SERVING OLDER ADULTS
OF SOUTHEAST WISCONSIN, INC.

November 2026



THE CONNECTION

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SOA CLOSURES

November 26-27
Thanksgiving Break



CONTACT US

Administrative Office
4420 W Vliet St
Milwaukee, WI 53208

414-704-3343

www.servingolderadults.org

HOURS OF OPERATION

Clinton Rose, Kelly, Washington & Wilson:
Monday - Friday | 8:30 AM - 4:30 PM

North West Center (Embassy):
Monday, Wednesday & Friday | 9:00 - 2:00

Havenwoods State Forest (Location)
Tuesday & Thursday | 2:00 - 4:00

Aging Well TOGETHER

About Serving Older Adults

Serving Older Adults of Southeast Wisconsin positively impacts the health and well-being of older adults by providing quality health and wellness programming, continuous learning opportunities, community engagement, and a variety of socialization outlets.

SERVING OLDER ADULTS ADMINISTRATION

President/CEO: Michael Vanblaricum
Chief Financial Officer (CFO): Antresia Smith
Director of Operations: Sheila Carter
Chief Human Resources Officer (CHRO): Candace Richards

SUGGESTED CONTRIBUTIONS & DONATIONS

Some classes include a suggested contribution. Every donation—of any amount—directly supports programming that benefits adults throughout Milwaukee County. Because current funding covers only a portion of our costs, your generosity plays a vital role in keeping these opportunities accessible, inclusive, and thriving for everyone in our community.

To help us plan and ensure programs run successfully, please register at least two weeks prior to the start date at the center's office. Activities may be canceled if minimum enrollment is not met. If you need accommodations, simply let our staff know when you sign up—we're here to help.

USE GOOD JUDGMENT

Participants assume the risk of taking part in activities. Serving Older Adults of Southeast Wisconsin, Inc. and Milwaukee County are held harmless from all claims resulting from taking part in any activity at the senior center.

GET INVOLVED TODAY!

1. Complete participation form.
2. Register for the Dining Program.
3. Sign-up for a Fitness Center Orientation.
4. Pick up your touch screen card & log-in daily.
5. Enjoy the centers!

SOA SERVING OLDER ADULTS

MILWAUKEE COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES
AGING & DISABILITIES SERVICES

ADMINISTRATIVE OFFICE

4420 W Vliet St Milwaukee, WI 53208
Main: (414) 704-3343

CLINTON & BERNICE ROSE SENIOR CENTER

Manager: *Sheila Carter*
3045 N Dr. Martin Luther King Jr. Dr
Milwaukee, WI 53212
Main: (414) 263-2255

KELLY SENIOR CENTER

Manager: *Bob Best*
6100 S Lake Dr
Cudahy, WI 53110
Main: (414) 481-9611

WASHINGTON PARK SENIOR CENTER

Manager: *Theresa Herron*
4420 W Vliet St
Milwaukee, WI 53208
Main: (414) 933-2332

WILSON PARK SENIOR CENTER

Manager: *Karen Brimley*
2601 W Howard Ave
Milwaukee, WI 53221
Main: (414) 282-5566

NORTH WEST SENIOR CENTER

Program Supervisor: *Angela Wright*
Embassy Center, 3725 N Sherman Blvd
Milwaukee, WI 53216

HAVENWOODS STATE FOREST (LOCATION)

Program Supervisor: *Angela Wright*
Havenwoods State Forest, 6141 N. Hopkins St, Miwaukee, WI 53209

Senior centers & countywide programming are managed & operated by Serving Older Adults of Southeast Wisconsin, thanks to support from Milwaukee County DHHS Aging & Disabilities Services, along with community partnerships, grants, & generous donors.

Special Events

THANKSGIVING CELEBRATIONS

Thanksgiving Gathering
Give thanks and spread love for the Thanksgiving holiday.
Fri, Nov 20, 12:00-2:00 - Clinton Rose

Thanksgiving Fellowship Potluck
Bring a dish to share.
Fri, November 20, 12:00-2:00 - Wilson

VETERANS DAY

Veterans Day Program
Join us for an afternoon of honoring our Veterans, including speakers from the VFW, a flag presentation, and a musical salute. Afterwards, stay for refreshments. **Registration required.**
Mon, November 9, 1:30-3:00 - Kelly

Veterans Day Celebration
Join us to honor our vets and thank them for their service.
Tue, November 10, 9:00-11:00 - Clinton Rose
Hosted by Eras Senior Network

Veterans Day Program
Join us for morning breakfast and a visit from Quilts of Honor. Guest appearance from Stars & Stripes.
Registration required.
Tues, November 10, 10:00-12:00 - Wilson



SOA's ballroom dance group.

OTHER EVENTS

Fall Prevention Seminar
Learn how to prevent falls. Snacks provided.
Wed, November 4, 12:00-1:00 - NW (Embassy)
Sponsored by Senior Helpers

Nature-Themed Costume Party
Come dressed up in your best nature-themed costumes!
Thur, November 5, 2:00-4:00 - NW (Havenwoods)
Sponsored by ArchWell Health

Active Aging Festival
Join us for a full day of exciting programs, community resources, educational sessions, and much more.
Sat, November 7, 10:00-2:00 - Washington

Westcare Drug Takeback
Do you want to get rid of old prescriptions? Drop them off during the drug takeback and receive a small gift.
Tue, November 10, 9:00-11:00 - Clinton Rose
Presented by Westcare

Gospel Extravaganza
Embark on a spiritual journey in an event filled with praise, worship, and fellowship.
Fri, November 13, 12:30-2:30 - Clinton Rose

USA Dance
Admission must be prepaid, NO WALK INS.
USA Dance Members: $12
All Others $15
Sat, November 15, 3:00-8:00 - Wilson

Medicare & Medicaid Open Enrollment
Mr. Theo from Milestone Insurance Agency will help set up any insurance you may need and answer questions.
Mon, November 23, 9:00-11:00 - Clinton Rose

IMPORTANT ANNOUNCEMENT
The programming for the North West Senior Center is no longer on page 17, but included with the other programming throughout the guide. **It will be labeled as North West (Embassy) OR North West (Havenwoods)**.

