Registration required.**

WI - Suggested Contribution: \$25/class
(10 Weeks)

Mondays, 1:00 - 3:00

Tuesdays, 1:00 - 3:00

Thursdays, 9:00 - 11:00

Fridays, 12:00 - 3:00, (April 10th-24th only)

WA - Suggested Contribution: \$25 (Quarterly)

Fridays, 9:00 - 4:00

K - Suggested Contribution: \$20 (Quarterly)

Various Dates

SEWING

Beginning Sewing Class

Learn the foundations of sewing. By the end of the class, you'll learn to create a sewing bag to carry all of your sewing supplies.

CR - Suggested Contribution: \$20 (4 weeks)

Mondays & Fridays, 1:30-2:30

Open Sewing

If you love to sew and enjoy the company of other sewing enthusiasts, then come to our open sewing room. *A sewing room orientation is required prior to usage of the room

WA - Mondays, 9:00 - 11:00

WI - Suggested Contribution: \$20/class (10 weeks)

Mondays, 8:30 - 12:30

Wednesdays, 12:00 - 3:00

CR - Suggested Contribution: \$10 (4 weeks)

Mondays, Tuesdays, Wednesday & Fridays

8:30 - 4:30

*Mon & Fri room is closed from 12:30-1:30 for classes.

WEAVING

Weaving (Intermediate) - Suggested Contribution: \$15

The weaving group is back at it again. Experienced weavers are encouraged to join as well.

WI - Thursday & Friday 9:00 - 2:00

WOOD WORKING

Woodcarvers & Burners

Create your next masterpiece using tools and materials in our woodshop.

WI - Wednesdays, 8:30 - 11:30

Wood Carving

Work on your projects with a great group! Get advice from pros.

K - Thursdays, 8:30 - 10:00

Woodshop

New participants must attend an orientation prior to registration. Sign up for an orientation in the office.

Suggested Contribution: \$25/month

WA - Monday - Friday, 9:00 - 1:00

WI - Monday - Friday, 9:00 - 3:00

(Subject to change if hosts are unavailable)

MUSIC

Drumming Circle

Come experience an authentic Drumming Circle.

Drum circles foster community, promote self-expression, and provide a space for people to connect through rhythm. **Registration required.**

K - Tuesday, April 28, 2:00

Gospel Choir

Join the gospel choir and sing songs of praise and worship.

WA - Tuesdays, 10:00 - 11:00

Guitar/Stringed Instruments Open jam session

All stringed instruments and singers are welcome and encouraged to come!

WA - Tuesdays, 10:00 - 11:00

WI - Thursdays, 12:00 * Guitar Only

Acoustic Music Meetup

Bring your instrument and enjoy playing with a fun group of musicians. All skill levels welcome!

K - Tuesdays, 10:30

Recorder Ensemble

Now accepting new members of all experience levels. Stop in for a visit if you're interested in learning more. There are loaner instruments available.

WI - Thursdays, 1:00

SOCIAL & RECREATION

BILLIARDS

Billiards Lesson

Learn to play pool with an instructor or work on your skills individually

WA - Mondays, 9:00 - 10:00 (lessons)

Billiards League

Join the billiards players for some fun around the pool table. Open to all skill levels.

K - Wednesdays, 1:00 - 4:00

Billiards Open Play

Practice and refine your skills.

WA - Tuesday - Friday, 9:00 - 3:00

BINGO

CR - BINGO

Sponsored by Eras Senior Network

Wednesdays, 9:00 - 10:00 (Except for the 1st Wednesday of the month) Let's get ready to play BINGO!! Eras will be hosting Bingo and providing amazing prizes. You don't want to miss the excitement. They will also be sharing resources and answering questions.

CR - My Choice Bingo

Sponsored by Dan Moore

Monday, April 13, 1:00 - 2:00

Whether you're a seasonal bingo player or just looking for a new adventure, My Choice Bingo is the perfect way to spend your afternoon. And who knows, you might just win some amazing prizes!

K - Bingo

Sponsored by Agrace Hospice

Tuesday, April 21, 1:00

Join us for Bingo. Registration recommended.