Embassy Center
3725 N Sherman Blvd
Milwaukee, WI 53216

Havenwoods State Forest
6141 N. Hopkins St
Miwaukee, WI 53209

MARIA LINDEN

Independent Senior Apartments

2735 W. Greenfield Ave
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Join our caring community!



Near multiple bus routes
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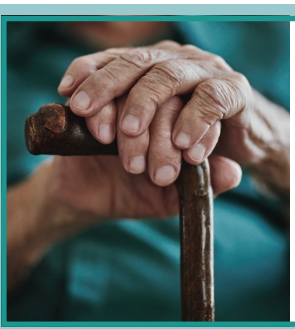


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Maria Linden
Kaycee Polfer
marialinden@oakbrookcorp.com

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Let us care for your aging parent so you can spend more time with them, **enjoying life.**

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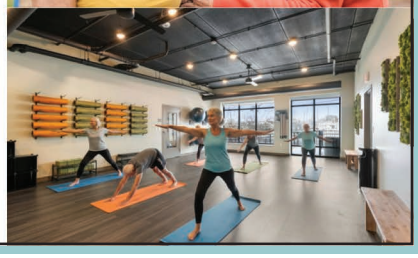
Explore your next chapter at The Corliss Quarters, a **62+ apartment community** in Milwaukee's Harbor District.

CALL (414) 742-7528 TO LEARN MORE OR SCHEDULE YOUR TOUR TODAY!

SCAN BELOW TO VISIT OUR WEBSITE

THE CORLISS QUARTERS





FREE AD DESIGN WITH PURCHASE OF THIS SPACE

Call 800.950.9952

SOA News & Events

You're Invited: Let's Celebrate Active Aging Together

On **Saturday, November 7, from 10:00 a.m. to 2:00 p.m.**, Serving Older Adults will host our Active Aging Festival, an intergenerational celebration of wellness, learning, connection, community, and all the possibilities that come with active aging. This is more than an SOA event. It is a celebration of our community, and that means a celebration of you!

Every day, the people who participate in our centers and programs bring something special to SOA. You bring your experiences, your friendships, your talents, your laughter, your ideas and, most importantly, yourselves. You help us create the kind of community we believe everyone deserves: a place where people feel welcome, included, valued, and where they truly belong.

On November 7, we want to bring that spirit together in one incredible celebration. The Active Aging Festival will bring together older adults, families, friends, businesses and community organizations for a day filled with activities, wellness opportunities, educational workshops, community resources, food, exhibits, Main Stage programming and plenty of opportunities to connect and have fun.

And don't come alone! Bring a friend. Bring your children or grandchildren. Invite a neighbor. Bring someone who has never visited an SOA center before. Help us welcome more people into the community you have helped create.

We believe active aging is about much more than staying busy. It is about continuing to connect, contribute, discover and thrive throughout our lives. And there may be no better way to demonstrate that than by filling the Active Aging Festival with people of different ages, backgrounds and experiences celebrating together.

So, please mark November 7 on your calendar. Come spend the day with us, bring someone you care about, meet someone new, try something new and help us celebrate what active aging looks like in our community.

Most of all, thank you. Thank you for participating. Thank you for welcoming others. Thank you for sharing your time and talents. And thank you for helping make SOA a community where people know they have a place and know they belong.

We can't wait to celebrate with you on November 7!



Michael VanBlaricum
President & CEO
Serving Older Adults of Southeast Wisconsin



SOA DIGITAL CONNECTIONS



TECHNOLOGY. CONFIDENCE. CONNECTION.

Helping older adults navigate an increasingly digital world.

Digital Connections BYOD — Learn on Your Schedule

Bring Your Own Device (BYOD)

Use the device you already have — your phone, tablet, or laptop — and get the help you need with what you want to learn.

1 Submit a Request
Tell us what device you'll be using and what you'd like assistance with.

2 Get a Call
A Tech Trainer will contact you to learn more and find a time that works for you.

3 Meet One-on-One
Set up a convenient date and time to get personalized help.

Request Digital Connections Help
Flexible scheduling • Personalized support • Bring your own device

Digital Connections Class Schedule

(Bring Your Own Device)

Embassy	Mondays 9:00 AM – 10:00 AM
Wilson	Tuesdays 9:00 AM – 10:00 AM
Washington	Wednesdays 10:30 AM – 11:30 AM
Kelly	Wednesdays & Thursdays 1:00 PM – 4:00 PM
Rose	Fridays 9:30 AM – 10:30 AM

Connect with Confidence

Wilson
Fridays
10:00 AM – 11:00 AM

November 6, 13, 20 and December 4, 11

If technology sometimes feels confusing or overwhelming, this class is for you. You'll learn the basics at a comfortable pace, build confidence, and begin to discover some of the ways technology can make everyday life easier and more connected.

Your Schedule. Your Device. Our Support.

Request support for the device you use and what you'd like help with. A Tech Trainer will call you to schedule a time that works for your schedule.

Get the help you need, when you need it.

A.I. Makeup Class
Wilson and Washington
TBD October/November

Connect with Confidence
Kelly
Variant TBD December

100 Computer Delivery
October 30

SOA Serving Older Adults OF SOUTHEAST WISCONSIN

5 Locations and 4 Pillars Strong

FITNESS & MOVEMENT

ASAHI, BALANCE & TAI CHI

❤️ **Balance & Stretch**
Flexibility and balance are the two most-overlooked components of fitness. Prevent injuries and falls with this free class!
Tue, 10:00-10:30 - Washington
Thur, 9:00-9:30 - Kelly
Fri, 9:30-10:00 - Clinton Rose

❤️ **Tai Chi**
Tai Chi uses slow, flowing movements, deep breathing, and mindfulness. It promotes physical health, including balance, flexibility, strength, and mental relaxation.
Mon, 10:00 - Kelly
Wed, 2:30 - Kelly

❤️ **ASAHI Exercise Program**
ASAHI is a safe practice that almost anyone can do. It's a simple routine to improve health and quality of life.
Fri, 10:00 - Kelly

CARDIO DRUMMING

❤️ **Cardio Drumming**
Get an upper-body cardiovascular workout while listening to your favorite music.
Tue, 12:30-1:00 - Wilson
Wed, 9:30-10:00 - Washington
Thur, 12:30-1:00 - Kelly
Suggested Contribution: $10/month or $3/class

DANCE

❤️ **Beginners Line Dance**
Learn the basics of line dancing. Some experience is helpful. **Registration recommended.**
Mon, 10:00-11:00 - Clinton Rose
Groove in Style led by Theresa Herron.
Tue & Thur, 11:30-12:15 - Clinton Rose
Footloose and Fancy Free - Roselette Dancers
Wed, 11:00-12:00 - Kelly

❤️ **Dance for Fun & Fitness**
Burn calories while dancing to your favorite tunes.
Mon, Wed & Fri, 10:00-11:00 - NW (Embassy)
Mon & Wed, 11:00-12:00 (Beginners) - NW (Embassy)

❤️ **Dancing With Diane**
Meet Diane and learn some new moves!
Second Mon, 1:30-3:30 - Wilson

❤️ **Detroit Style Ballroom Dance**
This instructor-led class will start with basic techniques and then advance from there.
Thur, 12:30-1:45 - Washington
Suggested Contribution: $4/class (Pay monthly)

❤️ **Line Dance Classes (All Levels)**
Join a fun group of line dancers! Everyone is welcome.
Mon, 10:15-12:00 - Wilson
Suggested Contribution: $12
Tue & Thur, 10:00-11:00 - Washington
Silver Steppers
Wed, 1:00-2:00 - Clinton Rose
Movin' & Groovin' (Intermediate)

❤️ **Roselette Dancers**
Want to join a group of fun, cheer, adventure, and dance? Join the Roselette Dancers. To join, you **MUST** go through tryouts.
Tue & Thur, 9:00-10:30 - Clinton Rose
(Regular rehearsal for members only)
Tryouts for this commitment-based group will be held on Tuesdays at 10:30. **Registration for tryouts recommended** - 414-263-2255 Ext 1.

❤️ **Stepping in Style with Nell**
Step in style with a partner or solo. Learn new skills and have fun!
Tue, 12:00-1:00 - Clinton Rose

❤️ **Tap Dance**
Tap your way to fitness and fun! Three sessions of continuing tap instruction are available.
Thur, 9:00-9:45 (Advanced) - Wilson
Thur, 9:45-10:30 (Intermediate) - Wilson
Thur, 10:30-11:15 (Beginners) - Wilson
Suggested Contribution: $40

❤️ **Zumba**
Join a fun and active Zumba class.
Tue, 12:30-1:30 - Washington
Wed, 2:00-3:00 - Clinton Rose
Sponsored by The Milwaukee Turners.

OTHER EXERCISE

❤️ **Wii Bowling**
Get moving and have fun with others in the lobby.
Mon-Fri, 10:00-2:00 - Washington

❤️ **Heart icons indicate fitness or nutrition programs that are good for your heart!**

FITNESS & MOVEMENT

FITNESS CENTERS

❤️ **Exercise Center**
The exercise center is open daily at each senior center, from 8:30 am - 4:00 pm and Saturdays at Washington from 10:00 am - 2:00 pm.

GROUP EXCERCISE

❤️ **Balance & Stretch**
A stable and flexible body helps to prevent injuries and falls!
Tue, 2:00 - North West (Havenwoods)

❤️ **Chair Arthritis Exercises**
Reduce joint pain and improve overall flexibility while sitting and exercising at your own pace.
Mon, 10:00-11:00 - Washington

❤️ **Hand Weights**
Get a full-body workout. All skill levels are welcome.
Mon, Wed & Fri, 10:30-11:30 - Washington
Mon, Wed & Fri, 11:00 - North West (Embassy)

❤️ **Low-Impact Aerobics**
Low-impact exercise puts less stress on the joints.
Mon & Thur, 1:00-2:00 - Wilson

❤️ **Mindfulness in Nature Walk**
Relax and unwind in nature as you take a stroll.
Thur, 2:00 - North West (Havenwoods)

❤️ **Morning Exercise (Total Body Exercise)**
A mix of balance, strength, and flexibility exercises, plus low-impact cardio.
Mon & Fri, 8:45-10:00 - Kelly
Mon, Wed & Fri, 9:00-10:15 - Wilson
Tue & Thur, 9:00-10:00 - Washington

❤️ **Morning Video Fitness**
Start your day with video fitness and great people.
Tue & Thur, 8:45-9:45 - Kelly

❤️ **Movement & Music: Parkinson Disease Exercise**
Manage your Parkinson's symptoms while having fun! This class incorporates stretches, strength training, posture, balance, walking drills, and vocal exercises.
Mon, 11:30 - Kelly
Presented by Wisconsin Parkinson Association

❤️ **Senior Striders**
This class will help those with limited mobility to improve their flexibility, circulation, and strength.
Mon & Wed, 11:30-12:30 - Clinton Rose

❤️ **Walk Easier**
Take an easy stroll while listening to R&B music.
Mon, Wed & Fri, 12:30-1:00 - Clinton Rose

❤️ **Walking Group**
Join us for a stroll!
Mon, Wed & Fri, 9:00 - North West (Embassy)
Wed, 9:30-10:30 - Kelly (NEW)
Registration recommended.
Mon, Wed & Fri, 8:30-9:15 - Wilson
Sat, 12:00 - Washington

❤️ **Worship and Walking**
Listen to worship music and enjoy fellowship as we walk. Meet in the lobby.
Mon & Wed, 10:00-11:00 - Washington

TENNIS

❤️ **Table Tennis (Ping Pong)**
Ping pong is a fun way to get daily exercise.
Mon-Fri, 8:30-4:00 - Clinton Rose
Mon-Fri, 1:00-4:00 - Washington
Thur, 10:30-2:00 - Wilson

❤️ **Tennis (Indoors)**
Join a game of tennis with our tennis group.
Fri, 9:30-10:30 - Washington

YOGA

❤️ **Adaptive Chair Yoga**
Yoga that uses a chair for comfort and accessibility.
Tue, 10:00 - Kelly
Thur, 1:30 - Kelly

❤️ **Yoga**
Help improve flexibility, balance, strength, and posture.
Mon, 9:00-10:00 - Washington
Suggested Contribution: $6/class (Pay by the month)
Mon, 12:00-1:00 - North West (Embassy)
Mon, 1:00-2:00 - Clinton Rose
Sponsored by the Milwaukee Turners
Thur, 3:00-4:00 - North West (Havenwoods)
Come and experience YouthFlô Yoga.
Fri, 4:30-5:30 - Washington
Join us for fall yoga. Yoga mats and chairs are provided.