CR - Bingo - "Spring Is in the Air"

Presented by Miss Hollywood

Monday, April 27, 1:00 - 2:00

Get ready to play the fun game of bingo and enjoy the madness.

WA - Bingo

Fridays, 12:30 - 1:45 (dining hall)

Play bingo and win prizes!

CARDS, CHESS & GAMES

Game Day

Play a variety of card and board games with friends. New games will include Spades and Bid Whist.

WA - Monday-Friday, 12:30 - 4:00

Chess

Join the Washington Park Chess Players for a friendly game of chess. All levels are welcome.

WA - Tuesdays, 10:00 - 1:00

Shuffleboard

Join the fun and learn a new game. Open to all skill levels.

K - Fridays, 1:00 - 3:00

Bid Whist

Hang out with your peers in a friendly game of cards.

CR - Thursdays, 12:00 & Fridays, 1:00

Dartball - Suggested Contribution: \$15

Play dartball with other participants. Beginners welcome.

WI - Thursdays, 1:00

Dartball League

Suggested Contribution \$15 (for the Season)

Join the dartball players for some fun around the dartboard. Open to all skill levels.

K - Mondays, 1:00 - 4:00

Cornhole League

Play indoors with the Cornhole League and show off your bean bag tossing skills.

WI - Tuesdays, 1:00 - 2:00

K - Cards and Games

Join us for a variety of games at Kelly, including the following:

Dominoes - **Mondays, 1:00**

Mahjong - **Mondays, 12:30**

Sheepshead - **Mondays & Tuesdays, 1:00**

Wednesdays & Thursdays, 10:00

Canasta - **Wednesdays, 12:30**

Bridge - **Fridays, 9:30**

Beginners Bridge - **Tuesday, April 14-May 5, 2:00**

Jeopardy (By Community Care)

Presented by Tyler Kroll of Community Care

Have a fun time playing Jeopardy while learning about the services Community Care offers.

CR - Thursday, April 28, 1:00 - 2:00

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county.milwaukee.gov/medicare



SOCIAL & RECREATION

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Railroad Club

Are you a railroad enthusiast? Join our Railroad Club and enjoy the beautiful model train room.

WI - Wednesdays & Thursdays, 1:00

Coin & Stamp Collectors Group

Share some of your treasured collections with other enthusiasts.

WI - Tuesday, April 21, 11:00 - 12:00

Garden Club

Get in touch with Mother Earth and help to beautify the natural surroundings. New members are always welcome!

K- Fourth Tuesdays, 1:00

WA - Second Tuesdays, 9:00

BOOK CLUBS & GROUPS

Washington MPL Librarian

Come ask questions you may have about the library and its resources. Also, join Washington's Book Club.

WA - Date TBA, 12:00 - 1:00

Book Club

Book: Desolation Mountain

Author: William Krueger

A copy is available at the Zablocki Library in the first week of each month.

WI - Wednesday, Date TBA

Morning Blend with Hot Topics

Get ready to kick off your week with a bang! Whether you're a news junkie, a social media enthusiast, or just someone who wants to stay informed, the Morning Blend with Hot Topics has got you covered. We'll dive into the latest trends, breaking news, and trending topics, all while keeping it light and entertaining.

CR - Mondays, 9:30 - 10:30

MOVIES

Movie Watchers Club

Led by Yvonne Thomas and Eras Senior Network
Come watch a movie and then enjoy having fun discussions afterward. Popcorn and hot dogs are available for purchase.

CR - Friday, April 10, 9:00 - 11:00

Matinee at Washington

Each week will feature a different movie genre.

WA - Wednesdays, 12:30

Key Code

CR: Clinton Rose Senior Center

K: Kelly Senior Center

WA: Washington Park Senior Center

WI: Wilson Park Senior Center



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TRIPS & OUTINGS

Day Trip - Pappadeaux Seafood Kitchen & Yorktown Shopping Center

Suggested Contribution: \$45

Thursday, April 16, 9:30 - 6:30

Join us as we travel to Pappadeaux Seafood Kitchen to enjoy yummy seafood. Once your belly is full, enjoy a fun day of shopping at York Town Shopping Center.