❤️ **Yoga With Asana**
Asana emphasizes maintaining a steady and comfortable seat, which helps the mind remain calm.
Tue, 2:00-3:00 - Wilson

❤️ **Laughter Yoga**
A combination of intentional laughter exercises with deep breathing (pranayama) and playful movements.
Registration required.
Tue, 2:00-3:00 - Kelly

WELLNESS & NUTRITION

COOKING DEMOS

❤️ **Nutrition Class and Cooking Demo**
Learn about healthy eating and see a cooking demonstration with samples! **Registration required.**
Tue, November 10, 1:00 - Kelly
Presented by Hunger Task Force

❤️ **Cooking Demo w/Chef Marvin aka "The Unsalted Chef"**
Join Chef Marvin for a cooking demonstration that will show you how to add flavor to your dishes without salt. Learn how to use herbs, spices, and other natural ingredients to create delicious and healthy meals.
2nd Thur of the Month, 9:30-10:30 - Washington
3rd Thur of the Month, 10:00-11:00 - Clinton Rose
Presented by Healthy Eating Active Living

MIND & BODY

Toenail Trimmers, LLC by appointment
Toenail trimming services. Call 262-719-0336 for appointment.
Wed, November 11, 9:00-3:00 - Kelly
Mon, November 16, 9:00-3:00 - Kelly

Qi Gong
Enjoy a relaxing session of Qi Gong.
Wed, November 4, 11 & 18, 10:15-11:15 - Wilson





Everyone showing off their best moves at the Hoedown.

NUTRITION

FoodShare Information Table
An expert from Feeding America will be available to answer your questions about FoodShare, and even to help you sign up for it.
First Tue, 10:00-12:00 - Kelly

WEIGHT LOSS

❤️ **Take Off Pounds Sensibly (TOPS)**
Taking Off Pounds Sensibly can help you effectively shed those unwanted pounds. Best of all, you will learn health options from supportive TOPS members.
Mon, 9:00 - North West (Embassy)
Wed, 9:30-11:00 - Kelly
**Registration is currently full at Kelly. Please call the TOPS Headquarters to find another location.





WELLNESS & NUTRITION

WELLNESS CONSULTATION

The Wellness Coordinator is available at each center every week by appointment to help with proper exercise machine use and to answer any health-related questions. Speak with the center staff to schedule an appointment.

Tue, 9:30-11:30 - Wilson
Wed, 9:30-11:30 - Washington
Thur, 9:30-11:30 - Kelly
Fri, 10:00-11:30 - Clinton Rose

LEARNING & ENRICHMENT

BIBLE STUDY & CLUBS

Bible Study
Come join us as we dig deeper into the Word and learn more about scripture.
Tue, 9:30-10:30 - Clinton Rose
Wisdom Studies *With Rev. Clifton Joseph*
Wed, 10:15-11:15 - Wilson
Thur, 10:30-11:30 - Washington
With Minister Johnny Henderson
First, Second & Fourth Fri, 9:30-10:30 - NW Embassy

Genealogy Club
Explore your roots with others interested in family history. Come to connect, learn, and share resources.
Registration recommended.
First & Third Tue, 12:30 - Kelly

LANGUAGES

German Classes
Whether you are just beginning or want to brush up on your skills, join us for a fun exercise in learning German. **Registration required.**
(Beginning) Tue, 1:00-3:00 - Wilson
(Advanced) Thur, 9:30-11:30 - Wilson
(All Levels) Fri, 10:00-12:00 - Kelly
Suggested Contribution: $10 (Covers Materials)



PRESENTATIONS

Medicare Information Tables
Questions about Medicare? Get one-on-one, in-person help and general information about Medicare.
Registration recommended.
Mon, November 2 & 19 9:00-11:00
(65 Health) - **Kelly**
Wed, November 4 & 10 12:00-2:00
(Aetna) **- Kelly**
Presented by Aetna Medicare
Nov 4, 9, 13, 20 & 23, 10:00-12:30 - Wilson
Sponsored by Platinum Health

Identity Theft—What You Need to Know
Identity theft continues to be the fastest growing crime in the United States. The more you learn about it, the less vulnerable you are. We will explain the different types of identity theft, how to recognize it and how to prevent it. **Registration required.**
Thur, November 5, 2:00 - Kelly
Sponsored by WI Department of Consumer Protection

Women's Club presents Avoiding Scams
Learn about common scams and what to do to avoid them. **Registration recommended.**
Mon, November 16, 1:30 - Kelly
Presented by Mike Scasny, Mark Sass Funeral Homes

Fall Prevention Presentation
Meet OT/PT therapists from Oak Creek Rehab and learn how to avoid falls.
Wed, November 18, 1:00-3:00 - Wilson
Presented by Rehabilitation Hospital of Oak Creek

SWDSC 2026
All are welcome! RSVP required for each social event.
www.WiDeafSeniors.org
Thur, November 19, 8:30 - Wilson

ARTS, MUSIC & CREATIVE EXPRESSION

ART CLASSES & STUDIOS

Arts & Crafts with Charlotte
Join us and express your creativity!
Second & Fourth Fri, 1:00-2:00 - NW Embassy

Card Making
Have fun making greeting cards for all occasions.
Registration required.
Tue, 9:00-11:00 - Wilson
Thur, 9:30-11:30 - Washington

Having Fun with Art
Do you love to sketch, doodle, and create? Join us! Supplies will be provided. All levels are invited.
Thur, 12:30-1:30 - Washington

Memories in the Making
A unique art program that allows individuals with Alzheimer's disease and related dementias to express themselves through art and storytelling. Supplies are included. **Registration required.**
Second Mon, 12:00-2:00 - Kelly
Sponsored by The Alzheimer's Association
Fourth Thur, 9:30-11:30 - Clinton Rose

Open Art Studio
Work on your own projects and get assistance as needed. Open to all skill levels.
Mon, 9:00-11:00 - Clinton Rose
Wed, 10:00-12:00 - Kelly
Thur, 9:30-11:30 - Washington
Thur, 11:30 - Wilson

Open Art Therapy Workshops
This studio runs for eight weeks. There will be an art showcase at the end.
Tue, 9:30-11:30 - Washington
Fri, 9:00-11:00 - Clinton Rose
Provided by Bloom Art & Integrated Therapies

Papercrafting
All required supplies and instructions will be included at no charge. Seventeen participants per session.
Registration required.
Wed, October 14, 9:00 & 1:30 - Kelly
Tue, 9:00-11:00 - Wilson

Paper Piecing
Enjoy a crafty way to express your inner child.
Second and Fourth Fri, 9:00-11:00 - Wilson

Scrapbooking
Get creative by designing one-of-a-kind pages.
Tue, 11:00-2:00 - Washington

Soulful Coloring
Love coloring and listening to music? This class is a perfect blend of both.
Wed, 10:00-11:00 - Clinton Rose

Sojourn Bears Group
Create handmade teddy bears to support and inspire adults fighting cancer. No sewing experienced needed.
Tue & Wed, 12:30-3:00 - Wilson

CERAMICS

Ceramics Studio
Use ceramic molds, paints, and glazes to create artful objects. Contribution includes use of the kiln for finishing your ceramics pieces. **Registration required.**
Mon, 8:45-4:00 - Wilson
Wilson Suggested Contribution: $25
Tue & Thur, 9:00-12:00 - Kelly
Kelly Suggested Contribution: $20 (Quarterly)
Fri, 8:45-4:00 - Wilson

GLASS ART

Hot/Fused Glass -
Create art utilizing various glass fusion techniques.
Mon-Fri, 8:30-4:30 - Wilson
Suggested Contribution: $25

Stained Glass
Create projects using patterns or your own designs.
Mon-Fri, 8:30-4:30 - Wilson
Fri, 9:00-11:00 - Washington
Suggested Contribution: $25 (Quarterly)

KNITTING, CROCHET & FIBER ART

Beginning Crochet
Learn crochet basics. Materials are included.
Thur, 10:00-11:30 - Wilson
Suggested Contribution: $10

Knitting & Crochet
Learn how to knit or crochet. Please bring your own basic supplies (we do have some to share).
Mon, 9:00-11:00 - Washington
Wed, 10:00-12:00 - Wilson
Thur, 9:00 - Kelly

Plastic Canvas
Enjoy crafting with plastic canvas. No experience necessary.
Thur, 9:00 - Wilson

ARTS, MUSIC & CREATIVE EXPRESSION

MUSIC

Acoustic Music Meetup
Bring your instrument and enjoy playing with a fun group of musicians. All skill levels welcome!
Tue, 10:30 - Kelly

Drumming Circle
Drum circles foster community, promote self-expression, and provide a space for people to connect through rhythm. **Registration required.**
Third Mon, 10:30-11:00 - Clinton Rose
Fourth Tue, 2:00-3:00 - Kelly

Gospel Choir
Join the gospel choir and sing songs of praise.
Tue, 10:00-11:00 - Washington

Guitar/Stringed Instruments Open Jam Session
All stringed instruments and singers are welcome!
Tue, 10:00-11:00 - Washington
Thur, 12:00-1:00 *Guitar Lessons - **Wilson**

Piano Class
Learn to play the piano with individual instruction. Call to make an appointment. All skill levels welcome.
Schedule a Date and Time – Washington
Suggested Contribution: $12 a lesson

Recorder Ensemble
Al experience levels welcome. Stop in to learn more. Loaner instruments available.
Thur, 1:00 - Wilson

Ukulele
Join this small group of music lovers and enjoy the sounds of this beautiful instrument.
Thur, 1:00-2:00 – Wilson

WRITING

Writing Workshop
Love to write? Have stories to tell about your life, maybe a poem that's been in your head for years, a short story waiting to be told? Join fellow writers in no-stress sharing and friendly conversation. We learn from each other and have fun doing it!
2nd and 4th Mon, 1:00-2:30 - Washington

SEWING, QUILTING & WEAVING

Beginning Sewing
Learn the foundations of sewing! You'll learn to create a sewing bag for all your supplies.
Mon & Fri, 1:30-2:30 - Clinton Rose
Suggested Contribution: $20 (4 weeks)

Open Sewing
An orientation is required prior to usage of the room.
Mon, Tue, Wed & Fri, 8:30-4:30 - Clinton Rose*
Suggested Contribution: $10 (4 weeks)
Mon, 9:00-11:00 - Washington
Tue, 9:00-12:00 - Wilson
Wed, 12:00-3:00 - Wilson
*Mon & Fri room at Clinton Rose closed from 1:00-2:00 due to class.

Quilting Classes
Learn new techniques/patterns or complete projects. Volunteer leaders are available to help or train you.
Registration required.
Fri, October 2, 12:00-3:00 - Wilson (Beginner)
Suggested Contribution: $10
Mon & Tue, 1:00-3:00 - Wilson
Suggested Contribution: $25/class (10 Weeks)
Wed, 9:00-12:30 - Washington
Suggested Contribution: $20 (Quarterly)
Thur, 9:30-12:00 - Wilson
Various Dates - Kelly
Suggested Contribution: $20 (Quarterly)

Weaving (Intermediate)
Experienced weavers are encouraged to join.
Thur, 9:00-1:00 (Class) **- Wilson**
Fri, 8:30-4:00 (Open studio) **- Wilson**
Suggested Contribution: $15

WOOD WORKING

Woodcarvers & Burners
Create your next masterpiece using tools and materials in our woodshop.
Wed, 8:30-11:30 - Wilson

Wood Carving
Work on your projects or get advice from pros!
Fri, 8:30-10:00 - Kelly

Woodshop
New participants must attend an orientation prior to registration. Sign up for an orientation in the office.
Suggested Contribution: $25/month
Mon-Fri, 9:00-1:00 - Washington
Mon-Fri, 9:00-3:00 - Wilson
(Subject to change if hosts are unavailable)

NEW BOOK RELEASE!



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tmgwisconsin.com
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Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



LPi **Call 800.950.9952**

SOCIAL & RECREATION

BILLIARDS

Mon, 9:00-10:00 - Washington (Lessons)
Wed, 1:00-4:00 - Kelly (Play w/ the Billiards League)
Mon-Fri, 8:30-4:00 - Clinton Rose (Open Play)
Mon-Fri, 9:00-3:00 - Wilson (Open Play)
Tue-Fri, 10:00-3:00 - Washington (Open Play)

BINGO

Archwell Health Bingo
Thur, November 19, 1:00-2:00 - Clinton Rose
Archwell Health is here to support and serve the community. Learn about their programs and services while playing bingo.
Presented by Archwell Health

Bingo with Eras
Eras will be providing prizes and answering questions.
Wed, 9:00-10:00 (Except for the 1st Wed of the month) **- Clinton Rose**
Sponsored by Eras Senior Network