CR - Thursday, April 16, 9:30 am - 6:30 pm

K - Thursday, April 16, 9:30 am - 6:30 pm

This trip includes transportation only

Trip opens February 9, 2026

Deadline: April 10, 2026

WA - Ho Chunk Casino (Madison)

Wednesday, May 27

Time and amount to be announced.

CR - Golden Corral & Shopping at Pleasant Prairie

Suggested Contribution: \$45

Tuesday, June 23, 9:00 - 5:00

This trip includes transportation only.

Trip opens February 9, 2026

Deadline: June 15, 2026

CR - Navy Pier: Chicago's Waterfront Destination

Suggested Contribution: \$55

Thursday, August 27, 8:30 - 6:00

This trip includes transportation only.

Trip opens: February 9, 2026

Deadline: Aug 21, 2026

CR - Rivers Casino or Woodfield Mall

Tuesday, October 20, 9:00 - 5:15

Suggested Donation: \$45

This trip includes transportation only.

Trip opens: February 9, 2026

Deadline: October 9, 2026

SUPPORT & RESOURCES

ADS Resource Table

Meet with an outreach social worker for up-to-date information about resources and community-based services available for seniors.

WA - Tuesday, April 7, 9:30 - 10:30

Foodshare Information Table

An expert from Feeding America will be available to answer your questions about FoodShare, and to help you sign up for it.

K - Tuesday, March 3, 11:00 - 1:00

Toenail Trimmers, LLC

Toenail trimming services. Call 262-719-0336 for an appointment.

K - Thursday, April 16, by appointment

Advisory Committee Meetings

Join us to get the scoop on the latest developments and updates on our current projects at the senior centers.

CR - Tuesday, April 28, 10:30 - 11:00

K - Wednesday, April 22, 1:00

WA - Tuesday, Date TBA, 10:00 - 11:00

WI - Wednesday, April 15, 10:00 - 10:30

Stockbox Distribution

Hosted by Hunger Task Force

The Commodity Supplemental Food Program (CSFP) – known locally as Stockbox – provides a box of supplementary food to low-income seniors every month. Hunger Task Force administers the program and packs and distributes a free box of healthy food for people aged 60+ who have a monthly income of \$1,957 or less per month (\$2,664 for a two-person household).

CR - Thursday, April 28, 11:00 - 12:00

The Concession Gals of Clinton Rose will be selling concessions. All proceeds go to support the center.

K - Thursday, April 23, 12:30 - 1:30

WA - Tuesday, April 7, 9:30 - 10:30

WI - Tuesday, April 21, 10:00 - 11:00

Senior Dining

We are open for in-person dining at all centers. There is a **suggested \$3 donation for adults 60+** and \$8 cost for guests under 60. **A reservation by 11:00 am the day prior** is required for all diners.

Clinton Rose	414-263-2255
Kelly	414-481-9611
Washington Park	414-933-2332
Wilson Park	414-282-3284

ANNOUNCEMENTS

The McGovern Park Senior Center will remain closed until further notice.

Recent inspections showed the building's air quality is not yet at a safe level, and the health and safety of our community is our top priority. The center will reopen as soon as it is safe to do so.

While McGovern is closed, Serving Older Adults is committed to making sure you continue to have access to meals, programs, and community. We are working to reschedule McGovern programming at alternate locations, and we invite you to join us at our other centers:

Clinton Rose Senior Center

3045 N. Dr. Martin Luther King Dr., Milwaukee, WI
Phone: 414-263-2255

Washington Park Senior Center

4420 W. Vliet St., Milwaukee, WI 53208
Phone: 414-933-2332

Kelly Senior Center

6100 S. Lake Dr., Cudahy, WI 53110
Phone: 414-481-9611

Wilson Senior Center

2601 W. Howard Ave., Milwaukee, WI 53221
Phone: 414-282-5566

Our staff and volunteers are here to help you with any questions about activities, or meal programs. Please call us at 414-933-2332 if you need assistance.