Regular Bingo
Enjoy this game of chance while making connections.
Registration recommended.
Tue, November 3, 1:00 - Kelly
Sponsored by Elderlife Group
Fri, November 13, 12:30 - NW (Embassy)
Sponsored by HealthMarkets
Tue, November 17, 1:00-Kelly
Sponsored by Serenity Home Care
Mon, November 30, 1:00-2:00 - Clinton Rose
Sponsored by the gift shop
Second Tues - Wilson
Fri, 12:00 - North West (Embassy)
Fri, 12:30-1:45 (dining hall) - Washington

Spanish Bingo - Loteria
Details TBA.
Sponsored by Avida Personal Care



BOOK CLUBS

Book Club
Come ready to discuss the book of the month.
Details TBA - Washington

Book: The Frozen River
Author: Ariel Lawhon
Wed, November 18, 10:00 - Wilson

CARDS, CHESS & GAMES

Card Games
Enjoy various card games.
Tue & Thur, 2:00-4:00 - North West (Havenwoods)

Comfort Zone
Enjoy billiards, ping pong, card games, and more.
Mon-Fri, 8:30-4:00 - Clinton Rose

Game Day
Play a variety of card and board games with friends.
Mon-Fri, 12:30-3:00 - Washington

Chess
Tue, 10:00-1:00 - Washington

Bid Whist & Spades
Tue & Thur, 12:30-3:00 - Washington
Thur, 12:00 - Clinton Rose
Fri, 1:00 - Clinton Rose

Dominoes
Mon & Wed, 1:00 - Kelly

Mahjong
Mon, 12:30 - Kelly
Fri, 9:00-11:00 - Wilson

Scrabble
Mon, Wed, Fri - 10:15 - Wilson

Sheepshead
Mon & Tue, 10:00 - Kelly
Mon & Wed, 12:00 - Wilson
Wed & Thur, 1:00 - Kelly

Canasta
Wed, 12:30 - Kelly

Bridge
Fri, 9:30 - Kelly

Puzzles
Tue & Thur, 2:00-4:00 - North West (Havenwoods)

Peace Of Mind
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Robert Prostek - owner
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Something Doesn't Look Right? Trust Your Instincts.


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If you notice charges you don't recognize, receive medical equipment you didn't order, or have questions about your Medicare account, Wisconsin SMP is here to help.
Call before fraud becomes a bigger problem.
Free and confidential assistance.
1-888-818-2611 www.smpwi.org

CHI Living Communities
Franciscan Villa
The support you need when you need it.
Dedicated to our healing ministry, Franciscan Villa offers many safe living options, including Assisted Living, Memory Care, Skilled Nursing and Rehab. For tours or to learn more, visit **CHILivingCommunities.org** or call **414.570.5474.**


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Call 800-950-9952

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Increase visibility in your community.

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Contact Chris Williams
cwilliams@4LPi.com
(800) 950-9952 x2234

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SOCIAL & RECREATION

CORNHOLE, DARTBALL & SHUFFLEBOARD

Cornhole League
Play indoors with the Cornhole League and show off your bean bag tossing skills.
Tue, 1:00-2:00 - Wilson

Dartball
Play dartball with other participants. Beginners welcome.
Thur, 1:00 - Wilson
Suggested Contribution: $15

Dartball League
Join the dartball players for some fun around the dartboard. Open to all skill levels. **Registration required.**
Mon, 1:00-4:00 - Kelly
Suggested Contribution: $15 (for the Season)

Shuffleboard
Join the fun and learn a new game. Open to all levels.
Fri, 1:00-3:00 - Kelly

GARDENING & BIRDING

Garden Club
Get in touch with Mother Earth and help to beautify the natural surroundings at your senior center. New members are always welcome!
Second Tue, 9:00-10:00 (Club Meeting) **- Washington**
Second & Fourth Tue, 10:00 - Wilson
(Winter meetings may vary)
Mon-Thur, 9:00-2:00 (Open Gardening) **- Washington**

Birding
Enjoy nature and participate in the birding program at Warnimont Park.
Fri, 8:30-10:30 - Kelly



MOVIES

Movie Watching
Enjoy a movie and maybe get some popcorn!
Tue, 2:15 - North West (Havenwoods)
Wed, 12:30-2:00 - Washington
Fri, 1:00 - Wilson

Movie Watchers Club
Come watch a movie then enjoy having fun discussions afterwards. Popcorn and hot dogs are available for purchase.
Date TBA, 9:00-11:00 - Clinton Rose

RAILROAD CLUB & COLLECTING GROUPS

Coin & Stamp Collectors Group
Share some of your treasured collections with other enthusiasts.
Third Tues, 11:00-12:00 - Wilson

Railroad Club
Are you a railroad enthusiast? Join our Railroad Club and enjoy the beautiful model train room. Thursdays are the best days for tours.
Wed & Thur, 10:00-3:00 - Wilson

SOCIAL GROUPS

Grief Support
Learn how to cope with loss.
Tue, 9:00-11:00 - Wilson

Joy Comes in the Morning
This is a safe space to talk about loss, depression, and guidance.
Wed, Date TBA, 9:30-10:30 - Washington
Presented by Gloria Webster

Morning Blend with Hot Topics
Get ready to kick off your week with a bang! We'll dive into the latest trends, breaking news, and trending topics, all while keeping it light and entertaining.
Mon, 9:00-10:00 - Clinton Rose

Social Club
Enjoy coffee and conversation.
Mon-Fri, 9:00-11:00 - Kelly

TRIPS & OUTINGS

More trips and outings coming next year!





SUPPORT & RESOURCES

ADVISORY MEETINGS

Advisory Committee Meetings
Join us to get the scoop on the latest developments and updates on our current projects at the senior centers.

Tue, Nov 24, 10:30-11:00 - Clinton Rose
Second Tue, 10:00-11:00 - Washington
Third Wed, 10:00-10:30 - Wilson
Fourth Wed, 1:00 - Kelly

COMMUNITY RESOURCES

ADS Resource Table
Meet with an outreach social worker for up-to-date information about resources and community-based services available for seniors.
First Tue, 9:30-10:30 - Washington
Third Tue, 10:00-11:00 - Wilson
Every Tue, 10:00-11:00 - Kelly



STOCKBOX & DINING

Stockbox Distribution
Hosted by Hunger Task Force
The Commodity Supplemental Food Program (CSFP) – known locally as Stockbox – provides a box of supplementary food to low-income seniors every month. Hunger Task Force administers the program and packs and distributes a free box of healthy food for people aged 60+ who have a monthly income of $1,957 or less per month ($2,664 for a two-person household).
Thur, November 5, 11:00-12:00 - Clinton Rose
The Concession Gals of Clinton Rose will be selling concessions. All proceeds go to support the center.
Thur, November 19, 12:30-1:30 - Kelly
First Tue, 9:30-10:30 - Washington
Third Tue, 10:00-11:00 - Wilson

Senior Dining

We are open for in-person dining at all centers. There is a **suggested $3 donation for adults 60+** and $8 cost for guests under 60. **A reservation by 11:00 am the day prior** is required for all diners.

Clinton Rose	414-263-2255
Kelly	414-481-9611
Washington Park	414-933-2332
Wilson Park	414-282-3284

Wish List for Serving Older Adults of Southeast Wisconsin (SOA)

$25 and Under

- All-purpose cleaner: C, K, Wi
- Artificial cleaner: K
- Batteries AA, AAA, 9V, C: C, K, W
- Bleach: K, W
- Cases of water: C, K, W, Wi
- Cleaning cloths: K
- Clorox wipes: C, K, W, Wi
- Coffee: C, Wi
- Copy paper: C, K, W, W
- Creamer: C, K, W
- First aid supplies: C, K, W
- Hand sanitizer: C, K

$101 - $500

- Bulletin boards
- Commercial vacuum cleaner: C
- Epson color printer with ink
- Karaoke machine: W
- Push carts (Rubbermaid and stainless)
- Weed Wacker(s) battery operated: C
- Whiteboards: C

$501 - $1,000

- Lawnmower
- Sewing machines serviced annually: C

$1,001 - $10,000

- Floor scrubber
- PA system: C
- Smart TV: C
- Tables and chairs: C
- Theater curtains: C

Senior Center Key:
C – Clinton & Bernice Rose
K – Kelly
W – Washington Park
Wi – Wilson Park

For more information and additional wish list items, visit our website:

www.servingolderadults.org/wishlist

Community Care

Set your independence in motion. It starts with a community that cares.

Contact your local Aging and Disability Resource Center (ADRC) at 844-WIS-ADRC (844-947-2372) to learn more about long-term care options in your area.

Call 866-992-6600 for additional information



For ad info. call 1-800-950-9952 • www.lpicommunities.com

SOA ACTIVE AGING FESTIVAL



ALL ARE WELCOME!

HEALTH. WELLNESS. COMMUNITY.

A day of wellness, learning, connection and community for adults 50+.

SATURDAY
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10:00 AM – 2:00 PM

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Health Screenings


Wellness Activities


Food, Games, and Raffles


Educational Sessions


Community Services


Live Programming

VENDOR SPACE IS LIMITED!

Contact us to learn more about becoming a festival partner.

SCAN TO LEARN MORE

SOA Serving Older Adults OF SOUTHEAST WISCONSIN

www.servingolderadults.org
info@servingolderadults.org

MILWAUKEE COUNTY

URBAN ECOLOGY CENTER

Growing Connections

A free gardening program created for people with dementia and their care partners. This is a casual program that focuses on learning and having fun. No gardening experience or green thumb required!

The first Wednesday of the month
Washington Park Urban Ecology Center
1859 N 40th St. Milwaukee
3:00-4:30 PM



Preregistration Required

Contact DCS Candice LeGros
(414) 731-0891
Candice.LeGros@Milwaukeecountywi.gov

Community Partners

Our community partners are a large part of how we are able to provide services to older adults. Whether it is through furthering education, giving donations, sponsoring events, or spreading awareness, our community partners have stepped up to support older adults in our community.

Thank you, Community Partners!

ACLU
Active Healthy Living
Aetna
Safe and Sound
Salvation Army
Senior Helpers
Sorenson
Aggies Bakery
Allay Home and Hospice
Alzheimer's Association
America Republic Insurance Service
American Red Cross
Aurora St. Luke's Southshore
Autumn Leaves
Badger Hospice
Bread Smith
Capri Community
CarePatrol
Caring Senior Services
CHI Living
Cornerstone
Cudahy Family Library
Cudahy Fire Department
Cudahy Place Senior Living
Cudahy School District
Cudahy Health Department
Einstein Bagels
Empire Beauty School
Groundcorp
Groundworks
MKE Harbour Village
Hear Wisconsin
Historic 41 Business Association
Howard Village
Humana
Hunger Task Force
Hayat Pharmacy
iCare
Impower
Islamic Da'Wah & Muslim Community Center
Martin Drive Neighborhood Assoc.
MATC
Milwaukee County Sheriff Department
Milwaukee County Parks
Milwaukee Police Department
Milwaukee Public Schools
Milwaukee Steppers & Boppers
Milwaukee Veterans and Homeless Initiative
Milwaukee Women's Center
Miracle Home Health of Wisconsin
Molina Healthcare
NAACP
Neuropath Wellness
Northside Side Community Development Cooperation
Park People
Pete's Supermarket
Pick N Save/Metro Market
Safe and Sound
Salvation Army
Senior Helpers
Sorenson
Soul to the Polls
Southeastern Wisconsin Deaf Senior Citizens
St. Croix Hospice
Syngery Homecare
The Power of Change
University of WI-Madison
Urban Ecology Center
VA
Villa St. Francis
Walgreens
Westcare Wildcats-Lincoln Middle School
Williamstown Bay
Wilson Commons
Wisconsin Health Literacy
Wisconsin Institute on Aging
Wisconsin Parkinson Association
YMCA Milwaukee

Thank you to our many partners!

We wish to thank all of our partners. Without your support we would not be able to provide vital programs and services to older adults in our community. **This list represents all who donated from August 2025 - September 2026**. We made every attempt to recognize all donors. If your name was missed, please contact us at Development@servingolderadults.org.