We know McGovern holds a special place for many of you, and we look forward to reopening the center when it is safe. In the meantime, we welcome you to stay engaged and connected at our other senior centers.

Thank you for your patience and understanding as we prioritize everyone's well-being.



MILWAUKEE COUNTY
DEPARTMENT OF HEALTH
& HUMAN SERVICES
**AGING & DISABILITIES
SERVICES**

Wish List for Serving Older Adults of Southeast Wisconsin (SOA)

\$25 and Under

All-purpose cleaner (C) (K) (Wi)
Aprons (M)
Artificial cleaner (K)
Batteries AA, AAA, 9V, C (C) (K) (W)
Bleach (K) (W)
Cards (M)
Cases of water (C) (K) (W) (Wi)
Chairs with arm support (M)
Cleaning cloths (K)
Clorox wipes (C) (K) (W) (Wi)
Coffee (C) (Wi)
Coffee supplies – stirrers, sugar packets (M)
Copy paper (C) (K) (W) (Wi)
Creamer (M) (C) (K) (W)
First aid supplies (C) (K) (W)
Hand sanitizer (C) (K)

\$101 - \$500

Bulletin boards
Commercial vacuum cleaner (C)
Epson color printer with ink
Karaoke machine (W)
Push carts (Rubbermaid and stainless) (Wi) (C) (W)
Weed Wacker(s) – battery operated (C)
Whiteboards (C)

\$501 - \$1,000

Lawnmower
Lobby furniture (C)
Sewing machines (serviced annually) (C)

\$1,001 - \$10,000

Floor scrubber
PA system (C)
Smart TV (C)
Tables and chairs (C)
Theater curtains (C)

Senior Center Key:

C – Clinton & Bernice Rose
K – Kelly
M – McGovern Park
W – Washington Park
Wi – Wilson Park

For more information and additional wish list items, visit our website:

www.servingolderadults.org/wishlist



Community Care

Set your independence in motion. It starts with a community that cares.

Contact your local Aging and Disability Resource Center (ADRC) at 844-WIS-ADRC (844-947-2372) to learn more about long-term care options in your area.



Call 866-992-6600 for additional information





Growing Connections

A free gardening program created for people with dementia and their care partners. This is a casual program that focuses on learning and having fun. No gardening experience or green thumb required!

The first Wednesday of the month
Washington Park Urban Ecology Center
1859 N 40th St. Milwaukee
3:00–4:30 PM

Preregistration Required

Contact DCS Candice LeGros
(414) 731-0891

Candice.LeGros@Milwaukeecountywi.gov



What's Going On? Ask Alice

Submitted by Alice Steuck Konkol

Hello Senior Center Members!

This is the second update from my membership on the Commission on Aging Senior Center Advisory Committee. The following are answers to some of your questions:

What's happening with the McGovern Senior Center?

By the time this is published, the County has likely committed to;

- 1.) Finding a home for the McGovern Senior Center Community ASAP,
- 2.) Approved the use of \$100,000 to begin the planning efforts to put a new permanent home for the McGovern Community in 3-5 years,
- 3.) Facilitating listening sessions to hear additional input.

Meanwhile, several of the regularly scheduled programs originating from McGovern have been rescheduled at the Washington Park and Clinton Rose Senior Centers. McGovern members have joined upwards of twenty different program groups at those centers so far.

If the County is so short of funds, what is being done to keep the Senior Centers afloat?

- 1.) We are trying to send a clear message to government agencies and political representatives as to the necessity for senior center programs by developing an advocacy network among its members (that's YOU!) and community organizations.
- 2.) Advocate for the County to continue funding for senior and nutritional programs by providing the positive value of these programs to the well being of the members. These include the health benefits, the social and intellectual benefits and numerous community contributions that the members provide.
- 3.) Provide a detailed assessment of the maintenance and capital improvements to the centers and the financial needs in the future.
- 4.) Research potential community support for senior programs from businesses, individuals, and organizations. For example; Arts organizations to sponsor art groups; home improvement centers to support wood working or carving groups; grocery or restaurant organizations to support nutrition and cooking classes; garden centers to provide materials for solarium and gardening programs.