$50,000 - $99,000
United Seniors of Wisconsin, Inc.
EveryDayGood Foundation

$10,000 - $49,999
Anonymous (1)

$5,000 - $9,999
The Catholic Community Foundation
Forest County Potawatomi Foundation
Francie Luke Silverman Foundation
Janice & Johnny Gardetto
Ralph Evinrude Foundation
James Sheridan

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Ben Hackett
Heartland Properties
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Starfire Electric

$1,000 - $1,999
David Frank
Dennis
Shane DeFendi
Kevin & Bridgette Frommell
Larry Frommell
Ryan Gardetto
Health Connections, Inc
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Inpower Solutions
Mares Law Offices LLC
Thomas Michals
Network Health
Operose Advisors
Chad Ritterbusch
Todd Rivers
Rob Schmeling
T-Lon
We Energies Foundation
Wild Marketing Group
Ken Wyatt

$500 - $999
Anonymous (2)
Preston Alvadj
American Republic Insurance Service
Avina of Milwaukee
Raymond Berg
Sequoya Borgman
Bucyrus Foundation
Margaret Calteaux
ClearCaptions
Hayat Pharmacy, Your Community Health Market
James Hempel
Rick Howard
The Jewelry Center
Johnson Bank

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Dennis Lech
LSS/Connections
Jaime Maliszewski
Tony & Marcia Martinez
Chris Marschka
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Roy & Lynn Meythaler
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Savage Creative
Dan Shaykevich
Cynthia Sheridan
Suburban Asphalt Co., Inc.
Support Plus Personal Care
Synergy Homes WI
TightSeal LLC
Michael Tillman

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Paul Baniel
Troy Bartoshevich
Frank Brindza
Greg Budzisz
Patricia Buente
Chris Catalano
Comfort Keepers
Eras Senior Network
Diane Ertel
Kevin & Bridgette Frommell
Gary Gardetto
Greg & Jill Gardetto
Joe Gardetto

$250 - $499 cont.
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Colleen Grundy
Mike Harvey
Scott Iwinski
Kyle Julseth
Carol Kellogg
Joe Kossow
David Ksobiech
Michael & Catherine Krzykowski
Sherry Kulhanek
Tom Lake
Janice Lee
Patrick Lee
Legal Action of Wisconsin-Senior LAW
Rory Leydan
Lutheran Homes & Harwood Place
Susan Marsolek
Tom Massopust
Scott Matthews
Patrick & Piper Mehigan
Randy Merg
Mike Michalski
Jerry & Mary Ellen Mikulay
Milwaukee Public Schools
Ken & Maureen O'Reilly
Patricia Garrity & John Misorki
John Niemiec
Greg Petre
Pledgeling Foundation
Bruce Richmond
Patrick Richmond
Tim Richmond
Jared Roffers
Senior Medicare Patrol

$250 - $499 cont.
Mark Scheel
Alex Simonson
St. Ann Center for Intergenerational Care
Saint John's on the Lake
Scott Shaver
State of Wisconsin Board on Aging and Long Term Care
Barbara Toles
Michael Uzelac
Bobby Watson
Wilson Commons Senior Living Community
Wisconsin Talking Book and Braille Library
Gary Zimmerman

Our GEMs (Give Every Month) - You Help Us Shine!

Anonymous (1)
Patricia Buente
Marsha & Paul Bukofzer
Colleen Grundy
Mares Law Offices LLC
Pamela Miller
Ken & Maureen O'Reilly
Charlie Rush
Barbara Toles
Roxann Tolliver
Ken Wyatt

What Is a GEM?

A GEM is a member of a dedicated community who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

How Do I Become a GEM?

You can set up a recurring donation by visiting our website, servingolderadults.org/donate, and selecting "Donation - Recurring" under Donation Type. Your credit card will be charged on the same date every month as the original charge.

You can also send a check or set up a recurring bill payment on your bank account and have your bank send payment to:

Serving Older Adults, Attn: Development
4420 W Vliet St, Milwaukee, WI 53208

Your payment can be changed or stopped at any time by contacting development@servingolderadults.org.

Partners to $249

(Anonymous 17)
Annemarie Adsen
Patricia Ahrendt
Sharon Anderson
Mary Ard
Carolyn Marie Arena
Karen A'Rowan
Vision Forward Association
Jean Badura
Mary Ann Bagemehl
James & Diana Balk
Donna J Basterash
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Tom & Cheri Briscoe
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Shirley Browne
Marsha & Paul Bukofzer
Connie & Michael Caiati
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Linda White
Iona Whittley
Celia Wiberg
Cindy Wiktorek
Vickey Wilburn
Johnnie Williams
Tim Willmes
Wilson Guitar Jam
Steve Woods
Dawn Zakian



DONATION FORM

I/We wish tomake a contributionto SOA in support of services for older adults in our community.

Please use my donation at:

❑ Where need is greatest
❑ Clinton Rose Senior Center
❑ Kelly Senior Center
❑ North West Senior Center
❑ Washington Park Senior Center
❑ Wilson Park Senior Center

MY DONATION:

❑ $25 - Supporter
❑ $50 - Associate
❑ $100 - Friend
❑ $250 - Companion
❑ Other:_____
❑ $500 - Advocate
❑ $1,000 - Connector
❑ $5,000 - Benefactor
❑ $10,000 - Champion
❑ Become a *GEM: _____

***What is a GEM (Give Every Month)?** A GEM is a member of a dedicated group of donors who are devoted to providing programming and services for older adults in our community. By making a monthly gift to Serving Older Adults you will make a real difference!

Full Name: _____

Name(s) (how you would like to be acknowledged)

_____

Street Address_____

City, State, Zip Code_____

Email Address_____

❑ I/We wish to remain anonymous

Donation ❑ in honor of ❑ in memory of

_____

Payment Method

❑ One-time donation ❑ Monthly

Cash_____ Check #_____
(Please Make Check Payable to SOA)

Credit Card Number: _____

Exp. Date_____ CVV#_____

Signature_____

Telephone: _____

Please charge my credit card for my one-time donation of

$_____

Please charge my card $_____

Per: Month Quarter _____ Number of Times

For a Total Donation of $_____

SOA
SERVING OLDER ADULTS

Let's age well together!

Our Partnership Program allows you to partner with SOA to help fulfill our vision of a community where every adult 50 and better will be connected to the resources they need and the opportunities that interest them throughout the entire aging process.

The Partnership Program gives you the opportunity to place your donation with the center you value, with a center that needs help, or where the need is the greatest.

Please consider partnering with SOA by filling out this form and returning it to the front desk of your senior center, or mail to:

SOA Partnership Program
4420 W Vliet St
Milwaukee WI, 53208

See our Partnership pages for a complete list of partners.

Donors will be recognized each month on the Partnership pages of "*The Connection*" and in our annual report.



FOR OFFICE USE ONLY

Date Received: ____/____/____ Receipt#_____

Location: _____ Init: _____