All of these goals are a very large task, which can be supported by the members of the Senior Centers themselves by advocating to their politicians and community, so that there is an understanding of the necessity to keep these centers alive. Have you had a conversation with your County and State Representatives about their support of the senior centers? If not, the centers could close due to apathy. Please submit your questions and comments to me in writing by the 15th of each month. Thank you for being an involved member! You may or may not include your name. You can address them to Alice Steuck Konkol C/O Wilson Park Senior Center and send them to Wilson Park Senior Center, or leave them at the desk of your center and they will forward them to me.

Please submit your questions and comments to me in writing by the 15th of each month. Thank you for being an involved member! You may or may not include your name. You can address them to Alice Steuck Konkol C/O Wilson Park Senior Center and send them to Wilson Park Senior Center, or leave them at the desk of your center and they will forward them to me.

Community Partners

Our community partners are a large part of how we are able to provide services to older adults. Whether it is through furthering education, giving donations, sponsoring events, or spreading awareness, our community partners have stepped up to support older adults in our community.



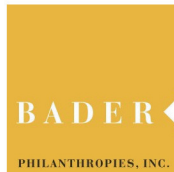
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Thank you to our many partners!

We wish to thank all of our partners. Without your support we would not be able to provide vital programs and services to older adults in our community. This list represents all who donated from **March 2025 - February 2026**. We made every attempt to recognize all donors. If your name was missed, please contact us at Development@servingolderadults.org.

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What Is a GEM?

A GEM is a member of a dedicated community who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

How Do I Become a GEM?

You can set up a recurring donation by visiting our website, servingolderadults.org/donate, and selecting "Donation - Recurring" under Donation Type. Your credit card will be charged on the same date every month as the original charge.

You can also send a check or set up a recurring bill payment on your bank account and have your bank send payment to:

Serving Older Adults, Attn: Development
4420 W Vliet St, Milwaukee, WI 53208

Your payment can be changed or stopped at any time by contacting development@servingolderadults.org.

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- | | |
|--|---|
| <input type="checkbox"/> \$25 - Supporter | <input type="checkbox"/> \$500 - Advocate |
| <input type="checkbox"/> \$50 - Associate | <input type="checkbox"/> \$1,000 - Connector |
| <input type="checkbox"/> \$100 - Friend | <input type="checkbox"/> \$5,000 - Benefactor |
| <input type="checkbox"/> \$250 - Companion | <input type="checkbox"/> \$10,000 - Champion |
| <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Become a *GEM: _____ |

***What is a GEM (Give Every Month)?** A GEM is a member of a dedicated group of donors who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

Full Name: _____

Name(s) (how you would like to be acknowledged)

Street Address _____

City, State, Zip Code _____

Email Address _____

- I/We wish to remain anonymous

Donation in honor of in memory of

Payment Method

- One time donation Monthly

Cash _____ Check # _____
(Please Make Check Payable to SOA)

Credit Card Number: _____

Exp. Date _____ CVV# _____

Signature _____

Telephone: _____

Please charge my credit card for my one-time donation of

\$ _____

Please charge my card \$ _____

Per: Month Quarter _____ Number of Times

For a Total Donation of \$ _____



Let's age well together!

Our Partnership Program allows you to partner with SOA to help fulfill our vision of a community where every adult 50 and better will be connected to the resources they need and the opportunities that interest them throughout the entire aging process.

The Partnership Program gives you the opportunity to place your donation with the center you value, with a center that needs help, or where the need is the greatest. Please consider partnering with SOA by filling out this form and returning it to the front desk of your senior center, or mail to:

SOA Partnership Program
4420 W Vliet St
Milwaukee WI, 53208

See our Partnership pages for a complete list of partners.

Donors will be recognized each month on the Partnership pages of "The Connection" and in our annual report.

thank
you!

FOR OFFICE USE ONLY

Date Received: ____/____/____ Receipt# _____

Location: _____ Init: _____